

YOUR ESSENTIAL SEVEN-DAY TV GUIDE

SATURDAY

**GLORIA
HUNNIFORD**

WHAT I'VE LEARNED
FROM RIP-OFF BRITAIN

**MEET THE
NEW MIDWIFE**

ANASTACIA
MY BEAUTY
SECRETS

DAILY EXPRESS

February 18, 2017

WIN

A UK BREAK
FOR ALL THE
FAMILY

SAM RILEY & KATE BOSWORTH

IN THE GRIP OF SS-GB



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MY WEEKEND

Roxanne Pallett

Actress Roxanne is best known for her three years playing *Emmerdale*'s Jo Sugden. Since then, the 33 year old has appeared in *Casualty*, *Waterloo Road* and *Dancing On Ice*, as well as carving out a successful film and stage career. Roxanne is currently starring in a UK and Ireland theatre tour of *The Wedding Singer*.

"Every weekend is different at the moment. I'm either on the road or chilling out at home.

I've recently moved into my dream Cheshire house, so whenever possible I love to spend idyllic weekends there.

My mum Monica lives a minute away, which is perfect, so she's always by my side.

"I'll often get home late on Friday, so the evening usually involves lasagne and a bubble bath. I'll then settle down in bed with a box set.

"On Saturdays I'll meet up with Mum and venture into Alderley Edge or Bramhall for some brunch and shopping. I also deliver to my local charity shops, as I'm ambassador for several charities close to my heart.

"In the evening I catch up with friends, so I will cook and host at mine or we'll meet out for dinner, maybe in Manchester.

"On Sundays, I have a lie-in and breakfast in bed. I then meet my mum for a power walk around the local golf course. Then it's the customary Sunday roast, usually at one of the cosy bistro pubs nearby. With fresh air, a clear mind and a full tummy, I head back to mine and await friends to come over for a movie night in my screening room. With popcorn and blankets, I relax and get to be the audience for a change."

Sue Crawford

Roxanne stars in *The Wedding Singer* alongside Ray Quinn and Ruth Madoc. Visit theweddingsingermusical.co.uk.



THIS WEEK

MUST HAVE

EDITED BY SALLY-ANNE ARGYLE



◀ EARRINGS

These triangle drops are the perfect spring accessory. **£9.50, Oliver Bonas** (oliverbonas.com)

▶ NECKLACE

This coral-look necklace will give your wardrobe summer vibes. **£25, East** (east.co.uk)



▼ HEELS

Buckle up with these multi-strap heels. **£28, V by Very** (very.co.uk)

▲ SUNGLASSES

Put these shades on your wish list. **£16, Topshop** (topshop.com)



▶ WATCH

This classic watch is simply timeless. **£98, Olivia Burton** (oliviaburton.com)



▲ RING

Finish off your look with this circle ring. **£10, Accessorize** (accessorize.com)

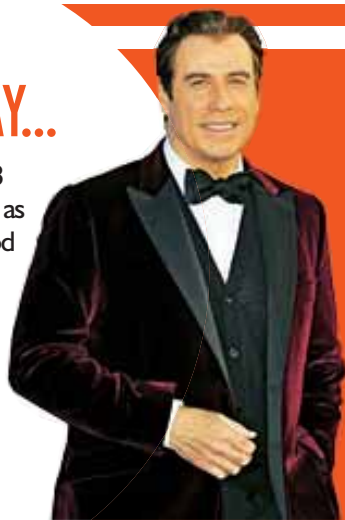
▶ KHAKI DRESS

Salute khaki colours this spring. Team with blush and nude tones for a look that will get the fashion crowd standing to attention. Dress, **£59**; shoes, **£55**, both **Marks & Spencer** (marksandspencer.com)



HAPPY BIRTHDAY...

... to **John Travolta**, who is 63 today. Most famous for his role as Danny in *Grease*, the Hollywood actor has also starred in *Pulp Fiction* and *Face/Off*. John will star in the upcoming film *The Life And Death Of John Gotti*.



INSPIRED THINKING

"The only man who never makes a mistake is the man who never does anything"
Theodore Roosevelt
(1858–1919)

MOVIE OF THE WEEK

Hidden Figures (PG) tells the true story of three African-American women who were the brains behind one of the greatest NASA operations in history. Starring Taraji P. Henson, Octavia Spencer and Janelle Monáe, it's in cinemas now.



BARGAIN BREAKS

Live the life of luxury in Phuket and Sicily or jet to Orlando and treat the kids to a holiday of a lifetime.

WHERE: FLORIDA

WHY: This twin centre break is packed with Disney-themed fun and attractions for all ages. Unleash your inner child with Mickey Mouse, or relax on the golden sands of Anna Maria Island.

HOW: Travel Planners (020 3542 8888, travelplanners.co.uk) is offering seven nights at Orlando's Disney Area Executive Plus Home and seven nights at Anna Maria Island Villas from £689 per person. This is based on four adults and four children sharing with return flights departing from London on March 28.

WHERE: PHUKET

WHY: Home to some of Thailand's most popular beaches, this idyllic island is bursting with mountains, rainforest and markets. Shop in Phuket City or explore Sirinat National Park.

HOW: Destinology (01204 824619, destinology.co.uk) has seven nights at The Nai Harn from £749 per person, based on two people sharing on a B&B basis and includes return flights from London Heathrow with Qatar Airways. Book by February 28 for travel between May 1 and June 30.

WHERE: SICILY

WHY: Sicily's finest beaches, cobbled streets and medieval architecture are a stone's throw from your hotel. Indulge in the spa and marvel at views of the Tyrrhenian Sea.

HOW: Wexas Travel (020 7838 5892, wexas.com) has seven nights at Alberi del Paradiso in Cefalu from £739 per person based on two sharing on a B&B basis. This includes return flights from Stansted and private transfers, valid for travel all year round. Book by October 21. See more great holiday bargains in the main paper.

EDITED BY KIRSTEN JONES



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PHUKET
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7 NIGHTS



SICILY
£739^{PP}
7 NIGHTS

CONTACTS: SALLY-ANNE.ARGYLE@EXPRESS.CO.UK; KIRSTEN.JONES@EXPRESS.CO.UK PHOTOGRAPHS: ALAMY; GETTY IMAGES



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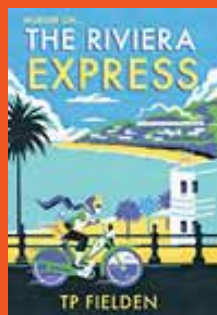


▲ CUFF

Shine on with this statement cuff. **£29, Hobbs** (hobbs.co.uk)

MUST READ

When a film star is murdered on a train, Judy Dimont investigates in **The Riviera Express** by TP Fielden (£7.99, HQ). A second murder takes place and it's up to Judy to solve the case. It's out on Thursday.



MUST DO

Enter into the world of **Varekai** with Cirque du Soleil as they embark on their first UK arena tour. Arriving in Leeds on Wednesday, it finishes in Glasgow on March 19. See cirquedusoleil.com.



MUST SEE

A big hit on BBC1 at Christmas, Roald Dahl's **Revolt Rhymes** (PG) is now out on DVD. Stars providing the voices include Rob Brydon and David Walliams.



EDITED BY KIRSTEN JONES

THE BATTLE FOR BRITAIN

Sam Riley and Kate Bosworth star in BBC1's chilling new espionage thriller set in an imaginary past following a brutal Nazi invasion



Sam Riley as Detective Superintendent Douglas Archer with James Cosmo as Detective Sergeant Harry Woods

SS-GB,
SUNDAY, 9PM,
BBC1



Archer with American journalist Barbara Barga (Kate Bosworth)

Warmth, nostalgia and beautiful locations are just a few of the things we've come to expect of a good Sunday night period drama, thanks to TV hits such as *Downton Abbey*, *Poldark* and *Victoria*. So viewers will no doubt find BBC1's latest offering, *SS-GB* – which makes its debut tomorrow night – an unsettling break from the norm.

The very first scene hones in on a bombed-out Buckingham Palace, the crumbling royal residence draped with two large SS flags emblazoned with swastikas. The Houses of Commons and Trafalgar Square, too, are plastered with Adolf Hitler's regalia, while the streets of London are patrolled by menacing Nazi stormtroopers.

This is the world according to *SS-GB*, a chilling five-part series that shows what life would have been like if the Germans had won the Second World War. Set in SS-occupied London in 1941, it's a world in which the King has been taken

prisoner and Winston Churchill has been assassinated. The drama is based on Len Deighton's 1978 dystopian novel, with the adaptation penned by Neal Purvis and Robert Wade – the scriptwriting duo behind the last six James Bond films – and follows Metropolitan police detective Douglas Archer, who finds himself working under the brutal SS regime.

Maleficent star Sam Riley, who plays the troubled policeman, explains that the moral conflict Douglas faces – carrying out his duty to defend law and order while working for the wrong side – fascinated him.

"Before the war Douglas was a celebrated detective," explains Sam, 37. "And he's telling himself that even though the country is occupied there has to be order – otherwise everything is

going to fall to pieces. But the trouble is that his neighbours and his friends see him working very closely with the SS and don't quite know whether to trust him."

When his lover, Sylvia, endangers her life by bravely making a stand against the oppressive regime, Douglas is forced to confront a deeper dilemma too.

"There's a growing resistance group and he comes under pressure to join, but he hates the thought of anarchy. His wife died

during the German invasion and he has a young son, who's about 10 years old, who he wants to protect."

Amid this unrest in London, Douglas follows up on what appears to be a straightforward black market murder case and finds himself embroiled in a sinister underworld of British atomic

"THE HUGE BANNERS OF SWASTIKAS AND PEOPLE IN SS UNIFORMS... YOU DON'T EVER REALLY GET USED TO THAT"

KATE BOSWORTH



and what's brilliant about this series is that there's a question mark over most characters."

By the second episode, viewers will see Douglas and Barbara grow closer, their relationship crossing the boundary between personal and professional, though Sam is careful not to give too much away.

"People were still up to all kinds of naughty business back in the 40s... especially when there was this feeling that you could die tomorrow," he laughs. "The problem with their relationship is that his judgment begins to be called into question. Plus, you don't know what Barbara's motives are and what she wants to get out of Douglas."

The series, which also stars *Game Of Thrones*' James Cosmo and *The Missing*'s Jason Flemyng, was filmed entirely in London – including location shoots on The Mall – for authenticity. German actors were brought in to play Nazi officers, too, including *Inglourious Basterds* star Rainer Bock.

Kate admits that the attention to detail was amazing, but also unsettling.

"The huge banners of swastikas and people in SS uniforms everywhere... you don't ever really get used to that," she admits. "It's just so shocking and devastating to think of what it would have been like, living in that world."

Both Sam and Kate are

predominantly movie actors, but admit working on a TV drama made a refreshing change. For Sam, it was tiring, too, given that he was in most scenes.

"Compared to a film, where you might get a long dialogue scene one day and then nothing the next day, it was quite tough – we had five hours of material to get through in a very short amount of time," he says. "It was a relentless schedule and there was no time to dwell on anything."

Sam, who is married to German actress Alexandra Maria Lara and has a young son, Ben, three, says that the quality of TV drama these days is tempting more actors to the small screen.

"When I first started in the business 10 years ago, television was considered a bit of a poor cousin of film. But the writing for TV has improved, as has the budget and the scale, and great actors are now doing both. The material for *SS-GB* is strong and interesting, and Douglas really is a dream role."

Kirsty Nutkins

weapons, which are being actively pursued by the German military intelligence service, Abwehr.

Elusive American journalist Barbara Barga (played by Kate Bosworth) may hold the key – but can he trust her?

"Barbara has flown over on the very first direct flight from New York to London, but it's unclear

who she is and where her loyalties lie because America isn't really involved in the war," explains Sam. "Her interactions with Douglas don't appear to be wholly honest. She's a great character, a real femme fatale who keeps the audience guessing."

Kate, who is best known for her roles in movies such as *Blue Crush* and *21*, and is based in Los

Angeles with her film director husband Michael Polish, reveals that she "ripped through the script" and was hugely excited to be a part of the BBC drama.

"What I loved about *SS-GB* is that I didn't know what was going to happen and that's the dream for any actor – when you're reading the script and you don't know where you stand," explains Kate, 34.

"Actors look for murkiness



Swastikas and Nazi propaganda defile the ruins of Buckingham Palace

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MEET THE NEW MIDWIFE

Saturday magazine chats to Jennifer Kirby, who plays *Call The Midwife*'s latest recruit, Valerie Dyer

CALL THE
MIDWIFE,
SUNDAY, 8PM,
BBC1

When Jennifer Kirby got the call from the producers at *Call The Midwife*, telling her she'd secured the part of new character Valerie Dyer, she admits she couldn't quite believe her luck. "I'm a huge fan of the show, so I was over the moon," beams the actress, who appeared briefly in the second episode and takes on the role full-time from this weekend. "It's a dream come true. It's brilliant."

**"I'M A
HUGE FAN
OF THE SHOW.
IT'S A DREAM
COME TRUE"**

VALERIE DYER

As we saw in that eventful second episode, Valerie is a former army Nurse who helped Laura Main's Shelagh tackle the aftermath of a warehouse explosion. Having proven her worth and keen, as Jennifer puts it, to do "less curing and more caring" she joins the team at Nonnatus House.

The 28-year-old actress, who has done plenty of stage work and guest starred in *Holby City* a couple of years ago, couldn't be more thrilled to land her first big prime-time role. And the fact that it's on one of her favourite programmes really is the icing on the cake. "I've always loved it because it's about women and everyday struggles," she says of the show, which won this year's National Television Award for best period drama. "It's about the saddest things in life but also the amazing highs that come with birth, life and death. It's the things we all feel and know about in our lives. It celebrates the wonderful little fragments of life you should be enjoying every day and your family and the people who love you."

Like the woman who plays her, Valerie is excited about her new job. "It's something she's wanted to be part of for a long time," says Jennifer. Still, hailing from Poplar where the nursing convent is situated but where none of the other

midwives or nuns are from themselves, Valerie has her worries. "Because she's from the East End, she's not like the other girls – she has a different accent and thinks they'll judge her for that, worries that maybe she won't fit in, all that sort of stuff. But it's nice to see her quickly realise that what brings them together is that they're all nurses. Their training defines them, not where they're from."

Valerie turns up not realising she'll be sharing a room with Trixie (Helen George), which calls for a few adjustments of expectations. "They are all kind of immaculately reserved, whereas Valerie sometimes speaks before she thinks and is quite an emotional person, but luckily she fits in and is welcomed."

As was Jennifer, who was welcomed by the cast during filming of the sixth series. "I know you always hear that line, 'Everybody's lovely', but I didn't meet an unkind or unhelpful person the entire time I was there. Coming into something that's so established can be scary. I haven't done a lot of TV before and suddenly you have the legend who is Jenny Agutter opposite you. But they treated me like one

of their own immediately."

Accepting the role meant that Jennifer, whose long locks had served her well in a stage version of *Pride And Prejudice* and her work with the Royal Shakespeare Company, had to get a haircut. "But I was so ecstatic to get the job that I kind of went, 'Do what you want! I don't care!'" she laughs. "The way they style it is very different to how I look day to day, so it was very easy to look in the mirror and see Valerie, not me."

Jennifer admits that she's become an even bigger fan of the show now she's a part of it, though, and says she hates that some people pigeonhole it as pure Sunday night nostalgia. "It's so much more than that," she insists. "It's got a light overtone to it, but like all good drama there's also darkness. That's life. To enjoy happiness you also need sadness. It does both brilliantly."

**Simon
Button**



CUBA AND THE CARIBBEAN

ALL-INCLUSIVE DRINKS CRUISE

MSC OPERA

Take this rare opportunity to visit Havana and marvel at a country in a time warp, where time seems to have stood still in the 1950s. Following the success of their winter 2016/17 programme of Caribbean cruises from Havana aboard MSC Armonia, MSC Cruises are continuing their sell-out cruises on its sister ship MSC Opera throughout the summer months. MSC seem to have cornered the market in finding itineraries that are a little different to the norm, which make them highly sought-after by first-time and seasoned cruisers alike. Contrast popular ports of the West Caribbean, such as Montego Bay and Grand Cayman, with the Latin charm and lush scenery of Central American ports, including the Belize Barrier Reef and Mahogany Bay.

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From the comfort of a modern cruise ship, enjoy all Havana and Cuba have to offer. Admire the Spanish colonial architecture of 16th-century Old Havana core, including the maritime museum in Castillo de la Real fort and the pre-revolutionary Capitolio. The 1950s American-made classic cars line the city's streets and rumba groups play in the painted alley Callejón de Hamel. Salsa emanates from clubs, cabaret performances take place at the famed Tropicana and the heady smell of the world-famous Cuban cigars hangs in the air.

Isla De La Juventud – translated as the Isle of Youth – is the second-largest Cuban island and the seventh-largest island in the West Indies. It served for centuries as a base for pirates with buried treasure regularly found around the island. This sleepy, laid-back place boasts spectacular and uncrowded white sand beaches as well as giving visitors the chance to get off the beaten track, appealing to escape artists, adventurers and committed contrarians alike.



ITINERARY: Fly from London to Havana. Transfer to the ship and spend two nights on board in port, using the ship as your hotel in the centre of Havana to explore all this city and unspoilt country has to offer: Montego Bay (Jamaica) ▶ Georgetown (Grand Cayman) ▶ Cozumel (Mexico) ▶ Havana (for overnight and a full day the following day on board in port) ▶ Belize City (For Barrier Reef) ▶ Mahogany Bay (Roatan island-Honduras) ▶ Costa Maya (Mexico) ▶ Isla De La Juventud (Cuba) ▶ Havana ▶ Disembark ship for your overnight flight home. (Itinerary varies.)



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JUL 29, 2017	£1,999	£2,549
AUG 5, 2017	£2,199	£2,749
AUG 12, 2017	£1,859	£2,439
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SEP 16, 2017	£1,739	£2,279
SEP 30, 2017	£1,779	£2,319
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Out of this world

As he returns with a brand-new panel show, Harry Hill explains how he's learned to embrace his flops

No one makes fun of funny television better than Harry Hill. His *TV Burp* series, in which he took the mickey out of the past week's telly shows and performances, was a big hit for ITV from 2001-12, with up to seven million tuning in.

Since he left the show, the big-collared comedian has turned his hand to loads of new projects – he co-wrote *I Can't Sing!* *The X Factor Musical*, made *The Harry Hill Movie*, presented a revival of *Stars In Their Eyes* and hosted *Harry Hill's Tea Time* on Sky 1.

But now he's back where we like him – on ITV making fun of telly again. In the new show *Harry Hill's Alien Fun Capsule*, the comic and his panellists poke fun at famous guests by showing them old TV clips of themselves.

"It's a lot of fun to do," says Harry, 52, when we meet up to chat about it. In person Harry is a more earnest and thoughtful man than his manic TV persona would suggest. He explains that the premise of *Alien Fun*

Capsule – "which we kind of acknowledge is a very thin idea" – is that the world's governments have asked Harry to collect the funniest TV clips we have and put them in a capsule. When the aliens land, its contents will prove that humans are good fun and that they should make friends with us.

"But it's sort of an excuse to deconstruct the panel show," explains Harry. "The fun of panel shows is about the interchange between the people on the show. The game itself, and who wins the points, is not what you watch for.

"We take the mickey out of the guests by showing clips of them, so it does have elements of *TV Burp*." Harry's big personality and bizarre, surreal humour also give *Fun Capsule* a feel of Vic Reeves and Bob Mortimer's *Shooting Stars*, and one of its strengths is in Harry's interaction with people, which we didn't get on *Burp*.

Guests are not the usual panel show suspects, either.

Emmerdale actor Kelvin ►

"WHEN ALIENS LAND, THE CAPSULE WILL PROVE THAT HUMANS ARE GOOD FUN AND THEY SHOULD MAKE FRIENDS WITH US"

HARRY HILL

**HARRY HILL'S
ALIEN FUN
CAPSULE,
NEXT WEEK,
ITV**



Fletcher (who plays Andy Sugden) has his endless stripping-off scenes replayed for him, Philip Glenister has the mickey taken over a scene in *Cranford* and Sally Lindsay will cringe at some amusing clips of her in *Coronation Street*. Other guests include Josh Widdicombe, Mel Giedroyc, Eamonn Holmes, Ainsley Harriott, Lorraine Kelly and Kathy Burke as well as a regular “national treasure”, including Judith Chalmers, Des O'Connor and Gloria Hunniford.

Although similar to *TV Burp* on paper, *Alien Fun Capsule* has released Harry from the

“TV BURP WAS GREAT, BUT I DON'T HAVE ANY REGRETS ABOUT LEAVING”

HARRY HILL

“brain-frying” grind of producing that show. *Burp* required hours of TV-watching every week to find the funny bits, then a quick turnaround to produce the action-packed show. The bonus of *Fun Capsule* is that it's not topical, says Harry, “so there's plenty of time to write scripts and edit, and selfishly I'm thinking that if I can get other people to be funny on the show, I don't have to be all the time.”

Quitting *TV Burp* gave Harry a chance to concentrate on other projects. Not all have been successful, but Harry says he has no regrets.

“The difficulty is if you have a successful show like *TV Burp*, people want you to do more of that,” he says. “It was great, but I don't have any regrets about leaving, because I got to do my musical and film. The exciting thing is trying new things and it's easy to be daunted by thoughts of, ‘What if this flops?’

“With the musical, although I've seen it described as a costly flop, that makes me smile. To

much better stories from a failure than a success – nobody wants to hear how great something went! Ultimately, we had all the fun but none of the money of a successful show. I'm desperate to do another musical. Me and [co-writer] Steve Brown have

“I haven't got enough time to do all these projects – I was hoping one or other of these

TV shows would be a flop so I had more time,” he chortles. “I'm quite restless. As soon as I've got something up and running, I'm thinking, ‘I want to do something else.’”

It's a treat to have Harry back on prime-time Saturday TV, especially since his telly appearances are few and far between. For starters, he never pops up on those ubiquitous comedy panel shows – he doesn't need the money, he says, having “done quite well money-wise”.

But there's another reason, and it's heeding a piece of advice given to him by the great Sir Bruce Forsyth.

“Bruce said to me, ‘Don't do other people's shows – only do your own if you can,’” explains Harry, who's got three daughters with his artist wife Magda Archer.

“It preserves your energy for your own thing and also, Bruce said you don't want to be on TV all the time and have people get fed up with you. It's better to keep your powder dry and pop up every now and again with your own thing.”

Even more reason to hope that *Alien Fun Capsule* proves to be a show that's out of this world.

Vicki Power

got various things hatching, but it's a very long game, musicals.”

Harry will also make a second series of spoof cookery show *Tea Time*, has comedy *The Remote Controller* in development and has made various radio pilots.

some extent it's true, but it was just fantastic fun and I was really pleased with the show. The fact that it didn't run for long was out of my hands.

“Besides, you have to embrace your flops. For starters, you get



Harry's hits and misses (from left to right): with his co-star Julie Walters in *The Harry Hill Movie*; alongside his *I Can't Sing!* *The X Factor Musical* collaborator Simon Cowell; making a spectacle of himself in *Professor Branestawm Returns*; and with guest star Paul Hollywood in the show *Harry Hill's Tea Time*

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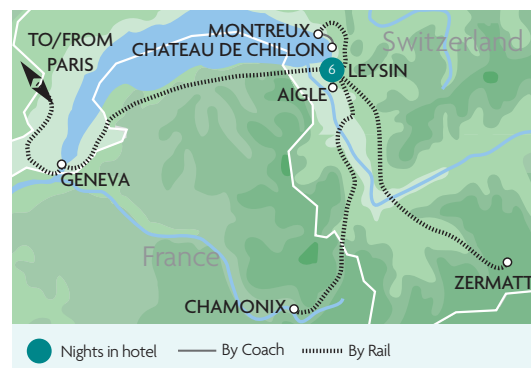
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Anne Dobbs

LEANNE BETTER BE READY

Coronation Street's Leanne Battersby goes into labour this week... in a lift. Actress Jane Danson reveals all

It's the moment that Leanne Battersby has dreamed of for years – holding her newborn infant in her arms. This being Soapland, however, things don't run quite according to plan and the feisty Bistro manager ends up going into labour in a lift in the middle of a heated row with her estranged sister Toyah.

And while actress Jane Danson's two real-life pregnancies were thankfully far less eventful, she admits the

“LIFE IS LIKE THAT FOR A LOT OF PEOPLE — IT ISN'T ALWAYS A BED OF ROSES”

JANE DANSON

storyline does bring back memories of her early days with her sons, Harry, now 10, and Sam, eight. “Funnily enough, the three babies who play Leanne's newborn are very similar to mine, which is weird,” Jane says. “The twins babies, in particular, really remind me of them.”

They've got loads of hair and the shape of their faces is the same, so of course there are inevitable comparisons.”

Jane spent two days filming the scenes and says being stuck in such a confined space was not without difficulties. “It was horrendous!” she laughs. “The lift was the size of a postage stamp and we didn't have a huge amount of room to move.”

“It was quite gruelling to be honest, we were filming the scenes all day and in some ways it was as long as my second labour was! Obviously this time it was without the pain, but it's technical and you've got to concentrate; there are a lot of things to think about.”

The drama happens when the Victoria Court lift judders to a halt as Leanne and Toyah (Georgia Taylor) argue. Having discovered the alarm isn't working and there's no phone signal, the sisters start to panic when Leanne suddenly goes into labour.

Upon hearing her cries, Robert (Tristan Gemmill) sets off to get help. In the lobby,

medical centre nurse Rana (Bhavna Limbachia) shouts up to Leanne, offering her birthing advice.

The ambulance arrives at Victoria Court, as does Leanne's panicked fiancé Nick (Ben Price). But will they be able to get into the lift to help Leanne before her baby is born? And will the events of the day bring about a reconciliation between the sisters?

Whether Leanne and Nick manage to get their happy-ever-after remains to be seen, but Ben Price's recent announcement that he is leaving the cobbles after seven years playing Nick would suggest not.

“It doesn't bode well for their marriage does it?” teases Jane. “I think it's safe to say that once again things are not going to go great for Leanne, but I've resigned myself to that. Happiness comes within her grasp and then it doesn't happen. But life is like that for a lot of people – life isn't always a bed of roses.”

Jane lives in Cheshire, with her actor husband Robert Beck and their two sons, and while Jane was a child actor making her TV debut in the 1991 drama *GBH*, she says her own children are as yet undecided.

“Sam plays the guitar and he likes singing, so there's potential there for him to develop that. It's not something I would discourage, but it's not something I would actively encourage either,” she says. “It's got to be his decision, as it was mine. I was 11 when

I started, but I always knew I wanted to do it.”

Managing life as a busy working mum can be hard, but Jane reveals she has her own way of staying on top of everything at work and home.

“I like to be organised,” she explains. “I think a tidy house is a tidy mind and I feel comfortable if everything is in order. I don't thrive on chaos!”

Jane, 38, has spent two decades on the cobbles. “*Coronation Street* gives me lots of opportunities. It's a wonderful place to be and I'm very fortunate.”

Jane's current priority is getting to know the three tots who have been chosen to play her baby.

“I think it's

important to invest that time with them, so that they are comfortable with you on set,” she explains. “These babies are somebody's precious cargo. It's a huge responsibility and I want them to feel comfortable with me picking them up and looking like I am their mum.”

Sue Crawford

For more information: itv.com/coronationstreet and on Twitter: @itvcorrie.



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Inside the madhouse

INSIDE NO. 9,
TUESDAY, 10PM,
BBC2

Dark comedy *Inside No. 9* returns for a third series this week. Expect the unexpected, say its creators and stars, Steve Pemberton and Reece Shearsmith

When the BBC announced that *Inside No. 9* would return for a third series, its two writers and stars, Steve Pemberton and Reece Shearsmith, made no secret of their delight.

"We are most thrilled to have been handed the keys to another series and to have attracted such a glittering array of talent," they declared of the hit comedy series. "We have reassured them that this time there are lots of happy endings and everybody makes it out alive... And like fools, they believed us."

As usual, the new series presents an anthology of darkly comic, twisted tales, with a different story, cast and setting every week. *Saturday* magazine has come on set to get the lowdown and is watching filming in a basement art gallery

in trendy Hoxton, east London. We're surrounded by a tribe of hipsters with extraordinary hats and beards while chatting, in between takes, to Steve and Reece.

Steve, whose first high-profile role was alongside Reece, Jeremy Dyson and *Sherlock* star and co-creator Mark Gatiss in the award-winning series *The League Of Gentlemen*, reflects on what makes *Inside No. 9* so popular.

"There is 'comfort TV', where everyone knows their place. But we're 'discomfort TV'," says Steve, 49. "People really like the different tones and styles that we create

**"IF IT EVER
BECOMES
PREDICTABLE,
IT'S OVER"**

STEVE PEMBERTON

in each series. We draw viewers in expecting one thing and then sucker them with something completely

different. Audiences don't know what they're going to get next and how it will end. If it ever becomes predictable, it's over. I think anything that keeps people engaged has got to be good."

"We consider the tone of each episode and think, 'That's too similar to one we've done before,'" agrees Reece, 47. "We try to be as diverse as possible across the six episodes."

Jon Plowman, who is executive producer on *Inside No. 9*, is pleased that the show continues to surprise, and sometimes even shock, viewers.

"We have long discussions about each episode. Sometimes I say, 'It's too ghoulish.' But this show is not like anything else on telly. You never know where it's going, but that's a plus in this day and age where everything is so predictable. The show offers something more than, 'The vicar's coming. Put your trousers on!'" he chuckles.

That variety continues in the third series, with episodes set in places as diverse as an art gallery, a restaurant, a Cambridge don's room and a karaoke bar. And because of the high quality of its scripts, *Inside No. 9* continues to attract an astonishing range of A-list stars, too.

Guests in the new series include Felicity Kendal, Keeley Hawes, Mathew Baynton, Philip Glenister, Sarah Hadland and Tamzin Outhwaite. Steve admits he still finds this incredible.

"We are on a lot of people's wish lists. We're like kids in a candy shop when it comes to casting. We never

re-use people, so in that sense we are like the lonely hearts' club of acting!"

**James
Rampton**

Right: Steve Pemberton and Reece Shearsmith.
Below: The new series of *Inside No. 9* stars (clockwise, from top left): Tamzin Outhwaite and Sarah Hadland; Keeley Hawes; Felicity Kendal; and Philip Glenister





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Sally-Anne Argyle
Stylist's assistant:
Sian O'Donnell
Hair and make-up:
Amy Penfold at LHA
using Nars and Aveda
Model:
Hellana at MOT



◀ Grey sheepskin-trim biker jacket, £149.99, Mango. Pinstripe shirt, £17.99; crossover shoes, £25.99, both New Look. Blue trousers with sleeve tie, £35, Asos



◀ Colour-block coat, £129, Topshop. Mustard flare-sleeve top, £19.99, Mango. Purple pleated midi skirt, £35, Asos. Purple suede platforms, £250, LK Bennett. Loop earrings, £45, Toolally

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LEFT

Soft-pink trench coat, £89, Principles; pink bag, £65, J by Jasper Conran, both at Debenhams.

Striped tie-up top, £22.99, New Look.

Grey suede leggings, £199.99, H&M. White bow-heeled mules, £16, Primark

RIGHT

Navy rain jacket, £65, Marks & Spencer. Blue and grey cashmere sweater, £380, Genevieve Sweeney. Houndstooth trousers, £27.99, New Look. White fold-over bag, £70, Jones Bootmaker

FAR RIGHT

Black leather jacket with floral embroidery, £59.99, New Look. Cream lace high-neck blouse, £35, Miss Selfridge. Rose-print full skirt, £80; grey slingbacks, £59, both Topshop. Gold and silver crab pendant necklace, from a selection at Jessica de Lotz



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TV GUIDE

★BBC★ITV★C4★C5★SATELLITE★CABLE★RADIO★

FEBRUARY 18-24, 2017

WATCH THIS



Kate Bosworth stars in *SS-GB*, Sunday, 9pm, BBC1



BY MIKE WARD

Kara Tointon's Betsey pledges her heart to Sonny in the final episode of ITV's wartime drama **The Halcyon** (Monday, 9pm), then steps out on stage to lead the hotel's 50th anniversary celebrations.

It's not an occasion for jollity all round, mind you, because all is far from well behind the scenes. Hotel manager Garland fears his darkest secret is about to be exposed, while the owner's son Toby knows the consequences of his illegal gay affair could still destroy him. It all builds to a conclusion that's both shocking and heart-rending.

Elsewhere, another 40s-set drama gets underway. But BBC1's new Sunday night five-parter, **SS-GB** (9pm), with Sam Riley and Kate Bosworth, takes us on a different route, imagining Britain under Nazi occupation. Based on a novel by Len Deighton, the war has been lost, Churchill has been executed and the swastika now hangs from the Houses of Parliament.

www.mikeward.tv



Ruby faces a dilemma in *The Good Karma Hospital*, Sunday, 9pm, ITV



Philip Glenister guests in *Inside No. 9*, Tuesday, 10pm, BBC2



Emma Willis hosts *The Brit Awards*, Wednesday, 7.30pm, ITV

YOUR COMPLETE SEVEN-DAY LISTINGS

PHOTOGRAPHS: ITV, BBC, GETTY IMAGES

SWANSONG

THE HALCYON GOES OUT WITH A BANG, MONDAY, 9PM, ITV

FILMS OF THE WEEK

FILM RATING Excellent ★★★★★ Well worth recording ★★★★
Recommended ★★★ Catch if you can ★★ Walk the dog ★

SATURDAY



Testament Of Youth, BBC2, 9pm

Having You (2013)
BBC1, 12.05am
A man with a fear of commitment finally manages to overcome his doubts and propose to his girlfriend before he discovers he is the father of a seven-year-old son. Drama, starring Anna Friel. ★★★

Testament Of Youth (2014)
BBC2, 9pm
When her fiancé and brother are sent to the front line during the First World War, a young woman follows them as a nurse. Period drama based on the memoirs of Vera Brittain, with Alicia Vikander. ★★★★★

Despicable Me (2010)
ITV, 5.10pm
A criminal mastermind hopes to seal his reputation as the greatest villain of them all by stealing the moon, but he comes up against a new rival. Animated comedy, with the voice of Steve Carell. ★★★★★

Knocked Up (2007)
ITV, 10.35pm
Ambitious Alison's one-night stand with directionless layabout Ben has unexpected consequences when she discovers she is pregnant. Comedy, with Seth Rogen and Katherine Heigl. ★★★

SUNDAY



Oz The Great And Powerful, BBC2, 6pm

Shrek Forever After (2010)
BBC1, 12.15pm
The grumpy ogre longs for his simple life as a feared monster, so strikes a deal with magical trickster Rumpelstiltskin to get back to the way things were. Animated comedy, with the voice of Mike Myers. ★★★★★

Oz The Great And Powerful (2013)
BBC2, 6pm
An amoral circus illusionist is transported to a magical land, where he is mistaken for a powerful wizard prophesied to save the realm from evil. Fantasy adventure, starring James Franco. (Not Scotland) ★★★

Being AP (2015)
BBC2, 10pm
Documentary about Sir AP McCoy, who has been crowned champion jockey 19 years running. The film catches him at a turning point in his career as he chases a record-breaking run of wins. (Times vary) ★★★★★

X-Men: Days Of Future Past (2014)
Channel 4, 9pm
In a future ravaged by war, the superhero team makes a desperate last stand against a force of deadly robots. Superhero adventure sequel, starring Hugh Jackman and Jennifer Lawrence. ★★★★★

MONDAY



Percy Jackson & The Lightning Thief, Film4, 6.45pm

Lifetime Of Lies (2016)
Channel 5, 3.15pm
Returning home for her brother's funeral, Sayre Hoyle attempts to unravel the truth about his death. She must also deal with her corrupt businessman father. Mystery, starring Sean Faris. ★★★

Percy Jackson & The Lightning Thief (2010)
Film4, 6.45pm
The son of Greek god Poseidon is accused of stealing Zeus' lightning bolt and must find the missing item to prevent an apocalyptic war. Adventure, starring Logan Lerman. ★★★



X-Men: Days Of Future Past, Channel 4, 9pm (Sunday)

TUESDAY



Carry On Henry, ITV, 11.40pm

Carry On Henry (1971)
ITV, 11.40pm
King Henry VIII plots to rid himself of his new French wife when her craving for garlic becomes too much to cope with. Classic comedy, starring Sid James, Joan Sims and Terry Scott. (Not Scotland) ★★★★★

The Nightmare Nanny (2013)
Channel 5, 3.15pm
A woman reluctantly hires a live-in nanny to look after her three-year-old daughter, but the child starts growing closer to her minder than her mother. Thriller, starring Ashley Scott and Mekenna Melvin. ★★★

WEDNESDAY



Unknown, Film4, 9pm

Sorority Row (2009)
Channel 4, 2.15am
Five students accidentally cause the death of one of their friends when a prank goes wrong, so hide the body and keep their part in her demise a secret. Horror remake, starring Briana Evigan. ★★★



Knocked Up, ITV, 10.35pm (Saturday)

Unknown (2011)
Film4, 9pm
A doctor on a business trip in Germany ends up in a coma after a car accident. He wakes up to find another man is claiming to be him and his wife doesn't recognise him. Thriller, starring Liam Neeson. ★★★

THURSDAY



Safe House, Film4, 10.50pm

Deadly Paradise (2016)
Channel 5, 3.15pm
A businesswoman receives an inheritance that turns her into an overnight millionaire, so she treats her friends to a holiday. However, disaster soon strikes. Thriller, starring Boti Bliss and Antonio Sabato Jr. ★★★

Safe House (2012)
Film4, 10.50pm
A CIA agent stationed in South Africa is sent to question a rogue operative, who has been arrested years after betraying the agency. Thriller, starring Denzel Washington and Ryan Reynolds. ★★★★★

FRIDAY



Man On A Ledge, Channel 4, 12.55am

Man On A Ledge (2012)
Channel 4, 12.55am
An escaped convict climbs on to the outside of a skyscraper and threatens to jump, but there is an agenda behind this suspicious-seeming suicide bid. Thriller, starring Sam Worthington. ★★★★★

Patricia Cornwell's At Risk (2010)
Channel 5, 3.15pm
An ambitious district attorney wants to improve her political standing by cracking a murder case that has gone unsolved for 20 years. Mystery, starring Andie MacDowell and Annabeth Gish. ★★★



Despicable Me, ITV, 5.10pm (Saturday)

18 – 24 FEBRUARY 2017

Taken 2 (2012)
Channel 4, 9pm

Former CIA agent Bryan Mills and his ex-wife Lenore are taken hostage in Istanbul by an Albanian gangster and he must fight to save his family. Action thriller sequel, starring Liam Neeson. ★★ ★

Lawless (2012)
Channel 4, 11.40pm

Three brothers run an underground bootlegging operation in Depression-era Virginia. However, a corrupt deputy sheriff demands a cut of the profits. Crime drama, starring Tom Hardy. ★★ ★ ★

The Bourne Legacy (2012)
Channel 4, 10.50pm

The leaders of a secret government agency plan to eliminate several agents as part of a cover-up when they face having their dark secrets exposed. Spy thriller sequel, with Jeremy Renner. ★★ ★ ★

Seabiscuit (2003)
Channel 5, 1.55pm

Fact-based drama set in Depression-era America. A racehorse is written off as too small to be a contender, but a millionaire spots his potential to be a champion. With Tobey Maguire. ★★ ★ ★



Lawless, Channel 4, 11.40pm (Sunday)



The Bourne Legacy, Channel 4, 10.50pm (Saturday)

LIVE SPORT

SATURDAY

Skiing The World Championships from St Moritz. (Eurosport 1, 8.15-9.45am)

Skiing The men's and women's sprint classic events in Otepää. (Eurosport 1, 9.45-11.30am)

Skiing The World Championships from St Moritz. (Eurosport 1, 11.30am-1.00pm)

Skiing World Championships coverage from Hochfilzen. (Eurosport 1, 1.00-3.15pm)

Snooker The opening semi-final at Motorpoint Arena in Cardiff. (BBC2 Wales, 1.00-4.30pm)

Athletics Coverage from the Barclaycard Arena in Birmingham. (BBC1, 1.15-4.30pm)

Tennis The Rotterdam Open. (Sky Sports 2, 2.00-4.30pm)

Rugby Union Bath v Harlequins (kick-off 3.00pm). (BT Sport 1, 2.30-5.15pm)

Rugby Union Ulster v Glasgow Warriors (kick-off 3.00pm). (Sky Sports 1, 2.45-5.00pm)

Rugby Union Ospreys v Munster (kick-off 5.15pm). (Sky Sports 1, 5.00-7.15pm)

Motorsport The Buenos Aires ePrix. (Channel 5, 6.30-8.10pm)

Tennis The Rotterdam Open. (Sky Sports 3, 6.30-8.30pm)

Snooker Coverage of the second semi-final at Motorpoint Arena. (BBC2 Wales, 7.00-9.50pm)

Rugby League Warrington v Brisbane (kick-off 8pm). (Sky Sports 1, 7.30-10.30pm)

SUNDAY

Cricket New Zealand v South Africa. (Sky Sports 1, 1.00-6.00am)

Tennis Day one of the Dubai Duty Free Tennis Championships. (BT Sport 1, 8.00am-2.00pm)

Skiing The World Championships from St Moritz. (Eurosport 1, 8.30-9.45am)

Skiing World Championships coverage from Hochfilzen. (Eurosport 1, 9.45-11.15am)

Skiing The World Championships from St Moritz. (Eurosport 1, 11.15am-1.00pm)

Pool The quarter-finals from Gibraltar. (Sky Sports 4, 12.00-4.00pm)

Football Kilmarnock v Aberdeen (kick-off 1pm). (Sky Sports 1, 12.30-3.00pm)

Snooker The opening session of the final at Motorpoint Arena. (BBC2 Wales, 1.00-4.30pm)

Skiing World Championships coverage from Hochfilzen. (Eurosport 1, 1.15-2.30pm)

Football Fulham v Tottenham Hotspur (kick-off 2.00pm). (BBC1, 1.40-4.05pm)

Rugby League Wigan Warriors v Cronulla-Sutherland Sharks (kick-off 3.00pm). (Sky Sports 2, 2.30-5.30pm)

Rugby Union Sale Sharks v Wasps (kick-off 3.00pm). (BT Sport 1, 2.30-5.15pm)

Tennis The Rotterdam Open final. (Sky Sports 3, 2.30-4.30pm)

Football Dundee v Rangers (kick-off 3.15pm). (Sky Sports 1, 3.00-5.30pm)

Tennis Day one of the Dubai Duty Free Tennis Championships. (BT Sport 1, 5.15-7.00pm)

Pool The semi-finals and final from Gibraltar. (Sky Sports 1, 5.30-9.30pm)

Snooker The evening session of the final in Cardiff. (BBC2 Wales, 7.00-10.00pm)

Football Barcelona v Leganes (kick-off 7.45). (Sky Sports 3, 7.30-10.00pm)

MONDAY

Tennis Day two of the Dubai Duty Free Tennis Championships. (BT Sport 1, 7.00am-1.00pm)

Football Newcastle United v Aston Villa (kick-off 8pm). (Sky Sports 1, 7.30-10.15pm)

Football Sutton United v Arsenal (kick-off 7.55pm). (BBC1, 7.30-10.00pm)

Tennis The Rio Open. (Sky Sports 2, 7.30pm-2.00am)

TUESDAY

Tennis Day three of the Dubai Duty Free Championships. (BT Sport 1, 7.00am-1.00pm)

Greyhound Racing The Ladbrokes Golden Jacket meeting. (Sky Sports 3, 7.00-9.30pm)

Tennis The Rio Open. (Sky Sports 1, 7.30pm-2.00am)

Cricket New Zealand v South Africa. (Sky Sports 2, 10.00pm-6.00am)

WEDNESDAY

Tennis Day four of the Dubai Duty Free Tennis Championships. (BT Sport 1, 7.00am-1.00pm)

Football Valencia v Real Madrid (kick-off 5.30pm). (Sky Sports 1, 5.30-7.45pm)

Tennis The Rio Open. (Sky Sports 1, 7.45pm-2.00am)

THURSDAY

Cricket India v Australia. (Sky Sports 2, 3.50-12.00pm)

Golf The Joburg Open. (Sky Sports 4, 8.30-10.30am)

Tennis The quarter-finals in Dubai. (BT Sport 1, 10.00am-2.00pm)

Golf The Joburg Open. (Sky Sports 4, 12.00-2.00pm)

Tennis The quarter-finals in Dubai. (BT Sport 1, 3.00-7.00pm)

Darts The fourth round of the season from Brighton. (Sky Sports 1, 7.00-10.00pm)

Golf The Honda Classic. (Sky Sports 4, 7.00-11.00pm)

Rugby League Hull FC v Catalans Dragons (kick-off 8pm). (Sky Sports 2, 7.00-10.30pm)

Tennis The Rio Open. (Sky Sports 3, 7.30pm-2.00am)

FRIDAY

Cricket India v Australia. (Sky Sports 2, 3.50-12.00pm)

Golf The Joburg Open. (Sky Sports 4, 8.30-10.30am)

Golf The Joburg Open. (Sky Sports 4, 12.00-2.00pm)

Tennis The semi-finals in the Dubai Duty Free Championships. (BT Sport 1, 1.00-5.00pm)

Tennis The Rio Open. (Sky Sports 3, 6.00pm-2.00am)

Golf The Honda Classic. (Sky Sports 4, 7.00-11.00pm)

Football Inverness CT v Rangers (kick-off 7.45pm). (BT Sport 1, 7.15-10.00pm)

Football Wolverhampton Wanderers v Birmingham City (kick-off 7.45pm). (Sky Sports 1, 7.30-10.15pm)

Rugby League Wigan v Widnes (kick-off 8pm). (Sky Sports 2, 7.30-10.30pm)

BBC 1



Taboo, 9.15pm

6.00 Breakfast (S) (W) (HD) **10.00** Saturday Kitchen Live (S) (W) (HD) **11.30** The Little Paris Kitchen: Cooking With Rachel Khoo (rpt) (S) (W) (HD) **12.00** Football Focus (S) (W) (HD) **1.00** BBC News, (S) Weather (W) (HD) **1.15** Live Athletics: Birmingham Indoor Grand Prix. Gabby Logan presents coverage of the prestigious meeting from the Barclaycard Arena in Birmingham. (S) (W) **4.30** Final Score (S) (W) (HD) **5.10** BBC News (S) (W) (HD) **5.20** Local News, (S) Weather (W) **5.25** Who Dares Wins (S)

6.10 POINTLESS CELEBRITIES (7/8)

Alexander Armstrong and Richard Osman present a "law and order" special, with Helen Fraser, Victoria Alcock, Roberta Taylor, Arthur Bostrom, Mina Anwar, Dominic Littlewood and Matt Allwright. (rpt)

6.55 LET IT SHINE (7/8) The semi-final of the star-making talent hunt arrives and four bands remain in the competition. This time, the would-be pop icons are tested on their dance skills as Gary Barlow, Dannii Minogue, Martin Kemp and guest Ashley Roberts judge the boys' performances. (S)

7.55 CASUALTY Iain is reunited with his sister when he is called out to an emergency, but his efforts to make amends for his past have unforeseen repercussions. Meanwhile, Dylan finds himself snowed under when the hospital is inundated with binge drinkers. (S) (W)

8.45 LET IT SHINE – THE RESULTS (7/8) The top two bands from the viewer vote progress to the final as the results arrive, leaving the bottom two to fight for the third spot – but the judges have a twist in store.

9.15 TABOO (7/8) James Delaney loses everything and as the Crown and the East India Company conspire against him, he suffers a devastating betrayal that places even his freedom in jeopardy. Meanwhile, Lorna Bow sets out to discover the truth. (S) (W)

10.15 BBC NEWS, (S) WEATHER Latest headlines. (W) (HD) Followed by National Lottery Update. (S) (W)

10.30 MOTD: FA CUP HIGHLIGHTS Action from the fifth round of matches, including Huddersfield Town v Manchester City, Burnley v Lincoln City and Middlesbrough v Oxford United. (S) (W) (HD)

11.40 THIS COUNTRY (2/6) Daisy May and Charlie Cooper's mockumentary continues, as Kerry's neighbour Mandy Harris opens a tattoo business. (S)

12.05 FILM: Having You (2013) Drama, with Anna Friel, Andrew Buchan and Romola Garai. (S) (HD) Followed by Weather For The Week Ahead. (W) (HD) **1.45** BBC News (S) (W)

BBC 2



Grand Tours Of The Scottish Islands, 8pm

6.30 FILM: Stage Door (1937) Comedy drama, with Katharine Hepburn. **7.55** FILM: Lucky Jim (1957) Comedy, with Ian Carmichael. **9.30** Coast (W) (HD) **10.00** Britain's Secret Seas (rpt) **11.00** Homes Under The Hammer (rpt) **12.00** A Cook Abroad: John Torode's Argentina (rpt) (HD) **1.00** Talking Pictures: John Hurt **1.30** FILM: An Ideal Husband (1999) Oscar Wilde comedy drama, starring Cate Blanchett. (S) **3.00** Escape To The Country (rpt) (HD) **3.45** Mastermind (rpt) (HD) **4.15** University Challenge (rpt) (HD) **4.45** Only Connect (rpt) (S) (W) (HD) **5.15** Nature's Weirdest Events (rpt) (S) (W) (HD)

6.00 FLOG IT! (47/75) Experts Anita Manning and Adam Partridge search for collectibles at Crathes Castle in Aberdeenshire and presenter Paul Martin learns about the building's history. (rpt) (S) (W) (HD)

7.00 THE LAKE DISTRICT: A WILD YEAR Cutting-edge camera techniques offering a new and unique perspective on a turbulent year in the life of England's largest national park. The animals, plants and people find extraordinary ways to cope with the challenges of this ancient landscape. (rpt) (S) (W)

8.00 NEW SERIES GRAND TOURS OF THE SCOTTISH ISLANDS (1/6) Paul Murton returns to explore more of the remote and fascinating places that lie off the mainland, beginning by visiting Berneray, Grimsay, Kirkbost and Pabbay. (S) (W)

8.30 DAD'S ARMY (1/6) The platoon defends headquarters in an exercise against members of the Highland Regiment. Classic episode from 1969, starring Arthur Lowe and John Le Mesurier. (rpt) (S)

9.00 FILM TESTAMENT OF YOUTH (2014) Premiere. When her fiancé and brother are sent to the front line during the early days of the First World War, a young woman gives up her studies at Oxford University to follow them. She becomes a nurse and the horrors she witnesses during the conflict change her outlook on life forever. Drama based on the memoirs of Vera Brittain, starring Alicia Vikander, Kit Harington and Taron Egerton. (S) (W)

11.05 FILM SAFE HAVEN (2013) A woman trying to make a fresh start in a coastal town realises she must confront the dark past she is running from. Romantic drama, with Julianne Hough, Josh Duhamel and Cobie Smulders. (S) (W) (HD)

12.55 FILM: The White Ribbon (2009) Michael Haneke's Palme d'Or-winning mystery, starring Christian Friedel and Leonie Benesch. (W) (HD) **3.10** This Is BBC Two (S) (W) (HD)

ITV



Ninja Warrior UK, 7pm

6.00 CITV: The Aquabats! Super Show! (rpt) **6.20** Dino Dan: Trek's Adventures (rpt) **6.45** Sooty (rpt) **6.55** Signed Stories: Share A Story (rpt) **7.00** Oddbods (rpt) **7.05** Thunderbirds Are Go (rpt) (S) **7.30** Scrambled! Scrambled! **7.35** Scrambled! Mr Bean: The Animated Series (rpt) (S) **7.50** Scrambled! Horrid Henry (rpt) (S) **8.10** Scrambled! Teen Titans Go! (rpt) (S) **8.30** Scrambled! Bear Grylls Survival School **9.05** Scrambled! Adventure Time (rpt) (W) **9.25** ITV News (W) **9.30** Alphabetical (rpt) (HD) **10.30** Guess This House (rpt) (HD) **11.25** Judge Rinder (rpt) (W) **12.25** ITV News, Weather (S) (W) **12.35** River Monsters (rpt) (W) **1.05** Tipping Point (rpt) (S) (W) (HD) **2.05** The Chase (rpt) (S) (HD) **3.10** Dance Dance Dance (rpt) (S) (W) (HD) **4.40** Local News, Weather (W) **4.55** ITV News, Weather (S) (W) **5.10** FILM: Despicable Me (2010) Animated comedy, with the voice of Steve Carell. (S) (W)

7.00 NINJA WARRIOR UK (8/8) The final round of the obstacle-course challenge arrives, as Ben Shephard, Rochelle Humes and Chris Kamara invite the most successful participants from throughout this series to return to the course and put their strength, speed and agility to the test once again. (W) (HD)

8.00 THE VOICE UK The spinning-chair singing contest reaches a crucial stage, as Emma Willis introduces the seventh and final Blind Audition. As always, another selection of would-be stars are ushered onto the stage to perform, unseen by judges Jennifer Hudson, Gavin Rossdale, will.i.am and Sir Tom Jones, who must signal their approval by turning their chairs. Next week, the judges' teams are forced to face off in the Battle phase. (W) (HD)

9.20 THROUGH THE KEYHOLE (7/8) Keith Lemon hosts a revival of the classic gameshow in which celebrity panellists David Haye, Samia Longchambon and Dave Berry are given a guided tour to three mystery homes and are challenged to guess the identities of the famous occupants. (W) (HD)

10.20 ITV NEWS, WEATHER Latest headlines. (W)

10.35 FILM KNOCKED UP (2007) Journalist Alison's one-night stand with directionless layabout Ben has unexpected consequences when she discovers she is pregnant. However, the unlikely parents decide to give the relationship a try. Comedy, starring Seth Rogen and Katherine Heigl. (W) (HD)

12.50 Jackpot247. Viewers are offered the chance to participate in live gaming. (W) **3.00** Who's Doing The Dishes? (rpt) (W) (HD) **3.50** ITV Nightscreen. Information service. (W) (HD)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

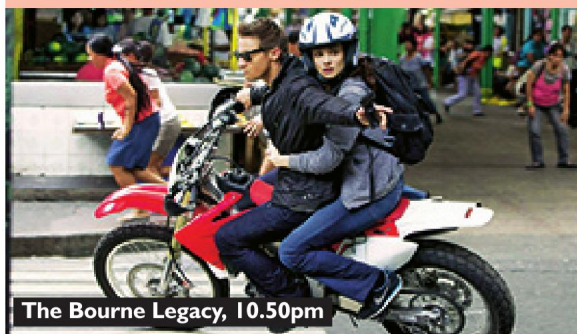
REGIONAL VARIATIONS

BBC1 SCOTLAND As BBC1 except: **4.30-5.10** SportsScene
BBC2 WALES As BBC2 except: **1.00** Live Snooker: The Welsh Open **4.30** University Challenge **5.00** Only Connect **5.30** Mastermind **6.00** Big Dreams Small Spaces **7.00** Live Snooker: The Welsh Open **9.50** The Lake District: A Wild Year **10.50-12.55** Film: Testament of Youth (2014) (12) Drama, starring Alicia Vikander.
BBC2 SCOTLAND As BBC2 except: **4.15-4.45** Great American Railroad Journeys. Michael Portillo visits the Elmwood Cemetery.
BBC2 NORTHERN IRELAND As BBC2 except: **6.00** Getaways **6.30** Flog It! From Crathes Castle in Aberdeenshire. **7.30** The Lake District: A Wild Year **8.30-9.00** Grand Tours of the Scottish Islands

ITV MERIDIAN As ITV except: **12.34-12.35** Local Weather. Latest forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather
ITV CENTRAL As ITV except: **12.34-12.35** Local Weather. Latest regional forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather
ITV WESTCOUNTRY As ITV except: **12.34-12.35** Local Weather **4.40-4.55** Local News. Latest headlines. **10.34-10.35** Local Weather
ITV ANGLIA As ITV except: **12.34-12.35** Local Weather **4.40-4.55** Local News. Latest regional headlines. **10.34-10.35** Local Weather
ITV YORKSHIRE As ITV except: **12.34-12.35** Local Weather. Latest forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather
ITV TYNE TEES As ITV except: **12.34-12.35** Local Weather. Latest regional forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather

ITV GRANADA As ITV except: **12.34-12.35** Local Weather. Latest forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather
ITV BORDER As ITV except: **12.34-12.35** Local Weather. Latest forecast. **4.40-4.55** Local News **10.34-10.35** Local Weather
ITV WEST As ITV except: **12.34-12.35** Local Weather **4.40-4.55** Local News. Regional headlines. **10.34-10.35** Local Weather
S4C 6.00 Cyw **8.00** Stwnsh Sadwrn **10.00** Tag **10.45** Arfordir Cymru: Bae Ceredigion **11.15** Ward Plant **11.45** Ffermio **12.15** Antur Waunfawr **12.45** Cefn Gwlad **1.15** Loriau Mansel Davies a'i Fab **1.45** Rygbi **4.00** Corff Cymru: Cariad **4.30** Y Castell **5.30** Eisteddfod 2015: Seiniau'r Sgrin **7.00** Newyddion a Chwaraeon **7.15** Clwb Rygbi **9.35** Noson Lawen **10.40** Y Salon **11.10-12.15** Jonathan

CHANNEL 4



The Bourne Legacy, 10.50pm

6.20 The King Of Queens (rpt) **6.45** The King Of Queens (rpt) **7.10** Everybody Loves Raymond (rpt) **7.35** Everybody Loves Raymond (rpt) **8.00** Everybody Loves Raymond (rpt) **8.30** Frasier (rpt) **9.00** Frasier (rpt) **9.30** The Big Bang Theory (rpt) **9.55** The Big Bang Theory (rpt) **10.25** The Big Bang Theory (rpt) **10.55** The Simpsons (rpt) **11.25** The Simpsons (rpt) **12.00** Jamie And Jimmy's Friday Night Feast (rpt) **1.00** Come Dine With Me (rpt) **1.30** Come Dine With Me (rpt) **2.00** Come Dine With Me (rpt) **2.30** Come Dine With Me (rpt) (HD) **3.00** Come Dine With Me (rpt) (HD) **3.35** A Place In The Sun: Summer Sun (rpt) (HD) **4.35** Location, Location, Location (rpt) **5.35** Grand Designs (rpt) (HD)

6.30 **CHANNEL 4 NEWS** Latest global headlines.

7.00 **THE RESTORATION MAN** George Clarke returns to Brixham in Devon, where he previously met Neil Worrell and Jackie Robinson, the pair are busy running a replica of Sir Frances Drake's ship the Golden Hind. He also visits Dartmoor, where he is stunned to find renovator Neil has just bought 200 square metres of mysterious underground corridors.

8.00 **GREAT CANAL JOURNEYS** Timothy West and Prunella Scales make a journey across Scotland. They begin by travelling through the Caledonian Canal, which connects the lochs of the Great Glen and runs from the North Sea to the Atlantic. They then head north into the Highlands, travelling for 60 miles on a journey through 29 canal locks. (rpt) (HD)

9.00 **FILM TAKEN 2** (2012) Former CIA agent Bryan Mills and his ex-wife Lenore are taken hostage in Istanbul by an Albanian gangster, whose son Bryan killed while bringing down a kidnapping ring. He is able to escape with the aid of his daughter and together they fight to rescue Lenore and wipe out the criminal family. Action thriller sequel, starring Liam Neeson, Maggie Grace and Famke Janssen. (W)

10.50 **FILM THE BOURNE LEGACY** (2012) A secret government agency plan to eliminate several agents when they face having their secrets exposed. One of the assassins targeted is able to evade his fate and go on the run – but his escape is threatened by his dependence on drugs to boost his capabilities. Spy thriller sequel, with Jeremy Renner, Rachel Weisz and Edward Norton. (W) (HD)

1.20 Ramsay's Kitchen Nightmares USA (rpt) **2.15** Hollyoaks (HD) **4.15** Kirstie's Fill Your House For Free (rpt) **4.25** Phil: Secret Agent Down Under (rpt) **5.25** Fifteen To One (rpt)

● All programme details are correct at time of going to press

5STAR

6.00am Teleshopping **8.00** Access **8.10** The Secret Life of Pets **8.35** 8 Simple Rules **10.00** My Wife and Kids **1.40pm** **Film:** Legend of the Guardians: The Owls of Ga'Hoole (2010) (PG) Animated fantasy. **3.35** **Film:** Marley & Me (2008) (PG) Comedy drama. **5.55** **Film:** 2012 (2009) (12) Disaster movie. **9.00** **Film:** Grown Ups 2 (2013) (12) Comedy sequel. **11.05** **Film:** Tower Block (2012) (15) Thriller, starring Sheridan Smith. **12.55** Teen Wolf **1.50** Killer Psychopaths **2.50** That '70s Show **4.00** Teleshopping

CHANNEL 5



Football On 5: The Championship, 9pm

6.00 Milkshake! Peppa Pig (rpt) **6.10** Milkshake! Monkey (rpt) **6.15** Milkshake! Bop Box (rpt) **6.20** Paw Patrol (rpt) **6.30** Bob The Builder (rpt) **6.40** Fireman Sam (rpt) **6.55** Rupert Bear (rpt) **7.05** Olly The Little White Van (rpt) **7.10** Wanda And The Alien (rpt) **7.20** Angelina Ballerina (rpt) **7.35** Little Princess (rpt) **7.50** Paw Patrol (rpt) **8.00** Blaze And The Monster Machines (rpt) **8.25** Noddy: Toyland Detective (rpt) **8.45** Ben And Holly's Little Kingdom (rpt) **9.00** Shimmer And Shine (HD) **9.25** Peppa Pig (rpt) **9.45** Ben And Holly's Little Kingdom (rpt) **10.00** Teenage Mutant Ninja Turtles (rpt) **10.35** Access **10.40** Police Interceptors (rpt) **12.35** Benefits: 26 Kids And Claiming (rpt) **1.35** Benefits: The Millionaire Shoplifter (rpt) **2.35** The Nightmare Neighbour Next Door (rpt) **4.30** 5 News **4.35** Nightmare Tenants, Slum Landlords (rpt) **5.30** Can't Pay? We'll Take It Away (rpt)

6.30 **FIA FORMULA E LIVE: BUENOS AIRES**

The Buenos Aires ePrix. Coverage of the third round of the campaign from Puerto Madero Street Circuit in Argentina. This is the only circuit to have featured in all three seasons of this racing championship and has proven to be a successful venue for Great Britain's Sam Bird, who won the race in 2016. (HD)

8.10 **SECRETS OF THE GREAT TRAIN ROBBERY**

Crime documentary, which sets out to bust myths surrounding the effectiveness of the Royal Mail train heist of August 8, 1963. This programme highlights the mistakes that prove to be the robbers' undoing.

9.00 **FOOTBALL ON 5: THE CHAMPIONSHIP**

George Riley and Lynsey Hipgrave introduce highlights from the games in the Championship, including Birmingham City v Queens Park Rangers and Barnsley v Brighton & Hove Albion. (HD) *Followed by The Health Lottery draw.*

10.00 **FOOTBALL ON 5: GOAL RUSH** George Riley and Lynsey Hipgrave introduce all the goals from the weekend's games in League One and Two. (HD)

10.30 **NCIS** (7/24) The team is called to investigate the death of a retired US Navy lieutenant commander and the inquiry forces Ducky to reveal he has been helping to solve crimes in his spare time. (HD)

11.25 **NCIS: LOS ANGELES** (10/24) Deeks places his job in danger when he shoots and kills an unarmed man, prompting unexpected emotions for Kensi. (rpt)

12.15 SuperCasino **3.10** Magic Makes You Laugh Out Loud (rpt) **4.00** On Benefits: To Heat Or To Eat? That's The Question (rpt) (HD) **4.50** House Doctor (rpt) **5.15** Nick's Quest (rpt)

5USA

6.00am Teleshopping **9.00** CSI: NY **9.45** Person of Interest **12.40pm** **Film:** Columbo: It's All in the Game (1993) (PG) Detective drama. **2.45** NCIS **3.40** NCIS **4.40** NCIS **5.40** NCIS **6.45** **Film:** Mystery Woman: Sing Me a Murder (2005) (PG) Crime drama, starring Kellie Martin. **8.30** NCIS: Los Angeles **9.30** NCIS: Los Angeles **10.30** Law & Order: Special Victims Unit **11.30** Law & Order: Special Victims Unit **12.30am** Law & Order: Special Victims Unit **1.35** Law & Order: Special Victims Unit

SATURDAY 18 FEBRUARY 2017



CRITIC'S CHOICE BY MIKE WARD

LET IT SHINE

6.55pm & 8.45pm, BBC1 ★ ★ ★

Golly, we're nearly there, you know – just one week away from discovering which of our remaining bands will land the job of a lifetime – or a job for a fair few months at least, which isn't to be sniffed at in itself – performing in Gary Barlow's spectacular stage musical, the name of which admittedly escapes me. To begin tonight's live semi-final, all four bands will come together for a "very special collaboration" – which, given the number of people who'll be on stage at once, may well be more accurately described as a "right old racket" but which should at least get us off to a lively start. The bands who end up in the sing-off, by the way, will each be asked to murder a classic by the Beatles, although I suspect our hosts, Mel and Graham, may phrase that a tad more tactfully.

THE VOICE UK

8pm, ITV ★ ★ ★ ★

Meanwhile, over on Saturday night's other big talent show, the blind auditions conclude tonight. With so few places remaining, grabbing the coaches' attention is going to mean singing one's absolute head off, although preferably not in the literal sense.



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The Martian
8pm, Sky Cinema Greats/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am *Miracles From Heaven* (2016) 12 **7.50** *The Angry Birds Movie* (2016) U Animation, with the voice of Jason Sudeikis. **9.30** *The Meddler* (2015) 12 Premiere. **11.20** *Bad Neighbours 2* (2016) 15 Comedy, starring Seth Rogen. **1.00pm** *Miracles From Heaven* (2016) 12 Drama, starring Jennifer Garner and Kylie Rogers. **2.55** *Anything For Love* (2016) PG Romantic comedy, starring Erika Christensen. **4.30** *The Angry Birds Movie* (2016) U Animation, with the voice of Jason Sudeikis. **6.10** *The Meddler* (2015) 12 Premiere. Comedy-drama, starring Susan Sarandon. **8.00** *Bad Neighbours 2* (2016) 15 Comedy, starring Seth Rogen. **9.50** *The Landlord* (2015) 15 Horror, starring Brianna Moncrief. **11.25** *Friend Request* (2016) 15 Horror, starring Alycia Debnam-Carey. **1.10am** *Hacked* (2013) 18 Thriller, starring Melanie Papalia. **2.40** *Up for Love* (2016) 12 Romantic comedy. **4.30** *Fast & Furious 7 Special* **5.00** *The Lego Batman Movie: Special* **5.30** *Everest: Sky Movies Special*

SKY CINEMA COMEDY Sky 308 Virgin 438

7.05am *Walk Hard: The Dewey Cox Story* (2007) 15 **8.50** *Ghost Town* (2008) 12 With Ricky Gervais. **10.40** *Talladega Nights: The Ballad of Ricky Bobby* (2006) 15 With Will Ferrell. **12.45pm** *Dad's Army* (2016) PG With Toby Jones. **2.30** *Ted 2* (2015) 15 With Mark Wahlberg. **4.30** *Bruce Almighty* (2003) 12 With Jim Carrey. **6.20** *The Simpsons Movie* (2007) PG With Dan Castellaneta. **8.00** *Dad's Army* (2016) PG With Toby Jones. **9.45** *Ted 2* (2015) 15 With Mark Wahlberg. **11.45** *The Heartbreak Kid* (2007) 15 With Ben Stiller. **1.50am** *Superbad* (2007) 15 With Jonah Hill. **3.50** *Ali G Indahouse* (2002) 15 **5.30** *The Lego Batman Movie: Special*

SKY CINEMA ACTION Sky 307 Virgin 437

6.30am *John Wick* (2014) 15 **8.20** *The Matrix* (1999) 15 **10.40** *The Matrix Reloaded* (2003) 15 With Keanu Reeves. **1.00pm** *The Matrix Revolutions* (2003) 15 With Keanu Reeves. **3.10** *The Matrix* (1999) 15 With Keanu Reeves. **5.30** *The Matrix Reloaded* (2003) 15 With Keanu Reeves. **8.00** *John Wick* (2014) 15 With Keanu Reeves. **9.50** *John Wick Chapter 2: Special* **10.05** *San Andreas* (2015) PG With Dwayne Johnson. **12.10am** *Terminator 3: Rise of the Machines* (2003) 12 **2.10** *Swordfish* (2001) 15 **4.00** *Rocky V* (1990) PG With Sylvester Stallone.

SKY CINEMA FAMILY Sky 306 Virgin 436

6.00am *Surf's Up* (2007) PG Animated comedy, with the voice of Jeff Bridges. **7.30** *The Pacifier* (2005) PG Family comedy, starring Vin Diesel. **9.10** *Lemony Snicket's A Series of Unfortunate*

Events (2004) PG Comedy adventure, starring Jim Carrey. **11.00** *Night at the Museum: Battle of the Smithsonian* (2009) PG Fantasy comedy sequel, starring Ben Stiller. **12.50pm** *Goosebumps* (2015) PG Fantasy adventure, starring Jack Black. **2.35** *Babe* (1995) U Family comedy, starring James Cromwell. **4.15** *Lemony Snicket's A Series of Unfortunate Events* (2004) PG Comedy adventure, starring Jim Carrey. **6.10** *Night at the Museum: Battle of the Smithsonian* (2009) PG Fantasy comedy sequel, starring Ben Stiller. **8.00** *Goosebumps* (2015) PG Fantasy adventure, starring Jack Black. **9.50** *Babe* (1995) U Family comedy, starring James Cromwell. **11.30** *Mr Magoo* (1997) PG Comedy, starring Leslie Nielsen. **1.05am** *The Pacifier* (2005) PG Family comedy. **2.50** *Surf's Up* (2007) PG Animated comedy, with the voice of Jeff Bridges. **4.25** *Mr Magoo* (1997) PG

SKY CINEMA VALENTINE Sky 303 Virgin 440

6.00am *The Holiday* (2006) 12 **8.20** *Just Married* (2003) 12 With Ashton Kutcher. **10.00** *Sleepless in Seattle* (1993) PG With Tom Hanks. **11.50** *An Affair to Remember* (1957) U With Cary Grant. **1.50pm** *My Best Friend's Wedding* (1997) 12 With Julia Roberts. **3.45** *The Second Best Exotic Marigold Hotel* (2015) PG With Dev Patel. **5.55** *Four Weddings and a Funeral* (1994) 15 With Hugh Grant. **8.00** *Notting Hill* (1999) 15 With Hugh Grant. **10.10** *Sleepless in Seattle* (1993) PG With Tom Hanks. **12.05am** *Just Married* (2003) 12 With Ashton Kutcher. **1.50** *As Good as It Gets* (1997) 15 With Jack Nicholson. **4.15** *Bus Stop* (1956) U With Marilyn Monroe.

SKY CINEMA GREATS Sky 304 Virgin 434

6.25am *Fun in Acapulco* (1963) U **8.05** *Invasion of the Body Snatchers* (1956) PG Sci-fi thriller, starring Kevin McCarthy. **9.30** *Sister Act* (1992) PG Comedy, starring Whoopi Goldberg. **11.15** *Maverick* (1994) PG Comedy Western, starring Mel Gibson. **1.25pm** *Austin Powers: The Spy Who S*****d Me* (1999) 12 Comedy sequel, starring Mike Myers. **3.05** *Stardust* (2007) PG Fantasy adventure, starring Charlie Cox and Claire Danes. **5.15** *The Legend of Bagger Vance* (2000) PG Drama, starring Will Smith. **7.30** *The Great Wall: Special* **8.00** *The Martian* (2015) 12 Ridley Scott's sci-fi drama, starring Matt Damon. **10.30** *The Departed* (2006) 18 Gangster thriller, starring Leonardo DiCaprio. **1.05am** *South Park: Bigger, Longer & Uncut* (1999) 15 **2.35** *The Rocky Horror Picture Show* (1975) 12 Cult musical, starring Tim Curry. **4.20** *Fun in Acapulco* (1963) U Musical comedy, starring Elvis Presley.

TCM Sky 317 Virgin 415

6.00am *Hollywood's Best Film Directors* (33/91) **6.45** *Rawhide* (13/30) **8.00** *Rawhide*

(14/30) **9.05** *Houseboat* (1958) U Romantic comedy, starring Cary Grant and Sophia Loren. **11.15** *Mommie Dearest* (1981) 15 Biopic of Joan Crawford, starring Faye Dunaway. **1.50pm** *The Man from Monterey* (1933) U Western, starring John Wayne. **3.00** *Canyon River* (1956) U Western, starring George Montgomery. **4.35** *Arizona Bushwhackers* (1968) 12 Western, starring Howard Keel. **6.20** *Mutiny on the Bounty* (1935) PG Oscar-winning seafaring drama, with Charles Laughton. **9.00** *Centurion* (2010) 15 Ancient Roman action thriller, starring Michael Fassbender. **11.00** *Exorcist II: The Heretic* (1977) 18 Horror sequel, starring Linda Blair. **1.20am** *Conspiracy Theory* with Jesse Ventura (5/7) **2.20** *Conspiracy Theory* with Jesse Ventura (6/7) **3.15** *Hollywood's Best Film Directors* (65/91) **4.30** *Hollywood's Best Film Directors* **5.00** *Hollywood's Best Film Directors* **5.30** *Hollywood's Best Film Directors*

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am *ParaNorman* (2012) PG Animated adventure, with the voice of Kodi Smit-McPhee. **1.00pm** *Judy Moody and the Not Bummer Summer* (2011) PG Comedy, starring Jordana Beatty. **2.45** *Scrooged* (1988) PG Christmas comedy, starring Bill Murray. **4.50** *Moonrise Kingdom* (2012) 12 Comedy drama, with Bruce Willis and Edward Norton. **6.40** *Tootsie* (1982) 15 Comedy, starring Dustin Hoffman. **9.00** *St Vincent* (2014) 12 Premiere. Comedy drama, starring Bill Murray. **11.05** *Zombieland* (2009) 15 Comedy horror, starring Woody Harrelson and Jesse Eisenberg. **12.50am** *Stripes* (1981) 15

SKY CINEMA DISNEY Sky 305 Virgin 435

6.00am *Lilo & Stitch* (2002) U Animated sci-fi comedy, with the voice of Daveigh Chase. **7.30** *Bolt* (2008) PG Animated adventure, with the voice of John Travolta. **9.15** *Zootropolis* (2016) PG Animated comedy, with the voice of Ginnifer Goodwin. **11.15** *Big Hero 6* (2014) PG Animated adventure, featuring the voice of Ryan Potter. **1.00pm** *National Treasure: Book of Secrets* (2007) PG Adventure sequel, starring Nicolas Cage. **3.15** *Bolt* (2008) PG **5.00** *Zootropolis* (2016) PG Animated comedy, with the voice of Ginnifer Goodwin. **7.00** *The Jungle Book* (2016) PG Disney adventure, starring Neel Sethi. **8.50** *John Carter* (2012) 12 Fantasy adventure, starring Taylor Kitsch. **11.05** *National Treasure: Book of Secrets* (2007) PG Adventure sequel, starring Nicolas Cage. **1.20am** *Invincible* (2006) PG Fact-based sporting drama, starring Mark Wahlberg. **3.05** *Eight Below* (2006) PG Disney canine adventure, starring Paul Walker. **5.10** *Sky High* (2005) PG Fantasy comedy, starring Kurt Russell.

SKY I Sky 106 Virgin 110

6.00am *Are You Smarter Than A 10 Year Old?* **7.00** *Monkey Business* **8.00** *The Big Spell* **9.00** *The Fantasy Football Club* **10.00** *Soccer AM* **11.30** *What's Up* **12.00noon** *Portrait Artist Of The Year 2017* **1.00** *Fences: Special* **1.30** *Futurama* **3.00** *Modern Family* **5.00** *Supergirl* **6.00** *The Flash* **7.00** *MacGyver*. Angus and the team attempt to rescue Jack's ex-girlfriend. **8.00** *NCIS: Los Angeles*. Callen goes undercover as a patient in a psychiatric hospital. **9.00** *Film: Star Trek: Generations* (1994) (PG) Starship captains Kirk and Picard battle a deranged scientist obsessed with finding a mysterious energy source. Sci-fi adventure sequel, with Patrick Stewart and William Shatner. **11.15** *A League Of Their Own* **12.15am** *Football's Funniest Moments* **1.15** *Duck Quacks Don't Echo* **2.15** *DC's Legends Of Tomorrow* **3.10** *Police Force: Australia* **5.10** *Road Wars*

SKY ATLANTIC Sky 108

6.00am *The West Wing* **11.00** *David Attenborough's Natural History Museum Alive* **12.30pm** *David Attenborough's Natural History Museum Alive: Behind The Scenes* **1.30** *Flying Monsters With David Attenborough* **3.00** *Without A Trace* **7.00** *Without A Trace*. A recent lottery winner disappears. **8.00** *Blue Bloods*. Danny and Baez investigate a suspicious case. **9.00** *Game Of Thrones*. House Lannister prepares for conflict, Ned confronts Cersei about Jon Arryn's death, and Khal Drogo vows revenge on the Seven Kingdoms. **10.10** *Game Of Thrones*. The Lannisters launch their bid to seize power. **11.20** *Last Week Tonight With John Oliver* **11.55** *Beware The Slenderman* **2.10am** *The Wire* **3.25** *Looking* **4.00** *Storm City*

W Sky 109 Virgin 125

6.00am *Believe* **6.50** *Million Dollar Intern* **7.50** *The Bill* **12.50pm** *EastEnders* **4.00** *Extreme Makeover: Home Edition* **6.00** *My Family* **7.20** *My Family*. Susan is accused of sexual harassment at work. **8.00** *Inside The Ambulance*. Medics help a man who is in agony after having his kidney stones removed. **9.00** *Film: The Bodyguard* (1992) (15) A former secret service agent acts as a bodyguard for a famous singer who is being persecuted by an obsessed fan. Romantic thriller, starring Kevin Costner and Whitney Houston. **11.40** *Grimm* **12.40am** *Motorway Cops: A Traffic Cops Special* **1.40** *Crisis* **2.30** *Passport Patrol*

LIFETIME Sky 156 Virgin 208

6.00am *Teleshopping*. Shopping from home. **7.00** *Judge Judy* **10.00** *Hoarders* **2.00pm** *Flipping Vegas* **6.00** *Australia's Next Top Model* **7.00** *Dance Moms* **8.00** *Kiss, Bang, Love* **9.00** *Storage Wars* **10.00** *Wahlburgers* **11.00** *Hardcore Pawn* **2.00am** *Pawn Stars* **4.00** *Teleshopping*

HISTORY Sky 529 Virgin 270

6.00am *Teleshopping*. Shopping from home. **7.00** *Pawn Stars* **8.00** *Mountain Men* **1.00pm** *American Pickers* **5.00** *Storage Wars* **7.00** *Ronnie O'Sullivan's American Hustle* **8.00** *American Pickers* **9.00** *Forged In Fire* **11.00** *Ronnie O'Sullivan's American Hustle* **12.00midnight** *Drunk History* **1.00** *Forged In Fire* **2.00** *American Pickers* **4.00** *Storage Wars* **5.00** *Teleshopping*

COMEDY CENTRAL Sky 112 Virgin 132

8.00am *The Middle* **9.00** *Bob's Burgers* **10.00** *The Fresh Prince Of Bel-Air* **3.00pm** *Friends* **8.00** *Impractical Jokers* **9.00** *Michael McIntyre's Showtime* **10.00** *Lip Sync Battle: Star Trek Special* **11.00** *Film: Jackass 3* (2010) (18) Comedy, with Johnny Knoxville. **1.00am** *Legends Of Chamberlain Heights* **1.30** *TripTank* **2.00** *South Park* **3.50** *Bob's Burgers* **5.00** *Teleshopping*

SKY LIVING Sky 107 Virgin 112

6.00am *Border Security USA* **7.00** *Monkey Life* **10.00** *America's Next Top Model* **11.00** *The Biggest Loser USA* **12.00noon** *CSI: Crime Scene Investigation* **7.00** *Forever* **8.00** *Bones* **9.00** *Grey's Anatomy* **10.00** *Scandal* **11.00** *Madam Secretary* **12.00midnight** *Criminal Minds* **3.00** *Grey's Anatomy* **5.00** *Stop, Search, Seize*

GOLD Sky 110 Virgin 124

7.00am *Cheers* **7.50** *To The Manor Born* **9.10** *One Foot In The Grave* **10.20** *Last Of The Summer Wine* **12.20pm** *The Vicar Of Dibley* **1.40** *Only Fools And Horses* **9.00** *The Black Adder* **9.40** *Blackadder II* **11.00** *Bottom* **12.20am** *Bottom 2001: A*** Oddity Live* **2.10** *Bill Hicks: Relentless* **3.20** *Nighty Night* **4.00** *Home Shopping*

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm Indian Hill Railways. The relationship between trains and people in the Himalayas. **8.00** Ford's Dagenham Dream **9.00** Treasures Of Ancient Egypt. Art from one of Ancient Egypt's most opulent eras. **10.00** Easter Island: Mysteries Of A Lost World. New theories about the demise of the island's civilisation. **11.30** Top Of The Pops: 1983 **12.05am** Rock 'n' Roll America **3.05** Sounds Of The 70s 2: Soul – Keep On Keeping On

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am Emmerdale **8.25** Coronation Street **11.20** Ninja Warrior UK **12.20pm** Take Me Out **1.35** You've Been Framed! Gold **2.10 Film:** Honey (2003) (PG) Urban dance drama, starring Jessica Alba. **4.05 Film:** St Trinian's (2007) (12) Comedy, starring Rupert Everett. **6.05 Film:** After Earth (2013) (12) Sci-fi adventure, starring Will and Jaden Smith. **8.00** Scorpion. Drama following a team of geniuses combating hi-tech threats. **9.00 Film:** Hot Fuzz (2007) (15) Action comedy, starring Simon Pegg. **11.25** Family Guy **12.50am** American Dad! **1.50** Release The Hounds: Famous & Freaked **2.35** Planet's Funniest Animals **3.00** Teleshopping

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am Murder, She Wrote **8.50** Sherlock Holmes: The Master Blackmailer **11.05 Film:** Columbo: Butterfly In Shades Of Grey (1993) (PG) Crime drama, starring Peter Falk and William Shatner. **1.05pm Film:** Carry On Matron (1972) (PG) Comedy, starring Sid James. **2.55 Film:** Carry On Follow That Camel (1967) (PG) Comedy, with Jim Dale. **4.55** Wycliffe **6.00** Midsomer Murders **8.00** Doc Martin **9.00** Midsomer Murders **11.00** Law & Order: UK **12.00midnight** Wycliffe **1.05** Marchlands **2.00** ITV3 Nightscreen

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Nijinsky's Triple Crown **6.05** The Professionals **7.55** The Saint **9.00** Bundesliga Football Highlights **10.00** ITV Racing: The Opening Show **11.00** Counting Cars **12.00noon** Pawn Stars **1.30** ITV Racing Live. Coverage of six race meetings from Ascot, Haydock Park and Wincanton. **4.00 Film:** Rio Bravo (1959) (PG) Western, with John Wayne and Dean Martin. **6.55** River Monsters **9.05 Film:** The Specialist (1994) (18) Action thriller, starring Sylvester Stallone and Sharon Stone. **11.20 Film:** Exit Wounds (2001) (18) Thriller, starring Steven Seagal. **12.20am** FYI Daily **12.25 Film:** Exit Wounds (2001) (18) Concluded. **1.30** Hell On Wheels **2.25** Hogan's Heroes **2.55** ITV4 Nightscreen **3.00** Teleshopping

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Below Deck **10.00** The Real Housewives Of New York City **11.00** The Real Housewives Of Orange County **12.00noon** The Real Housewives Of Atlanta **1.00** Newlyweds: The First Year **2.00** The Millionaire Matchmaker **3.00** Dinner Date **7.00** Dinner Date **8.00** Dinner Date. Lydia from London looks for love. **9.00** Celebrity Dinner Date. Dating show. **10.00** The Real Housewives Of Atlanta. Kenya and Porsha join forces to plan a girls' trip to Miami. **11.00** Southern Charm **11.55** Bridezillas **12.55am** Teleshopping

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube **6.20** Melissa & Joey **7.05** How I Met Your Mother **8.00** Young & Hungry **9.00** Baby Daddy **10.00** Melissa & Joey **11.00** Brooklyn Nine-Nine **12.00noon** The Goldbergs **3.00** The Big Bang Theory **7.00** The Big Bang Theory. Amy is attracted to one of Penny's former boyfriends. **7.30** The Big Bang Theory **8.00 Film:** Knight And Day (2010) (12) Comedy adventure, with Tom Cruise and Cameron Diaz. **10.10** Gogglebox 2016. Highlights of last year's series. **11.50** Gogglebox: Celebrity Special For Stand Up To Cancer **1.00am** Celebs Go Dating **3.00** Marvel's Agents Of SHIELD **3.45** Rude(ish) Tube **4.25** Baby Daddy **5.10** Revenge

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** Homes By The Sea **12.35pm** Location, Location, Location **1.40** Coast Vs Country **2.45** Four In A Bed **5.25** Come Dine With Me **7.25** Come Dine With Me. Alasdair Moore hosts the final dinner party in Harrogate. **7.55** The Real Noah's Ark. A project to build an ark, inspired by the discovery of an ancient tablet. **9.00** Bin Laden: Shoot To Kill. The operation to eliminate the al-Qaeda leader. **10.40** 24 Hours In A&E **11.45** 8 Out Of 10 Cats Does Countdown **12.50am** Bin Laden: Shoot To Kill **2.35** 24 Hours In A&E **3.30** Food Unwrapped

CBEEBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Waybulo **6.10** Tiny Tumble **6.15** Big Barn Farm **6.30** Buzz And Tell **6.35** Baby Jake **6.45** Raa Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing **7.25** Postman Pat: SDS **7.40** Hey Duggee **7.50** Octonauts **8.00** Go Jetters **8.10** Peter Rabbit **8.25** The Furchester Hotel **8.35** Do You Know? **8.50** Andy's Baby Animals **9.00** Discover And Do: Something Special: We're All Friends **9.20** Kazoops **9.30** The Let's Go Club **Mini 9.35** Our Family **9.45** Topsy And Tim **10.10** Little Roy **10.20** Tree Fu Tom **10.45** Footy Pups **11.00** Swashbuckle **11.25** Andy's Secret Hideout **11.30** Q Pootle 5 **11.45** Chuggington **11.55** Spot Bots Zoople Time **12.00noon** I Can Cook With You **12.15** Grandpa In My Pocket **12.25** My Story **12.45** Salty's Waggy Tales **12.50** Melody **1.00** Get Squiggling! **1.15** Charlie And Lola **1.25** Minibeast Adventure With Jess **1.35** Let's Play **1.55** The Let's Go Club **Mini 2.00** Something Special: We're All Friends **2.20** Nina And The Neurons: Get Building **2.35** Our Family **2.45** Topsy And Tim **3.05** Little Roy **3.20** Tree Fu Tom **3.45** Big Fun Time: Footy Pups **4.00** Justin's House **4.25** Mister Maker Around The World **4.45** Do You Know? **5.00** Swashbuckle **5.25** Katie Morag **5.40** Old Jack's Boat **5.55** Diddap **6.00** CBeebies Bedtime Hour: Charlie And Lola **6.10** 64 Zoo Lane **6.20** In The Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Add Some Sparkle **8.00** Paper Craft with Crafters Companion **9.00** Debbie Shore One Day Special **10.00** Bead House **11.00** Add Some Sparkle **12.00noon** Debbie Shore One Day Special **1.00** Paper Craft with Crafters Companion **2.00** Cross Patch **3.00** The Borneo V-Slicer **4.00** Debbie Shore One Day Special **5.00** Cross Patch **6.00** Paper Craft with Crafters Companion **7.00** Debbie Shore One Day Special **8.00** Crafters Companion Spectrum Aqua One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Auf Wiedersehen, Pet **9.00** Great British Railway Journeys **11.30** Chris Tarrant: Extreme Railways **2.30pm** Great British Railway Journeys **5.00** Chris Tarrant: Extreme Railways **8.00** Sounds Of The Sixties **8.35** Sounds Of The Seventies **9.00** World War Weird **10.00** Open All Hours **12.00midnight** Sounds Of The Sixties **12.35** Sounds Of The Seventies **1.00** Great British Railway Journeys **3.00** Teleshopping. Home retail.

DAVE Sky 111 Freeview 12 Virgin 127

7.10am Storage Hunters **10.00** Steve Austin's Broken Skull Challenge **12.00noon** The Best Of Top Gear **2.00** QI XL **4.00** Top Gear **5.00** The Best Of Top Gear **7.00** Not Going Out **9.00 Film:** Passenger 57 (1992) (15) Action thriller, with Wesley Snipes. **10.40** Have I Got A Bit More News For You **12.40am** Not Going Out **2.00** Suits **2.50** Live At The Electric **3.20** Not Going Out

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am Tenko **11.00** Sharpe **1.00pm** Tenko **5.00** One Foot In The Grave **7.00** Hetty Wainthropp Investigates. Hetty investigates a case of arson. **8.00** Jonathan Creek. A priceless figurine may be cursed. **9.00** Taggart. The team uncovers illicit goings-on at a halfway house. **10.00** Taggart. A body is found in a Clydeside shipyard. **11.00 Film:** Marnie (1964) (15) Alfred Hitchcock's thriller, starring Sean Connery and Tippi Hedren. **1.40am** The Ruby In The Smoke **3.25** Garden Hopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

6.00am Teleshopping **8.30** The Key Of David **9.00** NCIS **2.00pm** The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00** Bonanza **7.00** Bonanza. The Cartwrights try to protect a murderer. **8.00** Matlock. A surrogate mother is murdered. **9.00** NCIS. A psychiatric patient escapes. **10.00** NCIS. A Muslim US Marine is found dead. **11.00** NCIS **1.55am Film:** Angel And The Badman (2009) (PG) Western remake. **3.40** The High Chaparral

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **9.00** Judge Judy **3.00pm** Unsolved Mysteries **5.00** Neighbours At War **7.00** Hoarders: Family Secrets. Two more people whose hoarding has got out of control. **8.00** Hoarders: Family Secrets. Cases of compulsive hoarders. **9.00** Dark Waters Of Crime. Real-life criminal investigations involving water. **10.00** Dark Waters Of Crime. Real-life criminal investigations involving water. **11.00** Killer Cops **12.00midnight** Ice Cold Killers **1.00** Undercover: Sex Slaves **3.00** Teleshopping **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1

Sky 401 Virgin 511

6.00am Football Gold **7.00** Premier League Legends **8.00** Premier League 100 Club **9.00** The Fantasy Football Club **10.00** Soccer AM **11.30** Football Gold **11.40** Spanish Football Gold **11.55** Live La Liga Football. Sporting Gijon v Barcelona (Kick-off 12.00pm). **2.00pm** Super League Gold **2.30** Great Sporting Moments **2.45** Live PRO12 Rugby Union. Ulster v Glasgow Warriors (Kick-off 3.00pm). **5.00** Live PRO12 Rugby Union. Ospreys v Munster (Kick-off 5.15pm). **7.15** Great Sporting Moments **7.30** Live World Club Series Rugby League. Warrington Wolves v Brisbane Broncos (Kick-off 8.00pm). **10.30** Super League Gold **10.45** Super League Gold **11.00** Super League Gold **12.00midnight** World Club Series Rugby League Highlights **12.15** Sporting Triumphs **12.45** World Club Series Rugby League Highlights **1.00** Live One-Day International Cricket

SKY SPORTS 2

Sky 402 Virgin 512

6.00am Cricket Classics **7.00** Time Of Our Lives **8.00** Sky Sports Years **9.00** Betfred Super League Highlights **9.15** Super League Gold **9.30** Cricket's Greatest **10.00** Sporting Triumphs **11.00** Cricket Classics **11.30** Sporting Triumphs **11.45** Super League Gold **12.00noon** The Fantasy Football Club **1.00** Football Gold **1.30** Super League Gold **2.00** Live ATP Tennis. The Rotterdam Open. **4.30** Cricket's Greatest **5.00** Sporting Greats **5.30** Live Northern Ireland League Cup Final. Ballymena United v Carrick Rangers (Kick-off 5.30pm). **8.00** Fight Night International. Carl Frampton v Leo Santa Cruz. **10.00** Nitro Athletics Highlights **11.00** The Ashes: England's Best Days **1.00am** World Pool Masters **5.00** Premier League 100 Club

SKY SPORTS 3

Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **8.00** Sky Sports Boxing Gold **9.00** Sporting Heroes: Brian Moore Interviews Dave Mackay **10.00** Sporting Records **11.00** Betfred Super League Highlights **11.15** Super League Gold **11.30** Betfred Super League Highlights **11.45** Super League Gold **12.00noon** Sporting Records **1.00** Super League Gold **1.15** Betfred Super League Highlights **1.30** Rugby Gold **1.40** Live Top 14 Rugby Union. La Rochelle v Stade Francais (Kick-off 1.45pm). **3.40** Sky Sports Boxing Gold **4.00** Sporting Records **5.00** Super League Gold **5.30** Sky Sports Boxing Gold **6.30** Live ATP Tennis **8.30** Sky Sports Boxing Gold **9.00** Sky Sports Boxing Gold **9.30** Rugby Gold. Australia v British & Irish Lions. **9.45** Great Sporting Moments **10.00** Sky Sports Boxing Gold. Kell Brook v Carson Jones. **10.30** Sky Sports Boxing Gold **11.00** Sporting Triumphs **11.30** Sporting Greats **12.00midnight** Time Of Our Lives **1.00** Sporting Greats **1.30** World Club Series Rugby League Highlights **1.45** Spanish Football Highlights **2.00** Super League Gold **2.30** Sky Sports Cricket Gold **3.00** Sky Sports Years **4.00** Great Sporting Moments **5.00** Sporting Rivalries

BT SPORT 1

Sky 413 Virgin 531

5.00am Gillette World Sport **5.30** BT Sport Reload **6.00** UEFA Champions League Magazine **6.30** Live Hyundai A-League. Wellington Phoenix v Melbourne City. **8.45** Live Hyundai A-League. Western Sydney Wanderers v Sydney FC (Kick-off 8.50am). **11.00** Live Hyundai A-League. Perth Glory v Brisbane Roar (Kick-off 11.00am). **1.15pm** BT Sport Reload **1.30** Gloucester V Saracens **2.00** UEFA Champions League Magazine **2.30** Live Premiership Rugby Union. Bath v Harlequins (Kick-off 3.00pm). **5.15** Live Bundesliga. Hamburg SV v SC Freiburg (Kick-off 5.30pm). **7.30** Live Serie A. Empoli v Lazio (Kick-off 7.45pm). **9.45** The Emirates FA Cup **10.30** Aviva Premiership Rugby Highlights **12.30am** NBA Action **1.00** Live NBA: All Star Saturday Night **4.00** BT Sport Reload **4.30** Dortmund: The Special Connection

EUROSPORT 1

Sky 410 Virgin 523

7.15am Alpine Skiing **8.15** Live Alpine Skiing **9.45** Live Cross-Country Skiing **11.30** Live Alpine Skiing. The World Championships from St Moritz, Switzerland. **1.00pm** Live Biathlon **1.15** Cycling: Tour Of Andalusia **4.00** Cycling: Volta Ao Algarve **5.00** Figure Skating **6.00** Alpine Skiing **7.00** Biathlon **8.00** Wintersports Extra **9.00** Cycling: Tour Of Andalusia **10.00** Alpine Skiing **11.00** Biathlon **12.00midnight** Wintersports Extra **1.00** Eurosport News **1.05** WATTS **1.10** Eurosport News

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.00 Dev **10.00** The Matt Edmondson Show **1.00** Alice Levine. Music and topical chat. **4.00** Radio 1's Dance Anthems With Danny Howard **7.00** Mistaljam **10.00** The Rap Show With Charlie Sloth **1.00** DJ Target **4.00** Diplo And Friends

RADIO 2 (FM: 88-90.2MHz)

5.00 Radio 2 Playlists: 21st Century Songs **6.00** Annika Rice. Music and chat. **8.00** Sounds Of The 60s **10.00** Graham Norton **1.00** Pick Of The Pops **3.00** Jo Whaley **6.00** Liza Tarbuck **8.00** Trevor Nelson's Rhythm Nation. The DJ introduces a mix of soulful tunes to tempt listeners into spending Saturday evening in. **10.00** The Craig Charles House Party **12.00** Bob Harris Sunday **3.00** Radio 2's Showtune's Playlist: Family Musicals **4.00** Radio 2 Playlists: Love Songs

RADIO 3 (FM: 90.2-92.4MHz)

7.00 Breakfast **9.00** News **9.03** Record Review **12.15** Music Matters **1.00** News **1.02** Saturday Classics **3.00** Sound Of Cinema **4.00** Jazz Record Requests **5.00** Jazz Line-Up **6.00** Opera On 3: Live From The Met **10.00** Hear And Now **12.00** Geoffrey Smith's Jazz **1.00** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day **5.45** IPM **6.00** News And Papers **6.07** Ramblings **6.30** Farming Today This Week **6.57** Weather **7.00** Today **9.00** Saturday Live **10.30** And The Academy Award Goes To **11.00** The Forum **11.30** From Our Own Correspondent **12.00** News **12.01** (LW) Shipping Forecast **12.04** Money Box **12.30** The News Quiz **12.57** Weather **1.00** News **1.10** Any Questions? **2.00** Any Answers? **2.30** Drama: Jeffrey Bernard Is Unwell **4.00** Weekend Woman's Hour **5.00** Saturday PM **5.30** The Bottom Line **5.54** Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.15** Loose Ends. Jatinder Verma, Owen Sheers, Eline Van Der Velden and Graham Fellows – AKA John Shuttleworth – all join Clive Anderson in the studio. **7.00** Profile. Friends, adversaries, colleagues and confidants provide an insight into the personality and motivation of a person who is making the headlines. With Mark Coles. **7.15** Saturday Review. Tom Sutcliffe and guests examine the week's cultural highlights. **8.00** Archive on 4: A Brief History Of Lust. Joe Queenan presents a wry take on the 'history' of lust, from Helen of Troy and Paris through to Bill Clinton and Monica Lewinsky, via Rasputin, Edwina Currie and John Major. **9.00** Drama: A Little Princess. Conclusion of the two-part dramatisation of Frances Hodgson Burnett's novel about a boarding school pupil who suffers a reversal of fortunes when her father's wealth is lost. **10.00** News And Weather. Headlines. **10.15** The Moral Maze **11.00** Brain Of Britain **11.30** Poetry Please **12.00** News And Weather **12.30** Martian Stories **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MW: 909, 693KHz)

5.00 5 Live Sport: The Friday Football Social **6.00** Saturday Breakfast **9.00** The Danny Baker Show **11.00** Fighting Talk **12.00** 5 Live Sport **12.30** 5 Live Sport: FA Cup Football 2016-17 **2.30** 5 Live Sport **3.00** 5 Live Sport: FA Cup Football 2016-17 **5.00** Sports Report **5.30** 5 Live Sport: FA Cup Football 2016-17 **7.20** 6-0-6 **8.30** Kermode And Mayo's Film Review **9.30** Stephen Nolan **12.00** 5 Live In Short **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

7.00 Alan Titchmarsh. Music and chat. **10.00** Bill Turnbull **1.00** Alexander Armstrong **3.00** Nicholas Owen **5.00** Saturday Night At The Movies **7.00** Alex James's Date Night **9.00** David Mellor's Light Music Matters **10.00** Smooth Classics **1.00** Katie Breathwick **4.00** Jane Jones

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Bulletin **6.02** Personal Best **6.30** Out Of Doors **8.00** Good Morning Scotland **10.00** Shereen **11.32** A Funny Kind Of World **12.00** Bulletin **12.05** Off The Ball **1.59** Sportsound **5.30** Bulletin **5.35** Off The Ball **7.00** Bulletin. Followed by Outdoor Conditions. Daily forecast for climbers, hill-walkers and sailors. **7.05** Take The Floor. Gary Innes introduces music for dancing. Plus, a special recorded session from Scott Band and his Scottish Dance band. **9.00** Bulletin. The latest headlines. **9.05** Pipeline. Gary West with news from the piping world. **10.00** Bulletin **10.05** Billy Sloan **1.00** As Radio 5 Live

BBC 1



Countryfile, 7pm

6.00 Breakfast (S) (W) (HD) **7.50** MOTD: FA Cup Highlights (rpt) (S) (W) (HD) **9.00** The Andrew Marr Show (S) (W) (HD) **10.00** The Big Questions (S) (W) (HD) **11.00** Bargain Hunt (rpt) (S) (W) (HD) **12.00** BBC News, (S) Weather (W) (HD) **12.15** FILM: Shrek Forever After (2010) Animated comedy, with the voice of Mike Myers. (S) (W) (HD) **1.40** Match Of The Day Live: The FA Cup. Fulham v Tottenham Hotspur (Kick-off 2.00pm). (S) (W) (HD) **4.05** Escape To The Country (rpt) (S) (W) (HD) **4.50** Lifeline (S) (W) **5.00** Songs Of Praise (S) (W) **5.35** BBC News (S) (W) **5.50** Local News, (S) Weather (W)

6.00 THE BIG PAINTING CHALLENGE (2/6) Mariella Frostrup and Rev Richard Coles take the contestants on a trip to Hastings to sharpen their landscape painting skills by capturing the pier and the shoreline on canvas. A panel made of local residents choose their favourite painting, before the judges announce who will be leaving the show. (S) (W) (HD)

7.00 COUNTRYFILE Ellie Harrison helps with the annual clean-up at Cheddar Gorge, abseiling down the cliffs to check for dangerous loose rocks and helping volunteers to clear back the undergrowth. Including Weather For The Week Ahead. (S) (W)

8.00 CALL THE MIDWIFE (5/8) A distant cousin of Fred's who has Down's Syndrome is taken in by the Buckles following the death of his protective mother, but Violet struggles to cope with his needs. (S) (W)

9.00 NEW SERIES SS-GB (1/5) Drama set in an alternate history of the Second World War where Britain is under German occupation. Two Scotland Yard detectives investigate the murder of a scientist.

10.00 BBC NEWS Latest headlines. (S) (W) (HD)

10.20 LOCAL NEWS, WEATHER Regional bulletin. (W)

10.30 MOTD: FA CUP HIGHLIGHTS Action from the fifth round of matches, featuring Blackburn Rovers v Manchester United at Ewood Park and Fulham v Tottenham Hotspur at Craven Cottage. (S) (W)

11.10 AMERICAN HIGH SCHOOL (2/6) A revelation about the captain of the basketball team's personal life threatens his future. Vernon tries to persuade his mother to watch him perform with the cheerleaders.

11.55 THE CELEBRITY APPRENTICE USA The celebrities must write, produce and direct a silent video to promote a product. (S) (W) (HD) Followed by Weather For The Week Ahead. (S) (W)

1.25 BBC News. Latest national and international news. (S) (W)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



Dragons' Den, 8pm

6.30 Big Dreams Small Spaces (rpt) (S) (W) (HD) **7.30** An Island Parish: Anguilla (rpt) (S) (W) (HD) **8.00** Around The World In 80 Gardens (rpt) (S) (W) (HD) **9.00** Countryfile Winter Special (rpt) (S) (W) (HD) **10.00** Saturday Kitchen Best Bites (S) (W) **11.30** Nigel Slater's Dish Of The Day (rpt) (S) (W) (HD) **12.00** Nigellissima (rpt) (S) (W) (HD) **12.30** A Cook Abroad: Rick Stein's Australia (rpt) (S) (W) (HD) **1.30** Omar Sharif: Talking Pictures (rpt) (S) (W) **2.00** FILM: Funny Lady (1975) Musical comedy sequel, starring Barbra Streisand. (S) (W) (HD) **4.15** Birds Of Paradise: The Ultimate Quest (rpt) (S) (W) (HD) **5.15** Ski Sunday (S) (W) (HD)

6.00 FILM OZ THE GREAT AND POWERFUL (2013) An amoral circus illusionist is transported to a magical land, where he is mistaken for a powerful wizard prophesied to fall from the sky and save the realm from evil. His attempt to take advantage of the situation leads him into a dangerous quest involving three powerful witches. Fantasy adventure prequel to The Wizard Of Oz, starring James Franco, Mila Kunis and Michelle Williams. (S)

8.00 DRAGONS' DEN (15/16) Deborah Meaden, Peter Jones, Touker Suleyman, Sarah Willingham and Nick Jenkins assess the profit-making potential of a self-igniting wood-burning stove, a new kind of dating app, a range of authentic ethnic snacks and a fitness company for children. Presented by Evan Davis. (S)

9.00 SPECIAL FORCES – ULTIMATE HELL WEEK (4/6) Reggie Yates brings the contestants to South Korea to train under an officer from the country's Underwater Demolition Team. They face a series of gruelling challenges, including dragging truck tyres up hills and facing the unusual exercise known as the Thinking Man Position. (S) (W) (HD)

10.00 FILM BEING AP (2015) Premiere. Documentary about jockey AP McCoy, who has been crowned champion jockey 19 years running, following him as he weighs up his desire to score a record-breaking number of victories with the pressure to retire from horse racing. (S) (W) (HD)

11.40 FILM DEFIANCE (2008) Three Jewish brothers escape into the forests during the Nazi invasion of Poland and form a resistance movement. Second World War drama, starring Daniel Craig, Liev Schreiber and Jamie Bell. (S) (W) (HD)

1.45 Sign Zone: Question Time (rpt) (SL) (S) (W) **2.45** Sign Zone: Holby City (rpt) (SL) (S) (W) **3.45** This Is BBC Two (S) (W)

ITV



Lion Country: Night And Day, 8pm

6.00 CITV: The Aquabats! Super Show! (rpt) (W) **6.20** Dino Dan: Trek's Adventures (rpt) (SL) (W) **6.30** Dino Dan: Trek's Adventures (rpt) (SL) (W) **6.45** Sooty (rpt) (SL) (W) **6.55** Signed Stories (rpt) (SL) (W) **7.00** Oddbods (rpt) (W) **7.05** Thunderbirds Are Go (rpt) (W) **7.30** Scrambled! (W) **7.35** Mr Bean: The Animated Series (rpt) (W) **7.50** Ultimate Spider-Man (W) **8.20** Horrid Henry (rpt) (W) **8.45** Teen Titans Go! (rpt) (W) **9.05** Adventure Time (rpt) (W) **9.25** ITV News (W) **9.30** Countrywise: Guide To Britain (rpt) (W) (HD) **10.00** Peston On Sunday (W) (HD) **10.55** Gino's Italian Escape: Hidden Italy (rpt) (W) (HD) **11.25** Chopping Block (rpt) (W) (HD) **12.30** ITV News, Weather (W) **12.45** FILM: Carry On Jack (1963) Comedy, with Bernard Cribbins. (W) (HD) **2.25** All Star Family Fortunes (rpt) (W) (HD) **3.10** Ninja Warrior UK (rpt) (W) (HD) **4.15** The Voice UK (rpt) (W) (HD) **5.30** Tipping Point (rpt) (W) (HD)

6.30 LOCAL NEWS, WEATHER Regional bulletin. (W)

6.40 ITV NEWS, WEATHER Latest headlines. (W)

7.00 TAKE ME OUT CELEBRITY SPECIAL Paddy McGuinness presents a special edition of the dating show, with TOWIE's James 'Arg' Argent, presenter Melvin Odom and Olympic gymnast Nile Wilson entering the "love lift" in the hope of impressing 30 single women returning from previous series and persuading them to keep their lights on as a sign of approval. (W) (HD)

8.00 LION COUNTRY: NIGHT AND DAY (3/3) With the rains due, it seems lion cubs Prince and Ziggy may finally have a chance of surviving this perilous season. Against all odds they seem to have finally been accepted into the pride and won the approval of the dominant males – but a jealous lioness intends to get rid of them. (W) (HD)

9.00 THE GOOD KARMA HOSPITAL (3/6) An abandoned baby is brought to the hospital and Lydia is reunited with an expat artist, whose unusual lifestyle may be about to catch up with him. (W)

10.00 ITV NEWS, WEATHER Latest headlines. (W)

10.20 PESTON ON SUNDAY Political magazine, presented by Robert Peston. (rpt) (W) (HD)

11.15 PREMIERSHIP RUGBY UNION Action from the 15th round of fixtures, which included Gloucester v Saracens, Bath v Harlequins and Newcastle Falcons v Northampton Saints. (W) (HD)

12.15 Jackpot247 **3.00** Chopping Block (rpt) (SL) **3.50** ITV Nightscreen (W) **5.05** The Jeremy Kyle Show (rpt) (SL) (W)

REGIONAL VARIATIONS

BBC1 SCOTLAND As BBC1 except: **11.10** Sportscene **12.10** American High School **12.55** The Celebrity Apprentice USA **2.20** Weather For The Week Ahead **2.25-6.00** BBC News. Headlines. **BBC2 WALES** As BBC2 except: **12.00** A Cook Abroad: Rick Stein's Australia **1.00** Live Snooker: The Welsh Open **4.30** Birds of Paradise: The Ultimate Quest **5.30** Ski Sunday **6.15** Scrum V Sunday **7.00** Live Snooker: The Welsh Open. Presented by Ian Hunt. **10.00** Dragons' Den **11.00** Special Forces – Ultimate Hell Week **12.00** SAS: Rogue Warriors **1.00-1.45** QI XL. Quiz show. **BBC2 SCOTLAND** As BBC2 except: **4.15-5.15** River City **6.00** Sportscene **7.00-8.00** The Adventure Show. With Dougie Vipond.

BBC2 NORTHERN IRELAND As BBC2 except: **10.00** A Special Relationship **10.30** Film: Being AP (2015) (12) **12.10** Horizon: Clean Eating – The Dirty Truth **1.10-1.45** BBC News. Headlines. **ITV ANGLIA** As ITV except: **12.44-12.45** Local Weather **6.30-6.40** Local News. Latest headlines and sport. **10.19-10.20** Local Weather **ITV YORKSHIRE** As ITV except: **12.44-12.45** Local Weather. Latest forecast. **6.30-6.40** Local News **10.19-10.20** Local Weather **ITV TYNE TEES** As ITV except: **12.44-12.45** Local Weather. Latest forecast. **6.30-6.40** Local News **10.19-10.20** Local Weather **ITV GRANADA** As ITV except: **12.44-12.45** Local Weather. Latest forecast. **6.30-6.40** Local News **10.19-10.20** Local Weather **ITV WALES** As ITV WEST except: **10.55-11.25** Newswest Wales

12.44-12.45 Local Weather **6.30-6.40** Local News. Latest headlines and sport. **10.19-10.20** Local Weather. Latest regional forecast. **ITV BORDER** As ITV except: **1.34-2.25** Local Weather **6.30-6.40** Local News. Latest headlines and sport. **10.19-10.20** Local Weather **S4C 6.00** Cyw **8.50** Penblwyddi Cyw. Children's birthday greetings, with a chance for viewers to see their pictures on television. **8.55** Pen-Blwydd Pwy? **9.00** Clwb Rygbi **11.20** Dal Ati: Dal Ati: Bore Da **12.20** Dal Ati: Dal Ati **1.20** Rownd a Rownd **1.50** Rownd a Rownd **2.15** Wil ac Aerion: Taith yr Alban **2.45** Rygbi Pawb **3.45** Sgorio **6.25** Ralio+ **6.55** Newyddion S4C a'r Tywydd **7.00** Dechrau Canu Dechrau Canmol **7.30** Pryd o Sêr **8.30** Arfordir Cymru **9.00** Byw Celwydd **10.00** Clwb2 **10.45-11.50** Julian Lewis Jones yn Awstralia

CHANNEL 4



The Karate Kid, 5pm

6.15 The King Of Queens (rpt) **6.40** The King Of Queens (rpt) **7.10** Everybody Loves Raymond (rpt) **7.35** Everybody Loves Raymond (rpt) **8.00** Everybody Loves Raymond (rpt) **8.30** Frasier (rpt) **9.00** Frasier (rpt) **9.30** Sunday Brunch (HD) **12.30** George Clarke's Amazing Spaces (rpt) (HD) **1.35** The Simpsons (rpt) **2.05** The Simpsons (rpt) **2.35** FILM: Addams Family Values (1993) Spooky couple Gomez and Morticia hire a nanny to look after their new baby son – and stop him suffering an early death at the hands of his jealous elder siblings. Romance soon blossoms between the new childminder and Uncle Fester, but he does not realise she is planning to kill him once she has got hold of the family fortune. Comedy sequel, starring Anjelica Huston, Raul Julia, Christopher Lloyd, Christina Ricci and Joan Cusack. (W) (HD) **4.30** Channel 4 News **5.00** FILM: The Karate Kid (2010) An American youngster goes to live in China with his mother, where he becomes an outsider and falls foul of the local bullies. He receives help from the kindly school caretaker, who turns out to be a kung fu master and offers to train the boy to defend himself. Martial arts drama, starring Jaden Smith and Jackie Chan. (W)

7.30 **FILM** **THE JUMP** The remaining celebrity contestants compete in the skeleton event, which requires them to ride down a twisted track on a heavy metal sled with their faces millimetres from the ice. The losers in each race will then have to face the jump to decide who will be the next to leave the series. (HD)

9.00 **FILM** **X-MEN: DAYS OF FUTURE PAST** (2014) Premiere. In a future ravaged by war, the superhero team makes a desperate last stand against a force of deadly robots. Their only hope is to send Wolverine back in time to the 1970s, to join forces with an earlier version of the X-Men and change the events that started the conflict. Superhero adventure sequel, starring Hugh Jackman, Jennifer Lawrence and Michael Fassbender. (W)

11.40 **FILM** **LAWLESS** (2012) Three brothers run an underground bootlegging operation in Depression-era Virginia. However, as their criminal activities become increasingly successful, a corrupt deputy sheriff demands a cut of the profits, forcing them to fight to defend their livelihood. Crime drama, starring Shia LaBeouf, Tom Hardy, Jason Clarke, Gary Oldman and Guy Pearce. (W) (HD)

1.40 The Last Leg (rpt) (HD) **2.35** Phil: Secret Agent Down Under (rpt) (SL) (HD) **3.30** Phil: Secret Agent Down Under (rpt) (HD) **4.25** Kirstie's Fill Your House For Free (rpt) (HD) **4.40** Four In A Bed (rpt) (HD) **5.10** Fifteen To One (rpt)

● All programme details are correct at time of going to press

5STAR

6.00am Teleshopping **8.00** Access **8.10** Dance Moms **8.55** 8 Simple Rules **10.25** My Wife and Kids **4.00pm** Can't Pay? We'll Take It Away **8.00** On Benefits: Life on the Dole **9.00** The Great British Benefits Handout **10.00** Emerald City. Dorothy comes across a wounded soldier strung up like a scarecrow. **11.00** Don't Tell the Doctor **12.00midnight** Sex Pod **1.00** Baby Faced Brides **2.00** American Horror Story: Murder House **3.10** Top 20 Funniest **3.50** Access. Showbiz news and gossip. **4.00-6.00** Teleshopping

CHANNEL 5



National Lampoon's Vacation, 4.35pm

6.00 Milkshake! Peppa Pig (rpt) **6.05** Peppa Pig (rpt) **6.10** Milkshake! Monkey (rpt) (HD) **6.15** Milkshake! Bop Box (rpt) **6.20** Paw Patrol (rpt) (HD) **6.30** Bob The Builder (rpt) (HD) **6.40** Fireman Sam (rpt) (HD) **6.55** Rupert Bear (rpt) **7.05** Olly The Little White Van (rpt) (HD) **7.10** Wanda And The Alien (rpt) (HD) **7.20** Angelina Ballerina (rpt) **7.35** Little Princess (rpt) **7.50** Paw Patrol (rpt) (HD) **8.10** Blaze And The Monster Machines (rpt) (HD) **8.35** Noddy: Toyland Detective (rpt) (HD) **8.50** Ben And Holly's Little Kingdom (rpt) **9.05** Shimmer And Shine (HD) **9.35** Peppa Pig (rpt) **9.45** Peppa Pig (rpt) **9.50** Ben And Holly's Little Kingdom (rpt) **10.00** Teenage Mutant Ninja Turtles (rpt) (HD) **10.35** Football On 5: The Championship (rpt) (HD) **11.30** Football On 5: Goal Rush (rpt) (HD) **12.00** Inside Windsor Castle (rpt) (HD) **12.55** Secrets Of The National Trust With Alan Titchmarsh (rpt) (HD) **1.55** FILM: Seabiscuit (2003) Fact-based horse racing drama, with Tobey Maguire. (W) **4.30** 5 News Weekend **4.35** FILM: National Lampoon's Vacation (1983) Comedy, starring Chevy Chase. (W)

6.25 **FILM** **NATIONAL LAMPOON'S EUROPEAN VACATION** (1985) The disaster-prone Griswolds win a holiday touring Europe on a gameshow – and proceed to cause mayhem wherever they go. Comedy sequel, with Chevy Chase and Beverly D'Angelo. Edited for language and sexual content. Includes 5 News Update at 7.25pm.

8.10 **THAT'S SO 1985** (1/8) A look at events in 1985 using news, pop and TV archive clips to provide a reminder of the time, including the Live Aid concerts prompted by the famine in Ethiopia. (rpt)

9.00 **THE FREDDIE MERCURY STORY: WHO WANTS TO LIVE FOREVER?** Documentary made to mark the 25th anniversary of the Queen frontman's death, which explores two of the most important years in his life, from the band's iconic performance at the Live Aid concert in 1985 to his diagnosis with Aids in 1987. (rpt) (HD)

11.05 **20 MOMENTS THAT ROCKED THE 80S** Cherie Lunghi presents a countdown of memorable moments from the 1980s, including royal weddings, political scandals, sporting triumphs and the rise to fame of iconic entertainers. (rpt) (HD)

12.35 Lip Sync Battle (rpt) (HD) **1.00** SuperCasino. Live gaming. **3.10** Bargain-Loving Brits In The Sun (rpt) (HD) **4.00** World's Most Pampered Pets (rpt) (SL) **4.50** House Doctor (rpt) (SL) **5.15** Nick's Quest (rpt) (SL) **5.40** Angels Of Jarm (rpt) (SL) **5.50** Roary The Racing Car (rpt) (SL)

5USA

6.00am Teleshopping **9.00** Person of Interest **9.45** Castle **10.40** CSI: NY **12.35pm** Film: Columbo: Lady in Waiting (1971) (PG) Crime drama. **2.15** Film: Columbo: Uneasy Lies the Crown (1990) (PG) Crime drama. **4.20** Film: Columbo: A Stitch in Crime (1973) (PG) Detective drama. **6.00** NCIS: Los Angeles **8.00** NCIS **9.00** CSI: Crime Scene Investigation **10.00** CSI: Crime Scene Investigation **11.00** Law & Order: Special Victims Unit **12.00midnight** Law & Order: Special Victims Unit **4.00-6.00** Teleshopping

SUNDAY

19 FEBRUARY 2017



CRITIC'S CHOICE

BY MIKE WARD

SS-GB

9pm, BBC1 ★ ★ ★ ★

The storyline in ITV's *The Halcyon* will have reached November 1940 by the time it ends tomorrow night. So at first glance, BBC1's new Sunday night offering, episode one of which is set just 12 months later, might suggest we're in similar wartime drama territory. But there's a key difference, because this one envisages an alternative history – one in which the Battle of Britain has ended in defeat, leaving us under Nazi rule. Based on a Len Deighton novel, it stars Sam Riley as a detective forced to work under the SS but still determined to stay loyal to his country. In this first episode, a black market murder looks fairly routine, but turns out to be nothing of the sort. Kate Bosworth and James Cosmo co-star. See pages 6 and 7.

THE GOOD KARMA HOSPITAL

9pm, ITV ★ ★ ★ ★

Ruby becomes emotionally involved when a baby is abandoned during the Holi festival.

CALL THE MIDWIFE

8pm, BBC1 ★ ★ ★ ★

New nurse Valerie Dyer (Jennifer Kirby) joins the team at Nonnatus House. See page 9.

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Fathers And Daughters

8pm, Sky Cinema Premiere/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am Anything For Love (2016) PG **7.35 The Landlord** (2015) 15 Horror, starring Brianne Moncrief. **9.10 The Meddler** (2015) 12 **11.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **12.40pm Miracles From Heaven** (2016) 12 Drama, starring Jennifer Garner and Kylie Rogers. **2.35 Fathers and Daughters** (2015) 15 Premiere. Drama, starring Russell Crowe and Amanda Seyfried. **4.35 Anything For Love** (2016) PG Romantic comedy, starring Erika Christensen. **6.10 The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **8.00 Fathers and Daughters** (2015) 15 Premiere. Drama, starring Russell Crowe. **10.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **11.40 Miracles From Heaven** (2016) 12 Drama, starring Jennifer Garner. **1.35am Hacked** (2013) 18 Thriller, starring Melanie Papalia. **3.00 Up for Love** (2016) 12 Romantic comedy. **4.45 Everest: Sky Movies Special** 5.15 **The Top Ten Show 2017** 5.30 **The Lego Batman Movie: Special**

SKY CINEMA COMEDY Sky 308 Virgin 438

6.00am Death Becomes Her (1992) PG **7.50 The Top Ten Show 2017** 8.05 **How to Lose Friends & Alienate People** (2008) 15 **10.05 Magic Mike XXL** (2015) 15 With Channing Tatum. **12.05pm Sisters** (2015) 15 With Amy Poehler. **2.05 Whiskey Tango Foxtrot** (2016) 15 With Tina Fey. **4.05 The Top Ten Show 2017** **4.20 Unfinished Business** (2015) 15 With Vince Vaughn. **6.00 Magic Mike XXL** (2015) 15 With Channing Tatum. **8.00 Sisters** (2015) 15 With Amy Poehler. **10.00 Bachelor Party** (1984) 18 With Tom Hanks. **12.00midnight Whiskey Tango Foxtrot** (2016) 15 With Tina Fey. **2.00 The Commitments** (1991) 15 **4.05 A Shot in the Dark** (1964) PG With Peter Sellers.

SKY CINEMA ACTION Sky 307 Virgin 437

6.00am The Matrix (1999) 15 **8.20 The Matrix Reloaded** (2003) 15 With Keanu Reeves. **10.40 The Matrix Revolutions** (2003) 15 With Keanu Reeves. **12.55pm Exposed** (2016) 15 With Keanu Reeves. **2.40 The Day the Earth Stood Still** (2008) 12 With Keanu Reeves. **4.30 John Wick** (2014) 15 With Keanu Reeves. **6.15 Exposed** (2016) 15 With Keanu Reeves. **8.00 The Day the Earth Stood Still** (2008) 12 With Keanu Reeves. **9.50 John Wick** (2014) 15 With Keanu Reeves. **11.35 The Matrix** (1999) 15 With Keanu Reeves. **1.55am Self/less** (2015) 12 With Ryan Reynolds. **4.00 Guns of the Magnificent Seven** (1969) PG

SKY CINEMA FAMILY Sky 306 Virgin 436

6.00am Scooby-Doo (2002) PG Live-action comedy adventure, starring Sarah Michelle Gellar.

7.35 Free Willy (1993) PG Family drama, starring Jason James Richter. **9.35 Cloudy with a Chance of Meatballs** (2009) U Animated comedy, with the voice of Bill Hader. **11.15 Capture the Flag** (2015) PG Animated sci-fi adventure, with the voice of Sam Fink. **12.55pm Pan** (2015) PG **2.55 The Spiderwick Chronicles** (2008) PG **4.40 Cloudy with a Chance of Meatballs** (2009) U Animated comedy, with the voice of Bill Hader. **6.20 Capture the Flag** (2015) PG **8.00 Pan** (2015) PG Fantasy adventure prequel to Peter Pan, starring Levi Miller. **10.00 The Spiderwick Chronicles** (2008) PG Fantasy adventure, starring Freddie Highmore. **11.40 Dennis** (1993) PG Slapstick comedy, starring Walter Matthau. **1.20am Free Willy** (1993) PG **3.15 Scooby-Doo** (2002) PG Live-action comedy adventure, starring Sarah Michelle Gellar. **4.45 Dennis** (1993) PG Slapstick comedy.

SKY CINEMA VALENTINE Sky 303 Virgin 440

6.00am Shirley Valentine (1989) 15 **7.55 All Roads Lead to Rome** (2015) 12 With Sarah Jessica Parker. **9.35 Paper Towns** (2015) 12 With Nat Wolff. **11.35 Valentine's Day** (2010) 12 With Ashton Kutcher. **1.45pm How to be Single** (2016) 15 With Dakota Johnson. **3.45 The Longest Ride** (2015) 12 With Britt Robertson. **6.00 Paper Towns** (2015) 12 With Nat Wolff. **8.00 The Curious Case of Benjamin Button** (2008) 12 With Brad Pitt. **10.45 How to be Single** (2016) 15 With Dakota Johnson. **12.45am When Harry Met Sally** (1989) 15 With Billy Crystal. **2.30 Raising Helen** (2004) PG With Kate Hudson. **4.35 How to Steal a Million** (1966) U With Peter O'Toole.

SKY CINEMA GREATS Sky 304 Virgin 434

6.00am Gunfight at the OK Corral (1957) PG Western. **8.15 Edward Scissorhands** (1990) PG Tim Burton's fantasy, starring Johnny Depp. **10.05 The Remains of the Day** (1993) U Period drama, starring Anthony Hopkins and Emma Thompson. **12.30pm King Arthur** (2004) 12 Historical adventure, starring Clive Owen. **2.45 The Great Wall: Special** 3.15 **A Passage to India** (1984) PG Period drama, with Peggy Ashcroft. **6.00 Ocean's Eleven** (2001) 12 Crime comedy, starring George Clooney. **8.00 Ocean's Twelve** (2004) 12 Crime caper sequel, starring George Clooney. **10.20 The Great Wall: Special** 10.50 **Ocean's Thirteen** (2007) PG Comedy crime caper sequel, with George Clooney. **1.05am Lethal Weapon 3** (1992) 15 Action thriller sequel, with Mel Gibson and Danny Glover. **3.15 The Great Wall: Special** **3.45 Gunfight at the OK Corral** (1957) PG Western, starring Burt Lancaster and Kirk Douglas.

TCM Sky 317 Virgin 415

6.00am Hollywood's Best Film Directors (38/91) **6.30 Hollywood's Best Film Directors**

7.05 Hollywood's Best Film Directors 7.40 **Hollywood's Best Film Directors** (15/91) **8.15 Hollywood's Best Film Directors** **8.55 Mutiny on the Bounty** (1935) PG Oscar-winning seafaring drama, with Charles Laughton. **11.30 Arizona Bushwhackers** (1968) 12 Western, starring Howard Keel. **1.20pm Canyon River** (1956) U Western, starring George Montgomery. **3.00 Vengeance Valley** (1951) PG Western, starring Burt Lancaster. **4.45 The Savage Guns** (1962) PG Western, starring Richard Basehart. **6.30 The Cowboys** (1972) PG Western, starring John Wayne. **9.00 Hell on Wheels** **10.05 The Big Red One: The Reconstruction** (1980) 15 Second World War drama, starring Lee Marvin. **1.20am Conspiracy Theory** with Jesse Ventura **2.20 Conspiracy Theory** with Jesse Ventura **3.20 Hollywood's Best Film Directors** **4.00 Hollywood's Best Film Directors** **4.30 Hollywood's Best Film Directors** **5.00 Hollywood's Best Film Directors** (42/91) **5.30 Hollywood's Best Film Directors**

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am Destry (1954) PG Western, with Audie Murphy. **1.00pm Endless Love** (2014) 12 Romantic drama, with Alex Pettyfer and Gabriella Wilde. **3.05 Carry On Teacher** (1959) U Comedy, starring Ted Ray. **4.50 Never Been Kissed** (1999) 12 Romantic comedy, with Drew Barrymore and Michael Vartan. **6.55 Tooth Fairy** (2010) PG Family comedy, starring Dwayne Johnson. **9.00 Faster** (2010) 15 Action adventure, starring Dwayne Johnson. **10.55 The Fourth Kind** (2009) 15 Sci-fi horror, starring Milla Jovovich. **1.00am Amour** (2012) 12 Drama, starring Jean-Louis Trintignant.

SKY CINEMA DISNEY Sky 305 Virgin 435

6.55am Aladdin (1992) PG Animated adventure, with the voice of Robin Williams. **8.30 Lady and the Tramp** (1955) U **9.50 Dumbo** (1941) U Disney animated adventure, with the voice of Edward Brophy. **11.00 Bambi** (1942) U Animated drama, with the voice of Bobby Stewart. **12.15pm Race to Witch Mountain** (2009) PG Sci-fi adventure, starring Dwayne Johnson. **2.00 The Jungle Book** (2016) PG **3.50 Lady and the Tramp** (1955) U Animated adventure, with the voice of Barbara Luddy. **5.10 Aladdin** (1992) PG Disney animated adventure, with the voice of Robin Williams. **6.45 Bambi** (1942) U Animated drama, with the voice of Bobby Stewart. **8.00 Tarzan** (1999) U **9.40 Glory Road** (2006) PG Fact-based sporting drama, starring Josh Lucas. **11.45 The Watcher in the Woods** (1980) PG Thriller, starring Bette Davis. **1.20am A Goofy Movie** (1995) U **2.50 The Incredible Journey** (1963) U Disney adventure, starring Emile Genest. **4.20 The Many Adventures of Winnie the Pooh** (1977) U **5.45 Sanjay's Super Team** (2015) PG

SKY I

Sky 106 Virgin 110

6.00am Hour Of Power **7.00 Futurama** **9.00 Supergirl** **10.00 The Flash** **11.00 WWE Raw** **12.00noon Futurama** **1.30 Modern Family** **5.00 The Simpsons** **5.30 The Big Spell** **6.30 The Simpsons** **7.00 The Simpsons**. Homer is recruited as a World Cup referee in Brazil. **7.30 The Simpsons**. Principal Skinner rediscovers the joy of teaching. **8.00 Freddie Down Under**. Andrew Flintoff and Rob Penn conclude their barbecue adventure. Last in the series. **9.00 Hawaii Five-0**. Terrorists take hostages at Grace's winter formal ball. **10.00 NCIS: Los Angeles**. A graduate student developing a weapon for the navy is attacked. **11.00 MacGyver** **12.00midnight The Force: Essex** **1.00 Air Ambulance ER** **2.00 Arrow** **2.50 Police Force: Australia** **5.15 Road Wars**

SKY ATLANTIC

Sky 108

6.00am The West Wing **7.00 The West Wing Special** **8.00 The West Wing** **11.00 Without A Trace** **4.00pm Blue Bloods** **7.00 Blue Bloods**. The Reagans debate how far they would go to protect their family. **8.00 Blue Bloods**. Danny vows to avenge a colleague's death. **9.00 Fortitude**. Eric struggles to keep control as the body count increases. **10.00 Film: A History Of Violence** (2005) (18) Thriller. **11.55 True Detective** **1.10am The Wire** **2.25 Looking** **4.10 Storm City**

W

Sky 109 Virgin 125

6.00am Betty White's Off Their Rockers **6.25 Believe** **7.15 Your Home In Their Hands** **8.30 MasterChef USA** **12.30pm Doctor Who** **4.00 My Family** **6.00 Outnumbered** **7.20 Outnumbered**. Pete's goddaughter comes to stay from Australia. **8.00 Honey I Bought The House**. Chris tries to find a family home for Amy near Bolton. **9.00 Celebrity Advice Bureau**. A group of celebrities are put to work as agony aunts and uncles. Last in the series. **10.00 Sherlock**. An ominous symbol appears on walls around London. **12.00midnight Code Black** **1.00 Inside The Ambulance** **1.50 Crisis** **2.35 Betty White's Off Their Rockers**

LIFETIME

Sky 156 Virgin 208

6.00am Teleshopping **7.00 Judge Judy** **10.00 Hardcore Pawn** **12.00noon** Don't Tell The Bride **6.00 Dance Moms** **7.00 Australia's Next Top Model** **8.00 Ex Isle** **9.00 Film: A Sister's Nightmare** (2013) (15) Drama, starring Natasha Henstridge. **10.45 The Joy Of Sex Toys** **11.45 Little Women: Atlanta** **12.45am Film: A Sister's Nightmare** (2013) (15) Drama, starring Natasha Henstridge. **2.30 Australia's Next Top Model** **3.30 Pawn Stars** **4.00 Teleshopping**. Home retail.

HISTORY

Sky 529 Virgin 270

6.00am Teleshopping **7.00 Pawn Stars** **8.00 Storage Wars** **11.00 Storage Wars Miami** **5.00pm Pawn Stars** **8.00 The Curse Of Oak Island** **9.00 Ronnie O'Sullivan's American Hustle** **10.00 Combat Ships** **11.00 Black Sails** **12.15am Swamp People** **1.15 The Curse Of Oak Island** **2.15 Mountain Men** **3.15 American Pickers** **4.10 Pawn Stars** **5.00 Teleshopping**. Shopping from home.

COMEDY CENTRAL

Sky 112 Virgin 132

8.00am The Fresh Prince Of Bel-Air **1.00pm Friends** **3.00 Impractical Jokers** **4.00 Friends** **9.00 Film: Just Go With It** (2011) (12) A plastic surgeon pretends to be going through a divorce and persuades his assistant to pose as his soon-to-be ex-wife. Romantic comedy, starring Adam Sandler and Jennifer Aniston. **11.00 Film: Just Friends** (2005) (12) Romantic comedy, starring Ryan Reynolds and Amy Smart. **1.00am Impractical Jokers** **2.00 I Live With Models** **2.30 Workaholics** **3.00 South Park** **3.50 Bob's Burgers**

SKY LIVING

Sky 107 Virgin 112

6.00am Border Security USA **8.00 Sportswomen** **8.30 Nothing To Declare** **1.00pm The Biggest Loser USA** **2.00 CSI: Crime Scene Investigation** **3.00 Stop, Search, Seize** **6.00 The Biggest Loser USA** **7.00 America's Next Top Model** **8.00 Blindspot** **9.00 Elementary** **10.00 Bones**. Crime drama. **11.00 Criminal Minds** **1.00am Scandal** **3.00 Madam Secretary** **4.00 Stop, Search, Seize**

GOLD

Sky 110 Virgin 124

7.00am Cheers **7.50 One Foot In The Grave** **8.55 Film: Carry On Sergeant** (1958) (U) Comedy, starring William Hartnell. **10.35 Only Fools And Horses** **9.00pm Blackadder II** **11.00 The Thick Of It** **12.20am Limmy's Show** **1.40 House Of Fools** **2.55 Nighty Night** **4.00 Home Shopping**

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm Sound Of Song **8.00** Life Of A Mountain: A Year On Blencathra **9.00** Tom Waits: Tales From A Cracked Jukebox. Profile of the singer-songwriter. **10.00** The Cult Next Door **11.00 Film:** Phoenix (2014) (12) Premiere. Post-Second World War drama, starring Nina Hoss. **12.35am** Nelson's Caribbean Hell-Hole: An Eighteenth Century Navy Graveyard Uncovered **1.35** Order And Disorder With Jim Al-Khalili **2.35** Life Of A Mountain: A Year On Blencathra

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am Totally Bonkers Guinness World Records **6.10** Emmerdale **8.45** Coronation Street **11.40** The Voice UK **1.00pm** 2Awesome **1.05** 2Awesome: Guidance **1.40** 2Awesome: Fame High **1.55** 2Awesome: Third Wheel **2.25** 2Awesome: LA Story **2.45** You've Been Framed! **Gold 3.10 Film:** The Haunted Mansion (2003) (PG) Comedy, starring Eddie Murphy. **4.55 Film:** The Smurfs 2 (2013) (U) Fantasy comedy sequel, starring Hank Azaria. **7.00 Film:** Jack And Jill (2011) (PG) Comedy, starring Adam Sandler. **9.00** Ibiza Weekender **10.00** Family Guy **10.30** Family Guy **11.00** Family Guy **11.30** American Dad! **12.25am** The Cleveland Show **1.25** Ibiza Weekender **2.15** Teleshopping **5.45** ITV2 Nightscreen

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am On The Buses **6.30** Wycliffe **7.20** Murder, She Wrote **8.30** Heartbeat **10.40 Film:** Carry On Follow That Camel (1967) (PG) Comedy, with Jim Dale. **12.40pm Film:** Hidden Treasure (2001) Drama, starring John Thaw. **2.45** Wycliffe **3.50** Agatha Christie's Marple **6.00** Midsomer Murders **8.00** The Royal Variety Performance 2016 **10.35** Birds Of A Feather **11.10 Film:** Steptoe And Son Ride Again (1973) (PG) Comedy, starring Harry H Corbett and Wilfrid Brambell. **1.15** Inspector Morse **3.05** May The Best House Win **4.50** On The Buses **5.40** ITV3 Nightscreen

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am The Wine Show **6.55** The Professionals **7.50** The Saint **8.55** Hogan's Heroes **10.25** Shed And Buried **11.30** The Car Chasers **12.00noon** Pawn Stars **2.20 Film:** The Cimarron Kid (1952) (U) Western, starring Audie Murphy. **3.25** FYI Daily **3.30 Film:** The Cimarron Kid (1952) (U) Concluded. **4.10 Film:** Rio Bravo (1959) (PG) Western, with John Wayne. **7.00** The Chase: Celebrity Special **8.00** Premiership Rugby Union Highlights **9.05 Film:** Memphis Belle (1990) (PG) Second World War drama, starring Matthew Modine. **11.15 Film:** The Road (2009) (15) Post-apocalyptic drama, starring Viggo Mortensen. **1.25** Lawrence Dallaglio: Sports Life Stories **2.25** Hogan's Heroes **2.50** ITV4 Nightscreen

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** The Millionaire Matchmaker **10.00** Bachelor In Paradise **12.00noon** Million Dollar Listing: San Francisco **1.00** Be Beautiful **1.10** The Real Housewives Of Miami **6.00** Celebrity Dinner Date **7.00** Bachelor In Paradise **9.00** The Real Housewives Of Atlanta. The ladies play a revealing game. **10.00** Selling It In The ATL. US realty show. **11.00** Botched **11.55** Southern Charm **12.55am** Teleshopping

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube **6.20** How I Met Your Mother **7.05** Hollyoaks **9.35** Coach Trip: Road To Marbs **12.15pm** The Jump **1.50** The Big Bang Theory: Catch Up **7.15 Film:** Men In Black II (2002) (PG) **9.00** Marvel's Agents Of SHIELD **10.00 Film:** The Adjustment Bureau (2011) (12) Sci-fi thriller. **12.05am** Celebs Go Dating **3.05** Marvel's Agents Of SHIELD **3.50** Hollyoaks

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Building The Dream **10.00** Coastal Walks With My Dog **11.00** Vet On The Hill **12.00noon** Come Dine With Me **2.40** Four In A Bed **5.20** Come Dine With Me **7.25** Come Dine With Me **8.00** Nazi Megastructures. New series. **9.00** Father Ted **9.30** Father Ted. Father Stone descends on Craggy Island. **10.00** The Big Fat Quiz Of Everything. With Jonathan Ross, David Walliams, Katherine Ryan, Aisling Bea, Noel Fielding and Richard Ayoade. **12.05am** 8 Out Of 10 Cats Does Countdown **1.10** Father Ted **2.15** Nazi Megastructures **3.20** 8 Out Of 10 Cats Uncut

CBEBBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Waybuloo **6.10** Tiny Tumble **6.15** Big Barn Farm **6.30** Buzz And Tell **6.35** Baby

Jake **6.45** Raa Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing **7.25** Postman Pat: SDS **7.40** Hey Duggee **7.50** Octonauts **8.00** Go Jetters **8.10** Peter Rabbit **8.25** The Furchester Hotel **8.35** Do You Know? **8.50** Andy's Baby Animals **9.00** Discover And Do: Something Special: We're All Friends **9.20** Kazoops **9.30** The Let's Go Club Mini **9.35** Our Family **9.45** Topsy And Tim **10.10** Little Roy **10.20** Tree Fu Tom **10.45** Footy Pups **11.00** Swashbuckle **11.25** Andy's Secret Hideout **11.30** Q Pootle 5 **11.45** Chuggington **11.55** Spot Bots Zoople Time **12.00noon** I Can Cook With You **12.15** Grandpa In My Pocket **12.25** My Story **12.45** Salty's Waggy Tales **12.50** Melody **1.00** Get Squiggling! **1.15** Charlie And Lola **1.25** Minibeast Adventure With Jess **1.35** Let's Play **1.55** The Let's Go Club Mini **2.00** Something Special: We're All Friends **2.20** Nina And The Neurons: Get Building **2.35** Our Family **2.45** Topsy And Tim **3.05** Little Roy **3.20** Tree Fu Tom **3.45** Big Fun Time: Footy Pups **4.00** Justin's House **4.25** Mister Maker Around The World **4.45** Do You Know? **5.00** Swashbuckle **5.25** Katie Morag **5.40** Old Jack's Boat **5.55** Diddap **6.00** CBeebies Bedtime Hour: Clangers **6.10** The Adventures Of Abney & Teal **6.20** In The Night Garden **6.50** Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Art Hour **8.00** Scary Mary Crafts **9.00** Crafters Companion Spectrum Aqua One Day Special **10.00** Chalky Finish with Folk it! **11.00** Blucave Storage **12.00noon** Crafters Companion Spectrum Aqua One Day Special **1.00** Scary Mary Crafts **2.00** Chalky Finish with Folk it! **3.00** Inkwell Stamps **4.00** Crafters Companion Spectrum Aqua One Day Special **5.00** Collectable Bears with Suki **6.00** Scary Mary Crafts. Creative ideas. **7.00** Crafters Companion Spectrum Aqua One Day Special **8.00** Rowandean One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Great British Railway Journeys Goes To Ireland **6.35** Great British Railway Journeys **7.10** Auf Wiedersehen, Pet **9.00** Great British Railway Journeys **9.30** Great British Railway Journeys Goes To Ireland **11.30** Locomotion: Dan Snow's History Of Railways **2.30pm** Great British Railway Journeys **3.00** Great British Railway Journeys Goes To Ireland **5.00** Locomotion: Dan Snow's History Of Railways **8.00** Open All Hours **10.40** Dinnerladies **12.00midnight** Great British Railway Journeys **12.30** Great British Railway Journeys Goes To Ireland **2.30** Great British Railway Journeys

DAVE Sky 111 Freeview 12 Virgin 127

7.20am Top Gear. Car magazine show. **8.30** Top Gear Vietnam Special **10.00** Steve Austin's Broken Skull Challenge **11.00** Motorway Cops **12.00noon** Jay Leno's Garage **2.00** Top Gear **5.00** Red Bull Soapbox Race **6.00** Top Gear **7.30** Top Gear Vietnam Special **9.00** Have I Got A Bit More News For You **10.00** Suits **11.00** Dave Gorman: Modern Life Is Goodish **12.00midnight** Crackanory **12.35** Room 101 **1.10** Dave Gorman Goodish Hits **2.10** Suits **3.00** Live At The Electric

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am New Tricks **8.00** The Bill **12.00noon** Emma **4.00** Catherine Cookson's The Rag Nymph **7.00** New Tricks. A missing teenager reappears. **8.00** New Tricks. Honor Blackman and Stephen Tompkinson guest star. **9.00** Silent Witness. Feature-length episode. **11.10** Spooks **3.00am** New Tricks **4.00** Home Shopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

6.00am Teleshopping **8.30** Tomorrow's World **9.00** Star Trek: Deep Space Nine **12.00noon Film:** Dr Quinn, Medicine Woman: The Heart Within (2001) (PG) Frontier drama, starring Jane Seymour. **2.00** The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00 Film:** Angel And The Badman (2009) (PG) Western remake, starring Lou Diamond Phillips. **8.00** Matlock **9.00** NCIS: Los Angeles. A thief plans to steal an antique vase from a naval base. **10.00** NCIS: Los Angeles **11.00** NCIS: Los Angeles **1.55am** Hack **3.50** The High Chaparral

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **7.30** Tomorrow's World **8.00** The Key Of David **8.30** The Lord's Challenge **9.00** Judge Judy **5.00pm** Neighbours At War **7.00** Hoarders: Family Secrets **8.00** Hoarders **9.00** Encounters With Evil. Explore the minds of the perpetrators of the world's most notorious crimes. **10.00** Killer Cops. An in-depth look at what leads American police to commit murder. **11.00** Pretty Bad Girls **1.00am** Encounters With Evil **2.00** Killer Cops **3.00** Teleshopping **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1 Sky 401 Virgin 511

6.00am Live One-Day International Cricket. New Zealand v South Africa. **9.00** The Sunday Supplement **10.30** Goals On Sunday **12.30pm** Live SPFL Football. Kilmarnock v Aberdeen (Kick-off 1.00pm). **3.00** Live SPFL Football. Dundee v Rangers (Kick-off 3.15pm). **5.30** Live World Pool Masters **9.30** Goals On Sunday **10.30** Football's Greatest Players. The career of Alan Shearer. **11.00** Premier League 100 Club **12.00midnight** World Pool Masters **4.00** Football Gold **4.30** Premier League 100 Club **5.00** Premier League Legends

SKY SPORTS 2 Sky 402 Virgin 512

6.00am Football Gold **7.00** Legends Of The Premier League **7.30** Premier League 100 Club **8.00** Sporting Records **8.30** Football Gold **9.00** Cricket's Greatest **10.00** Cricket Classics **10.55** Live La Liga Football. Real Sociedad v Villarreal (Kick-off 11.00am). **1.00pm** Spanish Football Gold **1.30** Super League Gold **2.15** World Club Series Rugby League Highlights **2.30** Live World Club Series Rugby League. Wigan Warriors v Cronulla-Sutherland Sharks. **5.30** Super League Gold **6.00** Eredivisie Football **8.00** Eredivisie Football **10.00** One-Day International Cricket. New Zealand v South Africa. **11.00** Sporting Rivalries **12.00midnight** One-Day International Cricket **1.00** World Cup Cricket Classics **2.00** Sporting Rivalries **3.00** Cricket World Cup **4.00** Cricket's Greatest **5.00** Sporting Triumphs

SKY SPORTS 3 Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **7.45** World Club Series Rugby League Highlights **8.00** Sky Sports Boxing Gold **9.00** Sporting Heroes: Gary Newbon Interviews Jackie Joyner-Kersey **10.00** Sporting Records **11.00** World Club Series Rugby League Highlights **11.15** Rugby Gold **11.25** Live Top 14 Rugby Union. Bordeaux Begles v Castres (Kick-off 11.30am). **1.25pm** Rugby Gold **1.30** One-Day International Cricket **2.30** Live ATP Tennis **4.30** Sporting Triumphs **5.15** Live La Liga Football. Celta Vigo v Osasuna (Kick-off 5.30pm). **7.30** Live La Liga Football. Barcelona v Leganes (Kick-off 7.45pm). **10.00** Nitro Athletics Highlights. Action from the Nitro Athletics in Melbourne. **11.00** Sporting Records **11.30** Sporting Triumphs **12.00midnight** Time Of Our Lives **1.00** Sporting Greats **2.00** Super League Gold **2.30** Sky Sports Cricket Gold **3.00** Sky Sports Years **4.00** World Club Series Rugby League Highlights **4.15** Great Sporting Moments **5.00** Sporting Rivalries

BT SPORT 1 Sky 413 Virgin 531

5.00am Test Bowls: England V Scotland **6.00** WTA Tennis: Doha **8.00** Live WTA Tennis: Dubai. Day one of the Dubai Duty Free Tennis Championships at the Aviation Club **2.00pm** NBA Action **2.30** Live Premiership Rugby Union. Sale Sharks v Wasps. **5.15** Live WTA Tennis: Dubai **7.00** FIH Hockey World. The latest news and action from the world of hockey. **7.30** BT Sport Reload. The best bits from BT Sport from the last week, exclusive interviews, the best action and so much more. **7.45** Live Ligue 1. Paris Saint-Germain v Toulouse (Kick-off 8.00pm). **10.00** Aviva Premiership Rugby Highlights. Extended highlights of this weekend's Aviva Premiership matches, including Gloucester v Saracens, Leicester Tigers v Bristol and Sale Sharks v Wasps. **12.30am** Vanarama National League Highlights **1.00** Live NBA. The All-Star Game. **4.00** T20 Cricket Highlights

EUROSPORT 1 Sky 410 Virgin 523

7.30am Alpine Skiing **8.30** Live Alpine Skiing. The World Championships from St Moritz, Switzerland. **9.45** Live Biathlon. World Championships coverage. **11.15** Live Alpine Skiing. The World Championships from St Moritz, Switzerland. **1.00pm** Alpine Skiing **1.15** Live Biathlon. World Championships coverage. **2.30** Live Cycling: Tour Of Andalusia. Coverage of stage five. **4.00** Live Cycling: Volta Ao Algarve. All the action from stage three. **5.00** Lindsey Vonn: Chasing History **6.00** Alpine Skiing **7.00** Biathlon. The World Championships from Hochfilzen, Austria. **8.00** Wintersports Extra. A round-up of the latest news and action. **9.00** Cycling: Tour Of Andalusia. Action from stage five. **10.00** Alpine Skiing. Highlights from the 13th day of the 2017 Alpine Skiing World Championships. **11.00** Biathlon **12.00midnight** Wintersports Extra **1.00** Eurosport News

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.00 Dev **10.00** The Matt Edmondson Show **1.00** Alice Levine. Music and topical chat. **4.00** Cel Spellman **6.00** Radio 1's Most Played **7.00** Rock Show With Daniel P Carter **10.00** Phil Taggart **1.00** Monki **4.00** Adele Roberts

RADIO 2 (FM: 88-90.2MHz)

5.00 Radio 2 Playlist: Easy **6.00** The Sunday Hour **7.00** Good Morning Sunday With Jason Mohammad **9.00** Steve Wright's Sunday Love Songs **11.00** The Michael Ball Show. Music and chat. **1.00** Elaine Paige On Sunday **3.00** Johnnie Walker's Sounds Of The 70s **5.00** Paul O'Grady **7.00** Suzi Perry. Two hours of requests, soundtrack choices and listener dedications. **9.00** Clare Teal. Nostalgic review of the age of swing. **11.00** Don Black **12.00** Sounds Of The 60s **2.00** Radio 2's Blues Playlist **3.00** Radio 2 Playlists: Pop Ballads **4.00** Radio 2 Playlists: Upbeat

RADIO 3 (FM: 90.2-92.4MHz)

7.00 Breakfast **9.00** News. The latest headlines. **9.03** Sunday Morning With James Jolly **12.00** Private Passions **1.00** News **1.02** Radio 3 Lunchtime Concert **2.00** The Early Music Show **3.00** Choral Evensong **4.00** The Choir **5.00** The Listening Service **5.30** Words And Music **6.45** Sunday Feature: King Kong – The Township Jazz Musical **7.30** Radio 3 In Concert **9.00** Drama On 3: The Process **10.30** Early Music Late **11.30** BBC Philharmonic **12.30** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Bells On Sunday **5.45** Profile **6.00** News Headlines **6.05** Something Understood **6.35** On Your Farm: A Journey Through The British Isles And Beyond **6.57** Weather **7.00** News **7.00** Sunday Papers **7.10** Sunday **7.55** Radio 4 Appeal **7.57** Weather **8.00** News **8.00** Sunday Papers **8.10** Sunday Worship **8.48** A Point Of View **8.58** Tweet Of The Day **9.00** Broadcasting House **10.00** The Archers **11.15** Desert Island Discs **12.00** News **12.01** (LW) Shipping Forecast **12.04** The Museum Of Curiosity **12.30** The Food Programme **12.57** Weather **1.00** The World This Weekend **1.30** Fry's English Delight **2.00** Gardeners' Question Time **2.45** The Listening Project **3.00** News **3.02** Drama: Ann Veronica **4.00** Open Book **4.30** Poetry Please **5.00** The Pull Of Putin **5.40** Profile **5.54** Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.15** Pick Of The Week. With James Walton. **7.00** The Archers. Ruth enlists Carol's help. **7.15** Guilt Trip. By Katherine Jakeways. **7.45** The Poet And The Echo. **8.00** Feedback. Listeners' views. **8.30** Last Word. Featuring a tribute to cricketer Rachael Heyhoe Flint. **9.00** Money Box. With Paul Lewis. **9.26** Radio 4 Appeal. **9.30** Analysis. The concept of talent in assessing the merits of potential employees. **10.00** The Westminster Hour **11.00** The Film Programme **11.30** Something Understood **12.00** News And Weather. The latest headlines. **12.15** Thinking Allowed **12.45** Bells On Sunday **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MVV: 909,693KHz)

5.00 5 Live Science **6.00** Sunday Breakfast **9.00** SportsWeek **10.00** Pienaar's Politics **11.00** 5 Live Investigates **12.00** 5 Live Sport **2.00** 5 Live Sport: FA Cup Football 2016-17. Fulham v Tottenham Hotspur. **4.00** 5 Live Sport: FA Cup Football 2016-17. Blackburn Rovers v Manchester United. **6.06** 6-0-6 **7.30** Jane Garvey And Peter Allen **10.00** Stephen Nolan **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

7.00 Aled Jones **10.00** Bill Turnbull **1.00** Alexander Armstrong **3.00** Charlotte Green **5.00** The Classic FM Chart **7.00** David Mellor **9.00** Everything You Ever Wanted To Know About Classical Music **10.00** Smooth Classics. A relaxing end to the day. **1.00** Sam Pitts

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Bulletin **6.02** Stark Talk **6.30** New Every Sunday **7.00** Bulletin **7.04** A Slick Of Red Lippie **7.32** The Kitchen Cafe **8.00** Good Morning Scotland **10.00** Bulletin **10.05** Sunday Morning With Cathy Macdonald **12.00** Bulletin **12.05** Sportsound **5.00** Bulletin **5.05** Take The Floor **7.00** Bulletin **7.05** Travelling Folk. Bruce MacGregor presents two hours of live music from Basco and Talisk. **9.00** Bulletin **9.05** Classics Unwrapped. With Stephen Broad. **11.00** Bulletin **11.05** Billy Sloan **1.00** As Radio 5 Live

BBC 1



Match Of The Day Live: The FA Cup, 7.30pm

6.00 Breakfast (S) (W) (HD) **9.15** Britain's Home Truths (S) (W) (HD) **10.00** Homes Under The Hammer (rpt) (HD) **11.00** Wanted Down Under Revisited (HD) **11.45** Oxford Street Revealed (rpt) (HD) **12.15** Bargain Hunt (S) (W) (HD) **1.00** BBC News At One, (S) Weather (W) (HD) **1.30** Local News, (S) Weather (W) **1.45** Doctors (S) (W) (HD) **2.15** The Coroner (rpt) (S) (W) (HD) **3.00** Escape To The Country (rpt) (S) (W) (HD) **3.45** The Farmers' Country Showdown (S) (W) (HD) **4.30** Flog It! (S) (W) (HD) **5.15** Pointless (rpt) (S) (W) (HD)

6.00 BBC NEWS AT SIX, WEATHER (W) (HD)

6.30 LOCAL NEWS, WEATHER Regional bulletin. (W)

7.00 THE ONE SHOW Live chat and topical reports. (S)

7.30 MATCH OF THE DAY LIVE: THE FA CUP Sutton United v Arsenal (Kick-off 7.55pm). Coverage of the fifth-round fixture, which takes place at the Borough Sports Ground, as the non-league side look to cause a huge upset against the 12-time winners of the competition. Sutton have already defeated three Football League teams to reach this stage, with their scalp of Championship high-flyers Leeds United in round four causing the biggest stir. Arsene Wenger will be wary of taking tonight's opponents lightly and may go against his usual cup policy of bleeding the young players, with the artificial turf at the Borough Sports Ground adding an extra layer of unpredictability to the contest. (S) (W) (HD)

10.00 BBC NEWS AT TEN, WEATHER (S) (W) (HD)

10.30 LOCAL NEWS, WEATHER Regional bulletin. (W)

10.45 HAVE I GOT A BIT MORE OLD NEWS FOR YOU (9/11) Pointless co-host Alexander Armstrong takes over the reins for an extended edition of the satirical current affairs quiz from December 2015, with MP Alex Salmond and comedian Sara Pascoe joining regular team captains Ian Hislop and Paul Merton to poke fun at the week's events. (rpt) (HD)

11.30 THE GRAHAM NORTON SHOW (18/20)

The host chats to Tom Hiddleston, who is currently starring in new movie Kong: Skull Island. Actress Ruth Wilson discusses her role in the National Theatre's production of Hedda Gabler, while Ricky Gervais offers a few laughs and talks about his latest stand-up tour. Daniel Radcliffe and Joshua McGuire also appear. (rpt) (S) (W) (HD) Followed by Weather For The Week Ahead. (S) (W) (HD)

12.20 BBC News. Catch up with the latest headlines. (W) (HD)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



University Challenge, 8pm

6.00 My Life In Books (rpt) (S) (W) **6.30** Wanted Down Under Revisited (rpt) (S) (W) (HD) **7.15** The Farmers' Country Showdown (rpt) (S) (W) (HD) **8.00** Sign Zone: The Great Interior Design Challenge (rpt) (SL) (S) (W) **9.00** Victoria Derbyshire (S) (W) (HD) **11.00** BBC Newsroom Live (S) (W) (HD) **12.00** Daily Politics (S) (W) (HD) **1.00** Cash In The Attic (rpt) (S) (W) **1.25** Beat The Brain (rpt) (S) (W) (HD) **1.55** Landward (S) (W) (HD) **2.25** Mountain (rpt) (S) (W) (HD) **3.25** The Blue Planet (rpt) (S) (W) **4.25** A Place To Call Home (S) (W) (HD) **5.15** Antiques Road Trip (rpt) (S) (W) (HD)

6.00 EGGHEADS (116/140) Quiz hosted by Jeremy Vine, in which the winners of famous gameshows work as a team to tackle a new set of challengers. (rpt) (HD)

6.30 GREAT CONTINENTAL RAILWAY JOURNEYS (1/10) Part one of two. Michael Portillo travels through the Balkans to Istanbul along part of the route taken by the Orient Express, beginning in the Bulgarian capital of Sofia. (S) (W) (HD)

7.00 THE HAIRY BIKERS' CHICKEN AND EGG (3/6) Dave and Si cook chicken tagine with preserved lemons and olives in Morocco, and experience the full extent of Spanish and Moorish influences on Moroccan cuisine. (rpt) (S) (W) (HD)

8.00 UNIVERSITY CHALLENGE (30/37) Jeremy Paxman hosts another quarter-final. (HD)

8.30 AN ISLAND PARISH: ANGUILLA (8/8) Bishop Brooks visits Antigua as part of his diocese's 175th anniversary celebrations. (S) (W) (HD)

9.00 SAS: ROGUE WARRIORS (3/3) Ben Macintyre concludes his history of the unit's early years, revealing how the SAS left the desert for Europe and a darker and far more complex theatre of war. (HD)

10.00 CRADLE TO GRAVE (2/8) Continuing the 1970s-set sitcom based on the early life of radio DJ, journalist and writer Danny Baker. Things are looking up for the future broadcaster when he has a few lessons in biology – both at school and in the bedroom. Starring Peter Kay and Lucy Speed, with Laurie Kynaston as the young Danny. (rpt) (S) (HD)

10.30 NEWSNIGHT, WEATHER (S) (W) (HD)

11.15 HOSPITAL (6/6) Surgeons are forced to use unconventional methods to finish operations. (rpt)

12.15 Sign Zone: Countryfile Winter Special (rpt) (SL) (S) (W) **1.10** Sign Zone: Who Do You Think You Are? (rpt) **2.10** Sign Zone: Royal Recipes (rpt) **2.55** This Is BBC Two (W) (HD)

ITV



Coronation Street, 7.30pm & 8.30pm

6.00 Good Morning Britain (HD) **8.30** Lorraine (HD) **9.25** The Jeremy Kyle Show (W) (HD) **10.30** This Morning (W) (HD) **12.30** Loose Women (W) (HD) **1.30** ITV News, Weather (W) **1.55** Local News, Weather (W) **2.00** Judge Rinder (W) (HD) **3.00** James Martin's French Adventure (W) (HD) **3.59** Local Weather (W) **4.00** Tipping Point (W) (HD) **5.00** The Chase (W) (HD)

6.00 LOCAL NEWS, WEATHER Regional bulletin. (W)

6.30 ITV NEWS, WEATHER Latest headlines. (W)

7.00 EMMERDALE Robert arranges a surprise wedding in the Woolpack with the help of the rest of the village, but getting Aaron to the pub on time proves harder than expected until Cain steps in. (W) (HD)

7.30 CORONATION STREET Toyah rails at Leanne for her jibe about her not being a mum, plus Peter persuades Ken to lend him money for a consultation at a private fertility clinic. (W) (HD)

8.00 THE MARTIN LEWIS MONEY SHOW (11/11) The financial journalist and Saira Khan offer advice for first-time buyers and those who need help saving for their pensions, as well as tips on ISAs. (W) (HD)

8.30 CORONATION STREET Leanne goes into labour in the Victoria Court lift, while Sarah bans Bethany from seeing Nathan again. (W) (HD)

9.00 THE HALCYON The hotel celebrates its 50 year anniversary, but Lucian struggles to keep things in order as pressure mounts and Adil attempts to corner Toby and bring him back from the edge of doing something terrible. Garland and Lady Hamilton find a cause to unite over, while Emma is still confused about the men in her life and finally comes to a decision after talking to Betsey about love during wartime. The tension between Joe and Freddie is palpable: will it spill over? Last in the series. (W) (HD)

10.00 ITV NEWS, WEATHER Latest headlines. (W)

10.30 LOCAL NEWS, WEATHER Regional bulletin. (W)

10.40 THROUGH THE KEYHOLE (7/8) Keith Lemon hosts the gameshow in which panellists David Haye, Samia Longchambon and Dave Berry are challenged to identify the homes of the rich and famous. (rpt)

11.40 THE CHASE Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on the Chaser. (rpt) (HD)

12.35 Jackpot247. Live interactive gaming. (W) **3.00** The Jeremy Kyle Show (rpt) (SL) (W) (HD) **3.55** ITV Nightscreen (W) (HD) **5.05** The Jeremy Kyle Show (rpt) (SL) (W) (HD)

REGIONAL VARIATIONS

BBC1 WALES As BBC1 except: **10.40** Gareth Wyn Jones – Milk Man **11.10** Have I Got a Bit More Old News for You **11.55** The Graham Norton Show **12.40** Weather **12.45-6.00** BBC News **BBC1 NORTHERN IRELAND** As BBC1 except: **6.55-7.00** Party Election Broadcast **10.40** True North: Kick Me **11.20** Have I Got a Bit More Old News for You **12.05** The Graham Norton Show. The host chats to The Night Manager and Thor star Tom Hiddleston, who is currently starring in new movie Kong: Skull Island. **12.50-6.00** BBC News. Catch up with the latest headlines. **BBC2 WALES** As BBC2 except: **1.25** Beat the Brain. Quiz show. **1.55-2.25** Beat the Brain **3.25-4.25** Italy Unpacked

BBC2 NORTHERN IRELAND As BBC2 except: **5.15** Bargain Hunt **5.55-6.00** Party Election Broadcast **10.00-10.30** Múinteoirí **ITV WALES** As ITV WEST except: **3.59-4.00** Local Weather **6.00-6.30** ITV News **10.40** Sharp End **11.10-11.40** The Harbour **S4C** **7.00** Cyw: Twm Tisian **7.05** Cyw: Ysbyty Cyw Bach **7.20** Cyw: Blero yn Mynd i Ocido **7.30** Cyw: Jen a Jim Pob Dim **7.45** Cyw: Sam Tân **8.00** Cyw: Igam Ogam **8.10** Cyw: Mwnci'n Dweud Mwnci'n Gwneud **8.20** Cyw: Boj **8.30** Cyw: Llan-ar-goll-en **8.45** Cyw: Dwylo'r Enfys **9.00** Cyw: Tili a'i Ffrindiau **9.15** Cyw: Y Diwrnod Mawr **9.30** Cyw: Cwprwdd Cadi **9.40** Cyw: Bla Bla Blewog **9.55** Cyw: Popi'r Gath **10.05** Cyw: Oli Dan y Don **10.15** Cyw: Cwm Teg **10.20** Cyw: Y Brodyr Coala **10.35** Cyw: Holi

Hana **10.45** Cyw: Marcaroni **11.00** Cyw: Twm Tisian **11.05** Cyw: Ysbyty Cyw Bach **11.20** Cyw: Blero yn Mynd i Ocido **11.30** Cyw: Jen a Jim Pob Dim **11.45** Cyw: Sam Tân **12.00** Cyw: Igam Ogam **12.10** Cyw: Mwnci'n Dweud Mwnci'n Gwneud **12.20** Cyw: Boj **12.30** Cyw: Llan-ar-goll-en **12.45** Cyw: Dwylo'r Enfys **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Ward Plant **3.30** Arfordir Cymru: Bae Ceredigion **4.00** Awr Fawr **5.00** Stwnsh: Dewi a'r Ditectifs Gwyllt **5.10** Stwnsh: Dreigiau: Gwarchodwyr Berc **5.30** Stwnsh: Fi yw'r Bos **6.00** Pobol y Cwm **6.25** Newyddion S4C a'r Tywydd **6.30** Sgorio **7.00** Heno **8.00** Pobol y Cwm **8.25** Cefn Gwlad **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00-12.15** Rygbi

CHANNEL 4



The Trouble With Dad, 9pm

- 6.00** Countdown (HD) **6.45** The King Of Queens (rpt) **7.10** The King Of Queens (rpt) **7.35** The King Of Queens **8.00** Everybody Loves Raymond (rpt) **8.35** Everybody Loves Raymond (rpt) **9.05** Frasier (rpt) **9.35** Frasier (rpt) **10.05** Undercover Boss USA (rpt) (HD) **11.05** Ramsay's Kitchen Nightmares USA (rpt) **12.00** News (HD) **12.05** A New Life In The Sun (rpt) (HD) **1.05** Find It, Fix It, Flog It (rpt) (HD) **2.10** Countdown (HD) **3.00** Fifteen To One (HD) **4.00** A Place In The Sun: Winter Sun (HD) **5.00** Come Dine With Me (rpt) (HD)
- 6.00** **THE SIMPSONS** Lisa enters a singing competition on the Krusty the Clown Show, but Homer's competitive streak threatens to ruin her efforts. (rpt)
- 6.30** **HOLLYOAKS** Problems arise between Ste and Harry, prompting Ste to turn to John Paul. Joel sets up a fundraiser, but is floored when faced with Shane.
- 7.00** **CHANNEL 4 NEWS** Latest headlines. (HD)
- 8.00** **SUPERMARKETS: BREXIT & YOUR SHRINKING SHOP – CHANNEL 4 DISPATCHES** Harry Wallop reveals which of the nation's favourite brands have been affected by Brexit and looks at how the imposition of European import taxes could affect the cost of shopping. (HD)
- 8.30** **FOOD UNWRAPPED** Another selection of the team's favourite investigations, including Kate Quilton learning how a special enzyme contained in pineapples is being used to treat burns victims. (HD)
- 9.00** **THE TROUBLE WITH DAD** Cutting Edge show charting David Baddiel and his brother Ivor's efforts in caring for their father, who has a rare form of dementia stripping him of all his inhibitions. (HD)
- 10.00** **JON RICHARDSON: HOW TO SURVIVE THE END OF THE WORLD** The comedian is sent on a mission by his wife – fellow comedian and worrier Lucy Beaumont – to investigate the things they most fear will result in their deaths. (HD)
- 11.05** **8 OUT OF 10 CATS DOES COUNTDOWN** Jimmy Carr hosts the comedy panel show's version of the words-and-numbers quiz, as Jon Richardson and Michelle Wolf take on guest captain Jonathan Ross with Johnny Vegas. Three-man comedy act Pappy's joins resident lexicographer Susie Dent in Dictionary Corner. (rpt) (HD)
- 12.10** Parenting For Idiots (rpt) (HD) **1.05** Girls To Men (rpt) (HD) **2.00** The Wedding Day (rpt) (HD) **2.55** Phil: Secret Agent Down Under (rpt) (SL) (HD) **4.45** Four In A Bed (rpt) (HD)

● All programme details are correct at time of going to press

5STAR

6.00am Teleshopping **8.00** 8 Simple Rules **8.20** Dance Moms **9.10** Dance Moms **10.05** 8 Simple Rules **10.35** 8 Simple Rules **11.00** 100 Per Cent Hotter **12.00noon** Can't Pay? We'll Take It Away **1.00** Dance Moms **2.00** Can't Pay? We'll Take It Away **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** Can't Pay? We'll Take It Away **9.00** Film: Dirty Dancing (1987) (12) **11.05** Film: Taxi (2004) (12) **1.10am** Teen Wolf

CHANNEL 5



Neighbours, 1.45pm & 5.30pm

- 6.00** Milkshake! Pip Ahoy! (rpt) (HD) **6.10** Lily's Driftwood Bay (rpt) (HD) **6.20** Little Princess (rpt) **6.30** Paw Patrol (rpt) (HD) **6.45** Bob The Builder (rpt) (HD) **6.55** Fireman Sam (rpt) (HD) **7.05** Thomas & Friends (rpt) **7.20** Monkey (rpt) (HD) **7.25** Shimmer And Shine (HD) **7.35** Noddy: Toyland Detective (rpt) (HD) **7.50** Paw Patrol (rpt) **8.05** Ben And Holly's Little Kingdom (rpt) **8.15** Digby Dragon (HD) **8.30** Peppa Pig (rpt) **8.40** Peppa Pig (rpt) **8.50** Wisper (rpt) (HD) **9.00** Toot The Tiny Tugboat (rpt) (HD) **9.15** The Wright Stuff (HD) **11.15** GPs: Behind Closed Doors (rpt) (HD) **12.10** 5 News Lunchtime (HD) **12.15** The Nightmare Neighbour Next Door (rpt) (HD) **1.15** Home And Away (HD) **1.45** Neighbours (HD) **2.15** NCIS (rpt) (HD) **3.15** FILM: Lifetime Of Lies (2016) Mystery, starring Shenae Grimes-Beech. (HD) **5.00** 5 News (HD) **5.30** Neighbours (rpt)
- 6.00** **HOME AND AWAY** Decker is rushed to hospital with multiple gunshot wounds, but before losing consciousness, he mumbles something to Mason about a USB stick that fell out of his pocket. (rpt)
- 6.30** **5 NEWS TONIGHT** Latest headlines. (HD)
- 7.00** **THE CARS THAT MADE BRITAIN GREAT** (2/8) Celebrities share stories of being on the open road for the first time, including Matthew Wright, who recalls how his second-hand Austin 1300 broke down on the morning of purchase. (rpt) (HD) Followed by 5 News Update. (HD)
- 8.00** **STORM SURGE: WINTER ROAD RESCUE** (2/4) An RAC patrolman battles a blizzard to get to a woman whose car has broken down and coastguards have their work cut out as a red alert is issued for a huge tidal surge in Lowestoft. (HD) Followed by 5 News Update. (HD)
- 9.00** **THE RAILWAYS THAT BUILT BRITAIN WITH CHRIS TARRANT** (2/3) The broadcaster examines the role of the railways during the two world wars, keeping vital supply lines open and transporting troops to and from the front. (HD)
- 10.00** **TV'S 50 GREATEST MAGIC TRICKS** TV illusionists have been sawing ladies in half, catching bullets between their teeth, reading minds and performing feats of escapology for decades. Channel 5 counts down the best, including the astonishing set-pieces of Penn & Teller. (rpt) (HD)
- 12.45** Criminals: Caught On Camera (rpt) (HD) **1.15** SuperCasino **3.10** Inside Windsor Castle (rpt) (HD) **4.00** Tattoo Disasters UK (rpt) (HD) **4.25** Tattoo Disasters UK (rpt)

5USA

6.00am Teleshopping **9.00** Access **9.10** Longmire **10.00** Law & Order **11.00** Law & Order **12.00noon** CSI: Miami **1.00** NCIS **2.00** Castle **3.00** Longmire **4.00** Law & Order **5.00** Law & Order **6.00** CSI: Miami. A wealthy businessman is killed. **7.00** NCIS **8.00** NCIS. Part one of two. **9.00** NCIS **10.00** Law & Order: Special Victims Unit **11.00** Law & Order: Special Victims Unit **12.00midnight** Law & Order: Special Victims Unit **1.00** CSI: Miami **2.00** CSI: Miami **3.00** Chicago PD **4.00-6.00** Teleshopping

MONDAY 20 FEBRUARY 2017



CRITIC'S CHOICE BY MIKE WARD

THE HALCYON

9pm, ITV ★★★★★

(I hesitate because such approval from me is usually the kiss of death for any TV show's hopes of being recommissioned). Anyway, it certainly goes out in explosive style, as the big storyline (gay barman Adil being blackmailed by oily swine Lucian into handing over classified information stolen from his lover Toby) comes to a shocking conclusion. The hotel itself is marking its 50th anniversary with a big party, taking us back to where we left off in episode one (the rest has been a flashback, remember). So where are we at with the Emma-Freddie-Joe love triangle? Is there any future for Betsey and band leader Sunny? Can hotel manager Garland maintain his unflappable demeanour in the face of his toughest challenges to date? And will any of this matter when an almighty blast brings the party to a premature halt?

THE TROUBLE WITH DAD

9pm, Channel 4 ★★★★★

Colin Baddiel, 82-year-old father of comedian David, has a rare form of dementia known as Pick's disease, the symptoms of which include extreme aggression and loss of inhibitions. This intimate documentary follows David and his brother Ivor as they not only seek the most effective way to care for their dad but also strive to maintain an emotional connection with him for as long as his condition allows.

CORONATION STREET

7.30pm & 8.30pm, ITV ★★★★★

A tad inconveniently, the heavily pregnant Leanne goes into labour while she's stuck in a lift with her sister Toyah. Since the siblings are barely on speaking terms right now, this could prove rather a challenging situation. In other news, Brian is continuing to rub poor Roy up the wrong way (and me, for that matter), while Bethany's lies are about to land her in deep trouble with her mum, Sarah. See page 15.



The Lord Of The Rings: The Return Of The King
8pm, Sky Cinema Oscars/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am *The Meddler* (2015) 12 Comedy-drama, starring Susan Sarandon. **8.00 Fathers and Daughters (2015) 15 **10.10 Miracles From Heaven (2016) 12 Drama, starring Jennifer Garner and Kylie Rogers. **12.10pm Anything For Love (2016) PG Romantic comedy, starring Erika Christensen. **1.50 The Top Ten Show 2017** **2.10 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **4.00 The Meddler (2015) 12 Comedy-drama, starring Susan Sarandon. **6.00 Fathers and Daughters (2015) 15 Drama, starring Russell Crowe and Amanda Seyfried. **8.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **9.45 The Top Ten Show 2017** **10.00 The Goob (2014) 18 Premiere. Drama, starring Liam Walpole. **11.30 Hacked (2013) 18 Thriller, starring Melanie Papalia. **12.55am Miracles From Heaven (2016) 12 Drama, starring Jennifer Garner and Kylie Rogers. **2.50 The Landlord (2015) 15 Horror. **4.25 Anything For Love (2016) PG********************

SKY CINEMA COMEDY Sky 308 Virgin 438

6.00am *The Lego Batman Movie: Special* **6.30 Licence to Drive (1988) PG With Corey Haim. **8.10 Me, Myself and Irene (2000) 15 With Jim Carrey. **10.10 How to Lose a Guy in 10 Days (2003) 12 With Kate Hudson. **12.10pm The Top Ten Show 2017** **12.30 My Big Fat Greek Wedding 2 (2016) 12 With Nia Vardalos. **2.10 Trainwreck (2015) 15 With Amy Schumer. **4.20 Entourage (2015) 15 With Adrian Grenier. **6.15 The Hangover (2009) 15 With Bradley Cooper. **8.00 My Big Fat Greek Wedding 2 (2016) 12 With Nia Vardalos. **9.45 Trainwreck (2015) 15 With Amy Schumer. **11.55 Police Academy 6: City Under Siege (1989) PG With Bubba Smith. **1.25am Coming to America (1988) 15 With Eddie Murphy. **3.30 White Men Can't Jump (1992) 15 With Woody Harrelson. **5.30 The Lego Batman Movie: Special**************************

SKY CINEMA ACTION Sky 307 Virgin 437

6.00am AVP: Alien vs Predator (2004) 15 With Sanaa Lathan. **7.55 National Treasure: Book of Secrets (2007) PG With Nicolas Cage. **10.00 13 Hours: The Secret Soldiers of Benghazi (2016) 15 With John Krasinski. **12.25pm Tomorrowland: A World Beyond (2015) 12 With George Clooney. **2.45 The Lord of the Rings: The Two Towers (2002) 12 With Elijah Wood. **5.50 Pearl Harbor (2001) 12 With Ben Affleck. **9.00 13 Hours: The Secret Soldiers of Benghazi (2016) 15 With John Krasinski. **11.25 Asian Connection (2016) 15 With John Edward Lee. **1.00am Max Payne (2008) 15 With Mark Wahlberg. **2.45 I Am Wrath (2016) 15 **4.20 The Sorcerer's Apprentice (2010) PG With Nicolas Cage.********************

SKY CINEMA FAMILY Sky 306 Virgin 436

6.25am Twins (1988) PG Comedy. **8.15 Ever After: A Cinderella Story (1998) PG Romantic drama, starring Drew Barrymore and Dougray Scott. **10.20 Maya the Bee Movie (2014) U Animated adventure. **11.50 Survive the Serengeti: Against the Wild 2 (2016) PG Adventure, starring Jeri Ryan. **1.25pm Jumanji (1995) PG Fantasy adventure, starring Robin Williams. **3.10 Matilda (1996) PG Children's fantasy comedy. **4.50 Maya the Bee Movie (2014) U Animated adventure, with the voice of Coco Jack Gillies. **6.20 Survive the Serengeti: Against the Wild 2 (2016) PG Adventure, starring Jeri Ryan. **8.00 Jumanji (1995) PG Fantasy adventure, starring Robin Williams. **9.45 Matilda (1996) PG Children's fantasy comedy, starring Mara Wilson. **11.25 Problem Child (1990) PG Comedy, starring John Ritter. **12.50am Ever After: A Cinderella Story (1998) PG Romantic drama, starring Drew Barrymore. **2.55 Twins (1988) PG Comedy, with Danny DeVito. **4.45 Problem Child (1990) PG**************************

SKY CINEMA DRAMA Sky 310 Virgin 440

6.45am Elsa & Fred (2014) 12 **8.30 Anna and the King of Siam (1946) 12 With Irene Dunne. **10.45 Kids in Love (2016) 15 With Will Poulter. **12.20pm Cake (2014) 15 With Jennifer Aniston. **2.10 Ricki and the Flash (2015) 12 With Meryl Streep. **4.00 Beaches (1988) 12 With Bette Midler. **6.10 Suffragette (2015) 12 With Carey Mulligan. **8.00 The Danish Girl (2015) 15 With Eddie Redmayne. **10.00 The Man Who Knew Infinity (2015) 12 With Jeremy Irons. **12.00midnight Cruel Intentions (1999) 15 **1.45 Marie Antoinette (2006) 12 With Kirsten Dunst. **3.55 GI Blues (1960) U **5.45 The Top Ten Show 2017************************

SKY CINEMA OSCARS Sky 304 Virgin 434

6.00am Moonstruck (1987) PG **7.45 Brokeback Mountain (2005) 15 Drama, starring Heath Ledger and Jake Gyllenhaal. **10.05 Spartacus (1960) PG Roman epic, with Kirk Douglas. **1.25pm Cocoon (1985) PG Sci-fi drama. **3.25 A Beautiful Mind (2001) 12 Oscar-winning biopic, starring Russell Crowe. **5.45 Brokeback Mountain (2005) 15 Drama, starring Heath Ledger. **8.00 The Lord of the Rings: The Return of the King (2003) 12 Conclusion of the fantasy adventure trilogy, starring Elijah Wood. **11.20 The Departed (2006) 18 Gangster thriller, starring Leonardo DiCaprio and Matt Damon. **1.55am Batman (1989) 15 Comic-book adventure, with Michael Keaton. **4.05 The Adventures of Robin Hood (1938) U******************

TCM Sky 317 Virgin 415

6.00am *Hollywood's Best Film Directors* (44/91) **6.30** *Hollywood's Best Film Directors*

(48/91) **7.00** *Hollywood's Best Film Directors* **7.50 Wagons West (1952) U Western, starring Rod Cameron. **9.15 The Train Robbers (1973) U Western, starring John Wayne. **11.05 Vengeance Valley (1951) PG Western, starring Burt Lancaster. **12.45pm Rawhide (15/30) **1.50 Rawhide (16/30) **3.00 Bad Men of Tombstone (1949) U Western, starring Barry Sullivan. **4.40 The Lion and the Horse (1952) PG Western, starring Steve Cochran. **6.30 The Searchers (1956) U John Ford's Western, starring John Wayne. **9.00 Outbreak (1995) 15 Thriller, starring Dustin Hoffman. **11.35 The Two Jakes (1990) 15 Detective thriller sequel. **2.20am Conspiracy Theory with Jesse Ventura (2/8) **3.20 Conspiracy Theory with Jesse Ventura (5/8) **4.20 Hollywood's Best Film Directors** **5.00 Hollywood's Best Film Directors** (50/91)************************

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am Cattle Empire (1958) U Western, starring Joel McCrea. **12.40pm Vertigo (1958) PG Hitchcock thriller, starring James Stewart. **3.15 Four Guns to the Border (1954) U Western, starring Rory Calhoun. **4.55 Hell Below Zero (1954) U Action adventure, starring Alan Ladd. **6.45 Percy Jackson & the Lightning Thief (2010) PG Fantasy adventure, starring Logan Lerman. **9.00 Fast & Furious 6 (2013) 12 Action thriller sequel, with Vin Diesel. **11.35 Devil's Knot (2013) 15 Fact-based crime drama, starring Reese Witherspoon. **1.50am The Dilemma (2011) 12**************

SKY CINEMA DISNEY Sky 305 Virgin 435

6.00am Pooh's Grand Adventure: The Search for Christopher Robin (1997) U Animated adventure. **7.20 Zootropolis (2016) PG Animated comedy, with the voice of Ginnifer Goodwin. **9.20 The Lion King (1994) U **10.55 The Emperor's New Groove (2001) U **12.25pm The Jungle Book (1967) U Animated adventure, with the voice of Phil Harris. **1.55 Zootropolis (2016) PG Animated comedy, with the voice of Ginnifer Goodwin. **3.55 The Lion King (1994) U Animated musical, with the voice of Matthew Broderick. **5.30 The Little Mermaid (1989) U Animated adventure, with the voice of Jodi Benson. **7.00 The Hunchback of Notre Dame (1996) U Animation, with the voices of Tom Hulce and Demi Moore. **8.40 The Jungle Book (1967) U Animated adventure, with the voice of Phil Harris. **10.05 Now You See Him, Now You Don't (1972) U Adventure sequel, starring Kurt Russell. **11.45 Bedknobs and Broomsticks (1971) U **1.50am The Cat from Outer Space (1978) PG Disney sci-fi comedy, starring Roddy McDowall. **3.45 Bambi II (2006) U Animated prequel, with the voice of Patrick Stewart. **5.10 The Hunchback of Notre Dame (1996) U Disney animation.****************************

SKY I Sky 106 Virgin 110

6.00am *Hawaii Five-0* **8.00** *Monkey Life* **9.00** *Police Force: Australia* **10.00** *Nothing To Declare* **11.00** *A Town Called Eureka* **12.00noon** *NCIS: Los Angeles* **1.00** *Hawaii Five-0* **3.00** *NCIS: Los Angeles* **4.00** *Futurama* **4.30** *Modern Family* **5.30** *Futurama* **6.30** *The Simpsons* **7.00** *The Simpsons* **7.30** *The Simpsons* **8.00** *Film: Star Wars: Episode I – The Phantom Menace* (1999) (U) **10.45** *The Blacklist* **11.45** *The Force: Manchester* **12.45am** *Most Daring* **1.45** *Brit Cops: War On Crime*

SKY ATLANTIC Sky 108

6.00am *Richard E Grant's Hotel Secrets* **7.00** *Urban Secrets* **8.00** *The West Wing* **10.00** *House* **11.00** *Without A Trace* **1.00pm** *Blue Bloods* **2.00** *The Petrol Age* **3.00** *West Wing* **5.00** *House* **6.00** *Without A Trace* **7.00** *Without A Trace* **8.00** *Blue Bloods* **9.00** *Alan Partridge's Mid Morning Matters* **9.30** *Alan Partridge's Mid Morning Matters* **10.00** *Girls* **10.35** *Last Week Tonight With John Oliver* **11.10** *Real Time With Bill Maher* **12.20am** *The Kettering Incident* **2.40** *Girls* **3.15** *Looking*

W Sky 109 Virgin 125

6.10am *Believe* **7.00** *Passport Patrol* **8.00** *My Dream Home* **9.00** *Wanted Down Under* **10.00** *The Bill* **11.00** *Tipping Point: Lucky Stars* **12.00noon** *Tipping Point* **1.00** *Choccywoccydoodah* **2.00** *Wanted Down Under* **3.00** *Who Do You Think You Are? USA* **4.00** *My Dream Home* **5.00** *Extreme Makeover: Home Edition* **6.00** *Tipping Point: Lucky Stars* **7.00** *Supernanny* **8.00** *Honey I Bought The House* **9.00** *Thailand's Drug Craze: Stacey Dooley Investigates* **10.00** *EastEnders* **10.40** *Absolutely Fabulous* **11.20** *The Call Centre* **12.20am** *EastEnders* **1.00** *Crisis* **2.35** *Betty White's Off Their Rockers*

LIFETIME Sky 156 Virgin 208

6.00am *Teleshopping* **7.00** *Judge Judy* **9.00** *Masters Of Flip* **10.00** *Flipping Vegas* **11.00** *Pawn Stars* **12.00noon** *Masters Of Flip* **1.00** *Flipping Vegas* **2.00** *Judge Judy* **3.00** *The Real Housewives Of New Jersey* **4.00** *Dance Moms* **5.00** *Little Women: NY* **6.00** *Flipping Vegas* **7.00** *Judge Judy* **9.00** *Dance Moms* **10.00** *Child Genius US* **11.00** *Australia's Next Top Model* **12.00midnight** *Dance Moms* **1.00** *My Ghost Story: Caught On Camera*

HISTORY Sky 529 Virgin 270

7.00am *Pawn Stars* **8.00** *American Pickers* **9.00** *Storage Wars* **10.00** *Forged In Fire* **11.00** *Storage Wars* **12.00noon** *American Pickers* **1.00** *Flipping Vegas* **2.00** *Disaster Decks* **3.00** *Mountain Men* **5.00** *Forged In Fire* **6.00** *American Pickers* **7.00** *Mountain Men* **8.00** *Ronnie O'Sullivan's American Hustle* **9.00** *American Pickers* **10.00** *Hunting Hitler* **11.00** *Forged In Fire* **12.00midnight** *American Pickers* **1.00** *Hunting Hitler*

COMEDY CENTRAL Sky 112 Virgin 132

8.00am *The Middle* **9.00** *The Fresh Prince Of Bel-Air* **10.00** *Friends* **1.00pm** *Impractical Jokers: British Invasion* **2.00** *Friends* **3.00** *The Fresh Prince Of Bel-Air* **5.00** *Friends* **8.00** *I Live With Models* **8.30** *Friends* **9.00** *Russell Howard's Good News* **10.00** *Impractical Jokers* **11.00** *Fameless Prankers* **11.30** *The Chris Ramsey Show* **12.00midnight** *Russell Howard's Good News* **1.00** *Bob's Burgers* **1.30** *South Park* **2.00** *Legends Of Chamberlain Heights* **2.30** *TripTank* **3.00** *Bob's Burgers* **3.25** *Impractical Jokers: British Invasion*

SKY LIVING Sky 107 Virgin 112

6.00am *Border Security: Canada's Front Line* **7.00** *UK Border Force* **8.00** *Nothing To Declare* **9.00** *Monkey Life* **10.00** *Elementary* **11.00** *Cold Case* **12.00noon** *CSI: Crime Scene Investigation* **1.00** *Criminal Minds* **3.00** *Stop, Search, Seize* **4.00** *UK Border Force* **5.00** *Nothing To Declare* **6.00** *Elementary* **7.00** *CSI: Crime Scene Investigation* **8.00** *Shades Of Blue* **9.00** *Criminal Minds* **10.00** *Madam Secretary* **11.00** *Criminal Minds* **12.00midnight** *Cold Case* **1.00** *Shades Of Blue*

GOLD Sky 110 Virgin 124

7.00am *Cheers* **7.50** *The Green Green Grass* **8.25** *The Brittas Empire* **9.40** *One Foot In The Grave* **10.40** *Only Fools And Horses* **12.40pm** *Keeping Up Appearances* **2.00** *The Brittas Empire* **3.30** *Last Of The Summer Wine* **5.30** *Only Fools And Horses* **6.40** *Keeping Up Appearances* **8.00** *Gavin & Stacey* **9.20** *The Royle Family* **10.00** *The Royle Family Christmas Special* **11.20** *Peep Show* **12.30am** *The Royle Family* **1.05** *The Royle Family Christmas Special* **2.20** *Shooting Stars*

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm 100 Days **7.30** Reel History Of Britain
8.00 The Big Painting Challenge **9.00 Film:**
Life, Animated: Storyville (2016) (PG) Premiere.
Documentary about an autistic boy. **10.25** Order
And Disorder With Jim Al-Khalili **11.25** Oceans
12.25am The Mystery Of Murder: A Horizon
Guide **1.25** Tom Waits: Tales From A Cracked
Jukebox **2.25 Film:** Life, Animated: Storyville
(2016) (PG) Documentary about an autistic boy.

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am You've Been Framed! Gold **7.15** The
Ellen DeGeneres Show **8.00** Emmerdale **8.30**
Coronation Street **9.30** Ninja Warrior UK
11.30 Take Me Out Celebrity Special **12.30pm**
Emmerdale **1.00** Coronation Street **2.00** The Ellen
DeGeneres Show **2.50** The Jeremy Kyle Show
5.00 Judge Rinder **6.00** You've Been Framed! Gold
7.00 You've Been Framed! Gold **7.30** You've Been
Framed! Gold **8.00** Two And A Half Men **8.30** Two
And A Half Men **9.00** Family Guy **9.30** The Great
Indoors **10.00** American Dad! **10.30** American
Dad! **11.00** Family Guy **11.55** The Cleveland Show
12.50am Two And A Half Men **1.20** The Great
Indoors **1.50** Totally Bonkers Guinness World
Records **2.15** Teleshopping **5.45** ITV2 Nightscreen

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am In Loving Memory **6.25** Heartbeat **7.25**
Where The Heart Is **8.25** The Royal **9.25** Judge
Judy **10.50** Inspector Morse **1.05pm** Heartbeat
2.05 The Royal **3.10** Where The Heart Is **4.15** In
Loving Memory **4.50** Rising Damp **5.20** On The
Buses **5.55** Heartbeat **7.30** Murder, She Wrote
8.00 Doc Martin **9.00** Inspector Morse **11.15**
Prime Suspect 3 **1.30am** The Knock **2.25** ITV3
Nightscreen **2.30** Teleshopping. Home retail.

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Gunsmoke **6.55** The Saint **7.45** Hogan's
Heroes **8.45** The Professionals **9.50** Ironside
10.55 Gunsmoke **12.00noon** Storage Wars: Texas
12.55 Pawn Stars **1.55** Hogan's Heroes **2.55**
Ironside **4.00** The Professionals **5.00** The Saint
6.05 Storage Wars: Texas **7.00** Pawn Stars **8.00**
Parking Wars **9.00 Film:** Eraser (1996) (15) Action
thriller, starring Arnold Schwarzenegger. **10.00** FYI
Daily **10.05 Film:** Eraser (1996) (15) Concluded.
11.20 Bundesliga Football Highlights **12.20am**
Premiership Rugby Union **1.20** River Monsters
2.25 Hogan's Heroes **2.45** ITV4 Nightscreen

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Be Beautiful **9.10** The
Only Way Is Essex **10.00** Bethenny Ever After
11.00 The Real Housewives Of Atlanta **12.00noon**
Buying And Selling **1.00** Dinner Date **2.00**
Bethenny Ever After **3.00** The Real Housewives Of
Miami **4.00** The Real Housewives Of Beverly Hills
6.00 Dinner Date **7.00** Buying And Selling **8.00**
The Real Housewives Of Orange County **9.00** The
Real Housewives Of Orange County **10.00** Kendra
On Top **10.30** Kendra On Top. Reality series.
11.00 Selling It In The ATL **12.00midnight** The
Jeremy Kyle Show USA **12.55** Teleshopping

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube Shorts **6.10** Made In
Chelsea **7.00** Hollyoaks **7.30** Coach Trip: Road To
Marbs **8.00** Brooklyn Nine-Nine **9.00** Rules Of
Engagement **10.00** Baby Daddy **11.00** Charmed
1.00pm How I Met Your Mother **2.00** The Big
Bang Theory **3.00** Baby Daddy **4.00** How I Met
Your Mother **5.00** Brooklyn Nine-Nine **6.00** The
Big Bang Theory **7.00** Hollyoaks **7.30** Coach
Trip: Road To Marbs **8.00 Film:** St Trinian's 2: The
Legend Of Fritton's Gold (2009) (PG) Comedy
sequel, starring Rupert Everett. **10.00** Celebs Go
Dating **11.05** First Dates Abroad **12.10am** The Big
Bang Theory **1.15** Celebs Go Dating **2.15** Tattoo
Fixers **3.10** First Dates Abroad **4.00** Hollyoaks
4.25 Rules Of Engagement **4.45** Charmed

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** A Place In
The Sun: Winter Sun **1.45pm** Time Team **3.50**
Great Canal Journeys **4.55** Location, Location,
Location **5.55** Car SOS **6.55** The Supervet
7.55 Grand Designs **9.00** Vet On The Hill **10.00** 24
Hours In A&E **11.05** 999: What's Your Emergency?
12.05am Ramsay's Kitchen Nightmares USA
1.05 Vet On The Hill **2.10** 999: What's Your
Emergency? **3.10** 8 Out Of 10 Cats Uncut

CBEEBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Show Me Show Me **6.20** Baby
Jake **6.30** Alphablocks **6.35** Dinopaws **6.45** Raa

Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing
7.25 Postman Pat: SDS **7.40** The Furchester Hotel
7.50 Octonauts **8.05** Go Jetters **8.15** Hey Duggee
8.25 Justin's House **8.50** Kate & Mim-Mim **9.00**
Discover And Do: Timmy Time **9.10** Bing **9.20**
Patchwork Pals **9.25** Twirlywoos **9.40** Woolly &
Tig **9.45** Something Special: Out And About **10.05**
Teletubbies **10.20** Numberblocks **10.25** Let's
Play **10.45** Small Potatoes **10.50** The Lingo Show
11.00 Mister Maker's Arty Party **11.20** Show Me
Show Me **11.40** Waybuloo **12.00noon** I Can Cook
With You **12.15** Grandpa In My Pocket **12.30** My
Story **12.45** Dipdad **12.50** Melody **1.00** Tinga
Tinga Tales **1.15** Bing **1.20** Patchwork Pals **1.25**
Twirlywoos **1.40** Woolly & Tig **1.45** Something
Special: Out And About **2.05** Teletubbies **2.20**
Numberblocks **2.25** Let's Play, Small Potatoes **2.45**
The Lingo Show **3.00** Mister Maker's Arty Party
3.20 Chuggington **3.30** Big Fun Time: Numtums
3.45 Gigglebizz **4.00** Rastamouse **4.10** School Of
Roars **4.20** Messy Goes To Okido **4.35** Andy's
Baby Animals **4.45** Peter Rabbit **5.00** Tree Fu Tom
5.20 Go Jetters **5.35** What's The Big Idea? **5.40**
Our Family **5.50** Nelly & Nora. Children's fun.
6.00 CBeebies Bedtime Hour: Clangers **6.10**
The Adventures Of Abney & Teal **6.20** In The
Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Join Us For An Hour Of Crafts, Hobbies
And Arts. Creative ideas. **8.00** Debbie Shore
Applique Dies **9.00** Rowandean One Day Special
10.00 Debbie Shore Dressmaking **11.00** Debbie
Shore Applique Dies **12.00noon** Rowandean One
Day Special **1.00** In The Kitchen with Mad Millie
2.00 Debbie Shore Dressmaking **3.00** Debbie
Shore Applique Dies **4.00** Rowandean One Day
Special **5.00** An Hour in the Kitchen **6.00** Debbie
Shore Dressmaking **7.00** Rowandean One Day
Special **8.00** Paper Craft One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Time Team **7.10** Cash In The Attic **8.00**
Time Team **9.00** Tales Of Irish Castles **10.00**
Unearthing WWII **11.00** Coast **12.00noon** Time
Team **1.00** Mysteries At The Museum **2.00** Auf
Wiedersehen, Pet **3.00** Tales Of Irish Castles **4.00**
Secrets Of The Bible **5.00** Time Team **6.00** Horror
In The East **7.00** Coast **8.00** Monarchy By David
Starkey **9.00** Open All Hours **9.40** Dinnerladies
11.00 Auf Wiedersehen, Pet **12.00midnight**
World War Weird **1.00** Horror In The East **2.00**
Cash In The Attic **3.00** Teleshopping. Home retail.

DAVE Sky 111 Freeview 12 Virgin 127

7.10am Ice Road Truckers **8.10** American Pickers
9.00 Storage Hunters **10.00** American Pickers
12.00noon Top Gear **2.00** Room 101 **2.40** QI
3.20 Would I Lie To You? **4.00** Top Gear **5.00** Red
Bull Soapbox Race **6.00** Room 101 **6.40** QI **7.20**
Would I Lie To You? **8.00** Room 101 **9.20** Mock
The Week **10.00** QI XL **11.00** Mock The Week
12.20am Room 101 **1.00** QI XL **2.00** The Last
Man On Earth **2.30** Suits **3.20** Live At The Electric

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am Hetty Wainthropp Investigates **8.00** Boon
9.00 Bergerac **10.00** All Creatures Great And
Small **11.00** The Bill **1.00pm** As Time Goes By
1.40 Steptoe And Son **2.20** Birds Of A Feather
3.00 Boon **4.00** Bergerac **5.00** All Creatures Great
And Small **6.00** Steptoe And Son **6.40** Last Of
The Summer Wine **7.20** As Time Goes By **8.00** Judge
John Deed **10.00** New Tricks. An unidentified
murder victim is named on a website. **11.15** Spooks
12.35am Boon **1.50** The Bill **2.45** Campion

CBS ACTION Sky 148 Freeview 64 Virgin 192

9.00am NCIS **11.00** The Twilight Zone
12.00noon Gunsmoke **1.00** Bonanza **2.00** NCIS
3.00 NCIS: Los Angeles **4.00** Mission: Impossible
5.00 JAG **6.00** NCIS **7.00** MacGyver **8.00** Walker,
Texas Ranger **9.00** NCIS **10.00** NCIS. A Marine is
murdered in Baghdad. **11.00** Mission: Impossible
12.00midnight NCIS **2.40** Bonanza **3.40** Walker,
Texas Ranger **4.35** The Streets Of San Francisco

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **9.00** Judge Judy **9.55**
Hoarders: Family Secrets **10.50** Urban Legends
11.45 48 Hours: Mystery **12.40pm** Judge Judy
3.10 Hoarders: Family Secrets **4.05** Urban Legends
5.05 Judge Judy **7.00** Medical Detectives **7.30**
Medical Detectives **8.00** Unsolved Mysteries. A
haunted replica castle. **9.00** 48 Hours: Mystery
10.00 Wives With Knives. New series. **11.00**
Medical Detectives **12.00midnight** Evil Twins **1.00**
48 Hours: Mystery **2.00** Wives With Knives **3.00**
Teleshopping. Home retail. **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1
Sky 401 Virgin 511

6.00am Football Gold **7.00** WWE Raw Hlts
8.00 Goals On Sunday **9.00** Premier League 100
Club **10.00** Football's Greatest Teams **11.00**
Premier League Years **1.00pm** Premier League
100 Club **2.00** Premier League Legends **3.00**
One2Eleven: James Collins **3.15** One2Eleven:
Wayne Hennessey **3.30** One2Eleven: Danny
Gabbidon **3.45** One2Eleven: Mick McCarthy **4.00**
Premier League 100 Club **5.00** Premier League
Legends **6.00** One2Eleven: James Collins **6.15**
One2Eleven: Wayne Hennessey **6.30** Soccer AM:
The Best Bits **7.00** Football Gold **7.15** Football
Gold **7.30** Live EFL. Newcastle United v Aston
Villa. **10.15** Premier League World **10.45** Scottish
Football Round-Up **11.00** Soccer AM: The Best
Bits **11.30** Football Gold **12.00midnight** Premier
League Legends **12.30** Soccer AM: The Best
Bits **1.00** Premier League Legends **1.30** Premier
League 100 Club **2.00** Scottish Football Round-Up
2.15 Premier League 100 Club **3.15** One2Eleven:
Stephen Carr **3.30** One2Eleven: Andy Townsend
3.45 One2Eleven: Ray Houghton **4.00** Premier
League 100 Club **5.00** Premier League Legends

SKY SPORTS 2
Sky 402 Virgin 512

6.00am Cricket Classics **7.00** World Pool Masters
11.00 One-Day International Cricket **12.00noon**
Cricket Classics **1.00** World Pool Masters **5.00**
One-Day International Cricket **6.00** Sporting
Triumphs **6.30** Sky Sports Cricket Gold **7.00**
Sporting Triumphs. Joe Calzaghe looks back on
his victory over Jeff Lacy in 2006. **7.15** Sporting
Triumphs **7.30** Live ATP Tennis. The Rio Open.
2.00am Super League Fulltime **2.30** Cricket's
Greatest **3.00** One-Day International Cricket
4.00 Cricket's Greatest **5.00** Sporting Triumphs
5.15 Cricket's Greatest **5.30** Sporting Triumphs

SKY SPORTS 3
Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **8.00**
World Club Series Rugby League Highlights **8.15**
Sporting Triumphs **8.30** Sky Sports Boxing Gold
9.00 Sporting Heroes: Ellery Hanley Interviews
Frank Bruno **10.00** World Club Series Rugby
League Highlights **10.15** Legends Of Darts **10.30**
Sporting Records **11.00** Racing News **11.30**
Sporting Triumphs **12.00noon** Sporting Rivalries
1.00 Sky Sports Years **2.00** Sporting Records **3.00**
Great Sporting Moments **4.00** Legends Of Darts
4.45 Darts Gold **5.00** Fight Night **7.00** Sky Sports
Boxing Gold **7.30** Spanish Football Gold **7.40** Live
La Liga Football. Malaga v Las Palmas (Kick-off
7.45pm). **9.40** Spanish Football Gold **9.50** Spanish
Football Gold **10.00** Super League Fulltime **10.30**
Sky Sports Boxing Gold. Scott Quigg v Jamie Arthur
and Scott Quigg v William Prado. **11.30** Sporting
Triumphs **12.00midnight** Time Of Our Lives **1.00**
Sporting Greats **2.00** Super League Gold **2.30** Sky
Sports Cricket Gold **3.00** Sky Sports Years **4.00**
Great Sporting Moments **5.00** Sporting Rivalries

BT SPORT 1
Sky 413 Virgin 531

5.00am UEFA Champions League Highlights **6.00**
Test Bowls: England V Scotland **7.00** Live WTA
Tennis: Dubai **1.00pm** BT Sport Reload **1.15** The
Outdoor Sports Show **1.45** Vanarama National
League Highlights **2.15** European Football Show
3.00 Live WTA Tennis: Dubai **7.00** Dortmund:
The Special Connection **7.30** NBA Inside Stuff
8.00 NBA. The All-Star Game. **10.00** European
Football Show Extra **10.30** Global Goals. A round-
up of the greatest goals from around the world,
all accompanied by some great music. **11.00**
Cricket: WICB Regional Super50 **12.00midnight**
Live College Basketball. Florida State Seminoles v
Boston College Eagles (Tip-off 12.00am). **2.00** Live
College Basketball. Texas Tech Red Raiders v Iowa
State Cyclones. **4.00** Vanarama National League
Highlights **4.30** FA Cup: Fifth Round Highlights

EUROSPORT 1
Sky 410 Virgin 523

7.15am World Superbikes **10.15** Alpine Skiing
11.15 Figure Skating **12.45pm** Luge **1.30** Alpine
Skiing **2.30** Biathlon **3.30** Cycling: Tour Of
Andalusia **4.30** Cycling: Volta Ao Algarve **5.30**
Track Cycling World Cup **7.30** Alpine Skiing.
Highlights of the 2017 Alpine Skiing World
Championships. **8.30** Biathlon. The World
Championships from Hochfilzen, Austria. **9.30**
Snooker: Welsh Open. The seventh day. **11.30**
Eurosport News **11.35** Queensbury Boxing League
12.35am FIFA World **1.05** Eurosport News

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.33 The Radio 1 Breakfast Show With Nick
Grimshaw **10.00** Clara Amfo **12.45** Newsbeat
1.00 Scott Mills **4.00** Greg James **5.45** Newsbeat
6.00 Greg James **7.00** Mistajam **9.00** Radio 1's
Specialist Chart With Phil Taggart **10.02** Huw
Stephens **1.00** Friction **4.00** Adele Roberts

RADIO 2 (FM: 88-90.2MHz)

5.00 Vanessa Feltz **6.30** Chris Evans. Music
and topical chat. **9.30** Ken Bruce **12.00**
Paddy O'Connell **2.00** Steve Wright In The
Afternoon **5.00** Simon Mayo **7.00** Paul Jones.
A collaborative session by harpists Bily Branch,
James Harman and 'Magic' Dick Salwitz. **8.00** Jo
Whiley. A mix of new music and classic album
tracks, with guests dropping in to the studio to
chat. **10.00** Johnnie Walker's Long-Players
11.00 David Rodigan **12.00** Johnnie Walker's
Sounds Of The 70s **2.00** Radio 2's Jazz Playlist
3.00 Radio 2 Playlist: Great British Songbook
4.00 Radio 2 Playlists: Hidden Treasures

RADIO 3 (FM: 90.2-92.4MHz)

6.30 Breakfast **9.00** Essential Classics **12.00**
Composer Of The Week: Gade **1.00** News **1.02**
Radio 3 Lunchtime Concert **2.00** Afternoon On
3 **4.30** In Tune **6.30** Composer Of The Week:
Gade **7.30** Radio 3 In Concert **10.00** Music
Matters **10.45** The Essay: The Other Auld Alliance
11.00 Jazz Now **12.30** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day
5.45 Farming Today **5.58** Tweet Of The Day
6.00 Today **9.00** Start The Week **9.45** (LW) Daily
Service **9.45** (FM) Book of the Week: Deaths
Of The Poets **10.00** Woman's Hour **11.00** The
English Fix **11.30** Chain Reaction **12.00** News
12.01 (LW) Shipping Forecast **12.04** Witness
12.15 You And Yours **12.57** Weather **1.00**
The World At One **1.45** The Untold **2.00** The
Archers **2.15** Drama: What Will Survive **3.00**
Brain Of Britain **3.30** The Food Programme
4.00 Writing A New Caribbean **4.30** The Infinite
Monkey Cage **5.00** PM **5.54** (LW) Shipping
Forecast **5.57** Weather **6.00** Six O'Clock News
6.30 Just A Minute. New series. The comedy
panel show returns for its 77th series. **7.00**
The Archers. Eddie goes a step too far. **7.15**
Front Row. Arts programme. **7.45** 44 Scotland
Street. By Alexander McCall Smith. **8.00** The
Philosopher's Arms. Matthew Sweet debates if
a Jaffa cake is a cake or a biscuit. **8.30** Analysis.
Part one of two. Rosie Campbell examines the
bias that voters bring to the ballot box. **9.00** The
Rise Of The Robots. Adam Rutherford explores
people's relationship with contemporary robots.
9.30 Start The Week. With Elaine Feinstein,
Rebecca Daniels and Ryan Wigglesworth. **9.59**
Weather **10.00** The World Tonight **10.45** Book
at Bedtime: The Underground Railroad **11.00**
Word Of Mouth **11.30** Today In Parliament
12.00 News And Weather. The latest news
headlines. **12.30** Book of the Week: Deaths
Of The Poets **12.48** Shipping Forecast **1.00** As
BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MW: 909, 693KHz)

5.00 Morning Reports **5.15** Wake Up To Money
6.00 5 Live Breakfast **10.00** 5 Live Daily With
Adrian Chiles **1.00** Afternoon Edition **4.00** 5 Live
Drive **7.00** 5 Live Sport **7.55** FA Cup Football
2016-17 **10.00** Flintoff, Savage And The Ping
Pong Guy **10.30** Phil Williams **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

6.00 More Music Breakfast **9.00** John Suchet
1.00 Bill Turnbull **5.00** Classic FM Drive **7.00**
Smooth Classics At Seven **8.00** The Full Works
Concert **10.00** Smooth Classics **1.00** Sam Pittis

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Good Morning Scotland **9.00** The Kaye
Adams Programme **12.00** John Beattie **1.32**
Personal Best **2.00** Bulletin. The latest news
headlines. **2.05** The Janice Forsyth Show **4.00**
Newsdrive **6.30** (FM) Get It On With Bryan
Burnett **6.30** (MW) Sportsound **7.30** (MW) Get
It On With Bryan Burnett. Music show in which
listeners can make requests by telephoning 0500
929500, texting 80295 or e-mailing getiton@
bbc.co.uk. **9.00** Bulletin. The latest headlines.
9.05 Vic Galloway. Featuring live sessions,
new material from the best alternative artists,
forthcoming releases and first plays for Scotland's
best new bands. **11.00** Bulletin. Latest headlines.
11.05 Roddy Hart **1.00** As Radio 5 Live

BBC 1



EastEnders, 7.30pm

6.00 Breakfast (S) (W) (HD) **9.15** Britain's Home Truths (S) (W) (HD) **10.00** Homes Under The Hammer (HD) **11.00** Wanted Down Under Revisited (HD) **11.45** Oxford Street Revealed (rpt) (HD) **12.15** Bargain Hunt (rpt) (HD) **1.00** BBC News At One, (S) Weather (W) (HD) **1.30** Local News, (S) Weather (W) **1.45** Doctors (S) (W) (HD) **2.15** The Coroner (rpt) (S) (W) (HD) **3.00** Escape To The Country (rpt) (S) (W) (HD) **3.45** The Farmers' Country Showdown (S) (W) (HD) **4.30** Flog It! (rpt) (S) (W) (HD) **5.15** Pointless (rpt) (S) (W) (HD)

6.00 **BBC NEWS AT SIX, WEATHER** (W) (HD)
6.30 **LOCAL NEWS, WEATHER** Regional bulletin. (W)
7.00 **THE ONE SHOW** Another mix of nationwide reports and live studio-based chat, hosted by Matt Baker and Michelle Ackerley. (S) (W) (HD)
7.30 **EASTENDERS** A visit from the social worker leads to an argument between Denise and Kim, Mick realises the problems with the Vic are worse than he first thought and an excited Ben and Jay move into their new home. (HD) Followed by BBC News. (HD)
8.00 **HOLBY CITY** (20/52) Isaac's dark side comes to the surface as his relationship with Dominic reaches breaking point when he suspects he may have spent a night with another man. Serena's mentoring of Jasmine gives Morven cause for concern and as Hector is taken ill, Mo and Mr T start to reassess their work-life balance. (S) (W) (HD)
9.00 **DIY SOS: THE BIG BUILD** When Terry Guest had a brain injury, he was left with severe disabilities and the only care available for him was an old people's dementia care home, where he remained for several years. Presented by Nick Knowles. (W)
10.00 **BBC NEWS AT TEN, WEATHER** (S) (W) (HD)
10.30 **LOCAL NEWS, WEATHER** Regional bulletin. (W) Followed by National Lottery Update. (S) (W)
10.45 **IMAGINE – SHE SPOKE THE UNSPEAKABLE** Egyptian author Nawal El Saadawi relives her life, addressing some of the world's biggest challenges in a surprising and personal way. (S) (W) (HD)
11.45 **WHO DO YOU THINK YOU ARE?** (8/10) Warwick Davis starts his research with his paternal grandmother Edith, who led to his big break at the age of 11 when she heard an advert looking for cast members for a new film. (rpt) (S) (W) (HD) Followed by Weather For The Week Ahead. (S) (W) (HD)

12.50 BBC News. Catch up with the latest headlines. (W) (HD)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



Inside No 9, 10pm

6.00 My Life In Books (rpt) **6.30** Wanted Down Under Revisited (rpt) (HD) **7.15** The Farmers' Country Showdown (rpt) (HD) **8.00** Sign Zone: Great British Menu (rpt) (SL) (S) (W) **9.00** Victoria Derbyshire (S) (W) (HD) **11.00** BBC Newsroom Live (S) (W) (HD) **12.00** Daily Politics (S) (W) (HD) **1.00** Countryfile (rpt) (S) (W) (HD) **1.10** The Super League Show **1.55** Landward (S) (W) (HD) **2.25** Mountain (rpt) (S) (W) (HD) **3.25** The Blue Planet (rpt) (S) (W) **4.25** A Place To Call Home (S) (W) (HD) **5.15** Antiques Road Trip (rpt) (S) (W) (HD)

6.00 **EGGHEADS** (117/140) Quiz hosted by Jeremy Vine, in which the winners of famous gameshows work as a team to tackle a new set of challengers. (rpt) (HD)
6.30 **GREAT CONTINENTAL RAILWAY JOURNEYS** (2/10) Part two of two. Arriving in Istanbul, Michael Portillo orients himself with a boat trip on the Bosphorus, a much fought over stretch of water, and crosses from Europe to Asia. (W) (HD)
7.00 **THE HAIRY BIKERS' CHICKEN AND EGG** (4/6) Si King and Dave Myers examine the origins of southern fried chicken, one of the world's favourite fast foods, and in Texas they cook up their biker buffalo wings. (rpt) (S) (W) (HD)
8.00 **FURTHER BACK IN TIME FOR DINNER** (5/6) The Robshaws enter the 1940s and experience a decade dominated by war and entirely fuelled by rations, including powdered egg, nettles on toast and imitation brawn. (S) (W) (HD)
9.00 **THE DRUG TRIAL: EMERGENCY AT THE HOSPITAL** In 2006, eight healthy men took part in a drug trial that went wrong. This drama-documentary tells the story of one of the most infamous medical emergencies in history. (W) (HD)
10.00 **INSIDE NO 9** (2/6) An argument about a restaurant bill spirals out of control. (S) (W) (HD)
10.30 **NEWSNIGHT, WEATHER** (S) (W) (HD)
11.15 **SPECIAL FORCES – ULTIMATE HELL WEEK** Reggie Yates brings the contestants to South Korea to train under an officer from the Underwater Demolition Team. The recruits face a series of challenges, including dragging truck tyres up hills, carrying boats on their heads and facing the unusual exercise known as the Thinking Man Position. (rpt)

12.15 SAS: Rogue Warriors (rpt) (S) (W) (HD) **1.15** Sign Zone: Our Dancing Town (rpt) (SL) (S) (W) **2.15** Sign Zone: Royal Recipes (rpt) (SL) (S) (W) **3.00** This Is BBC Two (S) (HD)

ITV



Emmerdale, 7pm

6.00 Good Morning Britain (W) (HD) **8.30** Lorraine (W) (HD) **9.25** The Jeremy Kyle Show (W) (HD) **10.30** This Morning (W) (HD) **12.30** Loose Women (W) (HD) **1.30** ITV News, Weather (W) **1.55** Local News, Weather (W) **2.00** Judge Rinder (W) (HD) **3.00** James Martin's French Adventure (W) (HD) **3.59** Local Weather (W) **4.00** Tipping Point (W) (HD) **5.00** The Chase (W) (HD)

6.00 **LOCAL NEWS, WEATHER** Regional bulletin. (W)
6.30 **ITV NEWS, WEATHER** Latest headlines. (W)
7.00 **EMMERDALE** Debbie stills wants to go with Sarah when she goes overseas for treatment, Laurel confides in Will on the anniversary of Daniel's death and Paddy discusses his love life with Marlon. (HD)
7.30 **NEW SERIES** **BRITAIN'S BUSIEST MOTORWAY** (1/6) Documentary, charting the work of the men and women who toil behind the scenes to keep the M25 running, including maintenance workers Jack and Jamie. (W) (HD)
8.00 **TALES FROM THE COAST WITH ROBSON GREEN** (4/4) The actor's tour of the UK's coastal landscape concludes as he visits Essex and Suffolk, beginning with the salt marshes of the Blackwater Estuary, where he tries to run the route of the Maldon Mud Race. At Clacton-on-Sea, Robson reunites a group of Mods and Rockers, who previously made headlines via a dramatic clash on the resort town's beach in 1964. (W) (HD)
9.00 **SECRET LIFE OF DOGS** Martin Clunes details why the fact that dogs share more than 99 per cent of their DNA with grey wolves might explain why they make such loyal family pets. Last in the series. (HD)
10.00 **ITV NEWS, WEATHER** Latest headlines. (W)
10.30 **LOCAL NEWS, WEATHER** Regional bulletin. (W)
10.40 **TAKE ME OUT CELEBRITY SPECIAL** James 'Arg' Argent, Melvin Odoom and Nile Wilson try to impress 30 single women and win a date – but must get the female participants to keep their lights on as a sign of approval. (rpt) (W) (HD)
11.40 **FILM** **CARRY ON HENRY** (1971) Henry VIII needs an excuse to rid himself of his new French wife, so tries to make it look like she is having an affair. Comedy, starring Sid James, Joan Sims, Kenneth Williams and Charles Hawtrey. (W)

1.15 Jackpot247. Live interactive gaming. (W) **3.00** Loose Women (rpt) (W) (HD) **3.50** ITV Nightscreen (W) (HD) **5.05** The Jeremy Kyle Show (rpt) (SL) (W) (HD)

REGIONAL VARIATIONS

BBC1 SCOTLAND As BBC1 except: **8.00-9.00** River City
BBC1 NORTHERN IRELAND As BBC1 except: **6.55-7.00** Party Election Broadcast **10.40** Spotlight **11.10** Imagine – She Spoke the Unspeakable **12.10** Who Do You Think You Are? **1.10** BBC News
BBC2 WALES As BBC2 except: **1.55-2.25** Beat the Brain. Popular quiz show. **3.25-4.25** Italy Unpacked. Andrew Graham-Dixon and Giorgio Locatelli conclude their trip up the east coast by visiting the Veneto region, beginning their journey by harvesting clams that Giorgio uses in a pasta dish.
BBC2 NORTHERN IRELAND As BBC2 except: **5.15** Bargain Hunt. Two teams search for bargains that will generate a profit

at Peterborough antiques fair with the help of experts Catherine Southon and Thomas Plant. Plus, presenter Tim Wonnacott discovers something that would please many a horse-lover. **5.55** Party Election Broadcast **11.15** True North: Kick Me **11.55** Cradle to Grave **12.25** QI XL **1.10** Wild on Water – Coastal Guardians **S4C 7.00** Cyw: Pingu **7.05** Cyw: Octonots **7.15** Cyw: Cwn yr Octonots **7.20** Cyw: Guto Gwningen **7.30** Cyw: Deian a Loli **7.45** Cyw: Nodi **8.00** Cyw: Stiwr **8.10** Cyw: Dip Dap **8.15** Cyw: Cymylybychain **8.30** Cyw: Chwedlau Tinga Tinga **8.40** Cyw: Peppa **8.45** Cyw: Meic y Marchog **9.00** Cyw: Falmair' Fuwch **9.10** Cyw: Hafod Haul **9.25** Cyw: Tomos a'i Ffrindiau **9.35** Cyw: Abadas **9.45** Cyw: Y Dywysoges Fach **10.00** Cyw: Y Teulu Mawr **10.10** Cyw:

Heulwen a Llew **10.20** Cyw: ABC **10.35** Cyw: Bobi Jac **10.45** Cyw: Pentre Bach **11.00** Cyw: Pingu **11.05** Cyw: Octonots **11.15** Cyw: Cwn yr Octonots **11.20** Cyw: Guto Gwningen **11.30** Cyw: Deian a Loli **11.45** Cyw: Nodi **12.00** Cyw: Stiwr **12.10** Cyw: Dip Dap **12.15** Cyw: Cymylybychain **12.30** Cyw: Chwedlau Tinga Tinga **12.40** Cyw: Peppa **12.45** Cyw: Meic y Marchog **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Loriau Mansel Davies a'i Fab **3.30** Y Salon **4.00** Awr Fawr **5.00** Stwnsh: Sgorio **5.25** Stwnsh: Tag **6.00** Pobol y Cwm **6.25** Newyddion S4C a'r Tywydd **6.30** Llys Nini **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Ward Plant **9.00** Newyddion 9 a'r Tywydd **9.30** Y Byd ar Bedwar **10.00** Noson Lawen **11.00** Clwb2

CHANNEL 4



UK's Best Place To Live, 8pm

6.00 Countdown (rpt) (HD) **6.45** The King Of Queens (rpt) **7.10** The King Of Queens (rpt) **7.35** The King Of Queens (rpt) **8.00** Everybody Loves Raymond (rpt) **8.35** Everybody Loves Raymond (rpt) **9.05** Frasier (rpt) **9.35** Frasier (rpt) **10.05** Undercover Boss USA (rpt) (HD) **11.00** Ramsay's Kitchen Nightmares USA (rpt) **12.00** News (HD) **12.05** A New Life In The Sun (rpt) (HD) **1.05** Find It, Fix It, Flog It (rpt) (HD) **2.10** Countdown (HD) **3.00** Fifteen To One (HD) **4.00** A Place In The Sun (HD) **5.00** Come Dine With Me (rpt) (HD)

6.00 THE SIMPSONS Homer fears the end of the world is imminent and urges the people of Springfield to join him in preparing to meet their maker – but his dire predictions prove wildly inaccurate. (rpt)

6.30 HOLLYOAKS Tegan and Courtney are confused by an angry outburst from Leela and think there is more to it, while John Paul and Ste reconnect. (HD)

7.00 CHANNEL 4 NEWS Latest headlines. (HD)

8.00 UK'S BEST PLACE TO LIVE Sarah Beeny reveals the United Kingdom's most desirable place to live. With the help of analysis of key factors, she travels around the UK looking for good affordable housing, best job prospects, reasonable child care, quality of family life and of social life. At the end of the show she reveals which location scores best. (HD)

9.00 24 HOURS IN A&E Cameras focus on the ups and downs of family life and how people pull together to get through them. Among the patients is Pam, 53, who is admitted to A&E after suffering a suspected heart attack. There's also a profile of ten-year-old Cora, who is rushed to St George's after being thrown from a horse into a tree. (HD)

10.00 STAYING HEALTHY: A DOCTOR'S GUIDE Dr Pixie McKenna examines the NHS's health data to reveal what made people ill in 2016, and reveals why it is not just cold and flu cases that rocket when kids return to school. (HD)

11.00 THIS IS US (12/18) Rebecca's approaching due date causes her to forget Jack's birthday, while Dr K struggles to carry on following the death of his wife. Drama, starring Mandy Moore. (HD)

12.00 Revenge Porn. What happens when someone maliciously shares intimate photos of another person without consent. (rpt) (HD) **12.55** KOTV Boxing Weekly (HD) **1.25** Gillette World Sport **1.50** Ramsay's Hotel Hell (rpt) (HD) **2.40** The Changing Room (rpt) (HD) **3.30** Shipping Wars UK (rpt) (HD) **4.10** Phil: Secret Agent Down Under (rpt) (SL) (HD)

● All programme details are correct at time of going to press

5STAR

6.00am Teleshopping **8.00** 8 Simple Rules **8.20** Dance Moms **9.10** Dance Moms **10.05** 8 Simple Rules **11.00** 100 Per Cent Hotter **12.00noon** Can't Pay? We'll Take It Away **1.00** Dance Moms **2.00** Can't Pay? We'll Take It Away **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** Benefits: 26 Kids and Claiming **9.00** The Magicians **10.00** Emerald City **11.00** 100 Per Cent Hotter **12.00midnight** Sex Pod **1.00** Teen Wolf

CHANNEL 5



Secrets Of The National Trust With Alan... 9pm

6.00 Milkshake! Pip Ahoy! (rpt) (HD) **6.10** Lily's Driftwood Bay (rpt) (HD) **6.20** Little Princess (rpt) **6.30** Paw Patrol (rpt) (HD) **6.45** Bob The Builder (rpt) (HD) **6.55** Fireman Sam (rpt) (HD) **7.05** Thomas (rpt) **7.20** Monkey (rpt) **7.25** Shimmer And Shine (HD) **7.35** Noddy (rpt) (HD) **7.50** Paw Patrol (rpt) (HD) **8.05** Ben And Holly's Little Kingdom (rpt) **8.15** Digby Dragon (HD) **8.30** Peppa Pig (rpt) **8.40** Peppa Pig (rpt) **8.50** Wissper (rpt) (HD) **9.00** Toot The Tiny Tugboat (rpt) (HD) **9.15** The Wright Stuff (HD) **11.15** GPs: Behind Closed Doors (rpt) (HD) **12.10** 5 News (HD) **12.15** The Nightmare Neighbour Next Door (rpt) (HD) **1.15** Home And Away (HD) **1.45** Neighbours (HD) **2.15** NCIS: Los Angeles (rpt) (HD) **3.15** FILM: The Nightmare Nanny (2013) Thriller, starring Ashley Scott. (HD) **5.00** 5 News (HD) **5.30** Neighbours (rpt) (HD)

6.00 HOME AND AWAY Justin and Kat risk their lives trying to find out if Ranae is part of the syndicate, while Brody thinks the family should run in the wake of Decker's death. (rpt) (HD)

6.30 5 NEWS TONIGHT Latest headlines. (HD)

7.00 STORM SURGE: WINTER ROAD RESCUE (2/4) An RAC patrolman battles a blizzard to get to a woman whose car has broken down and coastguards have their work cut out as a red alert is issued for a huge tidal surge in Lowestoft. (rpt) (HD)

8.00 INSIDE WINDSOR CASTLE (2/4) A look back at the series of events that shaped the monarchy between 1936 and 1952, using dramatic reconstructions and an extraordinary archive of film. (W) (HD) Followed by 5 News Update. (HD)

9.00 SECRETS OF THE NATIONAL TRUST WITH ALAN TITCHMARSH (3/6) Alan visits Attingham Hall in Shropshire to tell the story of the second Baron Berwick, the profligate 19th Century owner who squandered the family fortune. (HD)

10.00 CELEBRITY CARRY ON BARGING (2/4) On the second leg of the jaunt along the Kennet & Avon canal, Simon Callow lets his love of history steer the way to a forgotten waterway. (rpt) (HD)

11.05 I'M 20 BUT LOOK 60: EXTRAORDINARY PEOPLE Catching up with Zara, the Rotherham teenager with lipodystrophy, a rare genetic condition that causes her to look four decades older. (rpt) (HD)

12.05 The Great British Benefits Handout (rpt) **1.00** SuperCasino **3.10** GPs: Behind Closed Doors (rpt) (HD) **4.00** Tattoo Disasters UK (rpt) (HD) **4.25** Tattoo Disasters UK (rpt)

5USA

6.00am Teleshopping **9.00** Access **9.10** Longmire **10.00** Law & Order **11.00** Law & Order **12.00noon** CSI: Miami **1.00** NCIS **2.00** Castle **3.00** Longmire **4.00** Law & Order **5.00** Law & Order **6.00** CSI: Miami **7.00** NCIS **8.00** NCIS **9.00** Law & Order: Special Victims Unit **10.00** Law & Order: Special Victims Unit **11.00** Law & Order: Special Victims Unit. Munch investigates the rape and beating of a mute girl. **12.00midnight** Rookie Blue **1.00** CSI: Miami **2.00** CSI: Miami **3.00** Chicago PD **4.00-6.00** Teleshopping

TUESDAY

21 FEBRUARY 2017



CRITIC'S CHOICE

BY MIKE WARD

SECRET LIFE OF DOGS

9pm, ITV ★ ★ ★ ★

I think we've established by now that dogs are a whole lot brighter than we give them credit for. Even so, there's one story tonight which almost defies belief. It's that of Pero, a Welsh sheepdog who ran away from the new farm where he'd been sent to work and found his way back home – a journey of 400 miles.

INSIDE NO 9

BBC2, 10pm ★ ★ ★ ★ ★

Deliciously dark, exquisitely inventive (I don't normally speak like this, I'm just hoping it'll get me quoted in their trailers), Steve Pemberton and Reece Shearsmith's wittily skewed short stories are a rare treat in today's bloated TV landscape. The first of series three finds four pals out for a meal – an occasion that turns a tad weird when the bill arrives. Philip Glenister and Jason Watkins guest star. See page 17.

BILLIONS

9pm, Sky Atlantic ★ ★ ★ ★ ★

Billionaire Bobby Axelrod (Damian Lewis) and US attorney Chuck Rhoades (Paul Giamatti), are at each other's throats like never before as we begin series two of this high-finance thriller.



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The Curious Case Of Benjamin Button

10.15pm, Sky Cinema Oscars/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am Anything For Love (2016) PG **7.35 Miracles From Heaven** (2016) 12 Drama, starring Jennifer Garner. **9.30 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **11.10 The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **1.00pm Anything For Love** (2016) PG Romantic comedy, starring Erika Christensen. **2.35 McCanick** (2013) 15 Premiere. Crime drama, starring David Morse. **4.20 Fathers and Daughters** (2015) 15 Drama, starring Russell Crowe. **6.20 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **8.00 The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **9.50 McCanick** (2013) 15 Premiere. Crime drama, starring David Morse. **11.30 The Goob** (2014) 18 Drama, starring Liam Walpole. **1.00am Fathers and Daughters** (2015) 15 **3.00 Miracles From Heaven** (2016) 12 Drama, starring Jennifer Garner and Kylie Rogers. **5.00 The Lego Batman Movie: Special** **5.30 Everest: Sky Movies Special**

SKY CINEMA COMEDY Sky 308 Virgin 438

6.00am Lessons in Love (2014) 15 **7.45 The Top Ten Show 2017** **8.00 The Holiday** (2006) 12 **10.20 Galaxy Quest** (1999) PG With Tim Allen. **12.10pm Dad's Army** (2016) PG With Toby Jones. **1.55 Big Hero 6 Special** **2.25 The Devil Wears Prada** (2006) PG With Meryl Streep. **4.25 Paul Blart: Mall Cop 2** (2015) PG With Kevin James. **6.10 Sister Act** (1992) PG With Whoopi Goldberg. **8.00 Get Hard** (2015) 15 With Will Ferrell. **9.45 Dad's Army** (2016) PG With Toby Jones. **11.30 Police Academy 7: Mission to Moscow** (1994) PG With George Gaynes. **1.00am Deuce Bigalow: European Gigolo** (2005) 15 With Rob Schneider. **2.30 Eddie Murphy: Raw** (1987) 18 No-holds-barred stand-up. **4.10 The Pink Panther Strikes Again** (1976) PG

SKY CINEMA ACTION Sky 307 Virgin 437

6.15am X-Men Origins: Wolverine (2009) 12 **8.15 Once Upon a Time in Mexico** (2003) 15 **10.10 Deadpool** (2016) 15 With Ryan Reynolds. **12.10pm Swordfish** (2001) 15 With John Travolta. **2.05 Extraction** (2015) 15 With Bruce Willis. **3.50 Everest** (2015) 12 With Jason Clarke. **6.00 X-Men Origins: Wolverine** (2009) 12 With Hugh Jackman. **8.00 Deadpool** (2016) 15 With Ryan Reynolds. **10.00 Once Upon a Time in Mexico** (2003) 15 With Antonio Banderas. **11.45 The Mummy** (1999) 12 With Brendan Fraser. **1.55am Everest** (2015) 12 With Jason Clarke. **4.00 The Magnificent Seven** (1960) PG With Yul Brynner.

SKY CINEMA FAMILY Sky 306 Virgin 436

6.10am Daddy Day Care (2003) PG Family comedy, starring Eddie Murphy. **7.45 Ice Age**

(2002) U Animated adventure. **9.10 Ice Age: The Meltdown** (2006) U Animated adventure sequel, with the voice of Ray Romano. **10.45 A Warrior's Tail** (2015) PG Animated fantasy, with the voice of Milla Jovovich. **12.15pm Minions** (2015) U Animated comedy, with the voice of Sandra Bullock. **1.50 Monster House** (2006) PG Animated comedy horror, with the voice of Mitchel Musso. **3.30 Ice Age** (2002) U Animated adventure, with the voice of John Leguizamo. **4.55 Ice Age: The Meltdown** (2006) U Animated adventure sequel, with the voice of Ray Romano. **6.30 A Warrior's Tail** (2015) PG Animated fantasy, with the voice of Milla Jovovich. **8.00 Minions** (2015) U Animated comedy, with the voice of Sandra Bullock. **9.40 Daddy Day Care** (2003) PG Family comedy, starring Eddie Murphy. **11.15 Aquamarine** (2006) PG Fantasy comedy, starring Sara Paxton. **1.00am Paulie** (1998) U Family adventure. **2.35 Monster House** (2006) PG Animated comedy horror. **4.10 Aquamarine** (2006) PG Fantasy comedy.

SKY CINEMA DRAMA Sky 310 Virgin 440

6.00am Charlie Wilson's War (2007) 15 **7.50 Beyond the Sea** (2004) 12 With Kevin Spacey. **9.50 To Sir, with Love** (1967) PG With Sidney Poitier. **11.40 Woman in Gold** (2015) 12 **1.40pm Gridiron Gang** (2006) 12 With Dwayne Johnson. **3.55 The Way We Were** (1973) PG With Barbra Streisand. **6.00 Far from the Madding Crowd** (2015) 12 With Carey Mulligan. **8.00 Steve Jobs** (2015) 15 With Michael Fassbender. **10.10 Concussion** (2015) 12 With Will Smith. **12.20am Boulevard** (2014) 15 With Robin Williams. **1.55 The Physician** (2013) 15 With Tom Payne. **4.35 The Inn of the Sixth Happiness** (1958) PG

SKY CINEMA OSCARS Sky 304 Virgin 434

6.00am The Ten Commandments (1956) U Biblical epic. **9.40 Babe** (1995) U Family comedy, starring James Cromwell. **11.15 Erin Brockovich** (2000) 15 Oscar-winning fact-based drama, starring Julia Roberts. **1.30pm The Curious Case of Benjamin Button** (2008) 12 Fantasy drama, starring Brad Pitt. **4.15 Moulin Rouge!** (2001) 12 Romantic musical, starring Ewan McGregor and Nicole Kidman. **6.25 Babe** (1995) U Family comedy, starring James Cromwell. **8.00 Erin Brockovich** (2000) 15 Oscar-winning fact-based drama, starring Julia Roberts. **10.15 The Curious Case of Benjamin Button** (2008) 12 Fantasy drama, starring Brad Pitt. **1.00am Dog Day Afternoon** (1975) 15 Fact-based drama. **3.05 Doctor Dolittle** (1967) U Musical comedy. **5.40 Oscars 2017 Nominations Special**

TCM Sky 317 Virgin 415

6.00am Hollywood's Best Film Directors (51/91) **6.30 Hollywood's Best Film Directors**

(15/30) **8.15 Rawhide** (16/30) **9.30 The Lion and the Horse** (1952) PG Western, starring Steve Cochran. **11.15 Bad Men of Tombstone** (1949) U Western, starring Barry Sullivan. **12.45pm Rawhide** (17/30) **1.50 Rawhide** (18/30) **3.00 Rio Bravo** (1959) PG Western, with John Wayne and Dean Martin. **5.50 Wolf Larsen** (1958) PG Sea-faring adventure. **7.35 Apache Trail** (1942) U Western, starring William Lundigan. **9.00 The Two Jakes** (1990) 15 Detective thriller sequel, starring Jack Nicholson. **11.45 Money Talks** (1997) 18 Comedy. **1.55am Conspiracy Theory** with Jesse Ventura (3/8) **2.50 Conspiracy Theory** with Jesse Ventura **3.50 Hollywood's Best Film Directors** **4.30 Hollywood's Best Film Directors** **5.00 Hollywood's Best Film Directors** **5.40 Hollywood's Best Film Directors**

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am The Tall T (1957) PG Western, starring Randolph Scott. **12.40pm Mrs Pollifax - Spy** (1971) PG Espionage comedy, starring Rosalind Russell. **2.55 The Great Sioux Uprising** (1953) U Western adventure, starring Jeff Chandler. **4.35 Sands of Iwo Jima** (1949) PG Second World War adventure, starring John Wayne. **6.45 Terminal Velocity** (1994) 15 Action thriller, starring Charlie Sheen. **9.00 GI Joe: Retaliation** (2013) 12 Action adventure sequel, starring Dwayne Johnson. **11.10 The Girl with the Dragon Tattoo** (2009) 18 Mystery thriller, starring Michael Nyqvist and Noomi Rapace. **2.10am Pusher** (2012) 18

SKY CINEMA DISNEY Sky 305 Virgin 435

6.45am Lady and the Tramp II: Scamp's Adventure (2001) U Animated sequel, with the voice of Scott Wolf. **8.05 Monsters, Inc** (2001) U Pixar animated comedy, with the voices of John Goodman and Billy Crystal. **9.50 Beauty and the Beast** (1991) U Animated fantasy, with the voice of Paige O'Hara. **11.20 Alice Through the Looking Glass** (2016) PG Fantasy adventure sequel, starring Mia Wasikowska. **1.20pm Bolt** (2008) PG Animated adventure, with the voice of John Travolta. **3.00 Big Hero 6** (2014) PG Animated adventure, featuring the voice of Ryan Potter. **4.45 Monsters, Inc** (2001) U Pixar animated comedy, with the voices of John Goodman and Billy Crystal. **6.30 Alice Through the Looking Glass** (2016) PG Fantasy adventure sequel, starring Mia Wasikowska. **8.30 Tron** (1982) PG Sci-fi adventure, starring Jeff Bridges. **10.10 Homeward Bound: The Incredible Journey** (1993) U Animal adventure, with the voice of Michael J Fox. **11.40 The Adventures of Huck Finn** (1993) U Disney adventure, starring Elijah Wood. **1.40am First Kid** (1996) PG Comedy, starring Sinbad. **3.30 Son of Flubber** (1963) U Comedy sequel, starring Fred MacMurray. **5.25 Beauty and the Beast** (1991) U

SKY I Sky 106 Virgin 110

6.00am Hawaii Five-0 **8.00 Monkey Life** **9.00 Police Force: Australia** **10.00 Nothing To Declare** **11.00 A Town Called Eureka** **12.00noon NCIS: Los Angeles** **1.00 Hawaii Five-0** **3.00 NCIS: Los Angeles** **4.00 Futurama** **4.30 Modern Family** **5.30 Futurama** **6.30 The Simpsons** **7.00 The Simpsons** **7.30 The Simpsons** **8.00 Supergirl** **9.00 Ross Kemp Libya's Migrant Hell** **10.30 Hawaii Five-0** **11.30 Air Ambulance ER** **12.30am Most Daring** **1.30 Brit Cops: War On Crime** **2.30 Stop, Search, Seize** **3.30 RSPCA Animal Rescue** **5.30 Futurama**

SKY ATLANTIC Sky 108

6.00am Richard E Grant's Hotel Secrets **7.00 Urban Secrets** **8.00 The West Wing** **10.00 House** **11.00 Without A Trace** **1.00pm Blue Bloods** **2.00 The Petrol Age** **3.00 The West Wing** **5.00 House** **6.00 Without A Trace** **7.00 Without A Trace** **8.00 Blue Bloods** **9.00 Billions** **10.10 Crashing** **10.45 Pete Holmes: Faces And Sounds** **12.00midnight Billions** **1.10 Blue Bloods** **2.10 The Wire** **3.25 Looking** **4.00 Richard E Grant's Hotel Secrets**

W Sky 109 Virgin 125

6.10am Believe **7.00 Passport Patrol** **8.00 My Dream Home** **9.00 Wanted Down Under** **10.00 The Bill** **11.00 Tipping Point: Lucky Stars** **12.00noon Tipping Point** **1.00 Choccywoccydoodah** **2.00 Wanted Down Under** **3.00 Who Do You Think You Are? USA** **4.00 My Dream Home** **5.00 Extreme Makeover: Home Edition** **6.00 Tipping Point: Lucky Stars** **7.00 Supernanny** **8.00 MasterChef USA** **9.00 Grimm** **10.00 EastEnders** **10.40 Absolutely Fabulous** **11.20 The Call Centre** **12.20am EastEnders** **1.00 Crisis** **2.35 Betty White's Off Their Rockers**

LIFETIME Sky 156 Virgin 208

6.00am Teleshopping **7.00 Judge Judy** **9.00 Masters Of Flip** **10.00 Flipping Vegas** **11.00 Pawn Stars** **12.00noon Masters Of Flip** **1.00 Flipping Vegas** **2.00 Judge Judy** **3.00 The Real Housewives Of New Jersey** **4.00 Dance Moms** **5.00 Little Women: NY** **6.00 Flipping Vegas** **7.00 Judge Judy** **8.00 Child Genius US** **9.00 Ex Isle** **10.00 Kiss, Bang, Love** **11.00 Little Women: Atlanta** **12.00midnight Ex Isle** **1.00 My Ghost Story: Caught On Camera** **2.00 Kiss, Bang, Love**

HISTORY Sky 529 Virgin 270

6.00am Teleshopping **7.00 Pawn Stars** **8.00 American Pickers** **9.00 Storage Wars** **10.00 Forged In Fire** **11.00 Storage Wars** **12.00noon American Pickers** **1.00 Flipping Vegas** **2.00 Disaster Decks** **3.00 Mountain Men** **5.00 Forged In Fire** **6.00 American Pickers** **7.00 Mountain Men** **8.00 American Pickers** **9.00 Pawn Stars** **10.00 Black Sails** **11.15 Drunk History** **12.15am Pawn Stars** **12.45 Black Sails** **2.00 Pawn Stars** **3.00 American Pickers** **4.00 Storage Wars** **5.00 Teleshopping**

COMEDY CENTRAL Sky 112 Virgin 132

8.00am The Middle **9.00 The Fresh Prince Of Bel-Air** **10.00 Friends** **1.00pm Impractical Jokers** **2.00 Friends** **3.00 The Fresh Prince Of Bel-Air** **5.00 Friends** **9.00 Lip Sync Battle** **10.00 Film: Harold & Kumar Get The Munchies** (2004) (15) **12.00midnight I Live With Models** **12.30 Impractical Jokers: British Invasion** **1.30 South Park** **2.30 The Fresh Prince Of Bel-Air** **3.00 Bob's Burgers** **3.25 Impractical Jokers** **4.15 Two And A Half Men** **5.00 Teleshopping**. Home retail.

SKY LIVING Sky 107 Virgin 112

6.00am Border Security: Canada's Front Line **7.00 House Hunters International** **8.00 Nothing To Declare** **9.00 Monkey Life** **10.00 Elementary** **11.00 Cold Case** **12.00noon CSI: Crime Scene Investigation** **1.00 Criminal Minds** **3.00 Stop, Search, Seize** **4.00 UK Border Force** **5.00 Nothing To Declare** **6.00 Elementary** **7.00 CSI: Crime Scene Investigation** **8.00 Shades Of Blue** **9.00 Elementary** **10.00 The Catch** **12.00midnight Criminal Minds** **1.00 Cold Case** **2.00 Criminal Minds** **3.00 Forever** **4.00 Nothing To Declare**

GOLD Sky 110 Virgin 124

7.00am Cheers **8.00 The Green Green Grass** **8.40 The Brittas Empire** **10.00 As Time Goes By** **10.40 Last Of The Summer Wine** **12.40pm Keeping Up Appearances** **2.00 The Brittas Empire** **3.20 Last Of The Summer Wine** **5.20 Gavin & Stacey** **6.40 Keeping Up Appearances** **8.00 Only Fools And Horses** **10.15 Dinnerladies** **11.35 Peep Show** **1.20am Dinnerladies** **2.35 Shooting Stars** **4.00 Home Shopping**. Shopping from home.

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm 100 Days **7.30** Weird Nature **8.00** Planet Earth II **9.00** South Downs: England's Mountains Green **10.00** Russia's Hooligan Army **11.00** Indian Hill Railways **12.00midnight** What A Performance! Pioneers Of Popular Entertainment **1.00** Fig Leaf: The Biggest Cover-up In History **2.00** Good Swan, Bad Swan: Dancing Swan Lake **3.00** Planet Earth II

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am You've Been Framed! Gold **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.30** Ninja Warrior UK **11.30** Take Me Out Celebrity Special **12.30pm** Emmerdale **1.00** Coronation Street **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** Funniest Ever You've Been Framed! Gold **8.00** Two And A Half Men **8.30** Two And A Half Men **9.00** Hell's Kitchen USA **10.00** Celebrity Juice **10.50** Family Guy. Peter runs his father-in-law's company. **11.20** Family Guy **11.45** American Dad! **12.45am** Two And A Half Men **1.40** Totally Bonkers Guinness World Records **2.30** Teleshopping

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am In Loving Memory **6.25** Heartbeat **7.30** Where The Heart Is **8.30** The Royal **9.30** Judge Judy **10.50** Inspector Morse **1.05pm** Heartbeat **2.05** The Royal **3.10** Where The Heart Is **4.15** In Loving Memory **4.50** Rising Damp **5.20** On The Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Midsomer Murders **10.00** Wycliffe **11.05** Prime Suspect IV **1.20am** The Knock **2.15** ITV3 Nightscreen **2.30** Teleshopping. Home retail.

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Gunsmoke **6.55** The Saint **7.50** Hogan's Heroes **8.50** The Professionals **9.50** Ironside **10.55** Gunsmoke **12.00noon** Storage Wars: Texas **12.55** Pawn Stars **1.50** Hogan's Heroes **2.55** Ironside **4.00** The Professionals **5.00** The Saint **6.05** Storage Wars: Texas **7.00** Pawn Stars **7.30** Pawn Stars **8.00** The Chase: Celebrity Special **9.00** Benidorm **10.00 Film:** The Road (2009) (15) Post-apocalyptic drama. **11.00** FYI Daily **11.05 Film:** The Road (2009) (15) Concluded. **12.15am Film:** Conan The Destroyer (1984) (15) Fantasy adventure sequel. **1.15** FYI Daily **1.20 Film:** Conan The Destroyer (1984) (15) Concluded. **2.20** Hogan's Heroes **2.45** ITV4 Nightscreen

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Be Beautiful **9.10** The Only Way Is Essex **10.00** Bethenny Ever After **11.00** The Real Housewives Of Atlanta **12.00noon** Buying And Selling **1.00** Dinner Date **2.00** Dallas Cowboys Cheerleaders **3.00** The Real Housewives Of Miami **4.00** The Real Housewives Of Beverly Hills **6.00** Dinner Date **7.00** Buying And Selling **8.00** Celebrity Dinner Date **9.00** The Real Housewives Of Atlanta **10.00** The Real Housewives Of Orange County **11.00** CELEBrations **12.00midnight** The Jeremy Kyle Show USA **12.55** Teleshopping. Home retail.

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube Shorts **6.10** Made In Chelsea: South Of France **7.00** Hollyoaks **7.30** Coach Trip: Road To Marbs **8.00** Brooklyn Nine-Nine **9.00** Rules Of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00pm** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **5.00** Brooklyn Nine-Nine **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Coach Trip: Road To Marbs **8.00** The Goldbergs **8.30** The Goldbergs **9.00** Tattoo Fixers **10.00** Celebs Go Dating **11.05** The Big Bang Theory **12.05am** Gogglebox **1.10** Celebs Go Dating **2.10** Tattoo Fixers **3.00** Hollyoaks **3.30** The Goldbergs **4.15** Rules Of Engagement

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** A Place In The Sun: Winter Sun **1.45pm** Time Team: Secrets Of A Tudor Mansion **2.45** Time Team **3.50** Great Canal Journeys **4.55** Location, Location, Location **5.55** Car SOS **6.55** The Supervet **7.55** Grand Designs **9.00** Building The Dream **10.00** Obsessive Compulsive Cleaners **11.05** 24 Hours In A&E **12.05am** Ramsay's Kitchen Nightmares USA **1.05** Building The Dream **2.10** Obsessive Compulsive Cleaners **3.10** 8 Out Of 10 Cats Uncut

CBEEBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Show Me Show Me **6.20** Baby Jake **6.30** Alphablocks **6.35** Dinopaws **6.45** Raa Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing

7.25 Postman Pat: SDS **7.40** The Furchester Hotel **7.50** Octonauts **8.05** Go Jetters **8.15** Hey Duggee **8.25** Justin's House **8.50** Kate & Mim-Mim **9.00** Discover And Do: Timmy Time **9.10** Bing **9.20** Patchwork Pals **9.25** Twirlywoos **9.40** Woolly & Tig **9.45** Something Special: Out And About **10.05** Teletubbies **10.20** Numberblocks **10.25** Let's Play **10.45** Small Potatoes **10.50** The Lingo Show **11.00** Mister Maker's Arty Party **11.20** Show Me Show Me **11.40** Waybuloo **12.00noon** I Can Cook With You **12.15** Grandpa In My Pocket **12.30** My Story **12.45** Diddap **12.50** Melody **1.00** Tinga Tinga Tales **1.15** Bing **1.20** Patchwork Pals **1.25** Twirlywoos **1.40** Woolly & Tig **1.45** Something Special: Out And About **2.05** Teletubbies **2.20** Numberblocks **2.25** Let's Play, Small Potatoes **2.45** The Lingo Show **3.00** Mister Maker's Arty Party **3.20** Chuggington **3.30** Big Fun Time: Numtums **3.45** Gigglebiz **4.00** Rastamouse **4.10** School Of Roars **4.20** Messy Goes To Okido **4.35** Andy's Baby Animals **4.45** Peter Rabbit **5.00** Everything's Rosie **5.15** Sarah & Duck **5.20** Go Jetters **5.35** What's The Big Idea? **5.40** Our Family **5.50** Nelly & Nora **6.00** CBeebies Bedtime Hour: Clangers **6.10** The Adventures Of Abney & Teal **6.20** In The Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Joy! Crafts Springtime **8.00** Jewellery Box... with The Southampton Bead Shop **9.00** Paper Craft One Day Special **10.00** Artisan Felting with Eve **11.00** Joy! Crafts By The Sea! **12.00noon** Paper Craft One Day Special **1.00** Handbag Designs with Izzy Meimsaab **2.00** Joy! Crafts Best of The Day **3.00** Craft Yourself Silly **4.00** Paper Craft One Day Special **5.00** Handbag Designs with Izzy Meimsaab **6.00** Craft Yourself Silly **7.00** Paper Craft One Day Special **8.00** Colouricious One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Time Team **7.10** Cash In The Attic **8.00** Time Team **9.00** Monarchy By David Starkey **10.00** Horror In The East **11.00** Coast **12.00noon** Time Team **1.00** Monarchy By David Starkey **2.00** Auf Wiedersehen, Pet **3.00** Whatever Happened To The Likely Lads? **3.40** Yes Minister **4.20** 'Allo 'Allo! **5.00** Time Team **6.00** The World's Weirdest Weapons **7.00** Coast **8.00** World War Weird **9.00** Whatever Happened To The Likely Lads? **9.40** Yes Minister **10.20** 'Allo 'Allo! **10.55** Auf Wiedersehen, Pet **12.05am** World War Weird **1.05** Horror In The East **2.05** Cash In The Attic **3.00** Teleshopping

DAVE Sky 111 Freeview 12 Virgin 127

7.10am Ice Road Truckers **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00noon** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie To You? **4.00** Top Gear **5.00** Red Bull Soapbox Race **6.00** Room 101 **6.40** QI **7.20** Would I Lie To You? **8.00** Scrappers **8.30** Bin There, Dump That **9.00** QI XL **10.00** Alan Davies: As Yet Untitled **11.00** Mock The Week **12.20am** QI **1.00** Alan Davies: As Yet Untitled **2.00** The Last Man On Earth **2.30** Suits **3.25** Gavin & Stacey

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great And Small **11.00** The Bill **1.00pm** As Time Goes By **1.40** Steptoe And Son **2.20** Birds Of A Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great And Small **6.00** Steptoe And Son **6.40** Last Of The Summer Wine **7.20** As Time Goes By **8.00** The Inspector Lynley Mysteries **10.00** New Tricks **11.20** Sharpe **1.20am** Boon **2.20** Champion **3.15** Garden Hopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

6.00am Teleshopping. Home retail. **9.00** NCIS **11.00** The Twilight Zone **12.00noon** Gunsmoke **1.00** Bonanza **2.00** NCIS **4.00** Mission: Impossible **5.00** JAG **6.00** NCIS **7.00** MacGyver **8.00** Walker, Texas Ranger **9.00** NCIS. A US marine is stabbed on the way to his homecoming party. **10.00** NCIS. Ziva becomes involved with a murder suspect. **11.00** Mission: Impossible **12.00midnight** NCIS **2.40** Bonanza **3.40** Walker, Texas Ranger **4.30** The Streets Of San Francisco

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **9.00** Judge Judy **9.55** Hoarders: Family Secrets **10.50** Urban Legends **11.50** 48 Hours: Mystery **12.43pm** Judge Judy **3.15** Hoarders: Family Secrets **4.10** Urban Legends **5.10** Judge Judy **7.00** Medical Detectives **7.30** Medical Detectives **8.00** Unsolved Mysteries **9.00** 48 Hours: Mystery **10.00** Wives With Knives **11.00** Medical Detectives **12.00midnight** Evil Twins **1.00** 48 Hours: Mystery **2.00** Wives With Knives **3.00** Teleshopping. Home retail. **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1 Sky 401 Virgin 511

6.00am Football Gold **7.00** WWE Smackdown Hlts **8.00** Premier League Legends **9.00** Football Gold **9.30** Soccer AM: The Best Bits **10.00** Premier League Legends **11.00** Football Gold **12.00noon** Premier League 100 Club **1.00** Soccer AM: The Best Bits **1.30** Football Gold **2.00** Premier League Legends **3.00** One2Eleven: Stephen Carr **3.15** One2Eleven: Andy Townsend **3.30** One2Eleven: Ray Houghton **3.45** One2Eleven: Tony Cascarino **4.00** Premier League Years **6.00** Revista De La Liga **6.30** Premier League Legends **7.00** Scottish Football Round-Up **7.15** Football Gold. Tranmere Rovers v Leicester City in the 2000 League Cup final. **7.30** Live ATP Tennis. The Rio Open. **2.00am** Football Gold **2.30** Premier League Legends **3.00** One2Eleven: Tony Cascarino **3.15** One2Eleven: Ian Harte **3.30** One2Eleven: Michael O'Neill **3.45** One2Eleven: Steve Lomas **4.00** Premier League 100 Club **5.00** Premier League Legends

SKY SPORTS 2 Sky 402 Virgin 512

6.00am Cricket Classics **7.00** Time Of Our Lives **8.00** Sky Sports Years **9.00** Super League Fulltime **9.30** Cricket's Greatest **10.00** Great Sporting Moments **11.00** Sporting Heroes: Peter Reid Interviews Allan Lamb **12.00noon** Super League Fulltime **12.30** Super League Gold **1.00** Time Of Our Lives **2.00** Sky Sports Years **3.00** Sporting Records **4.00** Cricket's Greatest **5.00** Sporting Greats **6.00** Top 14 Round-Up Show **6.30** Super League Fulltime **7.00** Super League Gold. The 2009 Grand Final. **7.15** Live Netball Superleague. Sirens v Wasps. **9.30** Sportswomen **10.00** Live One-Day International Cricket. New Zealand v South Africa.

SKY SPORTS 3 Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **8.00** Sky Sports Boxing Gold **9.00** Sporting Heroes: Dennis Taylor Interviews Ian Woosnam **10.00** Darts Gold **10.30** Sporting Records **11.00** Racing News **11.30** Sporting Triumphs **12.00noon** Sporting Rivalries **1.00** Sky Sports Years **2.00** Sporting Records **3.00** Great Sporting Moments **4.00** Darts Gold **5.00** Sporting Heroes: Gary Newbon Interviews Sir Roger Bannister **6.00** Sportswomen **6.30** Sky Sports Boxing Gold **7.00** Live Greyhound Racing **9.30** Sky Sports Cricket Gold **9.40** Sky Sports Cricket Gold. South Africa v England. **9.50** Sky Sports Cricket Gold **10.00** La Liga World **10.30** Sporting Records **11.00** Sporting Records **11.30** Super League Gold **11.45** Scottish Football Round-Up **12.00midnight** La Liga World **12.30** Time Of Our Lives **1.30** Sporting Greats **2.00** Super League Gold **3.00** Sky Sports Years **4.00** Great Sporting Moments **5.00** Sporting Rivalries

BT SPORT 1 Sky 413 Virgin 531

5.00am European Football Show Extra **5.30** Global Goals **6.00** Bundesliga Review **7.00** Live WTA Tennis: Dubai **1.00pm** Ladbrokes SPFL Highlights **1.30** Global Goals **2.00** European Football Show Extra **2.30** Game Of The Week **3.00** Live WTA Tennis: Dubai. Day three of the Dubai Duty Free Tennis Championships at the Aviation Club **7.00** FIH Hockey World. The latest news and action from the world of hockey. **7.30** Aviva Premiership Rugby Highlights. Extended highlights of this weekend's Aviva Premiership matches, including Gloucester v Saracens, Leicester Tigers v Bristol and Sale Sharks v Wasps. **10.00** The Best That Never Was. Marcus Dupree was the biggest, fastest running back in high school history. In college, his career ended before it ever truly began. Part of the award-winning 30 for 30 series. **12.00midnight** Live College Basketball. Baylor Bears v Oklahoma Sooners (Tip-off 12.00am). **2.00** Live College Basketball. Mississippi State Bulldogs v Ole Miss Rebels. **4.00** FA Cup: Fifth Round Highlights **4.30** The Outdoor Sports Show

EUROSPORT 1 Sky 410 Virgin 523

7.30am World Superbikes **10.30** Biathlon **11.30** Cycling: Volta Ao Algarve **12.30pm** Cycling: Tour Of Andalusia **1.30** Cycling **3.00** Track Cycling World Cup **5.00** Snooker: Welsh Open **7.00** Speed Skating. The World Single Distances Championships. **9.00** Alpine Skiing **10.00** Eurosport News. The latest stories. **10.10** Formula E. Highlights of the third round in Buenos Aires, Argentina. **11.05** Eurosport News **11.10** World Superbikes **12.10am** Eurosport News **12.15** World Superbikes Classics **1.15** Eurosport News

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.33 The Radio 1 Breakfast Show With Nick Grimshaw **10.00** Clara Amfo **12.45** Newsbeat **1.00** Scott Mills **4.00** Greg James **5.45** Newsbeat **6.00** Greg James **7.00** Mistajam **9.00** BBC Radio 1 And 1Xtra's Stories **10.02** Huw Stephens **1.00** Annie Nightingale **4.00** Adele Roberts

RADIO 2 (FM: 88-90.2MHz)

5.00 Vanessa Feltz **6.30** Chris Evans **9.30** Ken Bruce **12.00** Jeremy Vine **2.00** Steve Wright In The Afternoon **5.00** Simon Mayo **7.00** Jamie Cullum. The pianist and songwriter plays a selection of classic tracks and new music from the world of jazz. **8.00** Jo Whiley. Nottingham-based rockers London Grammar return to the studio to perform live in session. **10.00** Nemone's Electric 90s. **11.00** Nigel Ogden: The Organist Entertains **11.30** Listen To The Band **12.00** Sounds Of The 80s **2.00** Radio 2's Folk Playlist **3.00** Radio 2 Playlist: Morning Acoustic **4.00** Radio 2 Playlists: Wednesday Workout

RADIO 3 (FM: 90.2-92.4MHz)

6.30 Breakfast **9.00** Essential Classics **12.00** Composer Of The Week: Gade **1.00** News. The latest news headlines. **1.02** Radio 3 Lunchtime Concert **2.00** Afternoon On 3 **4.30** In Tune **6.30** Composer Of The Week: Gade **7.30** Radio 3 In Concert **10.00** Free Thinking **10.45** The Essay: The Other Auld Alliance **11.00** Late Junction **12.30** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day **6.00** Today **8.31** (LW) Yesterday In Parliament **9.00** The Life Scientific **9.30** One To One **9.45** (LW) Daily Service **9.45** (FM) Book of the Week: Deaths Of The Poets **10.00** Woman's Hour **11.00** The Rise Of The Robots **11.30** Jazzed Up: How Jazz Changed Britain **12.00** News **12.01** (LW) Shipping Forecast **12.04** Witness **12.15** Call You And Yours **12.57** Weather **1.00** The World At One **1.45** The Untold **2.00** The Archers **2.15** Drama: A World Elsewhere **3.00** Short Cuts **3.30** Costing The Earth **4.00** Word Of Mouth **4.30** A Good Read **5.00** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.30** Mark Watson Talks A Bit About Life. The comedian looks at ideas around health and beauty. **7.00** The Archers. Roy is taken by surprise. **7.15** Front Row. Arts programme. **7.45** 44 Scotland Street. Drama, adapted from the serial novel by Alexander McCall Smith. **8.00** File On 4. An investigation into standards in pupil referral units. **8.40** In Touch. Presented by Peter White. **9.00** Inside Health. Dr Mark Porter separates medical fact from fiction. **9.30** The Life Scientific. Alan Winfield talks to Jim al-Khalili about the ethics of robots. **10.00** The World Tonight **10.45** Book at Bedtime: The Underground Railroad **11.00** The Infinite Monkey Cage **11.30** Today In Parliament **12.00** News And Weather. The latest news headlines. **12.30** Book of the Week: Deaths Of The Poets **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MW: 909, 693KHz)

5.00 Morning Reports **5.15** Wake Up To Money **6.00** 5 Live Breakfast **10.00** 5 Live Daily With Adrian Chiles **1.00** Afternoon Edition **4.00** 5 Live Drive **6.30** 5 Live Sport **7.45** 5 Live Sport: Champions League Football 2016-17. Manchester City v Monaco (Kick-off 7.45pm). Commentary of the last-16 first-leg tie from Etihad Stadium. **10.00** 5 Live Sport: 5 Live Football Social **10.30** Phil Williams **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

6.00 More Music Breakfast **9.00** John Suchet **1.00** Bill Turnbull **5.00** Classic FM Drive **7.00** Smooth Classics At Seven **8.00** The Full Works Concert **10.00** Smooth Classics **1.00** Sam Pittis

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Good Morning Scotland **9.00** The Kaye Adams Programme **12.00** John Beattie **1.32** Brainwaves **2.00** Bulletin **2.05** The Janice Forsyth Show **4.00** Newsdrive **6.30** (FM) Get It On With Bryan Burnett **6.30** (MW) Sportsound **7.30** (MW) Get It On With Bryan Burnett. Music show in which listeners can make requests. **9.00** Bulletin. Latest headlines. **9.05** Another Country With Ricky Ross. The host plays classics and current songs from the landscape of Americana and alternative country. **11.00** Bulletin **11.05** The Iain Anderson Show **1.00** As Radio 5 Live

BBC 1



The Real Marigold Hotel, 9pm

6.00 Breakfast (S) (W) (HD) **9.15** Britain's Home Truths (S) (W) (HD) **10.00** Homes Under The Hammer (rpt) (S) (W) (HD) **11.00** Wanted Down Under Revisited (S) (W) (HD) **11.45** Oxford Street Revealed (rpt) (S) (W) (HD) **12.15** Bargain Hunt (rpt) (S) (W) (HD) **1.00** BBC News At One, (S) Weather (W) (HD) **1.30** Local News, (S) Weather (W) **1.45** Doctors (S) (W) (HD) **2.15** The Coroner (rpt) (S) (W) (HD) **3.00** Escape To The Country (S) (W) (HD) **3.45** The Farmers' Country Showdown (S) (W) (HD) **4.30** Flog It! (S) (W) **5.15** Pointless (rpt) (HD)

6.00 **BBC NEWS AT SIX, (S) WEATHER** (W) (HD)

6.30 **LOCAL NEWS, (S) WEATHER** Regional stories.

7.00 **THE ONE SHOW** Matt Baker hosts the live magazine show, with a team of roving reporters presenting stories of interest from around the UK, plus big-name studio guests. (S) (W) (HD) Followed by BBC News, (S) Local News. (W) (HD)

8.00 **WHO DO YOU THINK YOU ARE?** (9/10) Actor Sunetra Sarker sets out to explore the Bengali heritage she ignored when she was growing up in Liverpool. Starting in Kolkata, India, she learns of her great-grandfather's courageous activism in colonial Bengal and of a family connection to Gandhi. (S) (W)

9.00 **THE REAL MARIGOLD HOTEL** (2/4) The celebrities continue to settle into life in their 16th Century mansion and are brought closer together when they celebrate Amanda Barrie's 81st birthday together. Plus, Bill Oddie opens up about how spending time in nature has helped him overcome mental-health issues. (S) (W) (HD)

10.00 **BBC NEWS AT TEN** Latest headlines. (W) (HD)

10.30 **LOCAL NEWS, (S) WEATHER** Regional stories. (W) Followed by National Lottery Update. (S) (W)

10.45 **PETER KAY'S CAR SHARE** (1/6) Sitcom about the daily commute of two supermarket employees thrown together in a company car-share scheme. Starring Peter Kay and Sian Gibson. (rpt) (S) (W)

11.15 **FILM 2017** Edith Bowman presents the programme, joined by Danny Leigh and Tim Robey to preview the Oscars and review horror film A Cure For Wellness and Patriots Day, starring Mark Wahlberg. (S) (W)

11.50 **THE BIG PAINTING CHALLENGE** (2/6) The contestants go on a trip to Hastings to sharpen their landscape painting skills. (rpt) (S) (W) (HD) Followed by Weather For The Week Ahead. (S) (W)

12.55 BBC News. Latest national and international headlines. (S)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



Great Continental Railway Journeys, 6.30pm

6.00 My Life In Books (rpt) (S) **6.30** Wanted Down Under Revisited (rpt) (S) (HD) **7.15** The Farmers' Country Showdown (rpt) **8.00** Sign Zone: The World's Most Extraordinary Homes (rpt) (W) **9.00** Victoria Derbyshire (S) (W) (HD) **11.00** BBC Newsroom Live (S) (W) (HD) **11.30** Daily Politics (S) (HD) **1.00** Lifeline (rpt) (S) **1.10** Cash In The Attic (rpt) (W) **1.35** Beat The Brain (rpt) (HD) **2.05** Landward (S) (W) **2.35** Mountain (rpt) (W) (HD) **3.30** The Blue Planet (rpt) (S) (W) **4.20** A Place To Call Home (S) (W) (HD) **5.15** Antiques Road Trip (rpt)

6.00 **EGGHEADS** Quiz, hosted by Jeremy Vine, in which the winners of famous gameshows work as a team to tackle a new set of challengers. (rpt) (S) (W) (HD)

6.30 **GREAT CONTINENTAL RAILWAY JOURNEYS** (3/10) Part one of two. In Vienna, Michael Portillo encounters a pre-Cold War spy and learns about the concert that caused a riot in 1913. (S)

7.00 **THE HAIRY BIKERS' CHICKEN AND EGG** (5/6) Dave and Si travel to Israel, where they visit the 2500-year-old remains of the world's first poultry farm, and prepare chicken shawarma kebabs, shakshuka and chicken schnitzel. (rpt) (S) (W) (HD)

8.00 **NEW SERIES THE HOUSE THAT £100K BUILT** (1/6) Journalist and curator Kieran Long and architect Piers Taylor visit Co Antrim, Northern Ireland, to follow the progress of Alistair and Karen, who are hoping that building their dream home will be the key to a mortgage-free life. (S) (W)

9.00 **NEW SERIES INCREDIBLE MEDICINE: DR WESTON'S CASEBOOK** (1/6) Gabriel Weston uncovers the workings of the human body, looking at case studies of individuals with rare conditions. She meets a seven-year-old who was born with her heart on the outside of her ribcage. (S)

10.00 **MOCK THE WEEK** (5/13) James Acaster, Rob Beckett, Ed Byrne, John Robins and Holly Walsh join host Dara O Briain for the topical comedy show. (rpt)

10.30 **NEWSNIGHT** Presented by Evan Davis. (S) (W) (HD) Followed by Weather. (S) (W) (HD)

11.15 **DRAGONS' DEN** (15/16) The panel assess the profit-making potential of a self-igniting stove, a dating app, a range of authentic ethnic snacks and a fitness company for children. (rpt) (S) (W) (HD)

12.15 Sign Zone: Trust Me, I'm A Doctor. The secrets to sticking to health resolutions. (rpt) (S) (W) **1.15** Sign Zone: Royal Recipes (rpt) (SL) (S) (W) **2.00** This Is BBC Two (S) (HD)

ITV



Coronation Street, 7pm

6.00 Good Morning Britain (W) (HD) **8.30** Lorraine (W) (HD) **9.25** The Jeremy Kyle Show (W) (HD) **10.30** This Morning. Presented by Phillip Schofield and Holly Willoughby. (W) (HD) **12.30** Loose Women (W) (HD) **1.30** ITV News, Weather (W) **1.55** Local News, Weather (W) **2.00** Judge Rinder (W) (HD) **3.00** James Martin's French Adventure. The chef visits the capital city, Paris, exploring the wholesale food market. (W) (HD) **3.59** ITV Local Weather (W) **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. (W) (HD) **5.00** The Chase. Quiz show, hosted by Bradley Walsh. (W)

6.00 **LOCAL NEWS, WEATHER** Regional stories. (W)

6.30 **ITV NEWS, WEATHER** Latest headlines. (W)

7.00 **CORONATION STREET** Leanne tells Nick that she doesn't want his name on baby Oliver's birth certificate, while Michelle insists that she should visit the new arrival. At Underworld, Aidan is annoyed to find Jenny ensconced in the office. (W) (HD)

7.30 **THE BRIT AWARDS 2017** Dermot O'Leary and Emma Willis co-host the 37th edition of the British Phonographic Industry's annual pop music awards, staged at London's O2 and featuring performances by Robbie Williams, Emeli Sandé, Little Mix, Skepta, The 1975, Ed Sheeran and Bruno Mars. David Bowie receives two posthumous nominations, for British Male Solo Artist and Album of the Year, with Leonard Cohen receiving his first-ever nomination in the International Male Solo Artist category, also posthumously. (W) (HD)

10.00 **ITV NEWS, WEATHER** Latest headlines. (W)

10.30 **LOCAL NEWS, WEATHER** Regional stories. (W)

10.45 **UEFA CHAMPIONS LEAGUE HIGHLIGHTS** Action from the second batch of last-16 first-leg ties, including last night's clash between Manchester City and Monaco at the Etihad Stadium and Sevilla v Leicester City at the Ramon Sanchez Pizjuan, which took place tonight. Plus, highlights of Bayer Leverkusen v Atletico Madrid at the BayArena and FC Porto v Juventus at the Estadio do Dragao. (W)

11.55 **PETER SHILTON: SPORTS LIFE STORIES** (1/8) A profile of the former England goalkeeper, who had an illustrious career that included spells at Leicester City, Nottingham Forest and Southampton. (rpt) (W)

12.45 Jackpot247. Viewers participate in live interactive gaming. (W) **3.00** 1000 Heartbeats. Vernon Kay hosts the quiz show. (rpt) (W) (HD) **3.50** ITV Nightscreen. Information service. (W) (HD) **5.05** The Jeremy Kyle Show (rpt) (SL)

REGIONAL VARIATIONS

BBC1 WALES As BBC1 except: **6.55-7.00** Party Political Broadcast **10.40** The Wales Report **11.10** Peter Kay's Car Share **11.40** Film 2017 **12.15** The Big Painting Challenge **1.15** Weather For The Week Ahead **1.20-6.00** BBC News. Latest headlines.
BBC1 SCOTLAND As BBC1 except: **6.55-7.00** Party Political Broadcast **10.45** Holby City **11.45** Peter Kay's Car Share. Starring Peter Kay and Sian Gibson. **12.15** Film 2017 **12.50** The Big Painting Challenge **1.50** Weather For The Week Ahead **1.55** BBC News
BBC1 NORTHERN IRELAND As BBC1 except: **6.55-7.00** Party Election Broadcast **10.40** Nolan Live **11.40** Peter Kay's Car Share **12.10** Film 2017 **12.45** The Big Painting Challenge **1.45** BBC News

BBC2 WALES As BBC2 except: **1.35** Beat The Brain. Quiz, hosted by John Craven. **2.05-2.35** Beat The Brain **3.30-4.20** Flog It!
BBC2 SCOTLAND As BBC2 except: **1.10** Landward. Dougie Vipond visits a Mull. **1.40** Mountain **2.35-3.30** Politics Scotland
BBC2 NORTHERN IRELAND As BBC2 except: **5.15** Bargain Hunt **5.55-6.00** Party Election Broadcast **10.00-10.30** Spotlight **S4C 7.00** Cyw: Antur Natur Cyw **7.15** Cyw: Patrôl Pawennau **7.25** Cyw: Blero yn Mynd i Ocido **7.35** Cyw: ASRA **7.50** Cyw: Sam Tân **8.05** Cyw: Igam Ogam **8.15** Cyw: Sara a Cwac **8.25** Cyw: Boj **8.40** Cyw: Sbridiri **9.00** Cyw: Tili a'i Ffrindiau **9.15** Cyw: Bach a Mawr **9.30** Cyw: Cwprwdd Cadi **9.40** Cyw: Ty Cyw **9.55** Cyw: Popi'r Gath **10.05** Cyw: Oli Dan y Don **10.15** Cyw: Wmff **10.20** Cyw: Y

Brodyr Coala **10.35** Cyw: Holi Hana **10.45** Cyw: Tecwyn y Tractor **11.00** Cyw: Antur Natur Cyw **11.15** Cyw: Patrôl Pawennau **11.25** Cyw: Blero yn Mynd i Ocido **11.35** Cyw: ASRA **11.50** Cyw: Sam Tân **12.05** Cyw: Igam Ogam **12.15** Cyw: Sara a Cwac **12.25** Cyw: Boj **12.40** Cyw: Sbridiri **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **1.30** Dechrau Canu Dechrau Canmol **2.00** Prynhawn Da **2.55** Newyddion **3.00** Pryd o Sêr **4.00** Awr Fawr **5.00** Stwnsh: Pigo Dy Drwyn **5.30** Stwnsh: Angelo am Byth **5.40** Stwnsh: Fi **6.00** Pobol y Cwm **6.25** Newyddion **6.30** Wil ac Aeron: Taith yr Alban **7.00** Heno **7.30** Cymoedd Roy Noble **8.00** Pobol y Cwm **8.25** Gwaith/Cartref **9.00** Newyddion 9 a'r Tywydd **9.30** Loriau Mansel Davies a'i Fab **10.00** Rygbi Pawb **11.00-11.35** Cofio gyda Gareth Edwards

CHANNEL 4



Location, Location, Location, 8pm

6.00 Countdown (rpt) (HD) **6.45** The King Of Queens (rpt) **7.10** The King Of Queens (rpt) **7.35** The King Of Queens (rpt) **8.00** Everybody Loves Raymond (rpt) **8.35** Everybody Loves Raymond (rpt) **9.05** Frasier (rpt) **9.35** Frasier (rpt) **10.05** Undercover Boss USA (rpt) (HD) **11.00** Ramsay's Kitchen Nightmares USA (rpt) **12.00** Channel 4 News Summary (HD) **12.05** A New Life In The Sun (rpt) (HD) **1.05** Find It, Fix It, Flog It (rpt) (HD) **2.10** Countdown (HD) **3.00** Fifteen To One (HD) **4.00** A Place In The Sun: Winter Sun (HD) **5.00** Come Dine With Me. Contestants in Leicester compete. (rpt) (HD)

6.00 THE SIMPSONS (20/21) Ned Flanders takes in a pair of female lodgers, but their raunchy activities prompt him to consider moving away from Springfield altogether. Jason Bateman stars. (rpt)

6.30 HOLLYOAKS Sienna is suspicious when she sees Joel handing over a bag of cash to Shane. Meanwhile, Mac is concerned that Marnie could discover his affair and tensions are high between Diane and Tony. (HD)

7.00 CHANNEL 4 NEWS Latest headlines. (HD)

8.00 LOCATION, LOCATION, LOCATION

Kirstie Allsopp and Phil Spencer revisit two couples who were previously featured on the show, including Sam and Krystle, who were keen to move from their rented flat into their own place and long-distance pair Jason and Jaye who were looking for a one-bed pad.

9.00 NEW SERIES THE ROYAL HOUSE OF WINDSOR (1/6) The story of the great dynasty, which began in 1917 when King George V changed the royal family's name from the German Saxe-Coburg and Gotha due to the anti-German sentiment in the British Empire during the First World War. The series uses the help of family insiders and access to the royal archives to reveal secrets behind the powerful family.

10.20 FOUR ROOMS WITH SARAH BEENY

Dealers Celia Sawyer, Alex Proud, Pearl Lowe and Andrew Lamberty compete to purchase the public's prized possessions, including a gigantic dolls' house and a rare, signed Terry Pratchett novel. (HD)

11.25 THE BILLION POUND HOTEL A look inside the Burj Al Arab in Dubai, dubbed the world's most luxurious hotel, following the stories of guests who pay anything up to £10,000 a night for a suite. (rpt)

12.25 Walking The Nile (rpt) (HD) **1.20** The Secret Life Of 5 Year Olds (rpt) (HD) **2.15** FILM: Sorority Row (2009) Horror remake. (SL) (W) (HD) **3.55** Kirstie's Handmade Treasures (rpt) (HD) **4.10** Phil Spencer: Secret Agent (rpt) (SL) (HD)

● All programme details are correct at time of going to press

5STAR

6.00am Teleshopping **8.00** 8 Simple Rules **8.20** Dance Moms **9.10** Dance Moms **10.05** 8 Simple Rules **11.00** 100 Per Cent Hotter **12.00noon** Can't Pay? We'll Take It Away **1.00** Dance Moms **2.00** Dance Moms Throwback **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **7.55** Access **8.00** 100 Per Cent Hotter **9.00** Emerald City **10.00** Sex Pod **11.00** Don't Tell the Doctor **12.00midnight** Botched Up Bodies: Abroad

CHANNEL 5



Seven Pounds, 11.05pm

6.00 Milkshake! Pip Ahoy! (rpt) **6.10** Lily's Driftwood Bay (rpt) **6.20** Little Princess (rpt) **6.30** Paw Patrol (rpt) **6.45** Bob The Builder (rpt) **6.55** Fireman Sam (rpt) **7.05** Thomas & Friends (rpt) **7.20** Milkshake! Monkey (rpt) **7.25** Shimmer And Shine (HD) **7.35** Noddy: Toyland Detective (rpt) **7.50** Paw Patrol (rpt) **8.05** Ben And Holly's Little Kingdom (rpt) **8.15** Digby Dragon **8.30** Peppa Pig (rpt) **8.50** Wissper (rpt) (HD) **9.00** Toot The Tiny Tugboat (rpt) **9.15** The Wright Stuff (HD) **11.15** GPs: Behind Closed Doors (rpt) **12.10** 5 News **12.15** The Great British Benefits Handout (rpt) **1.15** Home And Away **1.45** Neighbours (W) **2.15** NCIS (rpt) **3.15** FILM: A Killer Among Us (2012) Crime thriller, with Tess Atkins. **5.00** 5 News At 5 (HD) **5.30** Neighbours (rpt)

6.00 HOME AND AWAY Ranae pursues Justin and an injured Kat to the caravan park, while Justin tells the others that he is going to warn the cops, but instead returns to the family home. (rpt) (HD)

6.30 5 NEWS TONIGHT A round-up of the evening's main headlines, including coverage of the latest national and international stories. (HD)

7.00 A NEW LIFE IN OZ The Boundy family decide to leave their Cornish home behind for Australia's South West, as mum Sasha wants to fulfil her dream of opening a sanctuary for animals in need. Last in the series. (HD) Followed by 5 News Update. (HD)

8.00 GPS: BEHIND CLOSED DOORS (20/30) A teenager with a history of depression comes to the surgery to seek advice about her medication, plus pensioner Patrick and his wife discuss their concerns about memory loss. (HD) Followed by 5 News. (HD)

9.00 CLIMBING THE PROPERTY LADDER (3/6) Cate and fiancée Nikki look to boost their pension pot by developing a rundown property and Andrzej renovates a small studio apartment hoping to make a big profit. **Followed by The Health Lottery draw.**

10.00 THE BOY WITH NO FACE – 6 MONTHS ON: EXTRAORDINARY PEOPLE An updated on the story of a 17-year-old who was born with a rare bone disorder that resulted in a tumour on his face. (HD)

11.05 FILM SEVEN POUNDS (2008) Premiere. Drama, starring Will Smith, Rosario Dawson, Woody Harrelson and Barry Pepper. (HD)

1.15 SuperCasino **3.10** Celebrity Carry On Barging (rpt) (HD) **4.00** Tattoo Disasters UK (rpt) (SL) (HD) **4.25** Tattoo Disasters UK (rpt) (SL) (HD) **4.45** House Doctor (rpt) (SL) **5.10** Great Artists (rpt) (SL) **5.35** Wildlife SOS (rpt) (SL)

5USA

6.00am Teleshopping **9.00** Access **9.10** Longmire **10.00** Law & Order **11.00** Law & Order **12.00noon** CSI: Miami **1.00** NCIS **2.00** Castle **3.00** Longmire **4.00** Law & Order **5.00** Law & Order **6.00** CSI: Miami **7.00** NCIS **8.00** NCIS. Vance discovers a key to a safety deposit box in his late wife's effects. **9.00** Person of Interest. New series. Reese and Finch attempt to reboot the Machine. **10.00** Law & Order: Special Victims Unit **11.00** Law & Order: Special Victims Unit **12.00midnight** Chicago Fire **1.00** CSI: Miami

WEDNESDAY

22 FEBRUARY 2017



CRITIC'S CHOICE

BY MIKE WARD

THE BRIT AWARDS 2017

7.30pm, ITV ★ ★ ★

Somewhat bravely if you ask me, the BRITs producers have hired two fierce rivals to co-host this year's event. No, not Jeremy Clarkson and Piers Morgan – although, let's be honest, that would have been a lot more entertaining – but Dermot O'Leary and Emma Willis. OK, so their rivalry isn't personal, but as presenters of The X Factor and The Voice UK respectively, they'll surely be unable to resist a little light bickering, and hopefully even a hearty arm-wrestle. As for the show itself (I almost forgot that bit, but then it's surprisingly easy to), it's the usual dishing-out of gongs for things like best album, best single, band I've least heard of etc. Among the many acts up for honours are the late Leonard Cohen and David Bowie.

CLIMBING THE PROPERTY LADDER

9pm, Channel 5 ★ ★ ★

Wanted: woefully inexperienced members of the public willing to be filmed for TV show in which they pour crazy sums into property development when clearly they haven't a clue, just so the viewers can have a good chuckle.



Up to £500K

can be won every week

That's 5 draws per week each with up to £100K jackpot
Tuesday, Wednesday, Thursday, Friday & Saturday

still only

£1

That's half the price of Lotto!

Play Now

#Everybody Wins

16+ gamble responsibly T&Cs apply



Pretty Woman

8pm, Sky Cinema Drama/HD

SKY CINEMA PREMIERE

Sky 301 Virgin 431
6.00am Anything For Love (2016) PG **7.45 Everest: Sky Movies Special 8.15 The Landlord** (2015) 15 Horror, starring Brianne Moncrief. **10.00 Fathers and Daughters** (2015) 15 Drama. **12.00noon The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **2.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **3.45 McCanick** (2013) 15 Crime drama, starring David Morse. **5.30 The Lego Batman Movie: Special 6.00 Fathers and Daughters** (2015) 15 Drama, starring Russell Crowe and Amanda Seyfried. **8.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **9.50 Men & Chicken** (2015) 15 Premiere. Comedy, starring David Dencik. **11.45 The Goob** (2014) 18 Drama, starring Liam Walpole. **1.20am McCanick** (2013) 15 Crime drama, starring David Morse. **3.10 The Meddler** (2015) 12 Comedy-drama. **5.10 The Top Ten Show 2017 5.30 Pitch Perfect 2 Special**

SKY CINEMA COMEDY

Sky 308 Virgin 438
6.00am Bad Bromance (2015) 15 **7.45 Alien Autopsy** (2006) 12 With Ant McPartlin. **9.25 Blazing Saddles** (1974) 12 With Mel Brooks. **11.05 Austin Powers: The Spy Who S*****d Me** (1999) 12 With Mike Myers. **12.50pm Daddy's Home** (2015) 12 With Will Ferrell. **2.35 Unfinished Business** (2015) 15 With Vince Vaughn. **4.15 Magic Mike XXL** (2015) 15 With Channing Tatum. **6.15 Crocodile Dundee** (1986) 15 With Paul Hogan. **8.00 Daddy's Home** (2015) 12 With Will Ferrell. **9.45 Ted 2** (2015) 15 With Mark Wahlberg. **11.45 The Night Before** (2015) 15 With Joseph Gordon-Levitt. **1.35am Search Party** (2015) 15 With Adam Pally. **3.15 Stir Crazy** (1980) 15 With Gene Wilder. **5.15 Revenge of the Pink Panther** (1978) U With Peter Sellers.

SKY CINEMA ACTION

Sky 307 Virgin 437
6.10am Backdraft (1991) 15 **8.35 Spectre** (2015) 12 With Daniel Craig. **11.05 The Man from UNCLE** (2015) 12 With Henry Cavill. **1.05pm Ant-Man** (2015) 12 With Paul Rudd. **3.05 True Lies** (1994) 15 With Arnold Schwarzenegger. **5.30 Spectre** (2015) 12 With Daniel Craig. **8.00 The Man from UNCLE** (2015) 12 With Henry Cavill. **10.00 Ant-Man** (2015) 12 With Paul Rudd. **12.00midnight Armageddon** (1998) 12 With Bruce Willis. **2.35 Into the Grizzly Maze** (2014) 15 With James Marsden. **4.15 Smokey and the Bandit II** (1980) PG With Burt Reynolds.

SKY CINEMA FAMILY

Sky 306 Virgin 436
6.00am The Rookie (2002) U Fact-based baseball drama, starring Dennis Quaid. **8.10 The Water Horse: Legend of the Deep** (2007) PG Children's fantasy adventure, starring Alex Etel. **10.05 The**

Great Gilly Hopkins (2016) PG Coming-of-age drama. **11.45 Scooby-Doo** (2002) PG Live-action comedy adventure, starring Sarah Michelle Gellar. **1.15pm The Angry Birds Movie** (2016) U Animation, with the voice of Jason Sudeikis. **2.55 The Water Horse: Legend of the Deep** (2007) PG Children's fantasy adventure, starring Alex Etel. **4.50 The Great Gilly Hopkins** (2016) PG Coming-of-age drama, starring Kathy Bates. **6.30 Scooby-Doo** (2002) PG Live-action comedy adventure, starring Sarah Michelle Gellar. **8.00 The Angry Birds Movie** (2016) U Animation, with the voice of Jason Sudeikis. **9.45 Footloose** (2011) PG Teen musical remake, starring Kenny Wormald. **11.45 Born Free** (1966) U Fact-based drama, starring Virginia McKenna. **1.25am The Rookie** (2002) U Fact-based baseball drama, starring Dennis Quaid. **3.35 Footloose** (2011) PG Teen musical remake, starring Kenny Wormald. **5.30 The Good Dinosaur: Sky Movies Special**

SKY CINEMA DRAMA

Sky 310 Virgin 440
7.15am Oscars 2017 Nominations Special 7.35 The Benefactor (2015) 15 With Richard Gere. **9.15 Lullaby** (2014) 15 With Garrett Hedlund. **11.20 Raising Helen** (2004) PG With Kate Hudson. **1.25pm Coach Carter** (2005) 12 With Samuel L. Jackson. **3.50 The Walk** (2015) PG With Joseph Gordon-Levitt. **6.00 Paper Towns** (2015) 12 With Nat Wolff. **8.00 Pretty Woman** (1990) 15 With Julia Roberts. **10.10 Our Brand Is Crisis** (2015) 15 With Sandra Bullock. **12.10am Burnt** (2015) 15 With Bradley Cooper. **2.00 Flashdance** (1983) 15 With Jennifer Beals. **3.45 Fences: Special 4.15 Niagara** (1953) PG With Marilyn Monroe.

SKY CINEMA OSCARS

Sky 304 Virgin 434
6.00am Fences: Special 6.30 A Place in the Sun (1951) PG Oscar-winning drama, starring Montgomery Clift. **8.45 The Revenant** (2015) 15 Western, starring Leonardo DiCaprio. **11.30 Cleopatra** (1963) PG Historical epic, starring Elizabeth Taylor. **3.35pm Rain Man** (1988) 15 Drama, starring Dustin Hoffman. **5.55 No Country for Old Men** (2007) 15 Thriller, starring Josh Brolin and Javier Bardem. **8.00 The Revenant** (2015) 15 Western, starring Leonardo DiCaprio. **10.40 American Beauty** (1999) 18 Oscar-winning black comedy drama, starring Kevin Spacey. **12.45am Rain Man** (1988) 15 Drama, starring Dustin Hoffman and Tom Cruise. **3.00 Fiddler on the Roof** (1971) U Musical, starring Topol.

TCM

Sky 317 Virgin 415
6.25am Rawhide (17/30) **7.30 Rawhide** (18/30) **8.35 Apache Trail** (1942) U Western, starring William Lundigan. **9.55 Rio Bravo** (1959) PG Western, with John Wayne and Dean Martin. **12.45pm Rawhide** (19/30) **1.50 Rawhide** (20/30)

3.00 Memphis Belle (1990) PG Second World War drama, starring Matthew Modine. **5.05 Mutiny on the Bounty** (1935) PG Oscar-winning seafaring drama, with Charles Laughton. **7.40 Badman's Country** (1958) U Western, starring George Montgomery. **9.00 Money Talks** (1997) 18 Comedy, starring Charlie Sheen and Chris Tucker. **11.00 Lone Star** (1996) 15 Mystery, starring Chris Cooper. **1.40am Conspiracy Theory with Jesse Ventura 2.40 Conspiracy Theory with Jesse Ventura** (2/7) **3.45 Hollywood's Best Film Directors** (9/91) **4.30 Hollywood's Best Film Directors** (10/91) **5.00 Hollywood's Best Film Directors** (59/91) **5.30 Hollywood's Best Film Directors** (60/91)

FILM4

Sky 315 Freeview 15 Virgin 428
11.00am Kansas City Confidential (1952) 12 Crime drama, starring John Payne. **1.05pm Broken Arrow** (1950) PG Western, starring James Stewart. **2.55 Flying Tigers** (1942) PG Second World War drama, starring John Wayne. **4.55 The Violent Men** (1955) PG Western, starring Edward G. Robinson. **6.50 Footloose** (1984) 15 Drama, starring Kevin Bacon. **9.00 Unknown** (2011) 12 Thriller, starring Liam Neeson. **11.15 Belle** (2013) 12 Fact-based period drama, starring Gugu Mbatha-Raw. **1.20am The Girl Who Played with Fire** (2009) 15 Thriller sequel, starring Noomi Rapace.

SKY CINEMA DISNEY

Sky 305 Virgin 435
7.00am Dumbo (1941) U Animated adventure, with the voice of Edward Brophy. **8.15 The Lion King** (1994) U Animated musical, with the voice of Matthew Broderick. **9.50 Presto** (2008) U Animated short comedy from Pixar. **10.00 Peter Pan** (1953) U Disney animated adventure, with the voice of Bobby Driscoll. **11.20 Zootropolis** (2016) PG Animated comedy, with the voice of Ginnifer Goodwin. **1.20pm Lady and the Tramp** (1955) U Disney animated adventure, with the voice of Barbara Luddy. **2.40 The Lion King** (1994) U Disney animated musical, with the voice of Matthew Broderick. **4.15 WALL-E** (2008) U Pixar animated adventure, with the voice of Ben Burtt. **6.00 Zootropolis** (2016) PG Disney animated comedy, with the voice of Ginnifer Goodwin. **8.00 Toy Story 3** (2010) U Animated adventure, with the voices of Tom Hanks and Tim Allen. **9.45 McFarland, USA** (2015) PG Fact-based drama, starring Kevin Costner. **12.00midnight Aladdin** (1992) PG Disney animated adventure, with the voice of Robin Williams. **1.40 The Greatest Game Ever Played** (2005) PG Fact-based golf drama, starring Shia LaBeouf. **3.50 The Great Mouse Detective** (1986) U Animated adventure, with the voice of Vincent Price. **5.15 Lady and the Tramp** (1955) U Disney animated adventure, with the voice of Barbara Luddy.

SKY I

Sky 106 Virgin 110
6.00am Hawaii Five-0 **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing To Declare **11.00** A Town Called Eureka **12.00noon** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** MacGyver **9.00** The Blacklist **10.00** NCIS: Los Angeles **11.00** The Force: Manchester **1.00am** Most Daring **2.00** Brit Cops: War On Crime **3.00** Stop, Search, Seize

SKY ATLANTIC

Sky 108
6.00am Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without A Trace **1.00pm** Blue Bloods **2.00** The Petrol Age **3.00** The West Wing **5.00** House **6.00** Without A Trace **7.00** Without A Trace **8.00** Blue Bloods **9.00** Blue Bloods **10.00** The Kettering Incident **11.10** The Kettering Incident **12.20am** Film: Captivated: The Trials Of Pamela Smart (2014) (12) **2.20** Fortitude **3.20** Looking

W

Sky 109 Virgin 125
6.10am Believe **7.00** Passport Patrol **8.00** My Dream Home **9.00** Wanted Down Under **10.00** The Bill **11.00** Tipping Point: Lucky Stars **12.00noon** Tipping Point **1.00** Choccywoccydoodah **2.00** Wanted Down Under **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point: Lucky Stars **7.00** Supernanny **8.00** MasterChef USA **9.00** Code Black **10.00** Louis Theroux – A Place For Paedophiles. Life inside Coalinga State Hospital in California. **11.00** Absolutely Fabulous **11.40** The Call Centre **12.40am** Million Dollar Intern **2.20** Passport Patrol **3.00** Home Shopping

LIFETIME

Sky 156 Virgin 208
6.00am Teleshopping **7.00** Judge Judy **9.00** Masters Of Flip **10.00** Flipping Vegas **11.00** Pawn Stars **12.00noon** Masters Of Flip **1.00** Flipping Vegas **2.00** Judge Judy **3.00** The Real Housewives Of New Jersey **4.00** Dance Moms **5.00** Little Women: NY **6.00** Flipping Vegas **7.00** Judge Judy **8.00** Ex Isle **9.00** Little Women: Atlanta **10.00** Australia's Next Top Model **11.00** Project Runway **12.00midnight** Little Women: Atlanta **1.00** My Ghost Story: Caught On Camera **2.00** Australia's Next Top Model **3.00** Dance Moms

HISTORY

Sky 529 Virgin 270
7.00am Pawn Stars **8.00** American Pickers **9.00** Storage Wars **10.00** Forged In Fire **11.00** Storage Wars **12.00noon** American Pickers **1.00** Flipping Vegas **2.00** Decked Out **3.00** Mountain Men **5.00** Forged In Fire **6.00** American Pickers **7.00** Mountain Men **8.00** The Curse Of Oak Island **10.00** Ronnie O'Sullivan's American Hustle **11.00** Hunting Hitler **12.00midnight** The Curse Of Oak Island **1.00** Ronnie O'Sullivan's American Hustle

COMEDY CENTRAL

Sky 112 Virgin 132
8.00am The Middle **9.00** The Fresh Prince Of Bel-Air **10.00** Friends **1.00pm** Impractical Jokers **2.00** Friends **3.00** The Fresh Prince Of Bel-Air **5.00** Friends **9.00** Impractical Jokers **10.00** The Chris Ramsey Show **10.30** Drunk History **11.00** Workaholics **11.30** Impractical Jokers **12.30am** Lip Sync Battle **1.30** South Park **2.30** Bob's Burgers **3.25** Impractical Jokers **4.15** Two And A Half Men **5.00** Teleshopping. Home retail.

SKY LIVING

Sky 107 Virgin 112
6.00am Border Security: Canada's Front Line **7.00** Million Dollar Listing: NYC **8.00** Nothing To Declare **9.00** Monkey Life **10.00** Elementary **11.00** Cold Case **12.00noon** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** Stop, Search, Seize **4.00** UK Border Force **5.00** Nothing To Declare **6.00** Elementary **7.00** CSI: Crime Scene Investigation **8.00** Shades Of Blue **9.00** Grey's Anatomy **10.00** Madam Secretary **11.00** Criminal Minds **12.00midnight** Cold Case **1.00** Criminal Minds **2.00** UK Border Force

GOLD

Sky 110 Virgin 124
7.00am Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Last Of The Summer Wine **12.45pm** Keeping Up Appearances **2.10** The Brittas Empire **3.30** Last Of The Summer Wine **5.40** Only Fools And Horses **7.20** Keeping Up Appearances **8.00** Open All Hours **9.20** To The Manor Born **10.45** Peep Show **11.55** Getting On **1.10am** Absolutely Fabulous **2.30** Shooting Stars

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm 100 Days **7.30** Reel History Of Britain
8.00 Kew's Forgotten Queen **9.00** Roots **10.40**
Wild China **11.40** Could We Survive A Mega-
Tsunami? **12.40am** Archaeology: A Secret History
1.40 Treasures Of Ancient Egypt **2.40** Wild China

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am You've Been Framed! Gold **6.25** Funniest
Ever You've Been Framed! Gold **7.15** The Ellen
DeGeneres Show **8.00** Emmerdale **8.30** Totally
You've Been Framed! Gold **9.15** Ninja Warrior UK
10.15 Film: Step Up 3 (2010) (12) Dance drama
sequel, starring Rick Malambri. **11.15** FYI Daily
11.20 Film: Step Up 3 (2010) (12) Concluded.
12.30pm Emmerdale **1.00** Funniest Ever You've
Been Framed! Gold **2.00** The Ellen DeGeneres
Show **2.50** The Jeremy Kyle Show **5.00** Judge
Rinder **6.00** You've Been Framed! Gold **6.30** The
Brit Awards 2017: Red Carpet **7.30** Totally
Bonkers Guinness World Records **7.55 Film:**
After Earth (2013) (12) Sci-fi adventure. **10.00** The
Brit Awards 2017: Backstage **11.00** Family Guy
11.55 American Dad! **12.55am** Two And A Half
Men **1.20** Totally Bonkers Guinness World Records
2.20 Teleshopping **5.50** ITV2 Nightscreen

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am In Loving Memory **6.25** Heartbeat **7.25**
Where The Heart Is **8.25** The Royal **9.25** Judge
Judy **10.50** Inspector Morse **1.05pm** Heartbeat
2.05 The Royal **3.10** Where The Heart Is **4.15** In
Loving Memory **4.55** Rising Damp **5.20** On The
Buses **5.55** Heartbeat **7.00** Murder, She Wrote
8.00 Midsomer Murders **10.00** Wycliffe **11.05**
Prime Suspect IV **1.20am** The Knock **2.15** ITV3
Nightscreen **2.30** Teleshopping. Home retail.

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Gunsmoke **6.55** The Saint **7.50** Hogan's
Heroes **8.55** The Professionals **9.55** Ironside **10.55**
Gunsmoke **12.00noon** Storage Wars: Texas **1.00**
Pawn Stars **1.55** Hogan's Heroes **2.55** Ironside
4.00 The Professionals **5.00** The Saint **6.05**
Storage Wars: Texas **7.00** Pawn Stars **8.00** River
Monsters **9.05 Film:** Transporter 3 (2008) (15)
Action thriller sequel, starring Jason Statham. **10.05**
FYI Daily **10.10 Film:** Transporter 3 (2008) (15)
Action thriller sequel, starring Jason Statham. **11.10**
Film: From Dusk Till Dawn (1996) (18) Horror,
starring George Clooney. **1.20** The Wine Show
2.20 Hogan's Heroes **2.45** ITV4 Nightscreen

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Be Beautiful **9.10**
The Only Way Is Essex **10.00** Jerseylicious **11.00**
The Real Housewives Of Atlanta **12.00noon**
Buying And Selling **1.00** Dinner Date **2.05** Dallas
Cowboys Cheerleaders **3.05** The Real Housewives
Of Miami **4.00** The Real Housewives Of Beverly
Hills **6.00** Dinner Date **7.00** Buying And Selling
8.00 Celebrity Dinner Date **9.00** Ladies Of
London **10.00** Botched **11.00** Kendra On Top
12.00midnight The Jeremy Kyle Show USA

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube Shorts **6.10** Made In
Chelsea: South Of France **7.00** Hollyoaks **7.30**
Coach Trip: Road To Marbs **8.00** Brooklyn Nine-
Nine **9.00** Rules Of Engagement **10.00** Baby
Daddy **11.00** Charmed **1.00pm** How I Met
Your Mother **2.00** The Big Bang Theory **3.00**
Baby Daddy **4.00** How I Met Your Mother **5.00**
Brooklyn Nine-Nine **6.00** The Big Bang Theory
7.00 Hollyoaks **7.30** Coach Trip: Road To Marbs
8.00 The Big Bang Theory **8.30** The Big Bang
Theory **9.00** Timeless **10.00** Celebs Go Dating
11.00 Supernatural **12.00midnight** The Big
Bang Theory **1.00** Celebs Go Dating **2.00**
Timeless **2.45** Hollyoaks **3.15** Supernatural
4.00 Rules Of Engagement **4.40** Charmed

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** A Place In The
Sun: Winter Sun **1.45pm** Time Team **3.50** Great
Canal Journeys **4.55** Location, Location, Location
5.55 Car SOS **6.55** The Suprvet **7.55** Grand
Designs **9.00** Car SOS **10.00** 8 Out Of 10 Cats
Does Countdown **11.00** 8 Out Of 10 Cats Does
Countdown **12.05am** Ramsay's Kitchen Nightmares
USA **1.05** Car SOS **2.05** 8 Out Of 10 Cats Does
Countdown **3.10** 8 Out Of 10 Cats Uncut

CBEEBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Show Me Show Me **6.20** Baby
Jake **6.30** Alphablocks **6.35** Dinopaws **6.45** Raa
Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing
7.25 Postman Pat: SDS **7.40** The Furchester Hotel

7.50 Octonauts **8.05** Go Jetters **8.15** Hey Duggee
8.25 Justin's House **8.50** Kate & Mim-Mim **9.00**
Discover And Do: Timmy Time **9.10** Bing **9.20**
Patchwork Pals **9.25** Twirlywoos **9.40** Woolly &
Tig **9.45** Something Special: Out And About **10.05**
Teletubbies **10.20** Numberblocks **10.25** Let's
Play **10.45** Small Potatoes **10.50** The Lingo Show
11.00 Mister Maker's Arty Party **11.20** Show Me
Show Me **11.40** Waybuloo **12.00noon** I Can Cook
With You **12.15** Grandpa In My Pocket **12.30** My
Story **12.45** Dipdap **12.50** Melody **1.00** Tinga
Tinga Tales **1.15** Bing **1.20** Patchwork Pals **1.25**
Twirlywoos **1.40** Woolly & Tig **1.45** Something
Special: Out And About **2.05** Teletubbies **2.20**
Numberblocks **2.25** Let's Play, Small Potatoes **2.45**
The Lingo Show **3.00** Mister Maker's Arty Party
3.20 Chuggington **3.30** Big Fun Time: Numtums
3.45 Giggglebiz **4.00** Rastamouse **4.10** School Of
Roars **4.20** Messy Goes To Okido **4.35** Andy's
Baby Animals **4.45** Peter Rabbit **5.00** Footy Pups
5.15 Sarah & Duck **5.20** Go Jetters **5.35** What's
The Big Idea? **5.40** Our Family **5.50** Nelly & Nora
6.00 CBeebies Bedtime Hour: Clangers **6.10**
The Adventures Of Abney & Teal **6.20** In The
Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am The Craft Box **8.00** Crafts Too **9.00**
Colouricious Silly One Day Special **10.00** The
Craft Box **11.00** Let Leonie Loose **12.00noon**
Colouricious One Day Special **1.00** The Craft
Box **2.00** Let Leonie Loose **3.00** Crafts Too **4.00**
Colouricious One Day Special **5.00** Glow in the
Dark Paints **6.00** Crafts Too **7.00** Colouricious
One Day Special **8.00** Pebeo One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Time Team. Tony Robinson hosts. **7.10**
Cash In The Attic **8.00** Time Team **9.00** World
War Weird **10.00** The World's Weirdest Weapons
11.00 Coast **12.00noon** Time Team **1.00** World
War Weird **2.00** Auf Wiedersehen, Pet **3.00**
Whatever Happened To The Likely Lads? **3.40**
Yes Minister **4.20** 'Allo 'Allo! **5.00** Time Team
6.00 Nazi Hunters **7.00** Coast **8.00** Impossible
Engineering **9.00** Whatever Happened To The
Likely Lads? **9.40** Yes Minister **10.20** 'Allo 'Allo!
10.55 Auf Wiedersehen, Pet **12.00midnight**
Impossible Engineering **1.00** Nazi Hunters **2.00**
Cash In The Attic **3.00** Teleshopping. Home retail.

DAVE Sky 111 Freeview 12 Virgin 127

7.10am Ice Road Truckers **8.10** American Pickers
9.00 Storage Hunters **10.00** American Pickers
12.00noon Top Gear **2.00** Room 101 **2.40** QI
3.20 Would I Lie To You? **4.00** Top Gear **5.00** Red
Bull Soapbox Race **6.00** Room 101 **6.40** QI **7.20**
Would I Lie To You? **8.00** Jay Leno's Garage **9.00**
Have I Got A Bit More News For You **10.00** QI XL
11.00 Mock The Week **12.20am** QI **1.00** Have I
Got A Bit More News For You **2.00** The Last
Man On Earth **2.30** Suits **3.20** Gavin & Stacey

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am The Bill **8.00** Boon **9.00** Bergerac **10.00**
All Creatures Great And Small **11.00** The Bill
1.00pm As Time Goes By **1.40** Steptoe And Son
2.20 Birds Of A Feather **3.00** Boon **4.00** Bergerac
5.00 All Creatures Great And Small **6.00** Steptoe
And Son **6.40** Last Of The Summer Wine **7.20** As
Time Goes By. Lionel reminisces with his ex-wife.
8.00 Dalziel & Pascoe. The duo hunt for a child
killer. **10.00** New Tricks. Jack announces he is
quitting the team. **11.20** Sharpe **1.20am**
Boon **2.20** Champion **3.10** Garden Hopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

6.00am Teleshopping **9.00** NCIS **11.00** The
Twilight Zone **12.00noon** Gunsmoke **1.00**
Bonanza **2.00** NCIS **4.00** Mission: Impossible
5.00 JAG **6.00** NCIS **7.00** MacGyver **8.00** Walker,
Texas Ranger **9.00** NCIS. McGee's grandmother
is implicated in the killing of a lieutenant. **10.00**
NCIS. Two bodies are found at a building site
on a Navy base. **11.00** Mission: Impossible
12.00midnight NCIS **2.40** Bonanza **3.40** Walker,
Texas Ranger **4.35** The Streets Of San Francisco

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **9.00** Judge Judy **9.55**
Hoarders: Family Secrets **10.50** Urban Legends
11.50 48 Hours: Mystery **12.40pm** Judge Judy
3.15 Hoarders: Family Secrets **4.10** Urban Legends
5.10 Judge Judy **7.00** Medical Detectives. **7.30**
Medical Detectives **8.00** Unsolved Mysteries
9.00 48 Hours: Mystery **10.00** Wives With Knives
11.00 Medical Detectives **12.00midnight** Evil
Twins **1.00** 48 Hours: Mystery **2.00** Wives With
Knives **3.00** Teleshopping **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1 Sky 401 Virgin 511

6.00am Football Gold **7.00** WWE Experience
8.00 Premier League Legends **9.00** Football Gold
10.00 Premier League Legends **11.00** Premier
League Years **1.00pm** Football's Greatest Teams
2.00 Premier League Legends **3.00** One2Eleven:
Ian Harte **3.15** One2Eleven: Michael O'Neill **3.30**
One2Eleven: Steve Lomas **3.45** One2Eleven: Iain
Dowie **4.00** Football Gold **4.30** Football's Greatest
Teams **5.30** Live La Liga Football. Valencia v Real
Madrid. **7.45** Live ATP Tennis **2.00am** Premier
League Legends **2.30** Premier League World **3.00**
Spanish Football Highlights **3.15** One2Eleven:
Christian Panucci **3.30** Football Gold **4.00** Premier
League 100 Club **5.00** Premier League Legends

SKY SPORTS 2 Sky 402 Virgin 512

6.00am Cricket Classics **7.00** Time Of Our Lives
8.00 One-Day International Cricket **9.00** Cricket's
Greatest **10.00** Great Sporting Moments **11.00**
One-Day International Cricket **12.00noon** Cricket
Classics **1.00** Time Of Our Lives **2.00** One-Day
International Cricket **3.00** Sporting Records **4.00**
Cricket's Greatest **5.00** One-Day International
Cricket **6.00** Sporting Triumphs **6.30** Sky Sports
Boxing Gold **7.00** Premier League World. A
round-up of the latest news. **7.30** Fight Night.
Tony Bellew v BJ Flores. **9.30** Out Of Contract
10.30 Spanish Football Highlights. Valencia v Real
Madrid. **10.45** One-Day International Cricket
11.45 Cricket's Greatest **12.45am** Spanish
Football Highlights **1.00** One-Day International
Cricket **2.00** Cricket's Greatest **2.30** Sky Sports
Cricket Gold **2.50** One-Day International
Cricket **3.50** Live Test Cricket. India v Australia.

SKY SPORTS 3 Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **8.00**
Sky Sports Boxing Gold **9.00** Sporting Heroes:
Steve Harmison Interviews Kevin Keegan: Part One
10.00 Darts Gold **10.30** Sporting Records **11.00**
Sporting Triumphs **12.00noon** Time Of Our Lives
1.00 Sky Sports Years **2.00** Time Of Our Lives
3.00 Sporting Triumphs **4.00** Darts Gold **5.00**
Sporting Heroes: Steve Harmison Interviews Kevin
Keegan: Part Two **6.00** Sky Sports Years **7.00** One-
Day International Cricket. New Zealand v South
Africa. **8.00** Sporting Greats **8.30** Sporting Greats
9.00 Darts Gold **9.15** Darts Gold. Adrian Lewis v
Michael van Gerwen. **9.30** Darts Gold. Phil Taylor v
Chris Mason. **9.45** Darts Gold. Phil Taylor v James
Wade. **10.00** Sporting Heroes: Steve Harmison
Interviews Kevin Keegan: Part Two **11.00** Fight
Night **1.00am** Sky Sports Years **2.00** Sporting
Greats **3.00** Fight Night **5.00** Sporting Rivalries

BT SPORT 1 Sky 413 Virgin 531

5.00am Fishing: On The Bank **6.00** FA Cup: Fifth
Round Highlights **6.30** UEFA Champions League
Highlights **7.00** Live WTA Tennis: Dubai. Day four
of the Dubai Duty Free Tennis Championships
at the Aviation Club **1.00pm** FIH Hockey World
1.30 NBA Inside Stuff **2.00** Test Bowls: England V
Scotland **3.00** Live WTA Tennis: Dubai. Day four
of the Dubai Duty Free Tennis Championships at
the Aviation Club **7.00** The '85 Bears. In 1985 the
Chicago Bears dominated the NFL and embodied
everything that encapsulated that decade:
flash, chaos and a get-out-of-my-way attitude.
9.00 Rugby Tonight Extra **9.30** T20 Cricket
Highlights. Australia v Sri Lanka. **10.30** Formula E
Championship Highlights. The best of the action
from the third round of the 2016/17 Formula E
Championship in Buenos Aires, Argentina. **11.30**
NBA **1.30am** T20 Cricket Highlights **2.30** Cricket
Classics: Aus V SL 1990 **3.30** Cricket Classics: Aus
V SL 1995 **4.30** The Outdoor Sports Show

EUROSPORT 1 Sky 410 Virgin 523

7.30am World Superbikes **10.30** Figure Skating
12.00noon Live Nordic World Ski Championships.
Coverage from Lahti, Finland. **12.45** Ski Jumping
1.30 Live Nordic World Ski Championships.
Coverage from Lahti, Finland. **2.45** WATTS **3.00**
Alpine Skiing **4.00** Biathlon **5.00** Ski Jumping **6.00**
Nordic World Ski Championships **7.00** Alpine
Skiing. Highlights from the 2017 Alpine Skiing
World Championships. **8.00** Biathlon. The
World Championships from Hochfilzen, Austria.
9.00 Nordic World Ski Championships **10.00**
Freestyle Skiing. The World Cup meeting from
Idre, Sweden. **11.00** Eurosport News **11.05**
Formula E **12.05am** World Superbikes Classics

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.33 The Radio 1 Breakfast Show With Nick
Grimshaw **10.00** Clara Amfo **12.45** Newsbeat
1.00 Scott Mills **4.00** Greg James **5.45** Newsbeat
6.00 Greg James **7.00** Mistajam **9.00** The
Surgery With Gemma & Dr Radha **10.02** Huw
Stephens **1.00** Benji B **4.00** Adele Roberts

RADIO 2 (FM: 88-90.2MHz)

5.00 Vanessa Feltz **6.30** Chris Evans **9.30** Ken
Bruce **12.00** Jeremy Vine **2.00** Steve Wright
In The Afternoon **5.00** Simon Mayo **7.00** The
Folk Show With Mark Radcliffe. Traditional and
contemporary folk and acoustic music. **8.00** Jo
Whiley. A mix of new music and classic album
tracks, with guests dropping in to the studio to
chat. **10.00** How Britpop Changed The Media.
11.00 The People's Songs **12.00** Pick Of The
Pops **2.00** Radio 2's Country Playlist **3.00** Radio 2
Playlist: Relax **4.00** Radio 2 Playlist: Radio 2 Rocks

RADIO 3 (FM: 90.2-92.4MHz)

6.30 Breakfast **9.00** Essential Classics **12.00**
Composer Of The Week: Gade **1.00** News
1.02 Radio 3 Lunchtime Concert **2.00**
Afternoon On 3 **3.30** Choral Evensong **4.30** In
Tune **6.30** Composer Of The Week: Gade
7.30 Radio 3 In Concert **10.00** Free Thinking
10.45 The Essay: The Other Auld Alliance
11.00 Late Junction **12.30** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day
5.45 Farming Today **5.58** Tweet Of The Day
6.00 Today **8.31** (LW) Yesterday In Parliament
9.00 Midweek **9.45** (LW) Daily Service **9.45**
(FM) Book of the Week: Deaths Of The Poets
10.00 Woman's Hour **10.56** The Listening
Project **11.00** The Philosopher's Arms **11.30**
Simon Evans Goes To Market **12.00** News **12.01**
(LW) Shipping Forecast **12.04** Witness **12.15**
You And Yours **12.57** Weather **1.00** The World
At One **1.45** The Untold **2.00** The Archers
2.15 Drama: A World Elsewhere: The Return
3.00 Money Box Live **3.30** Inside Health **4.00**
Thinking Allowed **4.30** The Media Show **5.00** PM
5.54 (LW) Shipping Forecast **6.00** Six O'Clock
News **6.30** It's Jocelyn. New series. Jocelyn Jee
Esen returns for a second series of sketches.
7.00 The Archers. Harrison has his work cut out.
7.15 Front Row. Arts programme. **7.45** (LW)
44 Scotland Street. By Alexander McCall Smith.
7.45 (FM) 44 Scotland Street. By Alexander
McCall Smith. **8.00** The Moral Maze. Michael
Buerk chairs a debate on ethical issues. **8.45** Four
Thought. Astrid Alben discusses how art and
science together can explain phenomena such as
moonlight. **9.00** Costing The Earth. Tom Heap
investigates oil exploration in biodiverse places.
9.30 Midweek. Presented by Libby Purves. **9.59**
Weather **10.00** The World Tonight **10.45** Book
at Bedtime: The Underground Railroad **11.00**
Tim Key's Late Night Poetry Programme **11.15**
Helen Keen's It Is Rocket Science **11.30** Today
In Parliament **12.00** News And Weather **12.30**
Book of the Week: Deaths Of The Poets **12.45**
Sailing By **12.48** Shipping Forecast **1.00** Aus
BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MW: 909,693KHz)

5.00 Morning Reports. Latest headlines. **5.15**
Wake Up To Money **6.00** 5 Live Breakfast **10.00**
5 Live Daily With Emma Barnett **1.00** Afternoon
Edition **4.00** 5 Live Drive **6.30** 5 Live Sport
7.45 5 Live Sport: Champions League Football
2016-17. Sevilla v Leicester City. Coverage of the
last 16, first leg tie from Ramon Sanchez Pizjuan
Stadium. **10.00** 5 Live Sport: 5 Live Football
Social **10.30** Phil Williams **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

6.00 More Music Breakfast **9.00** John Suchet
1.00 Bill Turnbull **5.00** Classic FM Drive **7.00**
Smooth Classics At Seven **8.00** The Full Works
Concert **10.00** Smooth Classics **1.00** Sam Pittis

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Good Morning Scotland **9.00** The Kaye
Adams Programme **12.00** John Beattie **1.32**
Stark Talk **2.00** Bulletin **2.05** The Janice Forsyth
Show **4.00** Newsdrive **6.30** (FM) Get It On
With Bryan Burnett **6.30** (MW) Sportsound
7.30 (MW) Get It On With Bryan Burnett. Music
request show. **9.00** Bulletin. The latest headlines.
9.05 The Jazz House. Stephen Duffy presents the
latest new releases from Scotland and beyond.
11.00 Bulletin. The latest headlines. **11.05** The
Iain Anderson Show **1.00** Aus Radio 5 Live

BBC 1



Death In Paradise, 9pm

6.00 Breakfast (S) (W) (HD) **9.15** Britain's Home Truths (S) (W) (HD) **10.00** Homes Under The Hammer (S) (W) (HD) **11.00** Wanted Down Under Revisited (S) (W) (HD) **11.45** Oxford Street Revealed (rpt) (S) (W) (HD) **12.15** Bargain Hunt (rpt) (S) (W) (HD) **1.00** BBC News At One, (S) Weather (W) (HD) **1.30** Local News, (S) Weather (W) **1.45** Doctors (S) (W) (HD) **2.15** The Coroner (rpt) (S) (W) (HD) **3.00** Escape To The Country (rpt) (S) (W) (HD) **3.45** The Farmers' Country Showdown (S) (W) (HD) **4.30** Flog It! (rpt) (S) (W) (HD) **5.15** Pointless. With Alexander Armstrong. (rpt) (S) (W)

6.00 **BBC NEWS AT SIX, (S) WEATHER** (W) (HD)
6.30 **LOCAL NEWS, (S) WEATHER** Regional bulletin.
7.00 **THE ONE SHOW** Matt Baker and Angela Scanlon present the live magazine show. (S) (W) (HD)
7.30 **EASTENDERS** Denise is forced to pay for her actions but is not prepared to take it lying down. Ben and Jay settle into their new home and a trip to the garden centre ends unexpectedly for Dot. (S) (W) (HD) Followed by BBC News, (S) Local News. (W)
8.00 **NEW SERIES SHOP WELL FOR LESS?** (1/6) The One Show presenter Alex Jones and business journalist Steph McGovern take on a mission to help families change the way they shop without changing their lifestyles. They begin in Glasgow, where Colin and Karen Rodger dream of taking their three sets of twins abroad for the first time. However, they are big spenders, with Karen's shoe addiction rubbing off onto the children, while Colin opts for only the very best when it comes to gadgets. (S) (W) (HD)
9.00 **DEATH IN PARADISE** (8/8) Jack Mooney and the team are puzzled when one of the candidates in the local mayoral elections is stabbed to death in the polling booth. Ardal O'Hanlon stars. (S) (W) (HD)
10.00 **BBC NEWS AT TEN** Latest headlines. (S) (W)
10.30 **LOCAL NEWS, (S) WEATHER** (W) (HD)
10.45 **QUESTION TIME** (20/37) David Dimbleby chairs the debate from Stoke-on-Trent, with a panel of politicians and other guests facing topical questions.
11.45 **THIS WEEK BY-ELECTION SPECIAL** Andrew Neil introduces political chat, with Michael Portillo and guests. The regular programme is followed by results from the Stoke-on-Trent Central by-election. (S) (W) (HD) Followed by Weather For The Week Ahead. (S) (W) (HD)

3.05 BBC News. Latest national and international news. (S) (W)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



Born Too White, 9pm

Times vary

6.00 My Life In Books (rpt) (S) (W) **6.30** Wanted Down Under Revisited (rpt) (S) (W) (HD) **7.15** The Farmers' Country Showdown (rpt) (S) (W) (HD) **8.00** Sign Zone: An Island Parish: Anguilla (rpt) (SL) (S) (W) **8.30** Sign Zone: Great British Railway Journeys (rpt) (SL) (S) (W) **9.00** Victoria Derbyshire (S) (W) (HD) **11.00** BBC Newsroom Live (S) (W) (HD) **12.00** Daily Politics (S) (W) (HD) **1.00** Cash In The Attic (rpt) (S) (W) **1.25** Beat The Brain (rpt) (S) (W) (HD) **1.55** Landward (S) (W) (HD) **2.25** Mountain (rpt) (S) (W) (HD) **3.25** Africa (rpt) (S) (W) (HD) **4.25** A Place To Call Home (S) (W) (HD) **5.15** Antiques Road Trip (rpt) (S) (W) (HD)

6.00 **EGGHEADS** (101/140) Quiz hosted by Jeremy Vine, in which the winners of famous gameshows work as a team to tackle a new set of challengers. (rpt) (S) (W)
6.30 **GREAT CONTINENTAL RAILWAY JOURNEYS** (4/10) Part two of two. Presenter Michael Portillo discovers how an earthquake in Ljubljana, Slovenia, encouraged its citizens to take up art and architecture. (S) (W) (HD)
7.00 **THE HAIRY BIKERS' CHICKEN AND EGG** (6/6) Dave Myers and Si King head to Bromsgrove to taste some jerk chicken and sample an authentic Birmingham Balti as their culinary tour reaches a climax. Last in the series. (rpt) (S) (W) (HD)
8.00 **THE GREAT POTTERY THROW DOWN** (4/8) Week four sees the contestants challenged to come up with ceramics for the great outdoors – flower pots, ceramic roses and a fully functioning water feature complete with pump. (S) (W) (HD)
9.00 **BORN TOO WHITE** An examination of the stigma attached to albinism in Tanzania and Malawi, East Africa – resulting in discrimination and persecution for those with the condition. (S) (W)
10.00 **MOTD: THE PREMIER LEAGUE SHOW** Gabby Logan presents the magazine programme featuring news and highlights. (S) (W) (HD)
10.30 **NEWSNIGHT** Presented by Emily Maitlis. (S) (W) (HD) Followed by Weather. (S) (W) (HD)
11.15 **THE DRUG TRIAL: EMERGENCY AT THE HOSPITAL** In 2006, eight healthy men took part in a drug trial that went wrong. This drama-documentary tells the story of one of the most infamous medical emergencies in history. (rpt) (S) (W) (HD)

12.15 Sign Zone: David Bowie: The Last Five Years (rpt) (SL) (S) (W) **1.45** Sign Zone: Royal Recipes (rpt) (SL) (S) (W) **2.30** This Is BBC Two. Programme previews. (S) (W) (HD)

Hunt **5.55-6.00** Party Election Broadcast **10.00-10.30** The Arts Show **11.15** MOTD: The Premier League Show **11.45-12.15** Mock the Week. Topical comedy quiz show, hosted by Dara O Briain. **S4C 7.00** Cyw: Pingu **7.05** Cyw: Octonots **7.15** Cyw: Cân yr Octonots **7.20** Cyw: Guto Gwningen **7.30** Cyw: Gwdihw **7.45** Cyw: Nodi **8.00** Cyw: Stiwl **8.10** Cyw: Dipdap **8.15** Cyw: Cymyldubychain **8.30** Cyw: Chwedlau Tinga Tinga **8.40** Cyw: Peppa **8.45** Cyw: Meic y Marchog **9.00** Cyw: Falmair' Fuwch **9.10** Cyw: Hafod Haul **9.25** Cyw: Tomos a'i Ffrindiau **9.35** Cyw: Abadas **9.45** Cyw: Y Dywysoges Fach **10.00** Cyw: Y Teulu Mawr **10.10** Cyw: Heulwen a Lleu **10.20** Cyw: ABC **10.35** Cyw: Bobi Jac **10.45** Cyw: Cei Bach **11.00** Cyw: Pingu **11.05** Cyw: Octonots **11.15** Cyw: Cân yr Octonots **11.20**

ITV



The Chase, 5pm

6.00 Good Morning Britain (W) (HD) **8.30** Lorraine (W) (HD) **9.25** The Jeremy Kyle Show (W) (HD) **10.30** This Morning (W) (HD) **12.30** Loose Women (W) (HD) **1.30** ITV News, Weather (W) **1.55** Local News, Weather (W) **2.00** Judge Rinder (W) (HD) **3.00** James Martin's French Adventure (W) (HD) **3.59** Local Weather (W) **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. (W) (HD) **5.00** The Chase. Bradley Walsh presents. (W)

6.00 **LOCAL NEWS, WEATHER** Regional bulletin. (W)
6.30 **ITV NEWS, WEATHER** Latest headlines. (W)
7.00 **EMMERDALE** Aaron attends his sentencing and his friends and family are devastated to discover he will serve 12 months in prison. Gabby suspects her mother has a secret admirer. (W) (HD)
7.30 **MEN BEHAVING BADLY? TONIGHT** Julie Etchingham presents an undercover investigation into sexual harassment, going out on the streets and into nightclubs to find out whether men really are behaving badly. (W) (HD)
8.00 **EMMERDALE** Faith realises Debbie is planning to go to Prague with Sarah and tries to steal her boarding passes. However, an encounter with a police officer at the airport gives Debbie second thoughts about accompanying her daughter. Liv is outraged to hear Doug insulting her family and enlists Gabby's aid to teach him a lesson. Laurel confronts Will, Sandy is uncomfortable about visiting Ashley and Aaron struggles to cope with life behind bars.
9.00 **MAFIA WOMEN WITH TREVOR MCDONALD** Part two of two. Trevor McDonald meets ex-mobsters and their wives in hiding, including a couple in fear of their lives after the husband betrayed his Mafia bosses to the FBI. (W) (HD)
10.00 **ITV NEWS, WEATHER** Latest headlines. (W)
10.30 **LOCAL NEWS, WEATHER** Regional bulletin. (W)
10.40 **UEFA EUROPA LEAGUE HIGHLIGHTS** Action from the last-32 second-leg ties, including Saint-Etienne v Manchester United, Tottenham Hotspur v Gent and AS Roma v Villarreal. (W) (HD)
11.40 **TIPPING POINT** Gameshow, hosted by Ben Shephard, in which contestants answer questions to win turns on an arcade-style machine in the hope of winning up to £10,000. (rpt) (W) (HD)
12.35 Jackpot24. Live gaming. (W) **3.00** Men Behaving Badly? Tonight (rpt) (W) (HD) **3.25** ITV Nightscreen (W) (HD) **5.05** The Jeremy Kyle Show. Talk show. (rpt) (SL) (W) (HD)

Cyw: Guto Gwningen **11.30** Cyw: Gwdihw **11.45** Cyw: Nodi **12.00** Cyw: Stiwl **12.10** Cyw: Dipdap **12.15** Cyw: Cymyldubychain **12.30** Cyw: Chwedlau Tinga Tinga **12.40** Cyw: Peppa **12.45** Cyw: Meic y Marchog **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **1.30** Cefn Gwlad **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cymoedd Roy Noble **3.30** Natur Gudd Cymru **4.00** Awr Fawr **5.00** Stwnsh: Chwarter Call **5.15** Stwnsh: Crwbanod Ninja **5.35** Stwnsh: Pat a Stan **5.40** Stwnsh: Rygbi Pawb **6.00** Pobol y Cwm **6.25** Newyddion S4C a'r Tywydd. Latest headlines. **6.30** Ward Plant **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Wil ac Aeron: Taith yr Alban **9.00** Newyddion 9 a'r Tywydd **9.30** Pawb a'i Farn **10.30** Pryd o Sêr **11.30-12.05** Loriau Mansel Davies a'i Fab

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND As BBC1 except: **6.55-7.00** Party Election Broadcast **10.40** The View **11.40** Question Time **12.40** This Week By-Election Special **3.00-6.00** BBC News
BBC2 WALES As BBC2 except: **1.25** Beat the Brain. Quiz in which contestants face puzzles, problems, posers and conundrums designed to test their mental fitness. **1.55-2.25** Beat the Brain
BBC2 SCOTLAND As BBC2 except: **12.00-1.00** First Minister's Questions. Presented by Brian Taylor. **6.30** The Hairy Bikers' Chicken and Egg **7.30-8.00** Timeline **9.00-10.00** Growing Up in Scotland: A Century of Childhood **11.15-12.15** Born Too White
BBC2 NORTHERN IRELAND As BBC2 except: **5.15** Bargain

CHANNEL 4



Hollyoaks, 6.30pm

6.00 Countdown (rpt) (HD) **6.45** The King Of Queens (rpt) **7.10** The King Of Queens (rpt) **7.35** The King Of Queens (rpt) **8.00** Everybody Loves Raymond (rpt) **8.35** Everybody Loves Raymond (rpt) **9.05** Frasier (rpt) **9.35** Frasier (rpt) **10.05** Undercover Boss USA (rpt) (HD) **11.00** Ramsay's Kitchen Nightmares USA (rpt) **12.00** Channel 4 News Summary (HD) **12.05** A New Life In The Sun (rpt) (HD) **1.05** Find It, Fix It, Flog It (HD) **2.10** Countdown. Nick Hewer hosts the words-and-numbers game. (HD) **3.00** Fifteen To One (HD) **4.00** A Place In The Sun: Winter Sun **5.00** Come Dine With Me (rpt)

6.00 THE SIMPSONS (21/21) Bart meets a hip-hop-quoting priest and decides to become a Catholic – to the dismay of Homer, who then tries to lure him back into the Protestant fold. (rpt)

6.30 HOLLYOAKS Joel is stunned when he witnesses Sienna's abduction. Meanwhile, Neeta plans a night out in the hope of cheering up Sally. (HD)

7.00 CHANNEL 4 NEWS Latest headlines. (HD)

8.00 THE SUPERVET Pioneering veterinary surgeon Noel Fitzpatrick gets to work on more animals in need of his help. A puppy is rushed into the surgery after being hit by a car, leading to a series of operations including a skin graft in which the dog's leg is sewn into her stomach and a Chihuahua has shattered the bones in its paw falling down the stairs while chasing a cat. Can the professor help? (HD)

9.00 HAS POLITICAL CORRECTNESS GONE MAD? Writer, broadcaster and former politician Trevor Phillips argues that liberalism and fear of offending minorities is stifling legitimate debate. (HD)

10.00 THE SWINGERS (1/8) Dutch drama about a grieving young couple who move into a new house in the suburbs and become increasingly friendly with their neighbours, with fatal consequences. The rest of the series can be seen on All 4. (HD)

11.00 24 HOURS IN A&E Cameras focus on the ups and downs of family life, with patients including a 53-year-old woman who is rushed to A&E after suffering a suspected heart attack. (rpt) (HD)

12.05 The Trouble With Dad (rpt) (HD) **1.05** Jon Richardson: How To Survive The End Of The World (rpt) (HD) **2.00** Staying Healthy: A Doctor's Guide (rpt) (SL) (HD) **2.55** Supermarkets: Brexit & Your Shrinking Shop – Channel 4 Dispatches (rpt) (HD) **3.25** Kirstie's Homemade Home (rpt) (HD) **3.40** Four In A Bed (rpt) (HD) **4.10** Phil Spencer: Secret Agent (rpt) (SL) (HD) **5.05** Fifteen To One (rpt) (HD)

● All programme details are correct at time of going to press

CHANNEL 5



Bargain-Loving Brits In The Sun, 8pm

6.00 Milkshake! Pip Ahoy! (rpt) (HD) **6.10** Lily's Driftwood Bay (rpt) (HD) **6.20** Little Princess (rpt) **6.30** Paw Patrol (rpt) (HD) **6.45** Bob The Builder (rpt) (HD) **6.55** Fireman Sam (rpt) (HD) **7.05** Thomas & Friends (rpt) **7.20** Milkshake! Monkey (rpt) **7.25** Shimmer And Shine (HD) **7.35** Noddy: Toyland Detective (rpt) (HD) **7.50** Paw Patrol (rpt) (HD) **8.05** Ben And Holly's Little Kingdom (rpt) **8.15** Digby Dragon (HD) **8.25** Peppa Pig (rpt) **8.35** Peppa Pig (rpt) **8.50** Wissper (rpt) (HD) **9.00** Toot The Tiny Tugboat (rpt) (HD) **9.15** The Wright Stuff (HD) **11.15** GPs: Behind Closed Doors (rpt) (HD) **12.10** 5 News Lunchtime (HD) **12.15** Benefits: The Millionaire Shoplifter (rpt) (HD) **1.15** Home And Away (HD) **1.45** Neighbours (HD) **2.15** NCIS (rpt) **3.15** FILM: Deadly Paradise (2016) Premiere. Thriller, starring Boti Bliss. (HD) **5.00** 5 News At 5 (HD) **5.30** Neighbours (rpt)

6.00 HOME AND AWAY Heath hits the roof when Bianca admits she nearly kissed another man, while Evelyn tells Matt she is scared of moving things forward as she will be upset if things don't work. (rpt)

6.30 5 NEWS TONIGHT Latest headlines. (HD)

7.00 NIGHTMARE TENANTS, SLUM LANDLORDS (3/13) Property developer Alex calls in an eviction specialist after finding that he could be arrested if he tries to oust squatters from the derelict pub he has recently purchased. (rpt) (HD) Followed by 5 News Update. (HD)

8.00 BARGAIN-LOVING BRITS IN THE SUN Middlesbrough man Michael has great ambitions for his new high-end bar, while ex-criminal Rob is struggling to keep his tattoo parlour afloat. Last in the series. (HD) Followed by 5 News Update. (HD)

9.00 THE GREAT BRITISH BENEFITS HANDOUT (2/6) Romford grandmother Lorraine receives her trading licence and sets up her market stall, while hairdresser Donna is shocked to learn how much it will cost to renovate her salon. (HD)

10.00 NEW SERIES CELEBRITY SEX POD (1/3) Special version of the show, featuring famous faces sharing their thoughts on sex. (T)

11.05 THE NIGHTMARE NEIGHBOUR NEXT DOOR (2/6) A young couple gather shocking footage of the constant harassment they have endured. (rpt)

12.00 SuperCasino **3.10** Cruising With Jane McDonald (rpt) (HD) **4.00** Tattoo Disasters UK (rpt) (SL) (HD) **4.25** Tattoo Disasters UK (rpt) (SL) (HD) **4.45** House Doctor (rpt) (SL) **5.10** Great Scientists (rpt) (SL) **5.35** Wildlife SOS (rpt) (SL)

5STAR

6.00am Teleshopping **8.00** 8 Simple Rules **8.20** Dance Moms **10.05** 8 Simple Rules **11.00** 100 Per Cent Hotter **12.00noon** Can't Pay? We'll Take It Away **1.00** Dance Moms **2.00** Dance Moms Throwback **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms Throwback Special **8.00** Dance Moms **9.00** Don't Tell the Doctor **10.00** The Magicians **11.00** Film: Marley & Me (PG) Comedy drama. **1.25** Teen Wolf

5USA

6.00am Teleshopping **9.00** Access **9.10** Longmire **10.00** Law & Order **11.00** Law & Order **12.00noon** CSI: Miami **1.00** NCIS **2.00** Castle **3.00** Longmire **4.00** Law & Order **5.00** Law & Order **6.00** CSI: Miami. Horatio has to sack a member of his team. **7.00** NCIS **8.00** NCIS **9.00** Chicago Fire **10.00** Law & Order: Special Victims Unit **11.00** Law & Order: Special Victims Unit. A woman's ex-boyfriend is suspected of setting up an assault. **12.00midnight** NCIS **1.00** CSI: Miami **2.00** CSI: Miami **3.00** Chicago PD

THURSDAY

23 FEBRUARY 2017



CRITIC'S CHOICE

BY MIKE WARD

MAFIA WOMEN WITH TREVOR MCDONALD

9pm, ITV ★ ★ ★ ★

In this second episode, Trevor meets a secret community of former mobsters and their wives who are now all in hiding from the Mafia.

SHOP WELL FOR LESS?

8pm, BBC1 ★ ★ ★

Remember this one? Back for another series, it's the show in which Alex Jones and Steph McGovern try to help families tackle their bad shopping habits. In other words, it takes the idea behind Gregg Wallace's series Eat Well For Less?, which politely advises people to apply a modicum of basic common sense when doing their weekly food shop, and broadens this to take in everything from fashion to washing powder. Either way, the message remains a blindingly simple one: stop falling for the fancy branding and you'll save yourself a fortune.

HAS POLITICAL CORRECTNESS GONE MAD?

9pm, Channel 4 ★ ★ ★ ★

Trevor Phillips, lifelong campaigner for equality, asks whether the determination of liberals to stifle populist opinion has backfired on them.



SECRETS OF THE CASTLE

8pm Tonight

Find out how water mills transformed bread making, and other aspects of life, in a medieval castle with Ruth, Peter and Tom.



Sky 537 | Freeview 19 | Virgin 245



Mad Max: Fury Road
10pm, Sky Cinema Oscars/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am Anything For Love (2016) PG **7.45 Fathers and Daughters** (2015) 15 Drama, starring Russell Crowe. **9.45 The Lego Batman Movie: Special** **10.15 The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **12.05pm Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **1.55 Fathers and Daughters** (2015) 15 Drama, starring Russell Crowe. **4.00 Oscars 2017 Nominations Special** **4.15 McCanick** (2013) 15 Crime drama, starring David Morse. **6.00 The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **8.00 Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **9.45 The Top Ten Show 2017** **10.00 The Greasy Strangler** (2016) 18 Premiere. Comedy horror, starring Michael St Michaels. **11.45 McCanick** (2013) 15 Crime drama, starring David Morse. **1.30am The Goob** (2014) 18 **3.05 Hacked** (2013) 18. **4.30 The Lego Batman Movie: Special** **5.00 Fences: Special** **5.30 Everest: Sky Movies Special**

SKY CINEMA COMEDY Sky 308 Virgin 438

7.00am The Lego Batman Movie: Special **7.30 Big Daddy** (1999) 12 **9.10 Welcome to Me** (2014) 15 With Kristen Wiig. **10.45 In Her Shoes** (2005) 12 With Cameron Diaz. **1.00pm Bridget Jones's Diary** (2001) 15 With Renée Zellweger. **2.45 Zoolander** (2001) 12 With Ben Stiller. **4.25 Zoolander 2** (2016) 12 With Ben Stiller. **6.15 Bridget Jones's Diary** (2001) 15 With Renée Zellweger. **8.00 Zoolander** (2001) 12 With Ben Stiller. **9.40 Zoolander 2** (2016) 12 With Ben Stiller. **11.30 Pixels** (2015) 12 **1.25am Team America: World Police** (2004) 15 With Trey Parker. **3.10 Nacho Libre** (2006) 12 With Jack Black. **4.50 Trail of the Pink Panther** (1982) PG

SKY CINEMA ACTION Sky 307 Virgin 437

6.00am Cellular (2004) 15 With Kim Basinger. **7.50 The Huntsman: Winter's War** (2016) **12.9.50 The Mummy: Tomb of the Dragon Emperor** (2008) 12 With Brendan Fraser. **1.1.50 John Wick** (2014) 15 With Keanu Reeves. **1.45pm Avengers: Age of Ultron** (2015) 12 With Robert Downey Jr. **4.15 Fantastic Four: Rise of the Silver Surfer** (2007) PG With Ioan Gruffudd. **6.00 The Huntsman: Winter's War** (2016) 12 With Chris Hemsworth. **8.00 John Wick** (2014) 15 With Keanu Reeves. **9.50 Avengers: Age of Ultron** (2015) 12 With Robert Downey Jr. **12.20am Tracers** (2015) 12 With Taylor Lautner. **2.10 AVP: Alien vs Predator** (2004) 15 **4.15 Fantastic Four: Rise of the Silver Surfer** (2007) PG

SKY CINEMA FAMILY Sky 306 Virgin 436

6.00am Toys (1992) PG Comedy. **8.10 Big Hero 6 Special** **8.40 Beethoven** (1992) U Canine

comedy, starring Charles Grodin. **10.15 Chitty Chitty Bang Bang** (1968) U Children's musical adventure, starring Dick Van Dyke. **12.45pm Strange Magic** (2015) U Animated fantasy musical, with the voice of Evan Rachel Wood. **2.35 Hotel Transylvania 2** (2015) U Animated comedy, with the voice of Adam Sandler. **4.15 The Muppets** (2011) U Comedy, starring Jason Segel. **6.10 Strange Magic** (2015) U Animated fantasy musical, with the voice of Evan Rachel Wood. **8.00 Hotel Transylvania 2** (2015) U Animated comedy, with the voice of Adam Sandler. **9.35 The Muppets** (2011) U Comedy, starring Jason Segel. **11.20 Baby's Day Out** (1994) PG Family comedy, with Joe Mantegna. **1.00am Beethoven** (1992) U Canine comedy, starring Charles Grodin. **2.30 Toys** (1992) PG Comedy, starring Robin Williams. **4.35 Baby's Day Out** (1994) PG Family comedy.

SKY CINEMA DRAMA Sky 310 Virgin 440

6.00am Despite the Falling Snow (2016) 12 **7.40 Amistad** (1997) 15 With Anthony Hopkins. **10.20 Take the Lead** (2006) 12 With Antonio Banderas. **12.25pm Cake** (2014) 15 With Jennifer Aniston. **2.15 The Curious Case of Benjamin Button** (2008) 12 With Brad Pitt. **5.05 The Sound of Music** (1965) U With Julie Andrews. **8.00 Truth** (2015) 15 With Robert Redford. **10.15 Notting Hill** (1999) 15 With Hugh Grant. **12.25am John Tucker Must Die** (2006) 12 With Jesse Metcalfe. **2.00 Jersey Girl** (2004) 12 With Ben Affleck. **3.50 Heaven Knows, Mr Allison** (1957) PG With Robert Mitchum. **5.45 The Top Ten Show 2017**

SKY CINEMA OSCARS Sky 304 Virgin 434

6.00am The King and I (1956) U **8.15 Beauty and the Beast** (1991) U Disney animated fantasy, with the voice of Paige O'Hara. **9.45 Thelma & Louise** (1991) 15 Drama, starring Susan Sarandon and Geena Davis. **12.00noon The Danish Girl** (2015) 15 Period drama, starring Eddie Redmayne and Alicia Vikander. **2.05 Mad Max: Fury Road** (2015) 15 Sci-fi thriller sequel, starring Tom Hardy and Charlize Theron. **4.15 Beauty and the Beast** (1991) U Disney animated fantasy, with the voice of Paige O'Hara. **5.50 Girl, Interrupted** (1999) 15 Fact-based drama, starring Winona Ryder. **8.00 The Danish Girl** (2015) 15 Period drama, starring Eddie Redmayne and Alicia Vikander. **10.00 Mad Max: Fury Road** (2015) 15 Sci-fi thriller sequel, starring Tom Hardy. **12.05am Million Dollar Baby** (2004) 12 Boxing drama, directed by and starring Clint Eastwood. **2.20 The King and I** (1956) U Oscar-winning musical. **4.35 The Enemy Below** (1957) PG Second World War thriller.

TCM Sky 317 Virgin 415

6.00am Hollywood's Best Film Directors (61/91) **6.30 Hollywood's Best Film Directors**

(63/91) **7.05 Rawhide** (19/30) **8.10 Rawhide** (1/31) **9.10 Memphis Belle** (1990) PG Second World War drama, starring Matthew Modine. **11.20 Badman's Country** (1958) U Western, starring George Montgomery. **12.45pm Rawhide** (21/30) **1.50 Rawhide** (22/30) **3.00 The Counterfeit Traitor** (1962) 12 Espionage drama, starring William Holden. **5.50 Hollywood's Best Film Directors** (65/91) **6.35 The Stepford Wives** (1975) 15 Satirical sci-fi thriller, with Katharine Ross. **9.00 Lone Star** (1996) 15 Mystery, starring Chris Cooper. **11.40 Enter the Dragon** (1973) 18 Martial arts thriller. **1.45am Conspiracy Theory** with Jesse Ventura **2.45 Conspiracy Theory** with Jesse Ventura **3.30 Hollywood's Best Film Directors** (13/91) **4.30 Hollywood's Best Film Directors** **5.00 Hollywood's Best Film Directors** **5.30 Hollywood's Best Film Directors**

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am Decision at Sundown (1957) U Western, starring Randolph Scott. **12.35pm Prince Valiant** (1954) U Adventure, with Robert Wagner. **2.40 Great Expectations** (1946) PG Drama, starring John Mills. **5.00 The Colditz Story** (1954) U Second World War drama, starring John Mills. **7.00 The Addams Family** (1991) PG Black comedy, starring Anjelica Huston. **9.00 Closed Circuit** (2013) 15 Premiere. Thriller, starring Eric Bana and Rebecca Hall. **10.50 Safe House** (2012) 15 Thriller, with Denzel Washington. **1.05am The Girl Who Kicked the Hornets' Nest** (2010) 15

SKY CINEMA DISNEY Sky 305 Virgin 435

6.40am Lilo & Stitch (2002) U Animated sci-fi comedy, with the voice of Daveigh Chase. **8.10 Big Hero 6** (2014) PG Animated adventure, featuring the voice of Ryan Potter. **10.00 Pocahontas** (1995) U Animated drama, with the voice of Irene Bedard. **11.30 Tin Toy** (1988) U Pixar animated short. **11.40 The Little Mermaid** (1989) U Animated adventure, with the voice of Jodi Benson. **1.10pm The Jungle Book** (2016) PG Adventure, starring Neel Sethi. **3.00 Bambi** (1942) U Animated drama, with the voice of Bobby Stewart. **4.15 Super Rhino** (2009) U Short animated film featuring the characters from Bolt. **4.25 Cinderella** (1950) U Animated fairytale, with the voice of Ilene Woods. **5.45 National Treasure** (2004) PG Action adventure, starring Nicolas Cage. **8.00 The Jungle Book** (2016) PG Disney adventure, starring Neel Sethi. **10.00 My Favorite Martian** (1999) PG Sci-fi comedy, starring Christopher Lloyd. **11.45 Bedknobs and Broomsticks** (1971) U **1.50am Invincible** (2006) PG Fact-based sporting drama, starring Mark Wahlberg. **3.40 National Treasure: Book of Secrets** (2007) PG Adventure sequel, starring Nicolas Cage. **5.55 Knick Knack** (1989) U

SKY I

Sky 106 Virgin 110

6.00am Hawaii Five-0 **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing To Declare **11.00** A Town Called Eureka **12.00noon** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** Duck Quacks Don't Echo **9.00** Arrow **10.00** Ross Kemp Libya's Migrant Hell **11.30** The Force: Manchester **1.30am** Most Daring **2.30** Stop, Search, Seize **4.30** RSPCA Animal Rescue **5.30** Futurama

SKY ATLANTIC

Sky 108

6.00am Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without A Trace **1.00pm** Blue Bloods **2.00** The Petrol Age **3.00** The West Wing **5.00** House **6.00** Without A Trace **7.00** Without A Trace **8.00** Blue Bloods **9.00** Fortitude **10.00** High Maintenance **10.40** High Maintenance **11.15** Last Week Tonight With John Oliver **11.50** Girls **12.25am** Crashing **1.05** Fortitude **2.05** The Wire **3.15** Without A Trace **4.10** Richard E Grant's Hotel Secrets

W

Sky 109 Virgin 125

6.10am Believe **7.00** Passport Patrol **8.00** My Dream Home **9.00** Wanted Down Under **10.00** The Bill **11.00** Tipping Point: Lucky Stars **12.00noon** Tipping Point **1.00** Choccywoccydoodah **2.00** Wanted Down Under **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point: Lucky Stars **7.00** Supernanny **8.00** MasterChef USA **9.00** John Bishop: In Conversation With Lenny Henry **10.00** EastEnders **10.30** Absolutely Fabulous **11.20** The Call Centre **12.20am** EastEnders **1.00** Million Dollar Intern **2.35** Betty White's Off Their Rockers

LIFETIME

Sky 156 Virgin 208

6.00am Teleshopping **7.00** Judge Judy **9.00** Masters Of Flip **10.00** Flipping Vegas **11.00** Pawn Stars **12.00noon** Masters Of Flip **1.00** Flipping Vegas **2.00** Judge Judy **3.00** The Real Housewives Of New Jersey **4.00** Dance Moms **5.00** Little Women: NY **6.00** Flipping Vegas **7.00** Judge Judy **9.00** Australia's Next Top Model **10.00** Project Runway **11.00** Kiss, Bang, Love **12.00midnight** Australia's Next Top Model **1.00** Project Runway **2.00** Ex Isle **3.00** Dance Moms **4.00** Teleshopping

HISTORY

Sky 529 Virgin 270

7.00am Pawn Stars **8.00** American Pickers **9.00** Storage Wars **10.00** Forged In Fire **11.00** Storage Wars **12.00noon** American Pickers **1.00** Flipping Vegas **2.00** Decked Out **3.00** Mountain Men **5.00** Forged In Fire **6.00** American Pickers **7.00** Mountain Men **8.00** Forged In Fire **10.00** Football: A Brief History By Alfie Allen **11.00** Pawn Stars **12.00midnight** Forged In Fire **1.00** Football: A Brief History By Alfie Allen **2.00** Pawn Stars **3.00** American Pickers **4.00** Storage Wars

COMEDY CENTRAL

Sky 112 Virgin 132

8.00am The Middle **9.00** The Fresh Prince Of Bel-Air **10.00** Friends **1.00pm** Impractical Jokers **2.00** Friends **3.00** The Fresh Prince Of Bel-Air **5.00** Friends **9.00** Film: Legally Blonde (2001) (12) Comedy, starring Reese Witherspoon. **11.00** The Chris Ramsey Show **11.30** Impractical Jokers **1.30am** South Park **3.25** Impractical Jokers

SKY LIVING

Sky 107 Virgin 112

6.00am Border Security: Canada's Front Line **7.00** House Hunters International **8.00** Nothing To Declare **9.00** Monkey Life **10.00** Elementary **11.00** Cold Case **12.00noon** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** Stop, Search, Seize **4.00** UK Border Force **5.00** Nothing To Declare **6.00** Elementary **7.00** CSI: Crime Scene Investigation **8.00** America's Next Top Model **9.00** Blindspot **10.00** Scandal **11.00** Criminal Minds **12.00midnight** Cold Case **1.00** Shades Of Blue **2.00** UK Border Force **3.00** House Hunters International **4.00** Nothing To Declare

GOLD

Sky 110 Virgin 124

7.00am Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Last Of The Summer Wine **12.40pm** Keeping Up Appearances **2.00** The Brittas Empire **3.20** Last Of The Summer Wine **5.20** Open All Hours **6.40** Keeping Up Appearances **8.00** Miranda **10.00** Absolutely Fabulous **12.00midnight** Peep Show **1.10** Big School **2.25** Shooting Stars **3.35** Harry Enfield And Chums

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm 100 Days **7.30** Top Of The Pops: 1983
8.00 Thailand: Earth's Tropical Paradise **9.00**
 Madame Tussaud: A Legend In Wax **10.00** The
 French Revolution: Tearing Up History. Richard
 Clay examines the art of the French Revolution.
11.00 The Nazis: A Warning From History
11.50 Andrew Marr On Churchill: Blood,
 Sweat And Oil Paint **12.50am** Top Of The Pops:
 1983 **1.20** Sounds Of The 70s 2 Troubadours –
 Peaceful Easy Feeling **1.50** Sound Of Song **2.50**
 The French Revolution: Tearing Up History

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am You've Been Framed! Gold **6.25** Funniest
 Ever You've Been Framed! Gold **7.15** The Ellen
 DeGeneres Show **8.00** Coronation Street **8.30**
 You've Been Framed! Gold **9.30** Ninja Warrior
 UK **10.30 Film:** Honey (2003) (PG) Urban dance
 drama, starring Jessica Alba. **11.30** FYI Daily **11.35**
Film: Honey (2003) (PG) Concluded. **12.30pm**
 Coronation Street **1.00** You've Been Framed! Gold
 100% **2.00** The Ellen DeGeneres Show **2.50** The
 Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've
 Been Framed! Gold **7.00** Totally You've Been
 Framed! Gold **8.00** Two And A Half Men **8.30** Two
 And A Half Men **9.00** Release The Hounds: Famous
 & Freaked **10.00** Family Guy **10.30** Family Guy.
 Brian begins dating an older woman. **11.00** Family
 Guy **11.30** American Dad! **12.30am** Two And A
 Half Men **1.25** Release The Hounds: Famous &
 Freaked **2.20** Teleshopping **5.50** ITV2 Nightscreen

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am In Loving Memory **6.25** Heartbeat **7.25**
 Where The Heart Is **8.25** The Royal **9.25** Judge
 Judy **10.50** Inspector Morse **1.05pm** Heartbeat
2.05 The Royal **3.05** Where The Heart Is **4.10**
 In Loving Memory **4.45** Doctor At Large **5.20**
 On The Buses **5.55** Heartbeat **7.00** Murder, She
 Wrote **8.00** Heartbeat **9.00** Murder On The
 Home Front **11.05** Prime Suspect IV **1.20am** The
 Knock **2.15** ITV3 Nightscreen **2.30** Teleshopping

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Gunsmoke **6.55** The Saint **8.00** Hogan's
 Heroes **8.30** The Professionals **9.35** Ironside
10.40 Gunsmoke **11.45** Live Snooker Shootout
5.30pm Storage Wars: Texas **6.30** World Cup
 Top Goalscorers **6.45** Live Snooker Shootout
10.45 Film: Memphis Belle (1990) (PG) Second
 World War drama. **12.55am** The Professionals
1.45 Hogan's Heroes **2.40** ITV4 Nightscreen

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Be Beautiful **9.10**
 The Only Way Is Essex **10.00** Jerseylicious **11.00**
 The Real Housewives Of Atlanta **12.00noon**
 Buying And Selling **1.00** Dinner Date **2.00** Dallas
 Cowboys Cheerleaders **3.00** The Real Housewives
 Of Miami **4.00** The Real Housewives Of Beverly
 Hills **6.00** Dinner Date **7.00** Buying And Selling
8.00 Dinner Date **9.00** Newlyweds: The First
 Year. Reality series. **10.00** Ladies Of London **11.00**
 The Millionaire Matchmaker **12.00midnight** The
 Jeremy Kyle Show USA **12.55** Teleshopping

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube Shorts **6.10** Made In
 Chelsea: South Of France **7.00** Hollyoaks **7.30**
 Coach Trip: Road To Marbs **8.00** Brooklyn Nine-
 Nine **9.00** Rules Of Engagement **10.00** Baby Daddy
11.00 Charmed **1.00pm** How I Met Your Mother
2.00 The Big Bang Theory **3.00** Baby Daddy **4.00**
 How I Met Your Mother **5.00** Brooklyn Nine-Nine
6.00 The Big Bang Theory **7.00** Hollyoaks **7.30**
 Coach Trip: Road To Marbs **8.00** The Big Bang
 Theory **8.30** The Big Bang Theory **9.00** Gap Year.
 New series. **10.00** Celebs Go Dating. Famous faces
 try to find love. **11.05** Naked Attraction **12.10am**
 The Big Bang Theory **1.10** Celebs Go Dating **2.10**
 Gap Year **3.05** Naked Attraction **3.55** Hollyoaks
4.20 Rules Of Engagement **4.45** Charmed

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** A Place In
 The Sun: Winter Sun **1.45pm** Time Team **3.50**
 Great Canal Journeys **4.55** Location, Location,
 Location **5.55** Car SOS **6.55** The Supervet **7.55**
 Grand Designs **9.00 Film:** Patriot Games (1992)
 (15) **11.20** 8 Out Of 10 Cats Does Countdown
12.20am Ramsay's Kitchen Nightmares USA
1.20 Grand Designs **2.30** 8 Out Of 10 Cats
 Does Countdown **3.30** Food Unwrapped

CBEBBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Show Me Show Me **6.20** Baby
 Jake **6.30** Alphablocks **6.35** Dinopaws **6.45** Raa

Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing
7.25 Postman Pat: SDS **7.40** The Furchester Hotel
7.50 Octonauts **8.05** Go Jetters **8.15** Hey Duggee
8.25 Justin's House **8.50** Kate & Mim-Mim **9.00**
 Discover And Do: Timmy Time **9.10** Bing **9.20**
 Patchwork Pals **9.25** Twirlywoos **9.40** Woolly &
 Tig **9.45** Something Special: Out And About **10.05**
 Teletubbies **10.20** Numberblocks **10.25** Let's
 Play **10.45** Small Potatoes **10.50** The Lingo Show
11.00 Mister Maker's Arty Party **11.20** Show Me
 Show Me **11.40** Waybuloo **12.00noon** I Can Cook
 With You **12.15** Grandpa In My Pocket **12.30** My
 Story **12.45** Diddap **12.50** Melody **1.00** Tinga
 Tinga Tales **1.15** Bing **1.20** Patchwork Pals **1.25**
 Twirlywoos **1.40** Woolly & Tig **1.45** Something
 Special: Out And About **2.05** Teletubbies **2.20**
 Numberblocks **2.25** Let's Play, Small Potatoes **2.45**
 The Lingo Show **3.00** Mister Maker's Arty Party
3.20 Chuggington **3.30** Big Fun Time: Numtums
3.45 Gigglebizz **4.00** Rastamouse **4.10** School Of
 Roars **4.20** Messy Goes To Okido **4.35** Andy's
 Baby Animals **4.45** Peter Rabbit **5.00** Peter Rabbit
 Special: The Tale Of The Unexpected Discovery
5.20 Go Jetters **5.35** What's The Big Idea? **5.40**
 Our Family. Children's fun. **5.50** Nelly & Nora
6.00 CBeebies Bedtime Hour: Clangers **6.10**
 The Adventures Of Abney & Teal **6.20** In The
 Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Paper Craft **8.00** Craft Yourself Silly **9.00**
 Pebeo One Day Special **10.00** DaliArt **11.00** Paper
 Craft **12.00noon** Pebeo One Day Special **1.00** In
 The Sewing Room with Craft Yourself Silly **2.00**
 Collectables **3.00** DaliArt **4.00** Pebeo One Day
 Special **5.00** In The Sewing Room with Craft Yourself
 Silly **6.00** DaliArt **7.00** Pebeo One Day Special **8.00**
 Gemini Monthly Mega Deal One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Time Team **7.10** Cash In The Attic **8.00**
 Time Team **9.00** Impossible Engineering **10.00**
 Nazi Hunters **11.00** Coast **12.00noon** Time
 Team **1.00** Impossible Engineering **2.00** Auf
 Wiedersehen, Pet **3.00** Whatever Happened To
 The Likely Lads? **3.40** Yes Minister **4.20** 'Allo 'Allo!
5.00 Time Team **6.00** Battleplan **7.00** Coast **8.00**
 Secrets Of The Castle **9.00** Whatever Happened
 To The Likely Lads? **9.40** Yes Minister **10.20** 'Allo
 'Allo! **10.55** Auf Wiedersehen, Pet **12.00midnight**
 Secrets Of The Castle With Ruth, Peter And Tom
1.00 Battleplan **2.00** Cash In The Attic

DAVE Sky 111 Freeview 12 Virgin 127

7.10am Ice Road Truckers **8.10** American Pickers
9.00 Storage Hunters **10.00** American Pickers
12.00noon Top Gear. Car magazine show. **2.00**
 Room 101 **2.40** QI **3.20** Would I Lie To You? **4.00**
 Top Gear **5.00** Red Bull Soapbox Race **6.00** Room
 101 **6.40** QI **7.15** Would I Lie To You? **8.00** QI
 XL. Stephen Fry hosts. **9.00** Not Going Out **10.20**
 Mock The Week **12.20am** Room 101 **1.00** Not
 Going Out **1.40** 8 Out Of 10 Cats **2.10** The Last
 Man On Earth **2.40** Suits **3.30** Gavin & Stacey

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am The Bill **8.00** Boon **9.00** Bergerac **10.00**
 All Creatures Great And Small **11.00** The Bill
1.00pm As Time Goes By **1.40** Last Of The
 Summer Wine **2.20** Birds Of A Feather **3.00** Boon
4.00 Bergerac **5.00** All Creatures Great And Small
6.00 Last Of The Summer Wine **7.20** As Time
 Goes By **8.00** Hetty Wainthropp Investigates **9.00**
 New Tricks. A car accident threatens the team's
 future. **10.00** New Tricks **11.20** Sharpe **1.20am**
 Boon **2.20** Champion **3.10** Garden Hopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

6.00am Teleshopping **9.00** NCIS **11.00** The
 Twilight Zone **12.00noon** Gunsmoke **1.00**
 Bonanza **2.00** NCIS **4.00** Mission: Impossible
5.00 JAG **6.00** NCIS **7.00** Diagnosis Murder
8.00 Walker, Texas Ranger **9.00** NCIS **10.00**
 NCIS. Part one of two. **11.00** Mission: Impossible
12.00midnight NCIS **2.40** Bonanza **3.40** Walker,
 Texas Ranger **4.30** The Streets Of San Francisco

CBS REALITY Sky 146 Freeview 66 Virgin 148

6.00am Teleshopping **9.00** Judge Judy **9.55**
 Hoarders **10.50** Urban Legends **11.45** 48 Hours:
 Mystery **12.35pm** Judge Judy **3.10** Hoarders
4.05 Urban Legends **5.05** Judge Judy **7.00**
 Medical Detectives **7.30** Medical Detectives
8.00 Unsolved Mysteries. A UFO sighting denied
 by the military. **9.00** 48 Hours: Mystery. Real-life
 crimes and mysteries. **10.00** Wives With Knives.
11.00 Medical Detectives **12.00midnight** Evil
 Twins **1.00** 48 Hours: Mystery **2.00** Wives With
 Knives **3.00** Teleshopping **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1

Sky 401 Virgin 511

6.00am Football Gold **7.00** WWE Smackdown
 Hlts **8.00** Premier League Legends **9.00** Premier
 League World **9.30** Premier League Legends
10.00 One2Eleven: Wayne Hennessey **10.15**
 One2Eleven: Danny Gabbidon **10.30** One2Eleven:
 Mick McCarthy **10.45** One2Eleven: Stephen Carr
11.00 Premier League Years **1.00pm** Premier
 League World **1.30** Premier League Legends **3.00**
 One2Eleven: Christian Panucci **3.15** One2Eleven:
 Willy Sagnol **3.30** One2Eleven: Andy Townsend
3.45 One2Eleven: Ray Houghton **4.00** Premier
 League Years **6.00** Premier League Legends
6.30 Premier League World **7.00** Live Premier
 League Darts **10.00** Premier League Match Pack.
 A look ahead to the next round of fixtures. **10.30**
 La Liga Show **11.00** Premier League World **11.30**
 Premier League Match Pack **12.00midnight** La
 Liga Show **12.30** Premier League Legends **2.00**
 La Liga Show **2.30** Premier League Match Pack
3.00 Premier League World **3.30** La Liga Show
4.00 Premier League World **4.30** Premier League
 Match Pack **5.00** Premier League Legends

SKY SPORTS 2

Sky 402 Virgin 512

6.00am Live Test Cricket. India v Australia.
12.00noon Cricket Classics **1.00** Time Of Our
 Lives **2.00** Test Cricket **3.00** Sporting Records
4.00 Super Rugby **6.05** Super League Gold **6.20**
 Sky Sports Cricket Gold **6.30** Super League Gold
7.00 Live Betfred Super League. Hull FC v Catalans
 Dragons. **10.30** World Rugby Show. Magazine
 show rounding up the latest rugby union action.
11.00 Test Cricket **12.00midnight** Darts Gold
12.30 Premier League Darts **3.30** Sky Sports
 Cricket Gold **3.50** Live Test Cricket. India v Australia.

SKY SPORTS 3

Sky 403 Virgin 513

6.00am Sporting Greats **7.00** Darts Gold **8.00**
 Sky Sports Boxing Gold **8.30** Rugby Gold **8.40**
 Live Super Rugby. Rebels v Blues. **10.45** Sporting
 Triumphs **11.00** Racing News **11.30** Sporting
 Triumphs **12.00noon** Sporting Rivalries **1.00** Sky
 Sports Years **2.00** Sporting Records **3.00** Great
 Sporting Moments **4.00** Sporting Records **5.00**
 Fight Night **7.00** Carp Wars. Carp Wars is the
 ultimate head-to-head carp fishing competition.
7.30 Live ATP Tennis **2.00am** World Club
 Challenge Gold **2.15** Super League Gold **2.30**
 World Rugby Show **3.00** Sky Sports Years **4.00**
 Great Sporting Moments **5.00** Sporting Rivalries

BT SPORT 1

Sky 413 Virgin 531

5.00am Test Bowls: England V Scotland **6.00**
 Formula E Championship Highlights **7.00**
 Ladbrokes SPFL Highlights **7.30** Premier League
 World **8.00** Cricket Classics: Aus V SL 1996 **10.00**
 Live WTA Tennis: Dubai. The quarter-finals of
 the Dubai Duty Free Tennis Championships at
 the Aviation Club **2.00pm** BT Sport Reload **2.30**
 Ladbrokes SPFL Highlights **3.00** Live WTA Tennis:
 Dubai. The quarter-finals of the Dubai Duty Free
 Tennis Championships at the Aviation Club. Justine
 Henin has the tournament record with four titles
 followed by Venus Williams with three. **7.00** Rugby
 Tonight Extra. A round-up of the latest news and
 action from domestic and European rugby, plus a
 look ahead to this weekend's fixtures. **7.30** Global
 Goals. A round-up of the greatest goals from
 around the world, all accompanied by some great
 music. **8.00** Live UEFA Europa League. Lyon v AZ
 Alkmaar (Kick-off 8.05pm). **10.00** Premier League
 Match Pack. A preview of this weekend's top flight
 action, featuring key stats and insight. **10.30** Rugby
 Tonight Extra. A round-up of the latest news and
 action from domestic and European rugby. **11.00**
 WTA Tennis: Dubai **1.00am** Live NBA. Cleveland
 Cavaliers v New York Knicks. **3.30** Live NBA.
 Golden State Warriors v Los Angeles Clippers.

EUROSPORT 1

Sky 410 Virgin 523

7.30am World Superbikes **10.30** Nordic World
 Ski Championships **11.30** Biathlon **12.30pm** Live
 Biathlon. The Junior World Championship. **2.00**
 Ski Jumping **3.00** Nordic World Ski Championships
3.30 Live Nordic World Ski Championships.
 Coverage from Lahti, Finland. **5.15** Biathlon **7.00**
 Nordic World Ski Championships **8.00** Nordic
 World Ski Championships. Highlights from Lahti,
 Finland. **8.30** Cycling: Abu Dhabi Tour. Action from
 stage one. **10.00** Nordic World Ski Championships.
 Cross-country highlights from Lahti, Finland. **11.00**
 World Superbikes Classics **1.00am** Eurosport News

RADIO

RADIO 1

(FM: 97.6-99.8MHz)

6.33 The Radio 1 Breakfast Show With Nick
 Grimshaw **10.00** Clara Amfo. Music and topical
 chat. **12.45** Newsbeat **1.00** Scott Mills **4.00**
 Greg James **5.45** Newsbeat **6.00** Greg James
7.00 Mistajam **9.00** Radio 1's Artist Takeover
 With **10.02** BBC Radio 1's Residency – Eats
 Everything **12.00** BBC Radio 1's Residency –
 Metrik **1.00** Toddla T **4.00** Adele Roberts

RADIO 2

(FM: 88-90.2MHz)

5.00 Vanessa Feltz **6.30** Chris Evans **9.30** Ken
 Bruce **12.00** Jeremy Vine **2.00** Steve Wright
 In The Afternoon **5.00** Simon Mayo **7.00** Bob
 Harris Country. American country music singer-
 songwriter Brad Paisley joins Bob in the studio
 for a session performance. **8.00** Jo Whiley. The
 DJ provides listeners with a chance to enjoy
 highlights from the 2017 Brit Awards, including
 all the backstage gossip. **10.00** The Radio 2
 Arts Show With Jonathan Ross **12.00** The Craig
 Charles House Party **2.00** Radio 2's Tracks Of My
 Years Playlist **3.00** Radio 2 Playlist: Have A Great
 Weekend **4.00** Radio 2 Playlist: Feelgood Friday

RADIO 3

(FM: 90.2-92.4MHz)

6.30 Breakfast **9.00** Essential Classics **12.00**
 Composer Of The Week: Gade **1.00** News.
 Latets headlines. **1.02** Radio 3 Lunchtime
 Concert **2.00** Afternoon On 3 **4.30** In Tune
6.30 Composer Of The Week: Gade **7.30** Radio
 3 In Concert **10.00** Free Thinking **10.45** The
 Essay: The Other Auld Alliance **11.00** Exposure
12.00 Late Junction **12.30** Through The Night

RADIO 4

(FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day
5.45 Farming Today **5.58** Tweet Of The Day
6.00 Today **8.31** (LW) Yesterday In Parliament
9.00 In Our Time **9.45** (LW) Daily Service
9.45 (FM) Book of the Week: Deaths Of The
 Poets **10.00** Woman's Hour **11.00** From Our
 Own Correspondent **11.30** Mark Steel Does
 Hip-Hop **12.00** News **12.01** (LW) Shipping
 Forecast **12.04** Witness **12.15** You And Yours
12.57 Weather **1.00** The World At One **1.45**
 The Untold **2.00** The Archers **2.15** Drama:
 Inappropriate Relationships **3.00** Ramblings **3.27**
 Radio 4 Appeal **3.30** Open Book **4.00** The Film
 Programme **4.30** BBC Inside Science **5.00** PM
5.54 (LW) Shipping Forecast **5.57** Weather **6.00**
 Six O'Clock News **6.30** Meet David Sedaris. The
 American humorist reads from his comedy essays
 – a story of questionable childcare and a problem
 many people face when one flush is simply not
 enough. **7.00** The Archers. Helen is told to stop
 worrying. **7.15** Front Row. Arts programme.
7.45 44 Scotland Street. By Alexander McCall
 Smith. **8.00** The Briefing Room. Current
 affairs documentary. **8.30** The Bottom Line.
 An overview of the business world. **9.00** BBC
 Inside Science. Presented by Adam Rutherford.
9.30 In Our Time. The history of ideas. **10.00**
 The World Tonight **10.45** Book at Bedtime: The
 Underground Railroad **11.00** Jack & Millie **11.30**
 Today In Parliament **12.00** News And Weather.
 Headlines. **12.30** Book of the Week: Deaths
 Of The Poets **12.48** Shipping Forecast **1.00** As
 BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE

(MW: 909,693KHz)

5.00 Morning Reports **5.15** Wake Up To
 Money **6.00** 5 Live Breakfast **10.00** 5 Live
 Daily With Sam Walker **1.00** Afternoon Edition
4.00 5 Live Drive **7.00** 5 Live Sport **10.00**
 Question Time Extra Time **1.00** Up All Night

CLASSIC FM

(FM: 100-102MHz)

6.00 More Music Breakfast **9.00** John Suchet
1.00 Bill Turnbull **5.00** Classic FM Drive **7.00**
 Smooth Classics At Seven **8.00** The Full Works
 Concert **10.00** Smooth Classics **1.00** Jane Jones

RADIO SCOTLAND

(FM: 92.4-92.7MHz)

6.00 Good Morning Scotland **9.00** The Kaye
 Adams Programme **12.00** John Beattie Including
 First Minister's Questions **1.32** The Kitchen Cafe
2.00 Bulletin **2.05** The Janice Forsyth Show **4.00**
 Newsdrive **6.30** (FM) Get It On With Bryan
 Burnett **6.30** (MW) Sportsound **7.30** (MW)
 Get It On With Bryan Burnett. Music show in
 which listeners can make requests. **9.00** Bulletin.
 The latest headlines. **9.05** The Quay Sessions
 With Roddy Hart. A selection of live musical
 performances staged in front of an audience
 gathered at the Foyer at BBC Radio Scotland's
 Pacific Quay studio in Glasgow. **11.00** Bulletin
11.05 Vic Galloway **1.00**

BBC 1



Room 101, 8.30pm

6.00 Breakfast (S) (W) (HD) **9.15** Britain's Home Truths (S) (W) **10.00** Homes Under The Hammer (rpt) (S) (W) (HD) **11.00** Wanted Down Under Revisited (S) (HD) **11.45** Oxford Street Revealed (rpt) (S) (W) (HD) **12.15** Bargain Hunt (S) (W) (HD) **1.00** BBC News At One, (S) Weather (W) (HD) **1.30** Local News, (S) Weather (W) **1.45** Doctors. Heston attempts to avoid an old enemy. (S) (W) (HD) **2.15** The Coroner (rpt) (S) (W) (HD) **3.00** Escape To The Country (rpt) (S) (W) (HD) **3.45** The Farmers' Country Showdown (S) (W) (HD) **4.30** Flog It! (S) (W) (HD) **5.15** Pointless. Unusual quiz show. (S) (W)

6.00 **BBC NEWS AT SIX**, (S) **WEATHER** (W) (HD)
6.30 **LOCAL NEWS**, (S) **WEATHER** Regional stories.
7.00 **THE ONE SHOW** Angela Scanlon hosts the final edition of the week, featuring a mix of guests and stories about people in extraordinary circumstances.
7.30 **A QUESTION OF SPORT** With 800m champion Lynsey Sharp, golfer Andrew Johnston, rugby union star JP Pietersen and former footballer Kevin Davies. (rpt) (HD) Followed by BBC News, (S) Local News.
8.00 **EASTENDERS** Konrad has an offer for Mick, Denise speaks to a journalist about the community and an embarrassing incident prompts Ian to tell Jane the truth about his visit to the nurse. (S) (W) (HD)
8.30 **ROOM 101** (6/9) Frank Skinner invites sports presenter Gabby Logan and comedians Richard Ayoade and Alun Cochrane to express their anger over people, events and objects that upset them. (S)
9.00 **NOT GOING OUT** (6/8) Lee and Lucy decide to attend a marriage counselling session. However, events soon put their relationship under further strain. Lee Mack and Sally Bretton star. (S) (W) (HD)
9.30 **TRACEY ULLMAN'S SHOW** (4/6) Songstress Adele is happy – but that's not helping her new album, while Dame Maggie reveals acting tips. (S)
10.00 **BBC NEWS AT TEN** Latest headlines. (W) (HD)
10.25 **LOCAL NEWS**, (S) **WEATHER** Regional stories. (HD) Followed by National Lottery Update. (S) (W)
10.35 **THE GRAHAM NORTON SHOW** (19/20) With Hugh Jackman, who is about to make his final appearance as Wolverine in the X-Men sequel Logan alongside co-star Sir Patrick Stewart. (S) (W) (HD)
11.25 **THE REAL MARIGOLD HOTEL** (2/4) The group celebrates Amanda's 81st birthday together. (rpt) (S) Followed by Weather For The Week Ahead. (S) (W)

12.30 BBC News. Latest national and international headlines. (S)

● (1/3) Episode Number (W) Widescreen (rpt) Repeat (S) Subtitles (AD) Audio Description (SL) Sign Language (HD) High Definition

BBC 2



Only Connect, 8.30pm

Times vary

6.00 The World's Most Photographed (rpt) (S) (W) **6.30** Wanted Down Under Revisited (rpt) (S) (W) (HD) **7.15** The Farmers' Country Showdown (rpt) (S) (W) (HD) **8.00** Sign Zone: Big Dreams Small Spaces (rpt) (SL) (S) (W) **9.00** Victoria Derbyshire (S) (W) (HD) **11.00** BBC Newsroom Live (S) (W) (HD) **12.00** Daily Politics (S) (W) (HD) **1.00** Coast (rpt) (S) (W) (HD) **1.25** Beat The Brain (rpt) (S) (W) (HD) **1.55** Landward (S) (W) (HD) **2.25** Mountain (rpt) (S) (W) **3.25** Africa (rpt) (S) (W) (HD) **4.20** A Place To Call Home (S) (W) (HD) **5.15** Antiques Road Trip. From Stickney, Lincolnshire. (rpt) (S)

6.00 **EGGHEADS** (102/140) Quiz hosted by Jeremy Vine, in which the winners of famous gameshows work as a team to tackle a new set of challengers. (rpt) (S) (W)
6.30 **GREAT CONTINENTAL RAILWAY JOURNEYS** (5/10) Part one of two. Michael Portillo experiences first-hand Italy's "need for speed" in a state-of-the-art Maserati sports car. (S) (W) (HD)
7.00 **BIG DREAMS SMALL SPACES** (6/6) In Blackpool, accountant Alex dreams of turning her boring backyard into a magical enchanted forest and in Bristol helps Ross transform his overgrown allotment. Monty Don provides help. (S) (W) (HD)
8.00 **MASTERMIND** (30/31) Specialised subjects include TV detective series The Sweeney, pioneering nurse Mary Seacole and explorer James Cook. (S) (W)
8.30 **ONLY CONNECT** (31/37) The Surrealists take on the Korfballers in this quarter-final match, seeking to make connections between groups of four things. (S)
9.00 **NEW SERIES THE SECRETS OF YOUR FOOD** (1/3) Michael Mosley and James Wong reveal the physics, chemistry and biology hidden inside various foods. The first programme examines breast milk, sourdough bread and rice. (S) (W) (HD)
10.00 **QI** (18/18) Part two of two. Highlights of the "N" series of the panel game, featuring quizmaster Sandi Toksvig and panellist Alan Davies. (S) (W) (HD)
10.30 **NEWSNIGHT** Analysis of the events, presented by Kirsty Wark. (S) (W) (HD) Followed by Weather. (S)
11.05 **FURTHER BACK IN TIME FOR DINNER** (5/6) The Robshaws enter the 1940s and experience a decade dominated by war. (rpt) (S) (W) (HD)
12.05 Terry Pratchett: Back In Black (rpt) (S) (HD) **12.55** **FILM:** Big Jim McLain (1952) Spy drama, starring John Wayne. (S) (W) **2.20** Sign Zone: Birds Of Paradise: The Ultimate Quest (rpt) (SL) (S) (W) **3.20** Sign Zone: The Brit Who Tried To Kill Trump (rpt) (SL) (W) **4.05** Sign Zone: Royal Recipes (rpt) (S)

ITV



Emmerdale, 7pm

6.00 Good Morning Britain (W) (HD) **8.30** Lorraine (W) (HD) **9.25** The Jeremy Kyle Show (W) (HD) **10.30** This Morning. Presented by Eamonn Holmes and Ruth Langsford. (W) (HD) **12.30** Loose Women (W) (HD) **1.30** ITV News, Weather (W) **1.55** Local News, Weather (W) **2.00** Judge Rinder (W) (HD) **3.00** James Martin's French Adventure. The chef ends his excursion at the Bois de Boulogne. (W) (HD) **3.59** ITV Local Weather (W) **4.00** Tipping Point (W) (HD) **5.00** The Chase. Quiz show, hosted by Bradley Walsh. (W) (HD)

6.00 **LOCAL NEWS, WEATHER** Regional stories. (W)
6.30 **ITV NEWS, WEATHER** Latest headlines. (W)
7.00 **EMMERDALE** Laurel visits Ashley, but is devastated to discover he is starting to forget who she is and is forced to accept that their relationship will be very different, while Jacob breaks up with Gabby. (W)
7.30 **CORONATION STREET** Michelle tells Steve that she would like to try for another baby, while Jenny tries to win businessman Richard Drake round and Eva readies herself for visiting Maria in prison. (W)
8.00 **NEW SERIES SCHOFIELD'S SOUTH AFRICAN ADVENTURE** (1/3) In the first of three programmes, Phillip Schofield and wife Steph visit South Africa, where the pair admire Cape Town and Phillip gets to see a great white shark. (W) (HD)
8.30 **CORONATION STREET** Aidan stumbles across an incriminating photo of Richard Drake on his computer and realises Jenny's intentions, while Maria agrees to let Liam stay with Eva and Aidan. (W) (HD)
9.00 **PIERS MORGAN'S LIFE STORIES** (4/4) Former UKIP leader Nigel Farage reflects on his life, his numerous brushes with death, his two marriages, his close friendship with new US President Donald Trump and achieving his ultimate political objective via the EU referendum. Last in the series. (W) (HD)
10.00 **ITV NEWS, WEATHER** Latest headlines. (W)
10.30 **LOCAL NEWS, WEATHER** Regional stories. (W)
10.40 **FISHING IMPOSSIBLE** (8/10) The guys head to Laos in search of the devil catfish, feared and revered in equal measure – but to stand any chance of catching one, they have to find the perfect spot. (rpt)
11.10 **THE WINE SHOW** (8/14) Amelia Singer explores the German roots of one of Australia's greatest wine regions and Joe Fattorini attends an auction. (rpt) (W)
12.10 Jackpot247. Live interactive gaming. (W) **3.00** Freeze Out (rpt) (SL) (W) (HD) **3.50** ITV Nightscreen (W) (HD)

REGIONAL VARIATIONS

BBC1 WALES As BBC1 except: **7.30-8.00** X-Ray. Omar Hamdi investigates the rising number of complaints about parking firms.
BBC2 WALES As BBC2 except: **7.00** Scrum V Live **9.00** Only Connect **9.30-10.30** The Secrets of Your Food **11.05** QI **11.35** Further Back in Time for Dinner **12.35-12.55** Coast
BBC2 SCOTLAND As BBC2 except: **6.30** Great Continental Railway Journeys **7.00** PRO12 Rugby Union **9.00** Only Connect. Victoria Coren Mitchell hosts. **9.30-10.30** The Secrets of Your Food **11.05** QI **11.35** Further Back in Time for Dinner **12.35** Coast
BBC2 NORTHERN IRELAND As BBC2 except: **5.15** Bargain Hunt. From Hay-on-Wye, Powys. **5.55** Party Election Broadcast

ITV YORKSHIRE As ITV except: **3.59-4.00** Local Weather. Latest forecast. **6.00-6.30** Local News. Round-up of regional headlines.
ITV GRANADA As ITV except: **3.59-4.00** Local Weather. Latest regional forecast. **6.00-6.30** Local News. Latest regional headlines.
ITV BORDER As ITV except: **3.59-4.00** Local Weather **6.00-6.30** Local News. Round-up of the latest headlines from across the region.
ITV WALES As ITV WEST except: **3.59-4.00** Local Weather **6.00-6.30** ITV News Wales at Six **8.00-8.30** Coast & Country
S4C 7.00 Cyw: Straeon Ty Pen **7.10** Cyw: Patrôl Pawennau **7.20** Cyw: Teulu Ni **7.30** Cyw: Do Re Mi Dona **7.45** Cyw: Sam Tân **8.00** Cyw: Igam Ogam **8.10** Cyw: Sara a Cwac **8.20** Cyw: Boj **8.30** Cyw: Heini **8.45** Cyw: Un Tro **9.00** Cyw: Tili a'i Ffrindiau **9.15** Cyw: Yn

yr Ardd **9.30** Cyw: Cwpwrdd Cadi **9.40** Cyw: Bla Bla Blewog **9.55** Cyw: Popi'r Gath **10.05** Cyw: Oli Dan y Don **10.15** Cyw: Wmff
10.20 Cyw: Y Brodyr Coala **10.35** Cyw: Holi Hana **10.45** Cyw: Marcaroni **11.00** Cyw: Straeon Ty Pen **11.10** Cyw: Patrôl Pawennau **11.20** Cyw: Teulu Ni **11.30** Cyw: Do Re Mi Dona **11.45** Cyw: Sam Tân **12.00** Cyw: Igam Ogam **12.10** Cyw: Sara a Cwac **12.20** Boj **12.30** Heini **12.45** Un Tro **1.00** Newyddion **1.05** Heno **1.30** Ffermio **2.00** Prynhawn Da **2.55** Newyddion **3.00** Julian Lewis Jones yn Awstralia **4.00** Awr Fawr **5.00** Tag **5.40** Sbargo **5.45** Gwboi a Twm Twm **6.00** Pobol y Cwm **6.25** Newyddion **6.30** Gwaith/Cartref **7.00** Heno **8.00** Pobol y Cwm **8.25** Only Men Aloud **9.00** Newyddion **9.30** Jonathan **10.30** Byw Celwydd **11.30-12.05** Caryl a'r Lleill

CHANNEL 4



Gogglebox, 9pm

6.00 Countdown (rpt) (HD) **6.45** The King Of Queens (rpt) **7.10** The King Of Queens (rpt) **7.35** The King Of Queens (rpt) **8.00** Everybody Loves Raymond (rpt) **8.35** Everybody Loves Raymond (rpt) **9.05** Frasier (rpt) **9.35** Frasier (rpt) **10.05** Undercover Boss USA (rpt) (HD) **11.00** Ramsay's Kitchen Nightmares USA (rpt) **12.00** Channel 4 News (HD) **12.05** A New Life In The Sun (rpt) (HD) **1.05** Find It, Fix It, Flog It (rpt) **2.10** Countdown **3.00** Fifteen To One (HD) **4.00** A Place In The Sun: Winter Sun **5.00** Come Dine With Me (rpt)

6.00 THE SIMPSONS (1/22) The family heads to New York so Bart can go looking for ex-girlfriend Mary Spuckler (Zoëy Deschanel) – and once there he revisits a few more of his old flames. (rpt) (HD)

6.30 HOLLYOAKS Warren calls Prince wanting to know where Shane is, while Neeta helps Sally to get ready for some speed dating. (HD)

7.00 CHANNEL 4 NEWS Latest headlines. (HD)

8.00 JAMIE AND JIMMY'S FRIDAY NIGHT FEAST (1/6) Jamie Oliver and Jimmy Doherty present dishes for the weekend from their cafe on Southend Pier. In the first of this third series, the pair are joined by Orlando Bloom, who shows off his sword training when he rustles up a Moroccan tagine. Jamie prepares fragrant, aromatic Asian seafood parcels, while Jimmy takes on the great British banger. (rpt)

9.00 NEW SERIES GOGGLEBOX The nation's favourite armchair critics share their opinions on what they have been watching during the week as the popular series returns for its ninth run. (HD)

10.00 THE LAST LEG Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments of the past seven days. The trio offer their own unique insight into some of the most difficult issues in Britain. (HD)

11.05 8 OUT OF 10 CATS (9/12) Gabby Logan, Ellie Simmonds, Alex Brooker and David O'Doherty join team captains Rob Beckett and Aisling Bea to discuss the most talked-about sporting events of 2016. (HD)

11.55 RUDE TUBE (7/10) Alex Zane presents a selection of clips featuring various modes of transport, including a magic carpet ride on the streets of New York and Mike Tyson falling off a hoverboard. (rpt)

12.55 FILM: Man On A Ledge (2012) Thriller, starring Sam Worthington. (HD) **2.40** Time Crashers (rpt) **3.35** Four In A Bed (rpt) (HD) **4.30** Phil Spencer: Secret Agent (rpt) (SL)

● All programme details are correct at time of going to press

CHANNEL 5



Celebrity Carry On Barging, 8pm

6.00 Milkshake! Pip Ahoy! (rpt) **6.10** Lily's Driftwood Bay (rpt) **6.20** Little Princess (rpt) **6.30** Paw Patrol (rpt) **6.45** Bob The Builder (rpt) **6.55** Fireman Sam (rpt) **7.05** Thomas & Friends (rpt) **7.20** Milkshake! Monkey (rpt) **7.25** Shimmer And Shine **7.35** Noddy: Toyland Detective (rpt) **7.50** Paw Patrol (rpt) **8.05** Ben And Holly's Little Kingdom (rpt) **8.15** Digby Dragon **8.30** Peppa Pig (rpt) **8.50** Wissper (rpt) **9.00** Toot The Tiny Tugboat (rpt) **9.15** The Wright Stuff **11.15** GPs: Behind Closed Doors (rpt) **12.10** 5 News **12.15** Storm Surge: Winter Road Rescue (rpt) **1.15** Home And Away **1.45** Neighbours (HD) **2.15** NCIS (rpt) **3.15** FILM: Patricia Cornwell's At Risk (2010) Mystery, with Andie MacDowell. (HD) **5.00** 5 News At 5 (HD) **5.30** Neighbours (rpt) (HD)

6.00 HOME AND AWAY Heath is taken in for questioning about Gunno's death, Ash nearly discovers the identity of Billie's rapist, while Phoebe undertakes organising a charity concert. (rpt) (HD)

6.30 5 NEWS TONIGHT A round-up of the evening's main headlines, including coverage of the latest national and international stories. (HD)

7.00 HAPPY CAMPERS: CARAVANNING (3/6) A couple travel to a caravan site in Whitby to get married and, while the venue is just a field, there is a whole wedding to be organised around their beloved caravan. (rpt) Followed by 5 News Update (HD)

8.00 CELEBRITY CARRY ON BARGING (3/4) Nigel Havers, Debbie McGee, Lorraine Chase and Simon Callow go antique shopping, explore an ice-age peat bog and learn about canal architect Thomas Telford. (HD) Followed by 5 News Update.

9.00 CRUISING WITH JANE MCDONALD (3/4) Beginning in Budapest, the singer sails the Danube on one of the most luxurious ships of its type, as she makes her first foray into the realms of the river cruise. (HD) Followed by **The Health Lottery draw**.

10.00 THE FREDDIE MERCURY STORY: WHO WANTS TO LIVE FOREVER? Documentary made to mark the 25th anniversary of the Queen frontman's death, which explores two of the most important years in his life, from the band's iconic performance at the Live Aid concert in 1985 to his diagnosis with Aids in 1987. (rpt) (HD)

12.00 SuperCasino. Live interactive gaming. **3.10** Secrets Of The Great Train Robbery (rpt) (HD) **4.00** Benefits: 26 Kids And Claiming (rpt) (HD) **4.45** House Doctor (rpt) (SL) **5.10** Great Scientists (rpt) (SL) **5.35** Wildlife SOS (rpt) (SL)

5USA

6.00am Teleshopping **9.00** Access **9.10** Longmire **10.00** Law & Order **11.00** Law & Order **12.00noon** CSI: Miami **1.00** NCIS **2.00** Castle **3.00** Longmire **4.00** Law & Order **5.00** Law & Order **6.00** CSI: Miami **7.00** NCIS **8.00** NCIS. The team investigates the death of a Navy doctor. **9.00** Rookie Blue. A witness in a Mob trial is abducted. **10.00** Law & Order: Special Victims Unit **11.00** Law & Order: Special Victims Unit **12.00midnight** Person of Interest **1.00** CSI: Miami **2.00** CSI: Crime Scene Investigation

5STAR

6.00am Teleshopping **8.00** 8 Simple Rules **8.20** Dance Moms **10.05** 8 Simple Rules **11.00** 100 Per Cent Hotter **12.00noon** Can't Pay? We'll Take It Away **1.00** Dance Moms **2.00** Dance Moms Throwback **3.00** Neighbours **3.30** Home and Away **4.00** 8 Simple Rules **5.00** My Wife and Kids **5.55** Access **6.00** Neighbours **6.30** Home and Away **7.00** Dance Moms **8.00** Can't Pay? We'll Take It Away **10.00** Film: Grown Ups 2 (2013) (12) Comedy sequel. **12.05am** Film: Taxi (2004) (12) Comedy remake.

FRIDAY

24 FEBRUARY 2017



CRITIC'S CHOICE

BY MIKE WARD

PIERS MORGAN'S LIFE STORIES

9pm, ITV ★ ★ ★ ★

Ex-UKIP leader Nigel Farage talks to Piers about his many brushes with death, his friendship with Donald Trump and the sense of achievement he felt when Britain voted to leave the EU. Last in the current series.

SCHOFIELD'S SOUTH AFRICAN ADVENTURE

8pm, ITV ★ ★ ★ ★ (Not Ireland)

Phillip Schofield casually remarked a while ago that he fancied going on a safari and swimming with sharks. And guess what? His wishes have been granted. Next time he should try casually remarking that he'd like his salary tripled.

STAN LEE'S LUCKY MAN

9pm, Sky1 ★ ★ ★ ★

James Nesbitt returns as copper Harry Clayton in Sky1's hit drama. And this time he's determined not to rely on his lucky bracelet.

THE BROKENWOOD MYSTERIES

8pm, Drama ★ ★ ★

This new series from New Zealand centres on a community not unlike Midsomer, seemingly sleepy but masking all kinds of dark secrets.

Up to **£500K**
can be won every week

That's 5 draws per week each with up to £100K jackpot
Tuesday, Wednesday, Thursday, Friday & Saturday

still only **£1** That's half the price of Lotto!

Play Now
#Everybody Wins

16+ gamble responsibly T&Cs apply



Teenage Mutant Ninja Turtles: Out Of The Shadows

8pm, Sky Cinema Premiere/HD

SKY CINEMA PREMIERE Sky 301 Virgin 431

6.00am **McCanick** (2013) 15 Crime drama.
7.50 **The Lego Batman Movie: Special 8.20**
The Meddler (2015) 12 Comedy-drama, starring Susan Sarandon. **10.20** **Fathers and Daughters** (2015) 15 **12.20pm** **Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **2.10** **Teenage Mutant Ninja Turtles: Out Of The Shadows** (2016) 12 Premiere. **4.10** **The Meddler** (2015) 12 Comedy-drama, starring Susan Sarandon. **6.00** **Fathers and Daughters** (2015) 15 Drama, starring Russell Crowe and Amanda Seyfried. **8.00** **Teenage Mutant Ninja Turtles: Out Of The Shadows** (2016) 12 Premiere. Action comedy sequel, starring Megan Fox. **10.00** **Bad Neighbours 2** (2016) 15 Comedy, starring Seth Rogen. **11.40** **The Greasy Strangler** (2016) 18 Comedy horror, starring Michael St Michaels. **1.30am** **McCanick** (2013) 15 Crime drama, starring David Morse. **3.20** **Men & Chicken** (2015) 15 Comedy. **5.10** **The Lego Batman Movie: Special 5.40** **The Top Ten Show 2017**

SKY CINEMA COMEDY Sky 308 Virgin 438

6.30am **The Apartment** (1960) PG With Jack Lemmon. **8.40** **The Bad Education Movie** (2015) 15 With Jack Whitehall. **10.20** **How to be Single** (2016) 15 With Dakota Johnson. **12.20pm** **The Top Ten Show 2017** **12.40** **The Intern** (2015) 12 With Robert De Niro. **2.50** **The Simpsons Movie** (2007) PG With Dan Castellaneta. **4.25** **Vacation** (2015) 15 With Ed Helms. **6.10** **Big** (1988) 12 With Tom Hanks. **8.00** **The Intern** (2015) 12 With Robert De Niro. **10.05** **How to be Single** (2016) 15 With Dakota Johnson. **12.05am** **Bruno** (2009) 18 With Sacha Baron Cohen. **1.35** **Sister Act** (1992) PG With Whoopi Goldberg. **3.25** **Office Space** (1999) 15 With Ron Livingston. **5.00** **The Curse of the Pink Panther** (1983) PG

SKY CINEMA ACTION Sky 307 Virgin 437

6.00am **Self/less** (2015) 12 **8.00** **Star Wars: Episode VII – The Force Awakens** (2015) 12 With Daisy Ridley. **10.25** **Captain America: Civil War** (2016) 12 With Chris Evans. **1.00pm** **The Dark Knight** (2008) 12 With Christian Bale. **3.35** **Pearl Harbor** (2001) 12 With Ben Affleck. **6.40** **Star Wars: Episode VII – The Force Awakens** (2015) 12 With Daisy Ridley. **9.00** **Captain America: Civil War** (2016) 12 With Chris Evans. **11.30** **The Dark Knight** (2008) 12 With Christian Bale. **2.05am** **The League of Extraordinary Gentlemen** (2003) 12 With Sean Connery. **4.00** **Rocky** (1976) PG With Sylvester Stallone.

SKY CINEMA FAMILY Sky 306 Virgin 436

6.15am **Dr Dolittle** (1998) PG Comedy. **7.50** **King Ralph** (1991) PG Comedy, starring John

Goodman. **9.30** **Coraline** (2009) PG Stop-motion animated fantasy, with the voice of Dakota Fanning. **11.20** **Friday Download: The Movie** (2015) PG Teen comedy, starring Tiger Drew-Honey. **1.00pm** **Kung Fu Panda 3** (2016) PG Animated comedy sequel, with the voice of Jack Black. **2.45** **The Secret of Moonacre** (2008) U Fantasy adventure, starring Dakota Blue Richards. **4.30** **Coraline** (2009) PG Stop-motion animated fantasy, with the voice of Dakota Fanning. **6.20** **Friday Download: The Movie** (2015) PG Teen comedy, starring Tiger Drew-Honey. **8.00** **Kung Fu Panda 3** (2016) PG Animated comedy sequel, with the voice of Jack Black. **9.45** **The Secret of Moonacre** (2008) U Fantasy adventure, starring Dakota Blue Richards. **11.35** **Garfield: A Tale of Two Kitties** (2006) U Family comedy, with the voice of Bill Murray. **1.10am** **Dr Dolittle** (1998) PG Comedy, starring Eddie Murphy. **2.45** **King Ralph** (1991) PG Comedy, starring John Goodman. **4.30** **Garfield: A Tale of Two Kitties** (2006) U Family comedy.

SKY CINEMA DRAMA Sky 310 Virgin 440

6.00am **Anna and the King** (1999) 12 With Jodie Foster. **8.30** **Girl On The Edge** (2015) With Taylor Spreidler. **10.20** **Jamie Marks Is Dead** (2014) 15 With Cameron Monaghan. **12.10pm** **Edward Scissorhands** (1990) PG With Johnny Depp. **2.00** **27 Dresses** (2008) 12 With Katherine Heigl. **4.00** **The Truman Show** (1998) PG With Jim Carrey. **5.50** **Antwone Fisher** (2002) 15 With Denzel Washington. **8.00** **The Man Who Knew Infinity** (2015) 12 With Jeremy Irons. **10.00** **Kinsey** (2004) 15 With Liam Neeson. **12.05am** **Little Children** (2006) 15 With Kate Winslet. **2.25** **The Face of an Angel** (2014) 15 With Daniel Bruhl. **4.15** **The Grapes of Wrath** (1940) PG With Henry Fonda.

SKY CINEMA OSCARS Sky 304 Virgin 434

6.15am **Close Encounters of the Third Kind** (1977) PG **8.35** **Back to the Future** (1985) PG **10.35** **Bridge of Spies** (2015) 12 Steven Spielberg's fact-based Cold War drama, starring Tom Hanks. **1.00pm** **The Guns of Navarone** (1961) PG Second World War adventure. **3.40** **Platoon** (1986) 15 Vietnam War drama, starring Charlie Sheen. **5.40** **Close Encounters of the Third Kind** (1977) PG Sci-fi drama, starring Richard Dreyfuss. **8.00** **Bridge of Spies** (2015) 12 Steven Spielberg's fact-based Cold War drama, starring Tom Hanks. **10.25** **Back to the Future** (1985) PG Sci-fi comedy adventure, starring Michael J Fox. **12.25am** **The Silence of the Lambs** (1991) 18 Thriller. **2.40** **The Guns of Navarone** (1961) PG **5.30** **Fences: Special**

TCM Sky 317 Virgin 415

6.00am **Hollywood's Best Film Directors** (68/91) **6.35** **Hollywood's Best Film Directors**

7.10 **Hollywood's Best Film Directors** (44/91) **7.45** **Rawhide** (2/31) **8.50** **Rawhide** (3/31) **9.55** **The Counterfeit Traitor** (1962) 12 Espionage drama, starring William Holden. **12.45pm** **Rawhide** (23/30) **1.50** **Rawhide** (24/30) **3.00** **Birdman of Alcatraz** (1962) PG Prison biopic, starring Burt Lancaster. **6.00** **Massacre River** (1949) PG Western, starring Guy Madison. **7.35** **Fort Osage** (1952) U Western, starring Rod Cameron. **9.00** **Enter the Dragon** (1973) 18 Martial arts thriller, starring Bruce Lee. **11.05** **The Exorcist: The Version You've Never Seen** (1973) 18 Supernatural horror, starring Linda Blair. **1.45am** **Conspiracy Theory with Jesse Ventura** (4/7) **2.45** **Conspiracy Theory with Jesse Ventura** (5/7) **3.45** **Hollywood's Best Film Directors** (24/91) **4.20** **Hollywood's Best Film Directors** (5/91) **5.00** **Hollywood's Best Film Directors** (75/91)

FILM4 Sky 315 Freeview 15 Virgin 428

11.00am **Thunder Island** (1963) U Thriller, starring Gene Nelson. **12.20pm** **Doctor in Distress** (1963) PG Hospital comedy, starring Dirk Bogarde. **2.30** **Winchester '73** (1950) U Western, starring James Stewart. **4.20** **The Undeclared** (1969) PG Western, starring John Wayne and Rock Hudson. **6.40** **Chocolat** (2000) 12 Drama, with Juliette Binoche and Johnny Depp. **9.00** **The Guest** (2014) 15 Thriller, starring Dan Stevens. **11.05** **Red Eye** (2005) 12 Suspense thriller, starring Rachel McAdams. **12.45am** **Lesson of Evil** (2012) 18 Japanese horror thriller, starring Hideaki Ito.

SKY CINEMA DISNEY Sky 305 Virgin 435

6.00am **Tangled** (2010) PG Disney animated comedy, with the voice of Mandy Moore. **7.45** **Bolt** (2008) PG Animated adventure, with the voice of John Travolta. **9.25** **Zootropolis** (2016) PG Disney animated comedy, with the voice of Ginnifer Goodwin. **11.20** **The Lion King** (1994) U Disney animated musical, with the voice of Matthew Broderick. **12.55pm** **Cinderella** (2015) U Romantic fantasy, starring Lily James. **2.45** **Tangled** (2010) PG Disney animated comedy, with the voice of Mandy Moore. **4.30** **Zootropolis** (2016) PG Disney animated comedy, with the voice of Ginnifer Goodwin. **6.30** **The Lion King** (1994) U Disney animated musical, with the voice of Matthew Broderick. **8.00** **John Carter** (2012) 12 Fantasy adventure, starring Taylor Kitsch. **10.15** **Freaky Friday** (1976) U Disney fantasy comedy, starring Jodie Foster. **12.00midnight** **The Fox and the Hound** (1981) U Animated adventure, with the voices of Mickey Rooney and Kurt Russell. **1.35** **The Gnome-Mobile** (1967) U Children's fantasy, starring Walter Brennan. **3.10** **The Biscuit Eater** (1972) U Disney family drama, with Johnny Whitaker and George Spell. **4.55** **Bolt** (2008) PG

SKY I

Sky 106 Virgin 110

6.00am **Hawaii Five-0** **8.00** **Monkey Life** **9.00** **Police Force: Australia** **10.00** **Nothing To Declare** **11.00** **A Town Called Eureka** **12.00noon** **NCIS: Los Angeles** **1.00** **Hawaii Five-0** **3.00** **NCIS: Los Angeles** **4.00** **Futurama** **4.30** **Modern Family** **5.30** **Futurama** **6.30** **The Simpsons** **7.00** **The Simpsons** **7.30** **The Simpsons** **8.00** **The Simpsons** **8.30** **Modern Family** **9.00** **Stan Lee's Lucky Man** **10.00** **The Blacklist** **11.00** **Freddie Down Under** **12.00midnight** **A League Of Their Own** **1.00** **Most Daring** **2.00** **Stop, Search, Seize**

SKY ATLANTIC

Sky 108

6.00am **Richard E Grant's Hotel Secrets** **7.00** **The British** **8.00** **The West Wing** **10.00** **House** **11.00** **Without A Trace** **1.00pm** **Blue Bloods** **2.00** **Networks Of Power With Sir Christopher Meyer** **3.00** **The West Wing** **5.00** **House** **6.00** **Without A Trace** **7.00** **Without A Trace** **8.00** **Blue Bloods** **9.00** **Game Of Thrones** **10.15** **Game Of Thrones** **11.25** **Oz** **1.50am** **The Wire** **3.05** **Looking** **4.15** **Richard E Grant's Hotel Secrets** **5.05** **The British**

W

Sky 109 Virgin 125

6.10am **Believe** **7.00** **Passport Patrol** **8.00** **My Dream Home** **9.00** **Wanted Down Under** **10.00** **The Bill** **11.00** **Tipping Point: Lucky Stars** **12.00noon** **Tipping Point** **1.00** **Choccywoccydoodah** **2.00** **Wanted Down Under** **3.00** **Who Do You Think You Are? USA** **4.00** **My Dream Home** **5.00** **Extreme Makeover: Home Edition** **6.00** **Tipping Point: Lucky Stars** **7.00** **Honey I Bought The House** **8.00** **MasterChef USA** **9.00** **Criminal Minds: Beyond Borders** **10.00** **Film: The Bodyguard** (1992) (15) **Romantic thriller** **12.35am** **Motorway Cops** **1.50** **Million Dollar Intern** **2.40** **Betty White's Off Their Rockers**

LIFETIME

Sky 156 Virgin 208

6.00am **Teleshopping** **7.00** **Judge Judy** **9.00** **Masters Of Flip** **10.00** **Flipping Vegas** **11.00** **Pawn Stars** **12.00noon** **Masters Of Flip** **1.00** **Flipping Vegas** **2.00** **Judge Judy** **3.00** **The Real Housewives Of New Jersey** **4.00** **Dance Moms** **5.00** **Little Women: NY** **6.00** **Flipping Vegas** **7.00** **Judge Judy** **9.00** **My Ghost Story: Caught On Camera** **10.00** **My Haunted House** **11.00** **The Ghost Inside My Child** **12.00midnight** **My Ghost Story: Caught On Camera** **1.00** **My Ghost Story** **2.00** **My Haunted House** **3.00** **Dance Moms** **4.00** **Teleshopping**

HISTORY

Sky 529 Virgin 270

7.00am **Pawn Stars** **8.00** **American Pickers** **9.00** **Storage Wars** **10.00** **Forged In Fire** **11.00** **Storage Wars** **12.00noon** **American Pickers** **1.00** **Flipping Vegas** **2.00** **Decked Out** **3.00** **Mountain Men** **5.00** **Forged In Fire** **6.00** **American Pickers** **7.00** **Mountain Men** **8.00** **Hunting Hitler** **9.00** **Counting Cars** **10.00** **Storage Wars** **11.00** **American Pickers** **12.00midnight** **Ancient Aliens** **2.00** **Pawn Stars**

COMEDY CENTRAL

Sky 112 Virgin 132

8.00am **The Middle** **9.00** **The Fresh Prince Of Bel-Air** **10.00** **Friends** **1.00pm** **Impractical Jokers** **1.30** **Impractical Jokers: All Aboard** **2.00** **Friends** **3.00** **The Fresh Prince Of Bel-Air** **5.00** **Friends** **8.00** **Impractical Jokers** **8.30** **Impractical Jokers: All Aboard** **9.00** **Impractical Jokers** **10.00** **Bob's Burgers** **10.30** **South Park** **11.00** **Legends Of Chamberlain Heights** **11.30** **TripTank** **12.00midnight** **Film: Pineapple Express** (2008) (15) **Action comedy** **2.00** **South Park** **2.30** **Legends Of Chamberlain Heights** **3.00** **TripTank**

SKY LIVING

Sky 107 Virgin 112

6.00am **Border Security: Canada's Front Line** **7.00** **The Biggest Loser USA** **8.00** **Nothing To Declare** **9.00** **Monkey Life** **10.00** **Elementary** **11.00** **Cold Case** **12.00noon** **CSI: Crime Scene Investigation** **1.00** **Criminal Minds** **3.00** **Stop, Search, Seize** **4.00** **The Biggest Loser USA** **5.00** **Nothing To Declare** **6.00** **Elementary** **7.00** **CSI: Crime Scene Investigation** **8.00** **The Biggest Loser USA** **9.00** **Bones** **10.00** **Criminal Minds** **11.00** **Blindspot** **12.00midnight** **Cold Case** **1.00** **Shades Of Blue**

GOLD

Sky 110 Virgin 124

7.00am **Cheers** **8.00** **The Green Green Grass** **8.40** **The Brittas Empire** **10.00** **As Time Goes By** **10.40** **Last Of The Summer Wine** **12.40pm** **Keeping Up Appearances** **2.00** **The Brittas Empire** **3.20** **Last Of The Summer Wine** **5.20** **Miranda** **6.40** **Keeping Up Appearances** **8.00** **The Vicar Of Dibley** **9.50** **The Black Adder** **10.35** **Blackadder Goes Forth** **11.15** **The Mighty Boosh** **12.35am** **The League Of Gentlemen** **1.55** **Nathan Barley**

FREEVIEW

BBC FOUR Sky 116 Freeview 9 Virgin 107

7.00pm World News Today, Weather **7.30** Top Of The Pops: 1983 **8.00** The Good Old Days **8.40** Sounds Of The Seventies **8.50** Sounds Of The 60s **9.00** Queen: From Rags To Rhapsody. Documentary following the band's early years. **9.55** Queen: The Legendary 1975 Concert **11.00** Even More Guitar Heroes At The BBC **12.00midnight** When Albums Ruled The World **1.25** Top Of The Pops: 1983 **2.00** Queen: From Rags To Rhapsody **3.00** Even More Guitar Heroes At The BBC

ITV2 Sky 118 Freeview 6 Virgin 115

6.00am You've Been Framed! Gold **6.25** You've Been Framed! Gold Harry's Favourites **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **9.30** Ninja Warrior UK **10.30 Film:** St Trinian's (2007) (12) Comedy. **12.30pm** Emmerdale **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** You've Been Framed! Gold 100% **8.00** Two And A Half Men **8.30** Two And A Half Men **9.00 Film:** Hot Fuzz (2007) (15) Action comedy, starring Simon Pegg. **11.20** Family Guy **12.20am** American Dad! **1.15** Ibiza Weekend **2.15** Teleshopping

ITV3 Sky 119 Freeview 10 Virgin 117

6.00am In Loving Memory **6.25** Heartbeat **7.25** Where The Heart Is **8.25** The Royal **9.25** Judge Judy **10.50** Inspector Morse **1.05pm** Heartbeat **2.05** The Royal **3.10** Where The Heart Is **4.15** In Loving Memory **4.50** Doctor At Large **5.20** On The Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Agatha Christie's Marple **11.00** Prime Suspect V **1.20am** Wycliffe **2.15** Inspector Morse **4.10** Rory Bremner's Great British Views **5.00** On The Buses **5.30** Nightscreen

ITV4 Sky 120 Freeview 24 Virgin 118

6.00am Gunsmoke **6.55** The Saint **8.00** Hogan's Heroes **8.30** The Professionals **9.35** Ironside **10.35** Gunsmoke **11.45** Live Snooker Shootout **5.30pm** Storage Wars: Texas **6.25** Hat-Trick Heroes II **6.45** Live Snooker Shootout **10.45 Film:** The Specialist (1994) (18) Action thriller, starring Sylvester Stallone and Sharon Stone. **11.45** FYI Daily **11.50 Film:** The Specialist (1994) (18) Concluded. **1.00am** The Professionals **1.50** Hogan's Heroes **2.45** ITV4 Nightscreen **3.00** Teleshopping

ITVBE Sky 179 Freeview 26 Virgin 119

6.00am Teleshopping **9.00** Be Beautiful **9.10** The Only Way Is Essex **10.00** Jerseylicious **11.00** The Real Housewives Of Atlanta **12.00noon** Buying And Selling **1.00** Dinner Date **2.00** Dallas Cowboys Cheerleaders **3.00** The Real Housewives Of Miami **4.00** The Real Housewives Of Beverly Hills **6.00** Dinner Date **7.00** Buying And Selling **8.00** Dinner Date **9.00** The Millionaire Matchmaker **10.00** Marriage Boot Camp: Reality Stars. Five US celebrity couples receive marriage counselling. **11.00** Mob Wives Chicago **12.00midnight** The Jeremy Kyle Show USA **12.55** Teleshopping

E4 Sky 136 Freeview 28 Virgin 144

6.00am Rude(ish) Tube **6.10** Made In Chelsea: South Of France **7.00** Hollyoaks **7.30** Coach Trip: Road To Marbs **8.00** Brooklyn Nine-Nine **9.00** Rules Of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00pm** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **5.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Coach Trip: Road To Marbs **8.00** Rude(ish) Tube Shorts. Amusing internet videos. **8.15 Film:** Men In Black II (2002) (PG) Sci-fi comedy sequel. **10.00** Celebs Go Dating. Famous faces try to find love. **11.05** Tattoo Fixers **12.10am** The Big Bang Theory **1.05** Celebs Go Dating **2.10** First Dates Abroad **3.05** Hollyoaks **3.30** Rude Tube **3.55** Rules Of Engagement **4.35** Charmed

MORE4 Sky 138 Freeview 14 Virgin 147

8.55am Come Dine With Me **11.35** A Place In The Sun: Winter Sun **1.45pm** Time Team **3.50** Great Canal Journeys **4.55** Location, Location, Location **5.55** Car SOS **6.55** The Supervet **7.55** Grand Designs. **9.00** The Team **10.20** 24 Hours In A&E. The team treats a girl who has had an accident at school. **11.20** 24 Hours In A&E **12.20am** Ramsay's Kitchen Nightmares USA **1.20** Grand Designs **2.25** 24 Hours In A&E **3.25** Food Unwrapped

CBEEBIES Sky 614 Freeview 121 Virgin 702

6.00am Get Set Go: Show Me Show Me **6.20** Baby Jake **6.30** Alphablocks **6.35** Dinopaws **6.45** Raa Raa The Noisy Lion **7.00** Teletubbies **7.15** Bing **7.25** Postman Pat: SDS **7.40** The Furchester Hotel **7.50** Octonauts **8.05** Go Jetters **8.15** Hey Duggee

8.25 Justin's House **8.50** Kate & Mim-Mim **9.00** Discover And Do: Timmy Time **9.10** Bing **9.20** Patchwork Pals **9.25** Twirlywoos **9.40** Woolly & Tig **9.45** Something Special: Out And About **10.05** Teletubbies **10.20** Numberblocks **10.25** Let's Play **10.45** Small Potatoes **10.50** The Lingo Show **11.00** Mister Maker's Arty Party **11.20** Show Me Show Me **11.40** Waybuloo **12.00noon** I Can Cook With You **12.15** Grandpa In My Pocket **12.30** My Story **12.45** Diddap **12.50** Melody **1.00** Tinga Tinga Tales **1.15** Bing **1.20** Patchwork Pals **1.25** Twirlywoos **1.40** Woolly & Tig **1.45** Something Special: Out And About **2.05** Teletubbies **2.20** Numberblocks **2.25** Let's Play, Small Potatoes **2.45** The Lingo Show **3.00** Mister Maker's Arty Party **3.20** Chuggington **3.30** Big Fun Time: Numtums **3.45** Gigglebiz **4.00** Rastamouse **4.10** School Of Roars **4.20** Messy Goes To Okido **4.35** Andy's Baby Animals **4.45** Peter Rabbit. Children's fun. **5.00** Down On The Farm **5.15** Sarah & Duck **5.20** Go Jetters **5.35** What's The Big Idea? **5.40** Our Family **5.50** Nelly & Nora **6.00** CBeebies Bedtime Hour: Charlie And Lola **6.10** 64 Zoo Lane **6.20** In The Night Garden **6.50** CBeebies Bedtime Stories

HOCHANDA Sky 663 Freeview 85

7.00am Crafters Companion Edge'ables **8.00** A Touch Of Eleganza **9.00** Gemini Monthly Mega Deal One Day Special **10.00** Sheena Douglass Create-a-Flower Weekend WOW **11.00** Ribbonbox **12.00noon** Gemini Monthly Mega Deal One Day Special **1.00** A Touch Of Eleganza **2.00** Sheena Douglass Create-a-Flower Weekend WOW. Creative ideas. **3.00** Ribbonbox **4.00** Gemini Monthly Mega Deal One Day Special **5.00** Sheena Douglass Create-a-Flower Weekend WOW **6.00** Mechanical Model Making with Ugears **7.00** Gemini Monthly Mega Deal One Day Special **8.00** Debbie Shore Sew Inspired Issue 7 One Day Special

YESTERDAY Sky 537 Freeview 19 Virgin 245

6.10am Time Team **7.10** Cash In The Attic **8.00** Time Team **9.00** Secrets Of The Castle With Ruth, Peter And Tom **10.00** Battleplan **11.00** Coast **12.00noon** Time Team **1.00** Secrets Of The Castle With Ruth, Peter And Tom **2.00** Auf Wiedersehen, Pet **3.00** Whatever Happened To The Likely Lads? **3.40** Yes, Prime Minister **4.20** 'Allo 'Allo! **5.00** Time Team **6.00** Unearthing World War I **7.00** Coast **8.00** Who Do You Think You Are? **9.00** Whatever Happened To The Likely Lads? **9.40** Yes, Prime Minister **10.20** 'Allo 'Allo! **10.55** Auf Wiedersehen, Pet **12.00midnight** Forbidden History **1.00** Unearthing World War I **2.00** Cash In The Attic **3.00** Teleshopping. Home shopping.

DAVE Sky 111 Freeview 12 Virgin 127

7.15am Ice Road Truckers **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00noon** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie To You? **4.00** Top Gear **5.00** Red Bull Soapbox Race **6.00** Room 101 **6.40** QI **7.20** Would I Lie To You? **8.00** Steve Austin's Broken Skull Challenge **9.00 Film:** Passenger 57 (1992) (15) **10.40** Mock The Week **11.20** Would I Lie To You? The Unseen Bits **12.00midnight** QI XL **1.00** The Last Man On Earth **1.25** Suits **2.25** Gavin & Stacey **3.30** 8 Out Of 10 Cats

DRAMA Sky 158 Freeview 20 Virgin 128

7.10am The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great And Small **11.00** The Bill **1.00pm** As Time Goes By **1.40** Last Of The Summer Wine **2.20** Birds Of A Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great And Small **6.00** Last Of The Summer Wine **7.20** As Time Goes By **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.20** Sharpe **1.20am** Boon **2.20** What Remains **3.35** Garden Hopping

CBS ACTION Sky 148 Freeview 64 Virgin 192

9.00am NCIS **11.00** Diagnosis Murder **12.00noon** Gunsmoke **1.00** Bonanza **2.00** NCIS **4.00** Mission: Impossible **5.00** JAG **6.00** NCIS **7.00** Diagnosis Murder **8.00** Walker, Texas Ranger **9.00** NCIS **10.00** NCIS **11.00** Mission: Impossible **12.00midnight** NCIS **2.40** Bonanza **3.40** Walker, Texas Ranger **4.30** The Streets Of San Francisco

CBS REALITY Sky 146 Freeview 66 Virgin 148

9.00am Judge Judy **9.55** Hoarders **10.50** Urban Legends **11.50** 48 Hours: Mystery **12.40pm** Judge Judy **3.10** Hoarders **4.10** Urban Legends **5.10** Judge Judy **7.00** Medical Detectives **7.30** Medical Detectives **8.00** Unsolved Mysteries **9.00** 48 Hours: Mystery **10.00** Wives With Knives **11.00** Medical Detectives **12.00midnight** Evil Twins **1.00** 48 Hours: Mystery **2.00** Wives With Knives **3.00** Teleshopping **4.00** Cops: Reloaded

SPORT

SKY SPORTS 1 Sky 401 Virgin 511

6.00am Football Gold **7.00** WWE Main Event **8.00** Premier League Legends **9.00** Premier League 100 Club **10.00** Premier League Legends **10.30** Premier League World **11.00** Premier League Match Pack **11.30** Premier League 100 Club **12.00noon** Football Gold **1.00** Premier League 100 Club **1.30** Football's Greatest Players **2.00** Premier League Legends **3.00** Football Gold **4.00** Premier League 100 Club **4.30** Football's Greatest Players **5.00** Premier League Match Pack **5.30** Premier League Legends **6.00** Premier League Match Pack **6.30** The Fantasy Football Club **7.30** Live EFL. Wolverhampton Wanderers v Birmingham City (Kick-off 7.45pm). **10.15** Premier League Preview. The weekend's fixtures. **10.45** The Fantasy Football Club **11.45** Premier League Match Pack **12.15am** Premier League Preview **12.45** Football Gold **1.00** The Fantasy Football Club **2.00** Premier League Preview **2.30** Premier League 100 Club **3.00** Premier League Preview **4.00** Premier League 100 Club **5.00** Football Gold

SKY SPORTS 2 Sky 402 Virgin 512

6.00am Live Test Cricket. India v Australia. **12.00noon** Cricket Classics **2.00** Test Cricket **3.00** Sporting Records **4.00** Test Cricket **5.00** Sporting Records **5.30** ICC Cricket 360 **6.30** Test Cricket **7.30** Live Betfred Super League. Wigan Warriors v Widnes Vikings. **10.30** Super Rugby. Reds v Sharks. **12.25am** Betfred Super League Highlights **12.40** Super League Gold **1.00** Test Cricket **2.00** Betfred Super League Highlights **2.30** Sky Sports Cricket Gold **2.50** World Cup Cricket Classics **3.50** Live Test Cricket. India v Australia.

SKY SPORTS 3 Sky 403 Virgin 513

6.00am Sky Sports Boxing Gold **6.30** Live Super Rugby. Highlanders v Chiefs (Kick-off 6.35am). **8.35** Rugby Gold **8.55** Live Super Rugby. Reds v Sharks (Kick-off 9.00am). **10.50** Rugby Gold **11.00** Premier League Darts **2.00pm** Sky Sports Boxing Gold **2.30** Sporting Records **3.00** Sky Sports Boxing Gold **3.30** Great Sporting Moments **4.00** Fishing: Hooked On Africa **4.30** Sky Sports Boxing Gold **5.00** Sporting Records **5.30** Fishing: Hooked On Africa **6.00** Live ATP Tennis. The Rio Open. **2.00am** Great Sporting Moments **3.00** Carp Wars **3.30** Fishing: Hooked On Africa **4.00** Sporting Records **4.30** Fishing: Hooked On Africa **5.00** Carp Wars **5.30** Fishing: Hooked On Africa

BT SPORT 1 Sky 413 Virgin 531

6.00am Rugby Tonight Extra **6.30** Total Italian Football **7.00** Premier League World **7.30** Premier League Match Pack **8.00** BT Sport Reload **8.15** Hyundai A-League Highlights **8.45** Live Hyundai A-League. Melbourne City v Sydney FC (Kick-off 8.50am). **11.00** WTA Tennis: Dubai **1.00pm** Live WTA Tennis: Dubai **5.00** BT Sport Reload **5.15** T20 Cricket Highlights **6.15** Premier League Match Pack **6.45** Live Scottish Football Extra. A look at all the key issues and talking points in Scottish football. **7.15** Live Scottish Professional Football League. Inverness Caledonian Thistle v Rangers (Kick-off 7.45pm). **10.00** Hyundai A-League. Melbourne City v Sydney FC. **11.30** Mobil 1 – The Grid **12.00midnight** Premiership Rugby Union **1.30** Premier League Preview **2.00** Total Italian Football **2.30** Mobil 1 – The Grid **3.00** BT Sport Reload **3.30** Live NBA. Los Angeles Clippers v San Antonio Spurs (Tip-off 3.30am).

EUROSPORT 1 Sky 410 Virgin 523

7.15am World Superbikes **8.15** Live Nordic World Ski Championships. Coverage from Lahti, Finland. **9.30** Live Alpine Skiing. The men's World Cup downhill race in Kvitfjell, Norway. **11.30** Live Nordic World Ski Championships. Coverage from Lahti, Finland. **12.00noon** Live Nordic World Ski Championships. Coverage from Lahti, Finland. **1.30** FISU Athlete Story **2.00** Nordic World Ski Championships **3.15** Live Nordic World Ski Championships. Coverage from Lahti, Finland. **5.00** Nordic World Ski Championships **7.00** Nordic World Ski Championships. Cross-country highlights from Lahti, Finland. **7.30** Nordic World Ski Championships. Cross-country highlights from Lahti, Finland. **8.30** Cycling: Abu Dhabi Tour. Action from stage two. **10.00** Nordic World Ski Championships. Cross-country highlights from Lahti, Finland. **11.00** Nordic World Ski Championships **12.00midnight** Eurosport News

RADIO

RADIO 1 (FM: 97.6-99.8MHz)

6.33 The Radio 1 Breakfast Show With Nick Grimshaw **10.00** Clara Amfo. Music and topical chat. **12.45** Newsbeat **1.00** Scott Mills **4.00** The Official Chart With Greg James **5.45** Newsbeat **6.00** Radio 1's Dance Anthems With Greg James **7.00** Danny Howard **10.00** Pete Tong **1.00** B. Traits **4.00** Radio 1's Essential Mix

RADIO 2 (FM: 88-90.2MHz)

5.00 Vanessa Feltz **6.30** Chris Evans **9.30** Ken Bruce **12.00** Jeremy Vine **2.00** Steve Wright In The Afternoon **5.00** Simon Mayo **7.00** Tony Blackburn's Golden Hour. The veteran broadcaster plays a selection of popular tracks from the past 50 years. **8.00** Friday Night Is Music Night. John Humphrys presents a concert celebrating the 80th anniversary of the first regular TV service, with music including the themes from Quatermass, Monitor, Poldark and Mastermind. **10.00** Sounds Of The 80s **12.00** Huey Morgan **3.00** Radio 2's Funky Soul Playlist **4.00** Radio 2 Playlist: Today's Top Hits

RADIO 3 (FM: 90.2-92.4MHz)

6.30 Breakfast **9.00** Essential Classics **12.00** Composer Of The Week: Gade **1.00** News **1.02** Radio 3 Lunchtime Concert **2.00** Afternoon On 3 **4.30** In Tune **6.30** Composer Of The Week: Gade **7.30** Radio 3 In Concert **10.00** The Verb **10.45** The Essay: The Other Auld Alliance **11.00** World On 3 **1.00** Through The Night

RADIO 4 (FM: 92.4-94.6MHz, LW: 198KHz)

5.30 News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day **6.00** Today **8.31** (LW) Yesterday In Parliament **9.00** Desert Island Discs **9.45** (LW) Daily Service **9.45** (FM) Book of the Week: Deaths Of The Poets **10.00** Woman's Hour **11.00** Graffiti: Paint And Protest **11.30** Secrets And Lattes **12.00** News **12.01** (LW) Shipping Forecast **12.04** Witness **12.15** You And Yours **1.00** The World At One **1.45** The Untold **2.00** The Archers **2.15** Drama: Control **3.00** Gardeners' Question Time **3.45** The Hitchhiker **4.00** Last Word **4.30** Feedback **4.55** The Listening Project **5.00** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.30** The News Quiz. Susan Calman is among those joining host Miles Jupp for the topical comedy panel game, featuring cryptic questions and acerbic satire. Last in the series. **7.00** The Archers. Justin is over the moon, and Jennifer cannot believe her eyes. **7.15** Front Row. Arts and culture programme. **7.45** 44 Scotland Street. Drama, adapted from the serial novel by Alexander McCall Smith. Irene returns home bearing gifts, and Angus finds himself giving diplomatic advice. Last in the series. **8.00** Any Questions? Jonathan Dibleby presents political debate from Edwinstree Middle School in Buntingford, Hertfordshire, with a panel including peer Norman Lamont and Sarah Olney MP. **8.50** A Point Of View. Weekly reflections on topical issues with a range of contributors. **9.00** Against The Grain. Parts 1-5. Charlotte Smith explores different farming systems and what works best. **10.00** The World Tonight **10.45** Book at Bedtime: The Underground Railroad **11.00** Late Night Woman's Hour **11.30** Today In Parliament **11.55** The Listening Project **12.00** News And Weather **12.30** Book of the Week: Deaths Of The Poets **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast

RADIO 5 LIVE (MW: 909,693KHz)

5.00 Morning Reports **5.15** Wake Up To Money **6.00** 5 Live Breakfast **10.00** 5 Live Daily With Sam Walker **1.00** The Friday Sports Panel **2.00** Kermode And Mayo's Film Review **4.00** 5 Live Drive **7.00** 5 Live Sport: The Friday Football Social. Darren Fletcher is joined by Jermaine Jenas. **10.00** Stephen Nolan **1.00** Up All Night

CLASSIC FM (FM: 100-102MHz)

6.00 More Music Breakfast **9.00** John Suchet **1.00** Bill Turnbull **5.00** Classic FM Drive **7.00** Smooth Classics At Seven **8.00** The Full Works Concert **10.00** Smooth Classics. A calm end to the day. **1.00** Katie Breathnach **4.00** Jane Jones

RADIO SCOTLAND (FM: 92.4-92.7MHz)

6.00 Good Morning Scotland **9.00** The Stephen Jardine Programme **12.00** John Beattie **1.32** Breaking The News **2.00** Bulletin **2.05** Out For The Weekend **4.00** Newsdrive **6.30** Sportsound **10.00** Bulletin. **10.05** The Music Match. Michelle McManus, favourite tracks. **1.00** As Radio 5 Live

SOAPBOX

★EASTENDERS★CORONATION STREET★NEIGHBOURS★EMMERDALE★



EastEnders



Cash-strapped Mick's money worries worsen this week when Bob the plumber presents him with the quote for fixing the Queen Vic's leaks (above). Shirley's chum Konrad then offers to do the job for half the price... Whitney, meanwhile, is shocked to learn she has nowhere to live, thanks to Mick asking Jack to refund the deposit on the flat.

In other news, Ian gets a wake-up call at his health check, Dot makes an ill-fated outing and Ben and Jay move into their new home.

Coronation Street

Leanne and Toyah get stuck in a lift tomorrow at Victoria Court (below). Let's just hope this isn't the moment pregnant Leanne's waters break, eh? Oops, looks as if we spoke too soon...

Nick is suitably proud to be the father, albeit not biologically, of the new arrival, who Leanne decides to call Oliver. So it's a bitter blow to hear she doesn't want his name on the birth certificate.

Meanwhile, Michelle – who still doesn't know Steve's the real dad, of course – insists she's genuinely happy for her friend, despite her own tragic loss.



Neighbours

Victoria and Steph promise to keep their distance from each other when Victoria moves in to the motel this week (above). But Steph is left uneasy by a run-in she has with Ellen the very next day.

Elsewhere, Paige owns up to Brad and Lauren about David not being the baby's real dad. Now it's just a question of telling Jack. Paige comes up with a novel way to do this, but it doesn't go to plan.

Also this week, Dee and Toadie grow closer, Elly springs Piper with a fake ID, and Gary and Karl wage war over sausages.

Emmerdale

Romantic soul that he is, at least occasionally, Robert has a surprise wedding lined up for him and Aaron at the Woolpack tomorrow (below). And it turns out to be surprising in more ways than one, because the police decide to burst in, mid-ceremony. And they haven't come to raise a toast.

David, meanwhile, has his own romantic plans for him and Tracy, which also go awry.

Elsewhere this week, Sarah prepares to fly to Prague for treatment. Will Debbie go with her? And Laurel is left devastated by a visit she pays to Ashley at his care home.



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CELEBRITY SECRETS

Singer Anastacia, 48, shares her beauty, health and style tips

Which beauty products do you swear by?

I love Biotherm Biocils Waterproof Eye Express Make-up Remover, because I often use waterproof make-up. It lasts all day but can be tough to remove. I'm also a big fan of Sisley under-eye creams.

What are your essential cosmetics?

Estée Lauder Double Wear Stay-in-Place concealer and Clinique BB Cream because it has an SPF of 30, so it's a protector as well as a facial tint.

Do you have any top beauty tips?

I drink four litres of water a day, which is a little excessive but most people don't drink anywhere near enough. It helps the skin and digestion.

How do you stay in shape?

Yoga has been a lifesaver because I have two herniated discs in my spine and it really helps me to stay flexible. I'm quite active on stage, so that's my workout rather than going to a gym. I only enjoy the gym when I have a trainer and a schedule.

If you could change one part of your body, what would it be?

The length of my legs. I'd love to be taller, but at least my body is evenly proportioned and I think that makes me look quite tall, when actually I'm only 5ft 6ins.

Would you consider cosmetic surgery in the future?

I've had Botox and, as an ageing woman, I don't have anything against the idea of surgery further down the line.



What is your signature fragrance?

Mad Madame by Juliette Has A Gun. It's to die for and I mix it with Le Maison de la Vanille eau de toilette. People always ask what it is, so it must be working.

How do you pamper yourself?

With a Thai massage because they're not just aligning you, they're flowing your toxins. It's quite manipulative and some people find it too painful, but it releases everything and you feel wonderful afterwards.

Can you describe your style?

A leather jacket and jeans are my staples. Whether I'm working or relaxing, jeans and a jacket are my thing. I guess you'd call it relaxed casual, with a slight rock'n'roll twist!

Do you have a favourite shop or designer?

I always feel feminine in any of Blumarine's

stuff. The traditional, easy-fit dresses are spot on.

What's the most you've ever spent on an item of clothing?

I bought a pair of Alaïa shoes for \$3,500, but I loved them and they were worth their weight in gold.

What's been your biggest fashion mistake?

That's a long list! The most recent was at my sister's wedding, when I wore a pair of Jackie O-style sunglasses – but I'd replaced the lenses with regular ones and the frames were huge. I looked ridiculous. I also did a show for the Prince of Monaco and realised that my zipper was down.

Who is your style icon?

Sophia Loren because she's sexy and always well put-together.

Simon Button

Tickets for Anastacia's 2017 UK tour, which starts on May 24, are on sale now. Visit anastacia.com for details.



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► Origins Lavender Flower Fusion Soothing Sheet Mask

£5, Origins counters & origins.co.uk
Made from natural bamboo, this is infused with lavender essential oil, which is a natural antiseptic and known to calm the mind as well as the skin. Lie back and relax with it on for 10 minutes.



▼ Ole Henriksen Blue/Black Berry Enzyme Mask

£36, John Lewis & johnlewis.com

This feels gentle but is packed full of ingredients that reduce the effects of stress on the skin. The initial light tingling sensation turns into a lovely cooling feeling and leaves a visibly hydrated, more refined complexion.



► Guerlain Abeille Royale Repairing Honey Gel Mask

£92, John Lewis & House of Fraser

This is expensive but worth every penny, and you only need to use a small amount to see results. It uses honey and royal jelly, which are known for their healing properties and repairing properties. Dry skin will drink up this delicious, luxurious treat for the face.



► Katherine Daniels Repairing Nourishing Mask

£25, katherinedanielscosmetics.com

This British brand creates products specifically with British skin in mind: think cold weather, busy lifestyles and the effects of pollution. This rich, creamy mask contains avocado oil, shea butter and seaweed extract to hydrate and nourish very dry skin – it's especially nice to use in this cold weather.



EDITED BY LAURA MULLEY (LAURA.MULLEY@EXPRESS.CO.UK) PHOTOGRAPHS: FLORIAN SOMMET/FOLO-ID.COM; BARRY J HOLMES/LICKERISH

YOUR SKIN

► Neal's Yard Remedies White Tea Enriching Facial Mask

£26.50, nealsyardremedies.com

A real all-rounder, this contains kaolin clay to deeply cleanse. But unlike most clay-based products, it's also super gentle on sensitive skin thanks to natural ingredients such as aloe vera and white tea. Your skin will look clearer and revived.



◀ La Roche-Posay Hydraphase Intense Masque

£16, Boots stores & boots.com

All of La Roche-Posay's products contain thermal spring water, so are excellent for delicate skin. And this mask gives an extra boost of hydration to all skin types without clogging pores or leaving skin feeling greasy thanks to its light, gel-cream texture.

EDITED BY LAURA MULLEY

► Fresh Rose Face Mask

£52, Harrods & fresh.com/uk

A firm favourite with celebrities and skincare experts, this gel-textured mask contains two-and-a-half real roses in each pot (you can even see the petals), which soothes, hydrates and calms complexions in need of a little TLC. For really distressed skin, use every day.



► REN Evercalm Ultra Comforting Rescue Mask

£28, renskincare.com

This one has a lovely creamy texture and a gentle scent of camomile, and sensitive skin will feel the calming effects of arnica working almost instantly. Your face will be left softer, smoother and protected against stress-causing external factors, although those with the driest of skins may require a little more moisturisation.



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WINCHESTER, HAMPSHIRE**
PRICE: £590,000

Believed to date from the late 19th Century, this first floor apartment is housed within an elegant three-storey townhouse. It offers two bedrooms, one bathroom, a reception room, a kitchen and a sitting room with a large bay window and fireplace. A communal drive leads up a parking area and garage. Each residence has its own garden, this one features lawned and seating areas and a summer house. The property is close to all amenities while the nearby railway station provides fast trains to London.

Call Strutt & Parker on 01962 869999 or visit struttandparker.com.



**BRONDESURY VILLAS,
QUEEN'S PARK, LONDON**
PRICE: £799,950

This beautiful flat is nestled on a quiet tree-lined street, just a short walk from amenities on Salusbury Road. The property has two bedrooms and plenty of character features, including large windows, high ceilings and a stylish bathroom with a freestanding bathtub. There's also a separate dining room and a rear walled garden. Green open space is on the doorstep, while Kilburn Park Underground station provides access to central London. Call Dexters on 020 7266 2020 or visit dexters.co.uk.



YORK PLACE, EDINBURGH
OFFERS OVER £445,000

Located in Edinburgh's New Town, this flat has four bedrooms and is perfect for families or professionals. The sitting/dining room provides entertaining space and boasts views over the rooftops towards the Firth of Forth and Fife. Character features include large windows and delicate cornice work. The property is within walking distance of George Street and Princes Street and the financial sector on Lothian Road. Waverley train station is nearby and a tram service runs to Edinburgh Airport. Call Knight Frank on 0131 516 9766 or visit knightfrank.co.uk.



**5 REDCLIFFE PARADE EAST,
BRISTOL, SOMERSET**
OFFERS OVER £820,000

Located in the historic setting of Bristol's harbourside and docks, this Grade II listed, Georgian mid-terraced home combines period and modern features over four floors. There are five en-suite bedrooms, two further bathrooms, three reception rooms, a kitchen and a decked rear garden. Features include sash windows and an ornate fireplace in the sitting room. The property is a short walk away from the city for shops, recreation and trains to Bath and beyond. Call Fine & Country on 0117 973 3081 or visit fineandcountry.com.



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ALBERTON, CHELTENHAM, GLOUCESTERSHIRE
PRICE: £765,000

This handsome detached Edwardian home offers spacious accommodation over three floors, with four bedrooms, three bathrooms and three receptions. There are plenty of character features, too, including hardwood floors, feature fireplaces and bay windows to the front of the property. In addition to a cellar, there's an additional room with limited head height, that would be ideal as a child's playroom or office. From the kitchen/breakfast room, bi-folding doors lead out onto a walled rear garden with a lawn and decking. A further lawned garden is at the front along with gated access parking. Cheltenham town centre is a short walk away, providing food, entertainment, amenities and mainline trains. Call Knight Frank on 01242 801772 or visit knightfrank.co.uk.

Aldo Zilli

Welcome readers! We are going vegetarian with this week's book. One of the reasons I love the Mediterranean diet is that it is full of tasty, healthy vegetables; it makes great use of what we pull out of the earth. Nina Olsson's *Bowls Of Goodness: Vibrant Vegetarian Recipes Full Of Nourishment* showcases plant based food at its best and captures culinary trends of today. It features home-cooked comfort meals, sharing dishes and food served in bowls – from Buddha bowls to zoodles. This week I've picked out a couple of soups (opposite). Aubergine and pepper for those Mediterranean flavours, and a very green soup packed full of goodness. Don't forget to tweet me photos of your efforts. Happy cooking!

Aldo Zilli

You can also follow Aldo on Twitter @AldoZilli or @ZilliMedia or find him on Facebook. Aldo Zilli is currently executive chef consultant for the San Carlo Group of restaurants. For more information visit sancarlo.co.uk or follow them on Twitter @SanCarlo_Group.



AUBERGINE & PEPPER SOUP

- ★ 2 aubergines, halved
- ★ 200g cherry tomatoes, halved
- ★ 4 red peppers, halved, deseeded and cut into pieces
- ★ Olive oil
- ★ Handful of thyme leaves
- ★ 5 shallots, finely diced
- ★ 2-3 garlic cloves, finely diced
- ★ Handful of walnuts, crumbled
- ★ 2 tbsp tahini
- ★ 1 tsp paprika
- ★ 1 litre vegetable broth
- ★ 2 tbsp lemon juice
- ★ Extra virgin olive oil
- ★ Salt and pepper

To serve (optional):

Crème fraîche
Grated Parmesan
Fresh basil

SERVES: 3-4 PREPARATION: 15 MINUTES

COOKING TIME: 50 MINUTES

Preheat the oven to 200°C/392°F/Gas Mark 6 and line a roasting tray with greaseproof paper.

To make the soup, put the aubergines, tomatoes and peppers cut-side up on the lined tray. Drizzle with olive oil and sprinkle with salt and thyme. Roast in the oven for 45 minutes.

Meanwhile, heat a little olive oil in a saucepan and slowly fry the shallots, garlic and walnuts over a medium heat for 5 minutes. Sprinkle with salt and place in a food processor with the roasted veg, tahini, paprika and a third of the broth, then blend until smooth.

Pour the soup back into the saucepan and stir in the rest of the vegetable stock and the lemon juice. Bring to the boil then remove from heat.

Season with salt and pepper and drizzle a little extra virgin olive oil over the top. Serve with crème fraîche, Parmesan and basil.



LIQUID LUNCH

Recipes taken from *Bowls Of Goodness: Vibrant Vegetarian Recipes Full Of Nourishment* by Nina Olsson (£18.99, Kyle Books), photographs by Nina Olsson. To order your copy, call The Express

Bookshop on 01872 562310, send a cheque or postal order made payable to The Express Bookshop, PO Box 200, Falmouth, Cornwall TR11 4WJ, or order online at expressbookshop.com.



WINE OF THE WEEK

Marlborough is home to New Zealand's most sought-after wines, in particular sauvignon blancs, known for their distinctive aromas and flavours of gooseberry, green pepper and passion fruit. Try Peter Yealands Sauvignon Blanc 2013 (£6.99 until February 28, Co-op) with its notes of stone fruit and guava. Or splash out on The King's Favour Sauvignon Blanc 2015 (£13.99, Majestic), bursting with lime, green olives and lemongrass flavours. For more wine offers, call The Express Wine Club on 0843 224 1020.



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PHOTOGRAPHER: CAROLINE LEEHMAN

PEA & SPINACH SOUP WITH WASABI CREAM

- ★ 150g quinoa
- ★ 3 tbsp coconut oil
- ★ 3 shallots, sliced
- ★ 1 celery stalk, sliced
- ★ Salt and pepper
- ★ 1 litre vegetable broth
- ★ 500g green peas
- ★ 300g spinach, roughly chopped
- ★ ½ tbsp ginger, crushed
- ★ 1 garlic clove, finely chopped
- ★ Handful of mint leaves
- ★ Handful of basil leaves
- ★ Extra virgin olive oil

For the wasabi cream:

- ★ 150g crème fraîche
- ★ ½ tbsp wasabi
- ★ 2 tbsp extra virgin olive oil
- ★ 1 tsp honey or agave syrup
- ★ 1 tsp lemon juice

SERVES: 4 PREPARATION: 10 MINUTES
COOKING TIME: 5-10 MINUTES

Cook the quinoa according to the packet instructions. Drain and set aside. Mix the ingredients for the wasabi cream, then cover and keep in the fridge until serving.

Melt the coconut oil in a saucepan over a medium-low heat. Add the sliced shallots and celery. Salt and pepper lightly, then toss and stir for 5 minutes, until the shallots are transparent.

Pour in the vegetable broth and bring to the boil. Add the peas, spinach, ginger, garlic and cooked quinoa and simmer for 2 minutes. Remove from the heat before adding the mint, basil and olive oil. Blend to a smooth consistency or leave some texture if you prefer. Taste and adjust the seasoning with salt and pepper and serve with wasabi cream.



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Also available as an all-red or all-white selection.

(For privacy purposes we have used a model's photo for Mary)

GRANDMOTHER of five and retired nurse Mary Johnson has always led an active life. She is a keen rambler, regularly attends art classes and is generally a very busy person! However, rather unexpectedly, she was diagnosed with urinary incontinence and in just a few months it took away all her confidence and freedom, it was ruining her life!

“When I retired from nursing I was looking forward to doing all the things I loved. I joined a local walking group, took up a fine art course and I loved picking up the grandchildren from school and looking after them, but then everything changed”, she explained.

She described her first embarrassing moment caused by incontinence. “I was about to leave my art class when one of the other students pointed out that there was water on my chair. He suggested, rather kindly, that maybe my water jug had spilt. It was only then I realised that I was rather damp. I wiped the chair clean then rushed to the toilets and found that I had wet myself and had a wet patch on my trousers. I was so embarrassed walking home, I prayed that I wouldn't bump into anyone I knew.”

“A few weeks later I had another ‘accident’ during the Sunday morning service at Church, but this time I was wearing a pad, but it wasn't great, it didn't give me the security I needed. Needless to say I couldn't leave the church fast enough when the service finished.”

Mary started to have more regular ‘accidents’ and it really started getting her down, to the point that she worried terribly about leaving the house. “I tried all kinds of pads, but they didn't provide enough protection, so I started to wear disposable incontinence briefs”.

“Incontinence was ruining my life!”

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Retired nurse takes back control of her life with super-absorbent Securi-Briefs!

By FIONA LLOYD

Unfortunately for Mary, disposable briefs weren't the answer. “At first it was a relief to have better protection, but they were so bulky, noisy and uncomfortable. I am sure people could hear their rustle when I walked. I hated them, and felt like an old woman. It was such an awful time, I was paranoid that I smelt, and felt like a prisoner in my own home.

“Then one day my doctor told me about Securi-Briefs. She told me that they look and feel just like ordinary briefs yet they provide super absorbent protection, so I ordered a pair straight away.”

We asked her how she got on with them. “I can honestly say that they completely changed my life. It was true, they did look just like ordinary briefs. At

first I only wore them at home, just to be on the safe side, but there was really nothing to worry about. They worked! They felt very comfortable and despite my ‘accidents,’ they kept me dry all day long and with no odour problems.

“I ordered extra pairs for when they are in the wash in different colours, different styles and different levels of absorption. It's marvelous, I order them either by post or on the phone and they are here in just a couple of days, so I don't have to face the embarrassment of ordering over the counter. And no more embarrassing rustling!

“I tend to suffer more at night, so I wear the super absorbent briefs, and they have been a life-changer for me, I no longer have to change my bed sheets every day”



Mary Johnson says Securi-Briefs kept her dry all day long and with no odour problems

Since then she has been able to take back control of her life. She's rejoined her walking group and gone back to her art class having regained her confidence.

“I feel like I've got my life back on track, I'd highly recommend them!”

Securi-Briefs are available exclusively from UK Direct Shop for £19.95 for a pack of two. However, as part of a national promotional campaign, they are giving away two free pairs and you pay just £5.25 each when you order 6 pairs! Customers can order on their freephone 0808 156 4998.

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PLANT OF THE WEEK

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yellow. They're ideal for hanging baskets, window boxes and containers. Order eight for £9.99 (including p&p) or buy 32 for half price at £19.98. Order online at shop.express.co.uk/EXP251, call 0871 988 8356, or send a cheque made payable to Express Newspapers to Express Offer EXP251, 14 Hadfield Street, Old Trafford, Manchester M16 9FG.



Drop in

Many National Trust properties have half-term activities this week, starting today. At Wallington in Cambo near Morpeth, Northumberland, you

can join in snowdrop planting every day until next Sunday from 11am to 3pm. The gardening team aims to plant 100,000 snowdrops during the week and visitors can also enjoy the snowdrop walk. The estate's East Wood is home to red squirrels and there are miles of footpaths to explore. Call 01670 773606 or visit nationaltrust.org.uk/wallington.

TOP TIP

PROTECT SPRING BULBS NATURALISED IN THE LAWN, SUCH AS CROCUS AND NARCISSUS, BY USING WILLOW OR HAZEL STEMS PUSHED INTO THE GROUND TO CREATE A TEMPORARY FENCE.

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WINTER WONDERS

Need instant colour? Plant cyclamen, says Alan Titchmarsh



ALAN TITCHMARSH

You know what it's like; in February the spring seems as far away as it will ever be after almost four months of winter weather, be it mild and grey or cold and bright. What you really need is a shot in the arm that can only be provided by brilliant colour. The great thing is that a trip down to the local nursery or garden centre will reassure you on this front. You'll find there are all manner of things growing in pots that are tough enough to resist the chilly

weather and bright enough to gladden your heart.

Tough and bright and diminutive in stature are hardy winter cyclamen corm. These fuller-flowered types withstand frosts that would make their softer relations curl up and die. Their heads might bow down a little in severe weather but as soon as the temperature rises above freezing they spring up, none the worse for their ordeal.

The flowers of white, pink, cerise or magenta are shown off against attractively marbled leaves that carpet the ground like a dark green and slate grey rug and if they are happy the plants will seed themselves and thicken as a colony over the years.

They like a spot in dappled shade, in soil that is well-drained and which has been enriched with plenty of well-rotted leafmould, which will hold on to moisture through the summer when the plants are not much in evidence.

Buy plants growing in pots now and plant them 9ins apart so that the corms (the fat storage organs) are only fractionally below the surface of the soil.

After planting they can be mulched with a fine grade of chipped bark that will stop them from being splashed by mud and provide a perfect seedbed where young plants will spring up.

These winter-flowering cyclamen are a perfect companion for Lenten hellebores and can be scattered among these as ground cover – flowering at the same time.

So, if you're a bit down in the dumps and need a pick-me-up, look sharp. Colour this bright will not stay in the garden centre for long and is an investment – your colony will grow year on year.

Don't miss Alan's gardening column today and Tip Of The Day every weekday in the Daily Express. For information on his range of gardening products, visit alantitchmarsh.com.

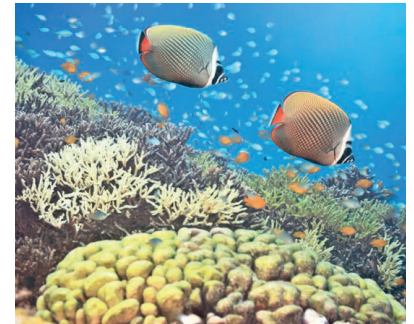
“CYCLAMEN CORM WILL WITHSTAND FROSTS THAT WOULD MAKE THEIR SOFTER RELATIONS CURL UP AND DIE”

ALAN TITCHMARSH



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Island in the sun

Famed for its temperate climate, beautiful beaches and stunning scenery, Tenerife is the perfect place for a family holiday, says Michael Booker

It's the simple things in life that provide the happiest memories. The eureka moment when you teach a child to ride a bike, or tie a shoelace. Your first kiss behind the bike sheds at school with the object of your teenage affections.

Now I have a new addition to the list – my first taste of a Canarian wrinkly potato.

I grant you that eating a small, dry spud covered in salt may not sound the height of gastronomical delight, but give me a plateful of these beauties and a ladleful of Canarian hot sauce any day and I'll be a happy man.

I discovered this simple delicacy on a recent trip to Tenerife, the largest and busiest of the seven volcanic Canary Islands. With year-round sunshine and an average temperature of 23°C, it's long been a magnet for British holidaymakers.

I was there with my wife and teenage children, based at the Iberostar Bouganville Playa hotel in the Costa Adeje. Close to but not as action-packed when it comes to nightlife as resorts such

as Los Cristianos or Playa de Las Américas, it's ideal for a more family-orientated holiday.

As we discovered, Tenerife is exactly what you want it to be. If you desire beaches, beer and buffet food, you can relax and let the resort take the strain. However, if you crave a little more adventure on your holiday then strap in and let the island take you for a ride.

Being a lively bunch, we started off with a family holiday first... getting up close to a volcano.

Mount Teide, all 12,000ft of her, dominates the island and is around an hour's drive from the main hustle and bustle of the island's most popular hotspots. But it couldn't be more different.

All around it in Teide National Park are astonishing looking volcanic landscapes, fashioned by nature from the eruptions of the past. Our kids thought they'd walked onto a weird planet from a *Star Wars* film.

There hasn't been a big blow out from Mt Teide since 1909, so don't worry



Teide National Park



Mai Thai River Ride, Siam Park

“ALL AROUND MOUNT TEIDE ARE ASTONISHING LOOKING VOLCANIC LANDSCAPES”

too much about a surprise red-hot shower if you visit.

But do be prepared for bad weather of another kind if you take the trek up the mountain, as it does get chilly and wet at over 12,000ft!

If you don't fancy making the ascent the hard way by tramping for hours, I'd recommend the cable car. It's an eight-minute journey to the lookout point where you'll be thrilled by the amazing views, and it only costs the equivalent of around £20 ►



Golden sand at Playa de Las Teresitas

per person. But it still doesn't take you to the highest point among the volcanic rocks – that's another 40-minute walk uphill if you dare.

The two sides of Tenerife were spelt out the next day when we swapped our thick winter volcano-climbing wear for more traditional holiday wear – our trusty swimming costumes. This time we headed for the sprawling watery fun-palace Siam Park, one of the biggest and best in the world.

Bizarrely the specially constructed rivers and water slides around the park have a Thai theme that's never quite properly explained. But don't let that confuse you. Give yourself at least half a day – a full day if you can – to get the most from a park of almost Disneyland proportions.

There's even a lush sandy beach on which to soak up the sun in between being chased down the white-knuckle Tower Of Power ride by your kids.

After toweling off and making the 10-minute drive back to our hotel to change for the evening, it was time to get back to our real favourite holiday pastime: eating and drinking.

During our stay we spent most nights walking along the coast, choosing a different restaurant, although if it were up to me I'd have sat back by the hotel buffet shovelling down the

Right: The promenade, Costa Adeje. Far right: San Cristóbal de La Laguna

aforementioned Canarian potatoes.

Luckily, my family is an adventurous gang of gastronomes and, thanks mainly to my son's ability to sniff out a good meal, we found some gems.

We particularly enjoyed the slightly surprising menu at the nearby Las Rocas restaurant, featuring as it did olive oil cupcakes, plates full of delicious oysters and seafood chorizo. The local wine and ice cold San Miguel was superb, too.

After our nightly feed, we usually stopped off at a bar or two along the lively, but not raucous, seafront before heading back to the Bouganville for a nightcap.

The hotel's main bar has a rooftop terrace that lets you toast your break with stars twinkling above as the lights flash around the bustling coastline below.

As an end to a holiday it wasn't quite as exciting as climbing a volcano but, pardon the horrendous pun, it was just as *lava-ly* to us...



Ten things you must do in Tenerife

1 Take a trip to Teide National Park before taking the cable car up the mountain.



See the parrots at Loro Parque

capital Santa Cruz de Tenerife.

8 Get an earful of the very lively

Adeje and Los Cristianos.

parrots squawking day and night at the Loro Parque wildlife park.

2 Children (of all ages) should cool off with a wet and wild day enjoying the thrills and spills on offer at Siam Water Park.

5 Hire a car and head to the historic northern city of La Laguna, a UNESCO world heritage site.

9 Visit the breathtaking Acantilados de Los Gigantes ("cliffs of the giants"), the vertical cliffs along the western coast.

3 Go whale and dolphin watching on a three-hour cruise on a luxury yacht.

6 Explore Tenerife's parks and forests on a jeep safari. Visit jeeptours.tenerife.com.

4 Take an evening walk along the lively promenade between Costa

7 Shop till you drop in the designer shopping malls in the island's

10 Try a plateful of the Canarian potatoes and local hot mojo sauce.

WAY TO GO

Michael and his family stayed at the four-star Iberostar Bouganville Playa Hotel, Costa Adeje (iberostar.com). Prices start at £53 per person per night. Monarch (monarch.co.uk) operates flights to Tenerife from Birmingham, Leeds Bradford, London Gatwick, London Luton and Manchester airports with fares from £51 one way (£85 return).



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TV

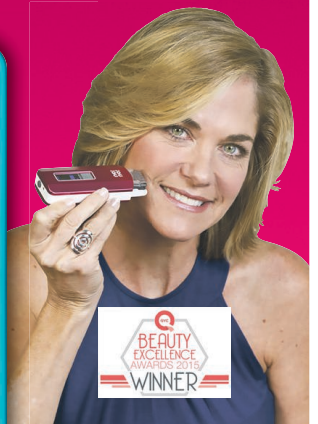


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20 YEARS AGO
FROM THE
DAILY EXPRESS

IT'S LACE
HURLEY!



FEBRUARY 18, 1997

Some of her harsher critics say they can see right through Liz Hurley – and they didn't have much trouble doing so last night when she wore a lacy dress for Elizabeth Taylor's 65th birthday party. Liz, who arrived at the Hollywood bash with *Four Weddings And A Funeral* star Hugh Grant, said of the veteran actress: "She's probably the most beautiful woman ever on Earth."

WHERE ARE THEY NOW... ?

Richard Fairbrass (left)
with his brother Fred



RIGHT SAID FRED



Richard Fairbrass formed iconic pop duo Right Said Fred with his younger brother Fred in 1989, and they were joined by guitarist Rob Manzoli in 1990. Their hit singles *I'm Too Sexy* and *Deeply Dippy*, from their first album *Up*, were chart toppers around the world. Richard, 63, lives in Windsor.

"I was born in Kingston upon Thames, though my younger brother Fred and I grew up mainly in East Grinstead. We both had a very happy childhood.

"Fred started playing the guitar when he was 12 or 13, and was mad on music. At that time, I was more interested in politics.

"By the time he was in his late teens, he was coming up with some really good songs, so I thought I should get involved. I played bass guitar while Fred sang, and we went out on the road in 1976. I did start a degree in humanities at East London Polytechnic, but dropped out to focus on music. We did painting and decorating jobs; worked in shops; busked in Covent Garden, anything to keep us going with our music.

"So for 14 years we toured with a variety of line-ups. We did gigs with Joy Division, and I did three videos working for David Bowie as a session musician. I remember when I met Bowie; I was surprised at how small he was. He told me I could have the job, which was £300 a day, if I cut my ponytail off. I'd never been offered so much money in my life. Of course I said yes! I also did a video with Mick Jagger, and Fred was involved in a film, *Hearts Of Fire*, with Bob Dylan and Rupert Everett.

"By the late 80s, Fred had shaved off his hair. As it looked kind of cool, I did too. We were also big fans of working out in the gym. By this time, I was lead singer. Then we met Rob Manzoli, and decided to write some new music. We wanted to do dance music with a bit of a groove. We came up with *I'm Too Sexy* and all thought it was such a funny song. Singing that song was the first time I realised I could hit low notes. We were signed to a record label in 1991.

"The video for *I'm Too Sexy* was done spontaneously.

We shot it outside as the electricity had failed in the studio we were working in. There was no real thought about our image but it all worked. Suddenly, the song was a huge hit. Our album, *Up*, did very well, and when we released *Deeply Dippy*, that did too. Excitingly, we won Ivor Novello awards for both hit singles.

"Life got very busy. We did a lot of touring and gigs in Europe, but then the next album didn't do quite so well. At the time, I was also getting a lot of unwelcome press attention as my partner, Stuart, had HIV, which was all rather difficult. He sadly passed away from cancer in 2010.

"Rob left the band in the mid-1990s, but Fred and I carried on writing and performing. This month, we release our ninth album. I'm also doing the occasional week as a guest on *The Wright Stuff* for Channel 5.

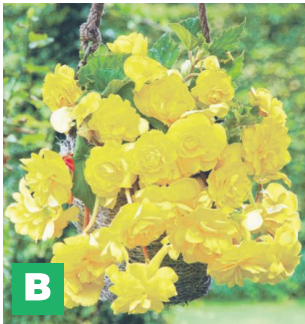
"We will appear at Camp Bestival in July. You haven't heard the last of Right Said Fred!"

Roz Lewis

Exactly, Right Said Fred's ninth studio album, is out now. See rightsaidfred.com.

**"DAVID BOWIE
TOLD ME I COULD
HAVE THE JOB IF I CUT
MY PONYTAIL OFF.
OF COURSE I SAID YES!"**

RICHARD FAIRBRASS



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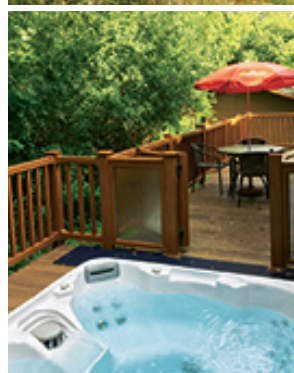
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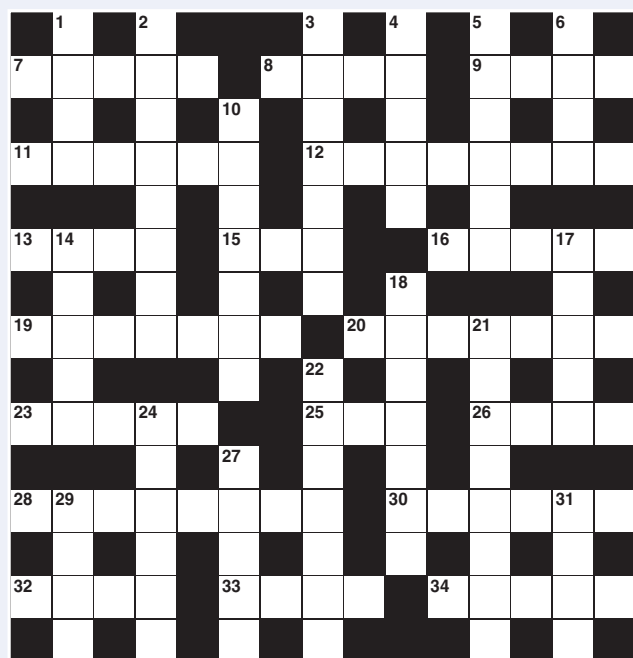


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THE SATURDAY CROSSWORD



ACROSS

- 7 & 5 Down Chef on a French Adventure (5,6)
8 Don't __ Up, 80s sitcom with Nigel Havers (4)
9 __ West, played Batman in the 1960s (4)
11 Aidan __ is cheating on Eva Price in *Corrie* (6)
12 Actor who played Inspector Morse (4,4)
13 *Life On __*, police drama with John Simm (4)
15 & 33 Across __ club, where Summer Bay dudes hang out (3,4)
16 *Buffy The Vampire* character played by David Boreanaz (5)
19 Nationality of Fawlty Towers waiter, Manuel (7)
20 Ricky __, star of 31 Down (7)
23 __ Law, *Holby* character (5)
25 __ *Friends In The North*, highly-acclaimed drama (3)
26 How __ Your Mother, US comedy (1,3)
28 See 14 Down
30 Channel 4's child-rearing show, *Parenting For* __ (6)
32 Cain Dingle's young son in *Emmerdale*, __ Wyatt (4)
33 See 15 Across
34 Britain's *Got Talent* participant, __ Boyle (5)

DOWN

- 1 Pocoyo's friend who is a duck (4)
2 *Prime Suspect*'s prime character, Jane __ (8)
3 __ Bhaskar, co-stars in *Unforgotten* (7)
4 Scratchy's nemesis in *The Simpsons* (5)
5 See 7 Across
6 __ Carmichael, one of the Doctors (4)
10 *The Great __ Bake Off*, popular food competition (7)
14 & 28 Across BBC psychological thriller starring Emily Watson (5,4,4)
17 __ Nightingale, *Hollyoaks* character (5)
18 Screenwipe presenter and TV critic, __ Brooker (7)
21 US comedy-drama about intertwining lives, currently on Channel 4 (4,2,2)
22 BBC's epic drama set in Cornwall (7)
24 __ Beale, *EastEnders* living with Lauren Branning (6)
27 *The Chase* questionmaster, Bradley __ (5)
29 Original Comic Relief co-host, Griff __ Jones (4)
31 Sky One's football-based soap, *Dream* __ (4)

Last week's solution



IN TOMORROW'S S MAGAZINE



**Sarah Parish,
Sara Damergi and
Francis Rossi**

Free with the **SUNDAY EXPRESS**

GLORIA HUNNIFORD

Veteran TV presenter Gloria is regularly on our screens on *Rip Off Britain* and *Loose Women*. Her latest show, BBC1's *Food: Truth Or Scare* aired earlier this month. Gloria, 76, lives in Sevenoaks, Kent, with her husband Stephen Way. She has two sons and 10 grandchildren.

Are you still enjoying working on *Rip Off Britain*?

Very much so. We are into our ninth year, which is fantastic. I love doing *Rip Off Britain*, *Holidays* and *Rip Off Britain*, *Food* too.

"I'VE LEARNED SO MUCH DOING RIP OFF BRITAIN. I'VE GOT MONEY BACK FROM MY BANK!"

I have learned so much while doing the shows. I have got money back from my

bank,

because of excess charges, switched energy supplier and had my house insurance rates knocked down.

How is it going on *Loose Women*?

Do you ever get tongue-tied?

I love it. We tend to discuss the subjects we are going to touch on before the show, so I always have an idea of what to say.

Tell us about your current project, a campaign for grandparents...

The Royal Voluntary Service, in conjunction with McCarthy & Stone, are searching for GrandMakers as part of the annual GrandFest – a one day festival in London that celebrates talented older people and the skills they can pass onto the younger generation. I'm encouraging over-60s to apply and be part of GrandFest events.

What have you taught your grandchildren?

I hope quite a bit. We have 10, ranging from four years old to 24. I love tennis, and we now have a couple of good tennis players in the family. I remember advising one or two about eating well when at university – we have done quite a bit of cooking together over the years.

What has given you the most pleasure as a broadcaster?

I loved my 14 years on Radio 2 and I also loved working on *Sunday, Sunday* on ITV.

What are your plans for the rest of 2017?

I am about to write my autobiography. As well as my usual programmes,

I have been busy with Chris Bavin for BBC's *Food: Truth Or Scare*, which investigates confusing food news stories. Plus,

I have my work for the Caron Keating Foundation.

What's the most thoughtful thing anyone has done for you?

The support that was offered to me by many friends after my daughter, Caron, died.

Roz Lewis

Gloria is working with McCarthy & Stone, the UK's leading retirement house builder, and the Royal Voluntary Service for GrandFest. See grandfest.royalvoluntaryservice.org.uk.



PHOTOGRAPH: ALAN OLLEY

LORI REID



BRITAIN'S BEST ASTROLOGER

AQUARIUS Jan 21 - Feb 19 Your spirits are lifted this week.

Now you have a fresh agenda and a new social programme. If you've been promising to make those connections, do it now! Doors will open. **Call my Starline on 0907 181 2960 (11)* to hear when to expect surprising news.**

PISCES Feb 20 - Mar 20 Even though you may begin the week in two minds, you'll soon discover fresh insights and embark on new initiatives.

Thursday's enterprising spirit galvanises you into action as you turn a corner. **Call my Starline on 0907 181 2960 (12)* to hear about that bargain find.**

ARIES Mar 21 - Apr 20 Socially, this promises to be an interesting week. What it boils down to is a lively time when you'll probably talk yourself hoarse. Still having those second thoughts? Things sort themselves out by the weekend. **Call my Starline on 0907 181 2960 (01)* to hear when to expect the unexpected.**

TAURUS Apr 21 - May 21 You're normally accommodating and always there for the team. But things are changing in your personal and social world and you're trying to make sense of what's happening. Go with the flow. **Call my Starline on 0907 181 2960 (02)* to hear about that sudden realisation.**

GEMINI May 22 - Jun 21 Changes on the work front could create new openings, suggesting that you're heading for a period of growth and expansion. Mixing business with pleasure does the trick, so relax a little – you're on your way. **Call my Starline on 0907 181 2960 (03)* to hear when to watch what you say.**

CANCER Jun 22 - Jul 23 With friendships and foreign matters starred, you're now entering a forward-looking phase in your life. Late week opens up the prospect of new adventure. Go for it – exciting times lie ahead. **Call my Starline on 0907 181 2960 (04)* to hear about that new opportunity.**

LEO Jul 24 - Aug 23 A little research stimulates your thinking and opens your eyes to new possibilities ahead. Tuesday's invitation looks exceptionally promising for affairs of the heart. It's also positive for business prospects. **Call my Starline on 0907 181 2960 (05)* to hear when a surprise is on its way.**

VIRGO Aug 24 - Sep 23 There's a fresh optimism with new offers and developments peppering up your week. So don't let a momentary feeling of pique spoil things. Partnerships matter more than ever. It's a new start. **Call my Starline on 0907 181 2960 (06)* to hear when a dig unearths something special.**

LIBRA Sep 24 - Oct 23 This week marks a once-a-year event that signals a significant turning point in your affairs. Tuesday's fateful encounter is key to promising new developments. More people are on your wavelength now. **Call my Starline on 0907 181 2960 (07)* to hear when to keep people at arm's length.**



SCORPIO Oct 24 - Nov 22 You recognise that you have untapped talents and potential and that by developing these skills you could advance many aspects of your life. So, grab this chance now to make your mark. **Call my Starline on 0907 181 2960 (08)* to hear when to take care with gadgets.**

SAGITTARIUS Nov 23 - Dec 21 Make this a week to enjoy yourself: see people and reply to their calls. You have until the weekend to chat and be cheery. After that turn your attention to home and family. **Call my Starline on 0907 181 2960 (09)* to hear when an idea is worth its weight in gold.**

CAPRICORN Dec 22 - Jan 20 Local affairs stimulate your interest and keep you on the go. If you need to seek favours from someone with influence, here's your chance to make an approach. Keep a cool head. **Call my Starline on 0907 181 2960 (10)* to hear about sweeping domestic changes.**

*Calls to the starlines cost 80p per minute plus your telephone company's network access charge. Max 8 mins. For Lori's Starline select your zodiac number (in brackets next to each star sign). Entertainment only. SP Spoke. 0333 202 3390

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LN5 8QJ 01522 775805
NEWCASTLE-UNDER-LYME
196 Liverpool Road
ST5 9ED 01782 631953

NOTTINGHAM
255-259 Derby Road
NG9 3JA 0115 939 4509
PETERBOROUGH
Aston Business Park,
Shrewsbury Avenue
PE2 7BX 01733 860003

SHREWSBURY
Westbury Garage,
Arlington Way
SY1 4NU 01743 211267
WELLINGBOROUGH
51 London Road
NN9 2DP 01933 449143

LONDON & SOUTH EAST
CATERHAM-ON-THE-HILL
46-48 Chaldon Road
CR3 5PE 01883 332998
FARNBOROUGH
46-48 Victoria Road
GU14 7PG 01252 856915

HENLEY-ON-THAMES
18-20 Reading Road
RG9 1AG 01491 411812
IPSWICH
92 Fore Hamlet
IP3 8AF 01473 559058

KING'S LYNN

Tottenhill Retail Park
PE33 0SR 01553 611696
LEITCHWORTH
Arden Press House
Pixmore Avenue
SG6 1LJ 01462 482310
MAIDSTONE
Farleigh Hill Retail Park
ME15 6RQ 01622 828458
MILTON KEYNES
Stacey Bushes Trading Centre
MK12 6HS
01908 711290

NORWICH
Amsterdam Way
NR6 6EP 01603 673940
ORPINGTON
168-170 High Street
BR6 0JW 01689 867820
OXFORD
165-167 Lamarsh Road
OX2 0PB 01865 360002

RAYLEIGH
235-237 Eastwood Road
S56 7LF 01702 567357
ROMFORD
270 Hornchurch Road
RM11 1PZ 01708 474133
TOLWORTH
2 Red Lion Plaza
366 Ewell Road
KT6 7AZ 020 8987 5471

SOUTH COAST
BRIGHTON & HOVE
Newtown Road Trade Park
BN3 7BA 01273 71576
POOLE
380 Poole Road
BH12 1DA 01202 765037

SOUTHAMPTON
9 Lower Northam Road,
SO3 0JF 01483 360002
ST. LEONARDS-ON-SEA
1 Marine Court
TN38 0DX 01424 460511

WALES & SOUTH WEST
BATH
Noads Corner
Upper Bloomfield Road
BA2 2RX 01225 300273
BRISTOL
4-5 Concorde Drive
BS10 6PZ 0117 950 8253

CARDIFF
Penarth Road Retail Park
CF11 8EF 020 2070 7287
CHELTEMHAM
Gallagher Retail Park
GL51 9RR 01242 578334
EXETER
Dunns Business Centre
EX2 8RW 01392 409744

PLYMOUTH
Ferryport View, Millbay Road
PL1 3FQ 01752 263683
SWANSEA
Lion Way Retail Park
SA7 9FB 01792 293118

SWINDON
I O Trade Centre,
Hobley Drive
SN3 4NS 01793 744 063
TAUNTON
2 Wellington New Road
TA1 5NF 01823 429003

TRURO
Chiverton Cross
TR4 8HS 01872 487028
SCOTLAND
ABERDEEN
Haudagain Retail Park
AB24 2BQ 01224 660958

BATHGATE
24 Glasgow Road
EH48 2AG 01506 650579
DUNDEE
City Quay
Camperdown Street
DD1 3JA 01382 339800

EDINBURGH
Abbeyhill Ind Estate
Abbey Lane
EH8 8HH 0131 285 1882
GLASGOW
Knightscliffe Retail Park,
G13 2TG 0141 954 0290

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